

Tasty Goodies

September 29, 2023

Fall-themed Homemade Treats

Listed on pages 1 and 2!



6 Ways to Use Cinnamon

Discover delicious
recipes that include
cinnamon on
page 8!

Also...

Read these
additional articles!



Healthy Dessert Recipes

Want to avoid sugar, but
still want dessert? Go to
page 3.

Love

Sugar, Spice,
or Both?



Try this quiz on page 5 to
find out.



Chocolate History

Find out how chocolate
came to be on pages 6 and
7.



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