I can do that, but the information provided is simply a title and subtitle. I need more context to create relevant MCQs.

To generate effective questions, please provide me with:

- * **More details about "The Well-Watered Woman"**: What are the main themes? What topics are covered in the book?
- * **The target audience**: Who is this workbook for? This will help me tailor the difficulty and subject matter of the questions.
- * **Examples of the types of questions you're looking for**: Are you looking for questions that test knowledge, application, or analysis?

Once I have this information, I can create 8 high-quality MCQs for you.