

Dear Parents,

Greetings from G.D. Goenka Public School, Siliguri!

Take time over the holidays to disconnect with technology and reconnect with people, family and nature. Give your mind a rest. Go for a walk, enjoy some silence. Go outside, breathe in fresh air, look at the sky, and take in the beauty of the world. Be more concerned about your real life, than your online status. Make a difference, smile at others. Laugh. Talk. Have fun. Disconnect to reconnect to life.

**A Note for Parents,
Make this summer special!**

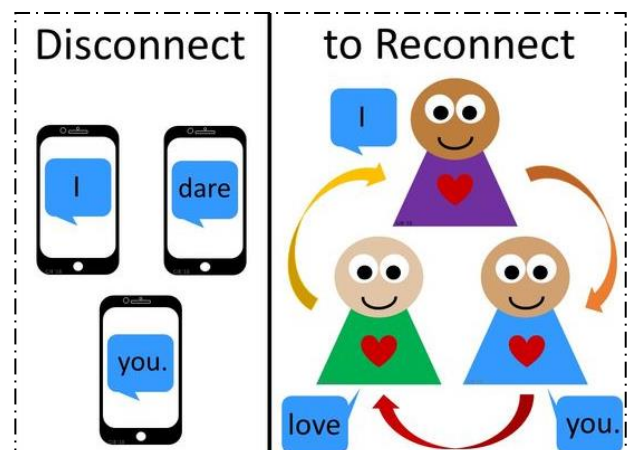
- Have at least two meals together with your children.
- Let them help you in daily household work.
- Take them to your work place and let them understand that you work hard to support your family.
- Try to share some stories with them and tell them about your childhood.
- As much as possible keep them away from TV, and other electronic gadgets.

This Summer Holidays let's make memories with our families and loved ones not by sitting indoors glued to our electronics but by meeting them, saying 'Hello' and spending time with them. Let us make our bond stronger with each one of them and tell them how much we love them.

We have prepared some fun activities for you to do with your family. These activities are to be recorded in your scrap book, design your cover and dedicate this homework for your loved ones.

Your homework is to be submitted on 3rd July, 2018 to your class teacher. The best project will be rewarded.

Happy Holidays
2018



ENGLISH

Activity 1: Digital Detox!

Most of us know only small bits and pieces of our family history. This holiday, we will take the opportunity to interview two of our family members and listen to some stories we may have never before heard about our families. Though one member to be interviewed can be either of your parent, the other member should be your grand parent or some elderly relative in order to gain a better understanding of our family history.

MEMBER 1:-

Name of the family member: _____

Relationship with you: _____

Duration of interview: _____

PHOTOGRAPH

QUESTIONNAIRE

1) Where did you spend your childhood days?

2) What was famous about the place where you lived?

3) What was the climate like?

4) What was life like in your childhood without smart phones and other modern gadgets?

5) Can you tell me about some funny incident from your past?

6) How did you spend your evenings after school?



7) How many members were there in your house? Who were they?

8) How did you spend your vacations?

9) What pets did you have?

10) What games did you play?

11) What was school like?

12) What is the fondest memory that you have of your childhood?

Extra information if any: _____





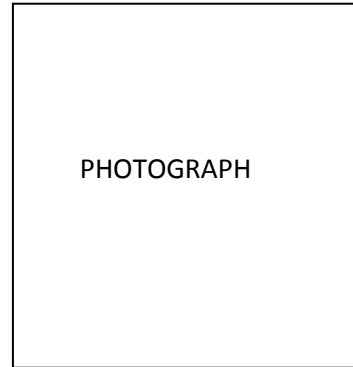
MEMBER 2:-

MEMBER 1:-

Name of the family member: _____

Relationship with you: _____

Duration of interview: _____



QUESTIONNAIRE

1) Where did you spend your childhood days?

2) What was famous about the place where you lived?

3) What was the climate like?

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9) What pets did you have?

10) What games did you play?

11) What was school like?

12) What is the fondest memory that you have of your childhood?

Extra information if any: _____

Activity 2: Reading is Fun

Enjoy reading story books written by renowned authors during the summer vacation.

Recommended Books or E-books:

- | | |
|-----------------|---|
| a. Roald Dahl: | Matilda
The Witches |
| b. Enid Blyton: | Famous Five Series
Secret Seven Series |
| c. Mark Twain: | Tom Sawyer |





Book Title:

DATE:

1. Setting

This story takes place in



2. Characters

The three main characters
are _____

3. Problem

The problem they have is



4. Solution

Their problem is solved
when _____

5. Review

I thought this book was
_____ because





Acts of kindness – Make someone Smile

Let a sibling go first Name: _____	Say something nice to someone Name: _____	Share Name: _____	Play with someone new Name: _____	Pick up trash without being asked Date: _____
Say sorry if you do something wrong Name: _____	Smile at someone Name: _____	Hold the door for someone Name: _____	Say 'good job' Name: _____	Say 'Hi' to someone Name: _____
Water a plant Date: _____	Give a hug to your parents Name: _____	Say 'Thank you' to your maid Name: _____	Clean up without being asked Date : _____	Help your grandparent Date: _____
Build a bird feeder Date: _____	Let someone go first Name: _____	Say 'I love You' to your parents Date: _____	Keep water for the birds outside Date: _____	Help your mother Date: _____



MATHEMATICS



1. This summer vacation your Parents have decided to go to your native place with your entire family. They have invited everyone to that place for a family get together.

During that period of time, gather information and calculate the following:

- a. Collect the date, month and year of the anniversary of all the married couples in your family and form large nos. from the collected information.


For eg: Manju aunty and Vineet uncle- Date of anniversary = 28/10/1987 (so the large no is 28101987)

- b. Arrange the data collected in descending order.
- c. Collect the date of birth of all the children in your family and form large nos. from the collected information.
- d. Arrange the data collected in ascending order.
- e. Find the sum of any two large nos. formed in part (a).
- f. Find the difference of any two large numbers formed in part (c).
- g. Multiply your date of birth (eg. 21102006) by 25.
- h. Find out the age of all the male members of your family and add them.
- i. Find out the age of all the female members of your family and add them.



- j. Who is the eldest amongst the male member of your family? Mention the age.
- k. Who is the eldest amongst the female member of your family? Mention the age.
- l. Multiply the age mentioned in part (j) and part (k).

2. Collect the weight of around 6 members of your family.

- a. Make a tally chart for the data collected.
- b. Make a pictograph for the data collected.
(Hint: 1  = 10 kg)
- c. Make a bar graph for the data collected.

Now, answer the following questions:

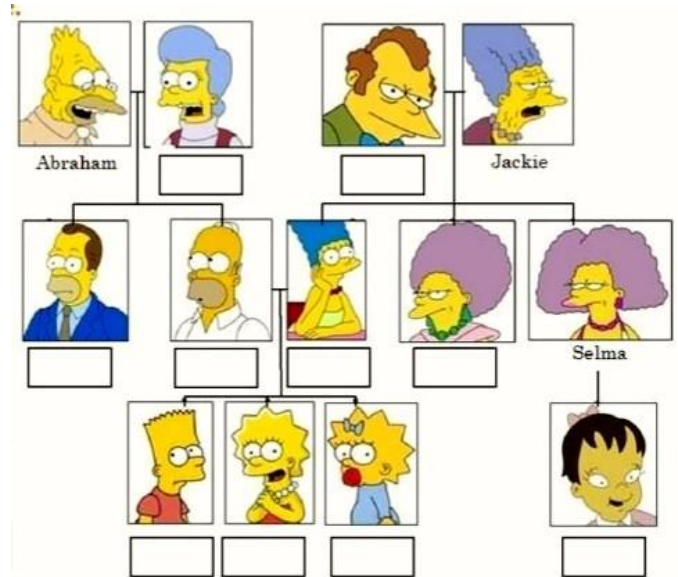
1. Whose weight is the highest in the collected data?
2. Whose weight is the lowest in the collected data?
3. Add the highest and the lowest weights.



The Simpsons Family

1a. Read the text and complete the family tree.

Welcome to the Simpsons family. This family is very big. Abraham is the father of Homer, and Mona is the mother of Homer. Herb is the brother of Homer. Marge is the wife of Homer. Her father is Clancy and her mother is Jackie. Marge has 2 sisters, Patty and Selma. Selma has a daughter called Ling. Homer and Marge have 3 children. The son is Bart and the two daughters are Lisa and Maggie.



1b. Read the text again . True (T) or False (F).

1.	The Simpsons family is a small family.	
2.	Marge has one brother and one sister.	
3.	Ling is the daughter of Selma.	
4.	Homer and Marge have 3 children.	
5.	Homer and Marge have 2 sons and 1 daughter.	

1c. Complete the sentences.

- Jackie is the _____ of Lisa.
- Maggie is a _____.
- Herb is the _____ of Lisa.
- Homer is the _____ of Marge.
- Marge is the _____ of Patty and Selma.
- Bart is the _____ of Lisa.

2. Stay away from mobiles, TV and computers. Sit around your grandparents or any elderly family member to know more about your family. Jot down few interesting facts. Ex. Their birth place, schooling, recreational activities they did etc.

3. What are the ways to unplug from all electronic gadgets and reconnect with family, friends and nature? Mention any three.



Unplug and Reconnect with Family and Nature

4. Paste a photograph of your best family day out or weekend away. Name the places you would like to visit with your family in future.

I went to _____ with my family.

I would love to visit _____

_____.



5. Plant a sapling in your garden, take care of it, water it and make it survive. Click a photograph of the same plant and paste the picture below.

This is a _____ plant.

Steps taken to grow this plant
are as follows :-

1. _____

2. _____

3. _____

4. _____







PROJECTS

1. Create a Facebook wall on 1/4 chart paper and paste a group family photograph of this vacation. Tag the place and the people in the photograph. Get hand written comment from actual members of your family. Use your imagination and creativity and make it as colourful as u can.

2. Find out about 6 outdoor recreational activities or sports. Paste the pictures of each outdoor recreation on a chart paper and write a few lines on each. For example: - Paragliding, biking, hiking, cricket, soccer, skiing etc.



Food and Balanced Diet

Name of the Nutrient	Sources	Function	
Carbohydrates (energy giving food)	Rice, potato, wheat, sugar	Provides energy	
Fats (energy giving food)	Butter, ghee, milk, cheese	Gives more energy compared to carbohydrates	
Vitamins and Minerals (protective food)	Fruits and vegetables	Required for normal growth and development	
Proteins (body building food)	Milk, eggs, meat, fish, soybean	Helps in building and repair of body	

Deficiency diseases – Diseases that arise when there is a shortage of particular nutrients in the diet. The types of deficiency diseases are:

<p>↓</p> <p>Deficiency of carbohydrates</p> <p>e.g. Marasmus</p> <p>Symptoms:</p> <ul style="list-style-type: none">• Shrunken body with no fat or less fat• Ribs stick out• Skin hangs loose over the bones• Loss of hair	<p>↓</p> <p>Deficiency of proteins</p> <p>e.g. Kwashiorkor</p> <p>Symptoms:</p> <ul style="list-style-type: none">• Swollen stomach and ankles,• Skeletal body• Stunned growth• discolored hair and patchy skin	<p>↓</p> <p>Deficiency of minerals</p> <p>e.g.</p> <ul style="list-style-type: none">• Muscle cramps• Dental decay• Rickets• Goiter• Anaemia• Paralysis	<p>↓</p> <table><tr><th>Vitamin</th><th>Example of Disease</th></tr><tr><td>A</td><td>Color blindness</td></tr><tr><td>B1</td><td>Beriberi</td></tr><tr><td>B6</td><td>Anaemia</td></tr><tr><td>C</td><td>Scurvy</td></tr><tr><td>D</td><td>Rickets</td></tr><tr><td>K</td><td>Hemorrhage</td></tr></table>	Vitamin	Example of Disease	A	Color blindness	B1	Beriberi	B6	Anaemia	C	Scurvy	D	Rickets	K	Hemorrhage
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Complete the table:

Nutrient	Why do you need it?	Sources of Food	Deficiency
Protein	It is used for growth and repair of body tissues	Meat, eggs, fish, lentils, cheese	
		Oils, butter	
Carbohydrates			
Vitamins	Helps bind cells together		You get scurvy (bleeding gums, tender skin).
Minerals	Needed to make red blood cells		



अवकाशकालीन गृहकार्य



प्रस्तुत पारिवारिक चित्र को देखते हुए उसे अपने परिवार के सदस्यों से जोड़कर आपस में सम्बंधों के लगाव का विस्तृत विवरण दीजिए । इस विषय पर एक परियोजना अपने घर के सदस्यों के चित्र लगकार सुंदर एवं साफ-साफ हस्तलेखन में तैयार कीजिए ।