

INSPIRING

QUOTES

**Read the following quotes for
a bit of wisdom.**

Growth
Growth
Growth

In Order to Grow, We Must Learn to Fail

To progress through hardship, we must embrace it

According to German philosopher Friedrich Nietzsche, failure is just a bump in the road on the path to success. One must learn how to embrace failure rather than avoid it, in order to truly grow and live the fulfilling life of their dreams. He believed that hardship and joy operated in an osmotic relationship and often expressed these views in his body of work, like in his poem 'god is dead' where he noted that the most notable human lives reflected this same osmosis.

“Examine the lives of the best and most fruitful people and peoples and ask yourselves whether a tree that is supposed to grow to a proud height can dispense with bad weather and storms; whether misfortune and external resistance, some kinds of hatred, jealousy, stubbornness, mistrust, hardness, avarice, and violence do not belong among the favorable conditions without which any great growth even of virtue is scarcely possible.”

There is an Entire World Out There - Seize It

The whole world is at the hands of the youth

In the 1985 *New York Times* bestseller *Jitterbug Perfume*, author Tom Robbins develops a series of lessons for the reader, including the power in realizing the expansivity of our world.

“It was then that she realized it was the odor of the incense that had intrigued her all along, only now the smells filled in the fantasies that heretofore had been mere outlines, smeary contours scrawled in ghost chalk. Perhaps the most terrible (or wonderful) thing that can happen to an imaginative youth, aside from the curse (or blessing) of imagination itself, is to be exposed without preparation to the life outside his or her own sphere—the sudden revelation that there is a there out there.”

Carpe diem
Carpe diem
Carpe diem

Healing Healing Healing

Art Has the Power to Heal

When looking for guidance, always remember that art is there for you.

*In her book *In The Lonely City: Adventures in the Art of Being Alone*, Olivia Laing writes about many personal anecdotes and experiences, including her revelation inspired by art that she was truly *alive*.*

“There are so many things that art can’t do. It can’t bring the dead back to life, it can’t mend arguments between friends, or cure AIDS, or halt the pace of climate change. All the same, it does have some extraordinary functions, some odd negotiating ability between people, including people who never meet and yet who infiltrate and enrich each other’s lives. It does have a capacity to create intimacy; it does have a way of healing wounds, and better yet of making it apparent that not all wounds need healing and not all scars are ugly. If I sound adamant it is because I am speaking from personal experience. When I came to New York I was in pieces, and though it sounds perverse, the way I recovered a sense of wholeness was not by meeting someone or by falling in love, but rather by handling the things that other people had made, slowly absorbing by way of this contact the fact that loneliness, longing, does not mean one has failed, but simply that one is alive.”