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Detailed Clinical Models 3Version 7HL (DCM)

Release 1

(Universal Realm)

1st Informative Ballot

DCM example org.hl7.HeartRate-v0.74

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org.hl7.HeartRate-v0.74

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Revision History

Version 0.1 till version 0.64 is development, review and adjustments of the DCM. Version 0.64 is developed in Enterprise Architect.

Version 0.64 till version 0.66 are adjusted in cooperation with the project Parelsnoer Initiative. The scope was the development of the information model.

Version 0.65 is the English translation of version 0.64.

Version 0.66 is the adjustment to the new template for a DCM and the preparation for the HL7 ballot in 2010.

0.70 is information model style corrected. Versions 0.71 and 0.72 deal with partial ballot reconciliation from HL7 community.

Version 0.73: all HL7 comments have been reconciled in the text and model and verified one by one. E.g. added duration of measure and others.

Added missing codes for codes for 1 minute min, max, mean.

Version 0.74. Added missing code for palpation.

Heart Rate

This DCM concerns the observation pulse rate. The pulse rate is the pumping motion of the heart. In this DCM all concepts that belong to the manual measurement of the pulse rate are addressed.

Purpose

Purpose is to measure the pulse rate to check the blood flow of the patient. During this measuring the frequency, strength, equality, regularity and volume of the heart is checked. In a lot of patients the measuring of the pulse rate is important. In patients with a defect of the blood flow, by whom the blood flow might change, the pulse rate should be measured more than twice a day (Arets, Vaessen & Gijselaers, 1988). These are all patients with a heart or cardiovascular condition due to various causes, such as bleeding, medications, or alterations in nervous system function (Arets, Vaessen & Gijselaers, 1988).

Evidence Base

In counting the heartbeats the speed, frequency per minute, in which the heart pumps the blood through the body is observed. During one heart beat the heart muscle first contracts the atriums and then the ventricles. The pulse is measured by putting pressure on any artery in which pulsations can be felt (Usually the radial artery pulse). In addition to this list, the pulse can be felt directly from the precordium in the chest. The frequency per minute is the pulse rate. This is usually equal to the heart rate. Therefore both terms are used. (medicine online, 2008)

Arteries the pulse rate can be observed are (TPVO, 2002):

1. Superficial temporal artery (temple)
2. Carotid artery (neck): in circulation problems this site is most often used, because the artery is easy perceptible and accessible;
3. Brachial artery (upper arm);
4. Radial artery (pulse);
5. Femoral artery (groin);
6. Popliteal artery (popliteal);
7. Artery Dorsalis pedis (top of the foot);
8. Posterior Tibial artery (ankle);
9. Tibial artery (lower leg);
10. Subclavian artery (clavicle);
11. Fontanel (on baby's);
12. External carotid artery (jaw)

Beside the beats per minute, the frequency, there are more aspects to the pulse rate than can be observed: regularity, volume, equality, strength (TPVO, 2002; <http://mens-en-gezondheid.infonu.nl>).

The **regularity** is the rhythm. This can be regular or irregular. This means that the pause between the beats, are just as long or are different in length. The irregular rhythm has several forms:

- Premature atrial contraction (Extra-systoles): A weak beat is followed by a strong beat.
- Palpitations: Patient is aware of the beating of his or her own heart.
- Bigeminal pulse: Two heart beats in quick succession, each pair is separated by a longer interval
- Trigeminal pulse: A pause after every third heart beat.
- Pulsus alternans: Strong and weak beats alternate
- Pulsus irregularis perpetuus: The pulse is completely irregular and unequal.
- Pulsus Bisferiens: A pulse with two systolic peaks.

The **filling** is the (estimated) amount of blood that is forced through the arteries with each contraction. The **equality** how equal the amount of blood forced through the arteries is each contraction. The **strength** is the pressure with which the heart muscle pumps the blood through the heart into the aorta.

Information Model

HeartRate **is** rootconcept

HeartRate **has** Method

HeartRate **has** Exertion

HeartRate **has** BodyPosition

HeartRate **has** Regularity

HeartRate **has** FrequencyQualification

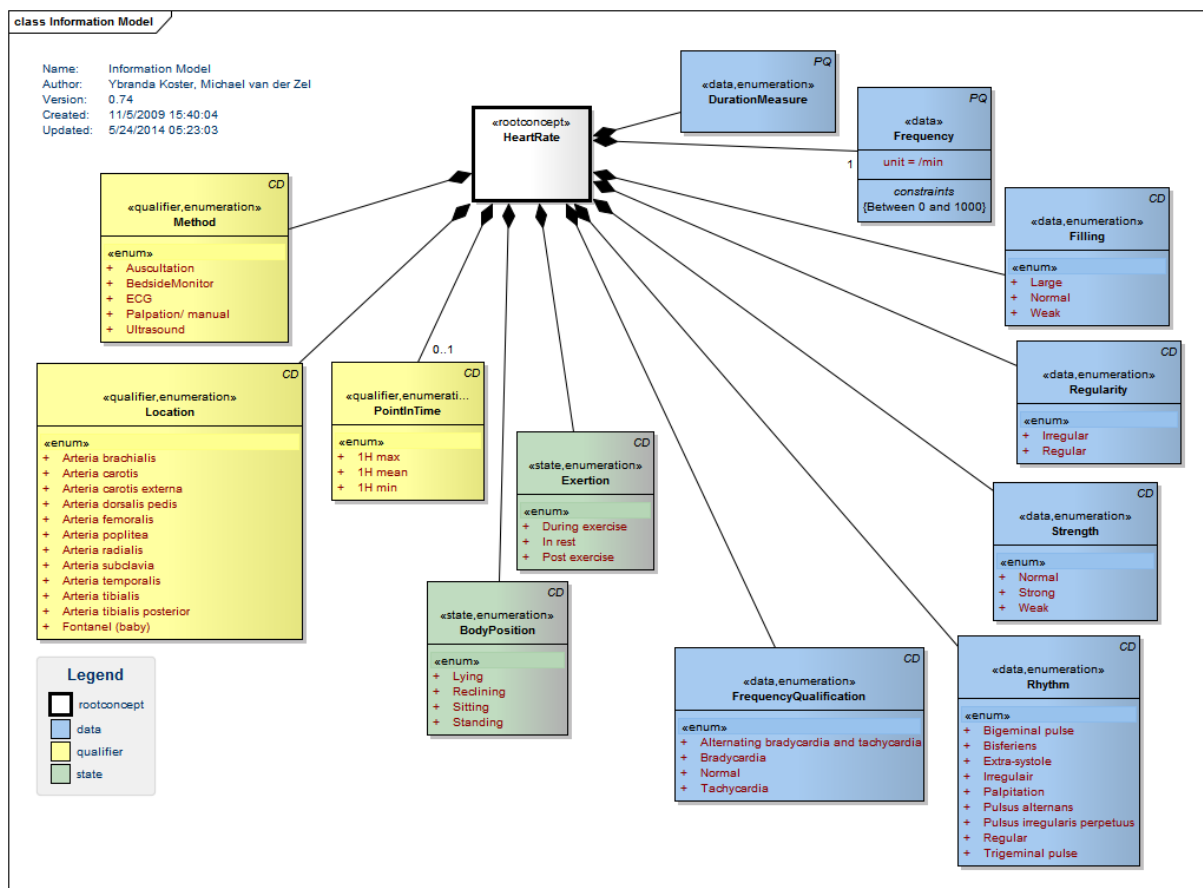
HeartRate **has** Volume

HeartRate **has** Location

HeartRate **has** Strength

HeartRate **has** Rhythm

HeartRate **has** Frequency
 Location **is a** coded description
 FrequencyQualification **is a** coded description
 BodyPosition **has** Position
 Exertion **is a** coded description
 PositionMeasure **is a** Position
 Frequency **is a** physical quantity
 Volume **is a** coded description
 Regularity **is a** coded description
 Strength **is a** coded description
 Rhythm **is a** coded description
 Method **is a** coded description



Concept	Definition
HeartRate SCT:364075005 heart rate	This is about the observation and documentation of the heart rate of a person.

Concept	Definition
BodyPosition SCT:9851009 body position	The body position of the patient during the measure of the heart rate.

finding, SCT:397155001 body position	Lying SCT: 102538003 recumbent body position
	Reclining SCT: 272587006 position with tilt
	Sitting SCT: 33586001 sitting position
	Standing SCT: 10904000 orthostatic body position

Concept	Definition
DurationMeasure LOINC:code 8888-0 displayName Heart rate measure duration	Time used for this measure (e.g. 15 seconds, 1 minute).

Concept	Definition
Exertion SCT:19487008 Exertion	After exercise the pulse rate is increased
	During exercise SCT: 128976003 exercise state
	In rest SCT: 128975004 resting state
	Post exercise SCT: 128978002 post exercise state

Concept	Definition
Filling SCT:366201008 pulse volume - finding	Interpretation of the filling of the vessels during heartbeat.
	Large SCT: 271640005 large The volume is large volume pulse
	Normal SCT: 421014001 full pulse The volume of the pulse is volume normal
	Weak SCT: 64661000 weak pulse The volume is weak

Concept	Definition
Frequency SCT:364075005 heart rate, LOINC:code 8867-4 displayName heart rate	The mechanics of the heart rate: number of beats per minute
Constraint	Between 0 and 1000 inv:self.value>=0 and self.value<1000

Concept	Definition
FrequencyQualification SCT:301113001 Finding of heart rate	<p>Interpretation of the rate of the heart as beats per minute</p> <p>Alternating bradycardia and tachycardia SCT: 74615001 tachycardia-bradycardia Alternating bradycardia and tachycardia: heart beats alternately more than 100 beats per minute and less than 60 beats per minute.</p> <p>Bradycardia SCT: 48867003 bradycardia Heart beats less than 60 beats per minute in rest</p> <p>Normal SCT: 76863003 normal heart rate The frequency of the heart rate is normal.</p> <p>Tachycardia SCT: 3424008 tachycardia Heart beats more than 100 beats per minute.</p>

Concept	Definition
PointInTime SnomedCT:code: 272105005 displayName: points in time	<p>1H max LOINC: code 8869-0 displayName Heart rate 1 hour maximum</p> <p>1H mean LOINC:code 41920-0 displayName Heart rate 1 hour mean</p> <p>1H min LOINC: code 8879-9 displayName Heart rate 1 hour minimum</p>

Concept	Definition
Regularity SCT: 364074009 Regularity of heart rhythm	<p>Interpretation of the regularity of the heart rate.</p> <p>Irregular SCT:61086009 pulse irregular</p> <p>Regular SCT: 271636001 pulse regular</p>

Concept	Definition
Location SCT: 363704007 procedure site	<p>The location where the heart rate is measured.</p> <p>Arteria brachialis SCT: 17137000 brachial artery</p> <p>Arteria carotis SCT: 69105007 carotid artery</p> <p>Arteria carotis externa SCT: 22286001 external carotid artery</p> <p>Arteria dorsalis pedis SCT: 86547008 dorsalis pedis artery</p> <p>Arteria femoralis SCT: 181349008 superficial femoral artery</p> <p>Arteria poplitea SCT: 43899006 popliteal artery</p> <p>Arteria radialis SCT: 45631007 radial artery</p> <p>Arteria subclavia SCT: 36765005 subclavian artery</p> <p>Arteria temporalis SCT: 15672000 superficial temporal artery</p> <p>Arteria tibialis SCT: 181351007 tibial artery</p> <p>Arteria tibialis posterior SCT: 181358001 posterior tibial artery</p> <p>Fontanel (baby) SCT: 272681004 fontanelle</p>

Concept	Definition
Method SCT:84203001 has method	<p>The way how the heart rate is measured and observed.</p> <p>Auscultation The heart rate is determined by SCT: 37931006 auscultationauscultation.</p> <p>BedsideMonitor The heart rate is determined by SCT: 88140007 cardiac continious monitoring. monitor surveillance</p> <p>ECG The heart rate is determined by SCT: 46825001 ecg an electrocardiographic monitoring monitoring</p> <p>Palpation/ manual The heart rate is determined by SCT: 113011001 Palpation palpation on a peripheral artery.</p> <p>Ultrasound SnomedCT:16310003 Ultrasound(procedure)</p>

Concept	Definition
Strength Parelsnoer: 3.4	<p>The power with which the blood is pumped through the heart and arteries. This is subtle different from the filling. It is not the peak volume, but the volume increase / decrease per time unit.</p> <p>Normal The strength is normal Parelsnoer: 3.1</p> <p>Strong The strength is strong Parelsnoer: 3.2</p> <p>Weak The strength is weak Parelsnoer: 3.3</p>

Concept	Definition
Durationofmeasure LOINC:code 8888-0 displayName Heart rate measure duration	Describes how long the heart rate was measured, e.g. 15 seconds, one minute

Concept	Definition
Rhythm SCT:301149000 Pulse rhythm	<p>Interpretation of the rhythm of the heart rate.</p> <p>Bigeminal pulse SCT: 195103000 bigeminal pulse Double beats with intervening gap</p> <p>Bisferiens SCT: 415216000 pulses bisferiens Pulse with two systolic peaks</p> <p>Extra-systole SCT: 284470004 premature atrial contraction A weak beat is followed by a strong beat</p> <p>Irregular SCT: 248650006 heart irregular Irregular heart rate</p> <p>Palpitation SCT: 80313002 palpitations Being aware of the beating of one's own heart</p> <p>Pulsus alternans SCT: 42807005 pulsus alternans Strong and weak beats alternate</p> <p>Pulsus irregularis perpetuus SCT: 271638000 pulse regularly irregular Pulse is completely irregular and unequal</p> <p>Regular SCT: 248649006 heart regular Regular heart beat</p> <p>Trigeminal pulse SCT: 29036000 trigeminal pulse Triple beats with intervening gap</p>

Example Instances

Not available

Instructions

For the manual measurement of the pulse rate a watch with a second hand or a pulse counter. The pulse rate is measured at the pulse, in case the pulse is not very perceptible, the neck artery, temporal artery or the groin artery are also often used (Schnell, 1990). Put the index-, middle-, and ring finger length wise on the artery in order to measure the pulse rate. When measuring with the thumb it is possible to feel the own pulse rate (Vlaamse kruis, 2008).

The pulse is barely perceptible in case of severely disturbed circulation, such as a massive bleeding. The measurement preferably takes place when the patient is at rest and is relaxed and sitting down. The pulse rate can be measured for 15 or 30 seconds and than respectively be multiplied by 4 or 2 to get the pulse rate per minute. The outcome has to be corrected for the inaccuracy of the measurement. In a measurement of 15 seconds the pulse rate is calculated by: (amount of beats in 15 seconds) * 4 ± 4. In a measurement of 30 seconds the pulse rate is calculated by: (amount of beats in 30 seconds) * 2 ± 2. This means that the calculated pulse rate is a margin where the actual pulse rate is. For example, when 15 beats are measured in 15 seconds, the pulse rate is $15 * 4 \pm 4 = 60 \pm 4$. The pulse rate

per minute in this case is between 56 and 64.

Usually the pulse rate is measured for 15 seconds, but in case of a irregular pulse rate, the pulse is measured for 30 seconds. (Arets, Vaessen & Gijssels, 1988).

After the measurement is done the pulse rate is documented on the list of physical data. The other aspects of the pulse rate, such as regularity, strength, are documented in the patients health record. Also improvements are documented.

The heart rate can also be determined by auscultation, continues monitoring and ECG.

Interpretation

The average pulse rate in rest is:

- 100-160 beats per minute in baby's younger than 1 year old
- 70-120 beats per minute in children between 1 and 10 years old
- 60-100 beats per minute in people more than 10 years old. The average pulse rate in a male is between 70 and 85 beats per minute and in a female the pulse rate is between 75 and 90 beats per minute.
- 40-60 beats per minute in trained athletes

When the pulse rate in an adult is more than 100 beats per minute we speak of tachycardia. In a pulse rate less than 60 beats per minute we speak of a bradycardia. A patient can also have an alternating heartbeat with slow and then fast pulse rate. This interpretation is the frequency qualification of the heart beat.

The interpretation of the deviation of the pulse rate is, for a physician, reason to make an ECG. The interpretation of an ECG is restricted to physicians or specialised nurses.

Care Process

The pulse rate provides information about the functioning of the heart. Together with other data, such as body temperature, respiration and blood pressure, the pulse rate provides important indications to the health condition of a person. These observations are put into a curve in the hospitals so the progress can be followed in time.

The observation of the pulse rate is often done. Usually as a part of the physical examination. This is done to monitor the progression of the disease. Just like in other observations the outcome of the pulse rate can be of influence on the treatment (Schnell, 1990).

The pulse rate can also be measured using a ECG or a Doppler test. These methods of observation however, are beyond the scope of this DCM.

Example of the Instrument

None available

Constraints

None known

Issues

- The DCM Body Position needs to be developed
- Need SCT for PointInTime, Method.Ultrasound?

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eDiabetes, Nictiz, Parelsnoer Initiative

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Vocabulary/ Vocabulair:

Name code system/ Naam code systeem: Snomed CT (SCT)

OID code system/ OID code systeem : 2.16.840.1.113883.6.96

Functional Model

Not defined

Traceability to other Standards

Not defined

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