



letter from the educi

This is a zine about the relationship people have with their reflection in the mirror. Our perception of self is wildly different from that of others, and body language is expressed in its most subtle yet raw form when a person is looking in the mirror. We contort our bodies, the angle at which we look at our bodies and although we see what we look like, we still, to an extent, manipulate our reflection through our own personal insecurities and vulnerabilities. The following is an exploration of body language through documentation of my friends and their experiences in their most natural yet vulnerable state, naked, through their reflection and perceived selves.





