food from the hood.

A surveying of food options from The Bronx compared to Manhattan.

I live in the hood.
All here there is around here is
Spanish food, fast food, the chicken spot, chinese food.

It's so different when I go down-town.

Everything there is so healthy, expensive and just good. All over here is unhealthy, cheap, and not all the times good. But I live with it. Because that's what I grew up with. Absolutely nothing beats the \$5 lunch I can get from the Spanish restaurants around here; they serve you rice, beans and chicken in a medium sized container for \$5. If I were to get that in lower Manhattan that would cost me around \$12. Yeah it could be made better, but it just doesn't have the same authenticity and feel to it. It won't be made with the same love that it has when it's made here. Can you believe that the same Sesame Chicken with white rice and broccoli, sells for \$6.75 here and \$12.50 on 14th Street? That's just so crazy to me. Just like the same \$1 slice is almost \$3 around here. And most of the food around here is meant to be sold to people with lots of money. Maybe it's not just meant for us.

Our food is still bomb though.