

F O i n O D

O X F O R D

O H

A D V E N T U R E S

melissa guerrero | editor | designer



they force
me
to eat
not as

fresh

or

diverse
dishes



“My diet is tied intimately
with my transportation”



A top-down view of two white plates with blue borders, each containing a serving of golden-brown, textured frozen fries. The plates are placed side-by-side on a light-colored, speckled granite countertop.

\$1.79

Frozen
Fries
from

Kroger



Twenty-one thousand
three hundred seventy-two

residents are among the few that Tim Thomas inevitably encounters in his college town of Oxford. Now in his senior year, the 22 year old student knows this Mid-Western village all too well.

This suburbia is home to his soon-to-be alma mater Miami University, one of the oldest colleges in the state. Tucked away in Southern Ohio, the campus is idyllic with nearby scenic woods and a quaint downtown area that caters to non-university residents and the student body.

Thomas lives a few minutes away from uptown, commonly referred to as High Street, and finds himself in the area before, in between and after classes. As an outdoorsman and an avid cyclist, his short proximity to the town's centre is to his advantage given his co-dependency with his bike or his own feet.

However, as a result, this cages his innately adventurous personality and he's forced to mold his lifestyle with the limited resources available to him. Among those things he has to sacrifice is his food habits.

Oxford, OH



"My diet is tied intimately with my transportation. Being a cyclist, weather and general energy levels lend a lot to my food consumption. I think that the limited amount of options in a college/small town environment puts large strain on my ability to cook to have the diet I desire."

Because of his inability to carry foodstuffs on his bike, Thomas frequently buys pre-prepared meals uptown. He alternates between Chipotle's calorie heavy burritos to a local deli's fresher, lighter dishes. "These are good foils to college life," he says. "both are meant for quick consumption but are high calorie and meant to be eaten on the go."

For the time being he doesn't mind the Oxford food scene but if given a choice, he would much rather prefer New York's Chelsea Market. **"Though far out of my price range, they have memories and tastes that are left unplaced; leaving me craving."**