

VALUE PLUS PLAN

HOSPITAL

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**MEDICAL
COVER**
from
R285_{pm}
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When you're looking for health insurance, it's a good idea to take a look at all the angles. You want health cover that complements your lifestyle and helps you get the best care possible compatible with your financial needs. **That's where Day1 Health comes in.**

KEY BENEFITS

In Hospital Illness Benefit | Accident Benefit | Ambulance |

VALUE PLUS HOSPITAL PLAN

HOSPITAL BENEFITS



IN-HOSPITAL ILLNESS BENEFIT

Covers up to R10,000 after the first 24 Hours in hospital, up to R10,000 for the second day in hospital, up to R10,000 for the third day in hospital. Thereafter R1,500 per day up to a maximum of 21 days. A 12 month pre-existing conditions exclusion applies. (Excludes Maternity Benefits)

INHOSPITAL ILLNESS BENEFITS	AMOUNT PAYABLE
1st Day in Hospital Not less than 24 hours from time of admission to time of discharge	Up to R 10 000.00
2nd Day in Hospital Payable in units of R2 500.00 for every quarter day (6 hours)	Up to R 10 000.00 payable in units of R 2 500.00
3rd Day in Hospital Payable in units of R2 500.00 for every quarter day (6 hours)	Up to R 10 000.00 payable in units of R 2 500.00
Every subsequent day thereafter (subject to a 90 day waiting period unless by specific agreement)	R 1 500.00
Maximum Benefit payable for 21 day period	Up To R 57 000.00



ACCIDENT/TRAUMA BENEFIT

Up to R150,000 per event. A 1 month waiting period applies. (Exclusion: Sports Injuries)



DEATH BENEFIT

R10,000 for the Principal Member.



24 HOUR EMERGENCY SERVICES AMBULANCE & PRE-AUTHORISATION

(0861 144 144)

24 Hour Emergency Services, Medical Assistance and Pre-Authorisation provided by Africa Assist. Guaranteed private hospital admission with preference to all Life Healthcare and Mediclinic hospitals



SINGLE MEMBER	PREMIUM	COUPLE	PREMIUM
SINGLE MEMBER UNDER 65 YEARS	R 285.00	COUPLE	R 470.00
MEMBER + 1 CHILD	R 470.00	COUPLE + 1 CHILD	R 655.00
MEMBER + 2-4 CHILDREN	R 655.00	COUPLE + 2-4 CHILDREN	R 840.00

GENERAL EXCLUSIONS

Sports Injuries | Maternity Benefits



CONTACT 0876 100 600

sales@day1.co.za | www.day1health.co.za



TERMS AND CONDITIONS:

Pre-paid Preventative Healthcare supplied by 1 Doctor Health (Pty) Ltd | Waiting periods per benefit | Maximum age limit entry on standard terms and conditions is 64 | Once-off Non-Refundable Activation Fee of R150 applicable

Practical Medical Insurance - Providing cover since 2003 Day1 Health (Pty) Ltd is an authorised Financial Services Provider - FSP Number 11319. Day1 Health (Pty) Ltd is duly approved and accredited by the Council for Medical Schemes - CMS Ref: 1074. Underwritten by African Unity Life Limited, a registered insurer and authorised financial services provider FSP 8447.

Day1 Health complies with the principles of open enrolment, community rating and cross-subsidisation and does not discriminate or refuse membership on the basis of race, age, gender, marital status, ethnic or social origin, sexual orientation, pregnancy, disability, state of health, geographical location or any other means of discrimination.

COVID-19 TESTING PROTOCOL



#timeforcare

COVID-19 PREVENTION



WEAR A MASK



WASH YOUR
HANDS



USE SOAP &
ANTIBACTERIAL GEL



COUGH IN
YOUR FLEXED ELBOW

THE COVID-19 virus affects people in different ways and most people affected will present with mild to moderate symptoms and may recover without hospital admission.

THE MOST COMMON SYMPTOMS OF THE COVID-19 VIRUS ARE:

Fever | Difficulty breathing or shortness of breath | Dry cough | Fatigue
| Body aches | Unexplained loss of smell/taste

People with mild symptoms, who are otherwise healthy, should manage their symptoms at home. However, should you have serious symptoms, you must seek immediate medical attention.

WHAT DAY1 HEALTH OFFERS WITH REGARDS TO COVID-19 TESTING

- Members are to be referred by a general practitioner for a COVID-19 test
- Contact Day1 Health to advise you need the COVID-19 test
- The cost of the COVID-19 test is R620.00. Members are to pay cash up front to Day1 Health
- Day1 Health will facilitate the COVID-19 test for the member
- Members will be reimbursed the R620.00, upon testing positive for the COVID-19 virus and producing the test results
- Email reimbursement@1doctor.co.za

RULES FOR COVID-19 TESTING

- Members must have been on their Day1 Health plans for at least 3 months to qualify
- Members must consult with a general practitioner for a referral for the COVID-19 test
- After the 5th visit to your network general practitioner, there will be a R75 co-payment payable by the member
- Only one positive COVID-19 test per person, per policy will be covered, per annum

DAY1 HEALTH SERVICE TO YOU

Should a Day1 Member test positive, a Day1 medical practitioner will personally contact the member via phone or video call (if technologically possible) on a daily basis to monitor and/or case manage the recovery of the patient.