

Inspriational Quotes From:

Michelle Obama

Albert Camus

Olivia Laing

There is no Love of Life Without Despair of Life

Albert Camus

Without cafes and newspapers, it would be difficult to travel. A paper printed in our own language, a place to rub shoulders with others in the evenings enable us to imitate the familiar gestures of the man we were at home, who, seen from a distance, seems so much a stranger. For what gives value to travel is fear. It breaks down a kind of inner structure we have. One can no longer cheat — hide behind the hours spent at the office or at the plant (those hours we protest so loudly, which protect us so well from the pain of being alone). I have always wanted to write novels in which my heroes would say: "What would I do without the office?" or again: "My wife has died, but fortunately I have

all these orders to fill for tomorrow." Travel robs us of such refuge. Far from our own people, our own language, stripped of all our props, deprived of our masks (one doesn't know the fare on the streetcars, or anything else), we are completely on the surface of ourselves. But also, soul-sick, we restore to every being and every object its miraculous value. A woman dancing without a thought in her head, a bottle on a table, glimpsed behind a curtain: each image becomes a symbol. The whole of life seems reflected in it, insofar as it summarizes our own life at the moment. When we are aware of every gift, the contradictory intoxications we can enjoy (including that of lucidity) are indescribable.

L i f e I s n ' t E a s y

Whenever you're feeling like you're not doing good enough or like the world is crumbling at your finger tips, just remeber these words from the former First Lady of the United States.

You may not always have a comfortable life and you will not always be able to solve all of the world's problems at once but don't ever underestimate the imfportance you can have because history has shown us that courage can be contagious and hope can take on a life of its own.

M i c h e l l e
O b a m a

The Power of Art

Olivia Laing

“There are so many things that art can't do. It can't bring the dead back to life, it can't mend arguments between friends, or cure AIDS, or halt the pace of climate change. All the same, it does have some extraordinary functions, some odd negotiating ability between people, including people who never meet and yet who infiltrate and enrich each other's lives. It does have a capacity to create intimacy; it does have a way of healing wounds, and better yet of making it apparent that not all wounds need healing and not all scars are ugly.

If I sound adamant it is because I am speaking from personal experience. When I came to New York I was in pieces, and though it sounds perverse, the way I recovered a sense of wholeness was not by meeting someone or by falling in love, but rather by handling the things that other people had made, slowly absorbing by way of this contact the fact that loneliness, longing, does not mean one has failed, but simply that one is alive.”