



Consent and Authorization for Minor Athlete to Participate in Individual Training Session

I, the undersigned, certify that I am the parent or legal guardian of the below named Minor Athlete. I understand that my written consent and authorization is required in order for Minor Athlete to participate in individual training sessions at USA Cycling facilities or events if the training session is not observable and interruptible by another adult.

In connection with and in consideration of Minor Athlete's participation in an individual training session(s) I, as Minor Athlete's parent or legal guardian, hereby represent and agree as follows:

- 1) I agree to allow the Minor Athlete to participate in an individual training session(s) with _____ (name of coach or trainer conducting the individual training session/s) on _____ (date/s);
- 2) I agree that I have had the opportunity to review USA Cycling's SafeSport Program and Minor Athlete Protection Policies, available at <https://www.usacycling.org/resources/safesport/usac-policies>;
- 3) I understand that I am allowed to observe the individual training session(s);
- 4) I authorize and consent to the release and disclosure of this consent form, Minor Athlete's name, and other relevant information necessary to demonstrate my consent to Minor Athlete's participation.

I certify that I am 18 years of age or older and the parent or legal guardian of the Minor Athlete. In addition, I certify that I have read, fully understand, and agree to the terms of this Authorization, and I sign it voluntarily with the full knowledge of its significance.

Minor Athlete Name (First and Last)

Parent or Legal Guardian Printed Name (First and Last)

Parent or Legal Guardian Signature

Date