

# Florence

## THROUGH FOOD

BY ALYSSA ACHACOSO

### SHAKE CAFÉ AND JUICE BAR

A small cafe/juice shack offers juices, smoothies, wraps and salads, also focusing on a variety of vegan options. The customers are almost always American, and the employees have little to no accent (in English).

### ZEB

Come here for classics like pappa al pomodoro, ribollita and—for the adventurous—lampredotto.

---

**FICTION: THERE IS NO ALMOND MILK OUTSIDE THE U.S.**

---



### CANTINETTA DEI VE- RAZZANO

A local bakery/cafe that is open late on most days. In the morning it has a shit ton of pastry options (I usually get a croissant with different fillings) and really good coffee. At night they also serve wine and different kinds of focaccia that are pretty good. The service is aight haha.

### IL SANTO BEVITORE

You'll find traditional Florentine dishes and more modern flavors at this Oltrarno spot.

### 'INO

Chef Alessandro Frascica makes arguably some of the best panini in Florence at this lunch spot.