

# **MENU**

## **La Cuisine Benson**



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**[www.lacuisinebenson.com](http://www.lacuisinebenson.com)**

## **Soups:**

- Cabbage
- Cream of broccoli
- Cream of carrot
- vegetables
- Pea soup
- Chicken noodles
- Chicken and rice
- Tomato and rice
- Won ton

## **Salades :**

- **Broccoli** (broccoli, shredded cheese, dried raisins, sunflower seeds, dressing)
- **Cesar** (romaine lettuce, croutons, bacon, parmesan cheese, creamy or oily dressing)
- **Creamy coleslaw** (shredded cabbage, shredded carrots, creamy dressing)
- **Chou traditional** (shredded cabbage, shredded carrots, oily dressing)
- **Couscous** (couscous, feta cheese , green onions, dried cranberries, dressing)
- **Garden** (Iceberg lettuce , shredded carrots, dressing)
- **Fusilli** (fusilli pasta, shredded cheese, green olives, bacon, dressing)
- **Greek** (pasta, tomatoes, cucumbers, red onions, feta cheese, black olives, dressing)
- **Macaroni** (macaroni pasta, onions, red and green bell peppers, sweet yellow dressing)
- **Macaroni plus** (macaroni pasta, ham, shredded cheese, onion, green peppers, creamy dressing)
- **Potato** (potato, eggs, bacon, creamy dressing)

## Sandwiches :

- **On white and/or brown bread:** *the prices are for a full loaf of bread (8 sandwiches)*

- Ham
- Pork

LOAF NOT CUT: \$ 20.00

- Egg
- Chicken

LOAF CUT ON A TRAY: \$ 22.00 + taxes

- **Wraps :**

\$3.00 / wrap not cut --- \$3.50 / wrap cut on a tray each

- Ham and cheese (spinach & honey mustard)
- Chicken salad (diced chicken, lettuce, mayo)

- Vegetarian (cream cheese, carrots, spinach, cucumbers, red onions, honey mustard)

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## Cold sides:

- Celery and carrots
- Assorted veggie tray
- Olives
- Sweet pickles
- Pickled beets
- St-Albert cheese or assorted cheese platter
- Deviled eggs
- Cold cut tray

## Dips:

- Ranch, bacon and cheese ball
- Spinach
- Nacho

## Main meals:

- **Beef :**
  - Chili
  - Beef stew
  - Hamburger steak
  - Meat loaf
  - Beef pot pie with potato or crust
  - Shepherd's pie
  - Meatball in gravy
  - Roast beef sliced
  - Meat pie
  
- **Chicken:**
  - Chicken balls
  - Chicken souvlaki
  - Chicken thighs
  - Chicken pot pie with potato or crust
  - Chicken drumsticks
  - Chicken breast
  - Chicken à la King
  - chicken cordon bleu
  
- **Pork :**
  - Sweet and sour meatballs
  - Pork souvlaki
  - Ribs
  - Garlic spareribs
  - Baked beans
  - Pineapple ham
  - Maple ham
  - Pork sirloin sliced
  - Pulled pork
  - Quiche
  - Italian sausage mild
  
- **Pastas :**
  - Meat lasagna
  - Chicken Alfredo lasagna
  - Vegetarian lasagna
  - Chinese macaroni
  - Spaghetti with meat sauce
  - Macaroni and beef
  - Macaroni and cheese

## **Cooked vegetables:**

- Broccoli
- Peas
- Carrots
- Wax beans
- Green beans
- Mix veggies
- Corn
- Sauté vegetable

## **Starch:**

- Mashed potatoes
- Scalloped potatoes
- Fried potatoes (with or without onions)
- Sweet potatoes (mashed or fried)
- Chicken rice
- Vegetable rice
- Chicken fried rice

## **Midnight snacks:**

- Chicken wings - - \$0.80 / wings - - BBQ sauce separately
- Ribs - BBQ
- Garlic spareribs
- Cocktail sausages (sausages wrapped in bacon)

## **Deserts:**

- Brownies
- Christmas rolled cake (vanilla and/or chocolate)
- Dates squares
- Apple crumbles
- Assorted bites
- Vanilla cake
- Chocolate cake
- Carrot cake
- Black forest cake
- Fruit tray
- Bread pudding
- Pudding chômeur
- Fruit salad
- Strawberry shortcake
- Coconut pie
- Lemon pie
- Sugar pie
- Strawberry pie
- Raspberry pie
- Blueberry pie
- Raisins pie
- Apple pie

## **Cold meal**

*\$10.75 + taxes / person (group of 149 persons and less)*

*\$9.95 + taxes / person (group of 150 person and more)*

Sandwiches: chicken, ham, pork and/or egg

3 salads (macaroni, potatoes, coleslaw)

Cucumbers and carrots

Sweet pickles

Olives

St-Albert cheese

Choice of dessert

Disposable dishes

**\* you can add the next items for a small price adjustment per person :**

- Soup (+\$1.00/ person)
- Baked beans (+\$1.00 / person)
- Sweet and sour meatballs (+\$1.50 / person)

## **Hot meal**

*\$23.45 + taxes / person*

*\$12.75 + taxes / children (10 years old or less)*

One hot meat of your choice

One starch

Hot vegetables

Gravy

One salad of your choice

Cucumbers and carrots

Sweet pickles

Pickled beets

St-Albert cheese

Buns and butter

One choice of dessert

\*\* You can add more choice of meat for \$3.00 extra per person per choice.

## **Christmas dinner**

\$26.95 + taxes / person

\$15.45 + taxes / children (10 years old or less)

Meat pie

Meat ball in gravy

Turkey

Stuffing

Mashed potatoes

Peas and carrots

Cranberries

Ketchup

Coleslaw – creamy or vinegar

Sweet pickles

Pickled beets

Buns and butter

Yule log or any kind of pies

## **Sugar shack**

*\$26.95 + taxes / person*

*\$15.45 + taxes / children (10 years old or less)*

Pea soup

Scrambled eggs

Bakes beans

Maple ham

Pork rinds

Breakfast sausages

Breakfast potatoes

Maple syrup, ketchup

Onion in vinegar

Sweet pickles

Pickled beets

Buns and butter

Sugar pie or pudding chômeur

## **Italian meal**

*\$15.45 + taxes / person*

*\$9.50 + taxes / children (10 year old or less)*

Spaghetti meat sauce

Or

Meat and/or vegetarian lasagna

Cesar salad

Croutons

Parmesan cheese

Bacon bits

Cesar dressing

Sweet pickles

Pickled beets

Regular or garlic bread

St-Albert cheese

Choice of dessert

## **Beans diner**

*\$13.45 + taxes / person*

*\$7.50 + taxes / children (10 year old or less)*

Baked beans

Macaroni and beef

Coleslaw (creamy or traditional)

Sweet pickles

Pickled beets

Onion in vinegar

Buns and butter

St-Albert cheese

Vanilla cake

Chocolate cake

Dates squares

## **Tacos Bar**

*\$19.95 + taxes / person*

*\$9.50 + taxes / children (10 years old or less)*

Seasoned ground beef

Mexican rice

Hard and/or soft taco shell

Diced tomatoes

Lettuce

Shredded cheese

Salsa mild

Sour cream

One choice of salad

Sweet pickles

Olives

One choice of dessert

\*You can add the chicken option for \$2.00 more per person

\* We count 2 tacos per person

## **Chinese meal**

*\$23.45 + taxes /adult*

*\$12.75 + taxes / children (10 years or less)*

Won ton soup

Chicken fried rice

Chicken balls

Sweet and sour sauce

Egg rolls

Prune sauce

Spare ribs

Sautéed vegetables

One choice of salad

Cucumbers and carrots

One desert of your choice

Fortune cookies

## **Salad bar**

\$15.45 + taxes / person

Grilled chicken breast strips – hot or cold

Romaine lettuce and / or spring mix

Shredded carrots

Diced cucumbers

Diced tomatoes

Black olives

Diced red onions

Corn

Shredded cheddar cheese

Feta cheese

Sunflower seeds, dried cranberries

Croutons, fried onions

3 dressings: house, ranch and Italian

Pickles & beets

St-Albert cheese

Desert of your choice

Disposable dishes

## **Brunch**

*\$21.45 + taxes / adult*

*\$10.75 + taxes / children (10 years old or less)*

Omelet

Breakfast potatoes

Bacon

Ham

Breakfast sausage

Baked beans

Ketchup

Onion in vinegar

Sweet pickles

Buns or mini croissants

Fruit salad or platter

Disposable dishes

## **Continental breakfast**

*\$12.50 + taxes / person*

Regular and / or chocolate croissants

Assorted mini muffins

Boiled eggs

Fruits platter

Assorted cheese platter

Vanilla yogurt

Granola, raisins

Peanut butter, jelly, butter cups

Disposable dishes

**\*\* note there are no beverages included in all meals.\*\***

Delivery: \$25.00 + 0.25\$/ km

**Come and see what we have to sell on location. Frozen or freshly made**

**Call us for more information on the menu or to get a price on anything.**

**If you have any other suggestions that are not in the menu i twill be a pleasure  
for us to serve you what YOU want!**

**Thank you!**

**La Cuisine Benson**

Price may change without notice

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