Track and field  
   
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Track and field (or athletics in British English) is a sport that includes athletic contests based on  
running, jumping, and throwing skills. The name used in North America is derived from where the sport  
takes place, a running track and a grass field for the throwing and some of the jumping events. Track  
and field is categorized under the umbrella sport of athletics, which also includes road running, cross  
country running and race walking. Though the sense of "a