



NYC FIRST AID KIT SUMMER 2016

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WEEKLY READ

MY SUMMER SURVIVAL PROBLEM AND YOURS

The money has gone back to the people who own it, leaving the rest of us scared, mad and faced with a basic problem: A real problem. Last year's question: How is society going to survive? — seems a luxurious intellectual diversion. The question now is: How am I going to make enough, save enough, pinch back enough to survive the summer?

Surly Summer. People who thought they were getting somewhere, achieving their private happiness goal of \$15,000 or even \$25,000 a year, all of a sudden find they can't afford to go to the movies. Signs of stress are all over the place.

- Unemployment is up 43 percent from last year.
- One hundred resumes a day are pouring into executive placement firms; last year it was 20 or 30 a day.
- The YMCA ran a Youthmobile and a Jobmobile program last summer for \$160,000: 12 trucks spreading games, activities, counseling services, and hope through the city. This year they are trying to operate on \$3,500.
- Six-month waiting lists for home burglar alarm installation.
- The Parks Department and the Mayor's Urban Action Task Force programs are operating virtually on love and will power alone.
- Summer rentals in the Hamptons are going begging. People are choosing — or being forced — to stay in town and test their theory about how lovely New York is in the summer: the street life, the openness of the people, the girls in their summer fragility—the things they yearned for last year from the safety of the beach.

But surly times aren't unrelievedly hard times. The final nut hasn't yet dropped off the last bolt that holds together the social engine. That nut goes when income drops so hopelessly below outgo that personal happiness is impossible no matter what accommodations are made. This is certainly a summer when drastic accommodations are being made. The point is, the accommodations are worth making. People are abandoning the high-rent game in Manhattan and learning to live in Staten Island and outer Queens. Wives are going back to work, happily leaving their husbands to discover that taking care of the kids is a fairly pleasant relief. A man who has been thinking about getting out of the stock market for 10 years has finally decided, now that the money has turned to lead in a kind of reverse alchemy, to open a ski shop in Vermont. Families with two or three phones are cutting back to one; last year's necessity is this year's absurdity.

PLAYLIST FOR THE WEEK

TOP ALBUMS

GET RID OF YOUR KIDS

S M T W TH F S

TODAY:

PRCA play camp for children 6-12
Time: 9am-5pm
Location: Call the PRCA in your borough for the nearest one

EVENTS UNDER \$10

PARKS

PARTIES

CONCERTS

FISHING

BEACHES

CALL 911

NEAREST HOSPITAL

HELP SOMEONE CHOKING

CPR

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1 Recognize choking signs.
Choking victim will have severe difficulty speaking, breathing, coughing and may be clutching throat between thumb and fingers. Ask if he (or she) is choking. If able to speak or cough effectively, do not interfere. If choking persists, activate the EMS system.

2 If choking – Give 5 abdominal thrusts.
Stand behind victim and wrap arms around his or her waist. Making a fist, place thumb side of fist into abdomen above navel and below rib cage. Grasp fist with other hand and press inward and upward with 5 quick thrusts. Continue thrusts until object comes out or victim becomes unconscious.

3 If pregnant or obese – Give 5 chest thrusts.
Stand behind victim, placing your arms under victim's armpits, and encircle chest. Place thumb side of fist on the middle of the breastbone. Grasp fist with other hand and press backward with 5 quick thrusts.

EVENTS UNDER \$10

S M T W TH F S

TODAY:

CONEY ISLAND BEACH BASH!
8PM
COVER: \$7