



Food Options

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Assignment: I have asked a friend from Southern California to discuss the food options in her area.

“Food options is an elitist term; globally, few people really have “options” in terms of food. Even in Southern California, there’s a growing mass of people who are forced to take whatever they can get.

With that in mind, I usually do have an abundance of choices. There are a lot of amazing Asian food places, the majority of which are really cheap and accessible. There’s actually a plethora of non-white food that’s cheap and accessible. There are a lot of local and environmentally-sourced cafes, some amazing breakfast places (my personal favorite is called Brownstone Cafe), and so many adorable coffee shops.

There are a few expensive restaurants (usually Italian or steak-based) in the more affluent areas. And there are a lot of corporations and franchises. McDonald’s is the obvious one, but the most insidious and omnipresent is actually Starbucks. Which isn’t too bad. Starbucks is pretty much the epitome of a good corporation. As good as any cog in the capitalist machine of exploration and degradation can be, anyway.”

- Ashley Shah

