# XAUUSD (Gold/USD) Trading Cheat Sheet & Complete **Strategy**

"Your Ultimate Shortcut to Profitable Gold Trading"



## **Why XAUUSD?**

Gold is a favorite for smart traders because of:

- $\bowtie$  High volatility  $\rightarrow$  Big intraday moves
- Clean reactions to global economic events (CPI, NFP, Fed news)
- Technically obedient (respects key levels, SMC concepts, trend structure)
- Ideal for scalping, day trading, and swing trading



# **Understanding Gold's Behavior**

#### **Factor**

### **Behavior Summary**

Volatility Window 12:30–17:00 GMT (London–New York session overlap) Best Trading Days **Tuesday to Thursday** (higher liquidity, smoother PA) CPI, NFP, Fed Rates, FOMC, Unemployment Claims News Sensitivity Correlation Inverse with DXY & bond yields

# Complete XAUUSD Strategy (Smart Money + Liquidity-Based)

Type: Intraday Reversal Strategy (SMC + Liquidity Sweep)

#### 1. Define Direction (Bias) – H4 + D1

- Mark HTF market structure (HHs/LLs)
- Use Fibonacci to locate premium/discount zones
- Spot liquidity pools (equal highs/lows, clean trendlines)

#### 2. Draw Points of Interest (POIs)

#### On H1-H4:

- Supply/Demand Zones
- Imbalances (FVGs)
- Previous session/week highs/lows
- NY or London open liquidity zones

### 3. Refine Entry – Drop to M5/M15

#### Look for:

- Liquidity sweep
- Internal structure break (BOS)
- Momentum candle confirmation

#### **Entry Trigger (Buy Example):**

- HTF bullish
- Price taps into refined demand zone after sweep
- M5 structure flips bullish (BOS)
- Enter on pullback
- SL below sweep; TP = imbalance or liquidity

## **Risk Management Rules**

Rule Value

Max Risk per Trade 1-2% of capital

SL Range 20–40 pips (tight, clean) RRR Aim for at least 1:2

Avoid Trading Around high-impact news



- Only trade during NY or London session
- Use Session Opens, FVGs & Liquidity Zones
- **Backtest** the strategy using replay mode
- Keep a journal of wins/losses, setups, and market conditions

# **What's Next?**

If this cheat sheet helped you, imagine what you'll achieve with:

## **✓** My Complete Forex Trading Course

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