



技巧听力

Lesson 2

雅思听力组



Lesson 2 : 笔记填空

1.

Part 4 录音一次性放完

- 填空为主

2.

话题—动植物（占比大）、环境等

- 审题

3.

预判、逻辑信号词、同义替换

- 单词

4.

难点—关键词替换灵活

题型特点

Marine renewable energy (ocean energy)

Introduction

More energy required because of growth in population and **31**

What's needed:

- renewable energy sources
- methods that won't create pollution

Wave energy

Advantage: waves provide a **32** source of renewable energy

Electricity can be generated using offshore or onshore systems

Onshore systems may use a reservoir

Problems:

- waves can move in any **33**
- movement of sand, etc. on the **34** of the ocean may be affected

Tidal energy

Tides are more **35** than waves

Planned tidal lagoon in Wales:

- will be created in a **36** at Swansea
- breakwater (dam) containing 16 turbines
- rising tide forces water through turbines, generating electricity
- stored water is released through **37** , driving the turbines in the reverse direction

Advantages:

- not dependent on weather
- no **38** is required to make it work
- likely to create a number of **39**

Problem:

- may harm fish and birds, e.g. by affecting **40** and building up silt

Ocean thermal energy conversion

Uses a difference in temperature between the surface and lower levels

Water brought to the surface in a pipe

14-1-4 P15

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Introduction

More energy required because of growth in population and **31**

What's needed: **31.** Demand is rising rapidly, bef the world's **increasing population and** expanding industry.

- renewable energy sources
- methods that won't create pollution

Wave energy **32.** This form of energy has plenty of potential, as the source is constant...

Advantage: waves provide a **32** source of renewable energy

Electricity can be generated using offshore or onshore systems

Onshore systems may use a reservoir

Problems: **33. But the problem with ocean waves** is that they're erratic, with the wind making them travel in every direction.

- waves can move in any **33**
- movement of sand, etc. on the **34** of the ocean may be affected

34. Another drawback is that sand and other sediment on ocean floor might be stopped from flowing normally...

35. **One major advantage of using the tide, rather than waves**, as a source of energy is that it's predictable...

Tidal energy

Tides are more **35** than waves

Planned tidal lagoon in Wales: 36. One current plan is to create **a tidal lagoon on the coast of Wales**. This will be an area of water within a bay at **Swansea**.

- will be created in a **36** at Swansea
- breakwater (dam) containing 16 turbines
- rising tide forces water through turbines, generating electricity
- stored water is released through **37**, driving the turbines in the reverse direction 37. Then, **in order to release the stored water**, gates in the breakwater are opened.

Advantages:

- not dependent on weather 38. unlike solar and wind energy, it doesn't depend on the weather, **the turbine are operated without the need for** fuel...
- no **38** is required to make it work
- likely to create a number of **39**

Problem: 39. ... and that manufacturing the components would create more than 2000 jobs...

- may harm fish and birds, e.g. by affecting **40** and building up silt

40. On the other hand, **there are fears that lagoons might harm both fish and birds**, for example by disturbing migration patterns, and causing a build-up of silt...

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31. industry

32. constant

33. direction

34. floor

35. predictable

36. bay

37. gates

38. fuel

39. jobs

40. migration

14-1-4 P15

Stoicism

Stoicism is still relevant today because of its **31** appeal.

Ancient Stoics

- Stoicism was founded over 2,000 years ago in Greece.
- The Stoics' ideas are surprisingly well known, despite not being intended for **32**

Stoic principles

- Happiness could be achieved by leading a virtuous life.
- Controlling emotions was essential.
- Epictetus said that external events cannot be controlled but the **33** people make in response can be controlled.
- A Stoic is someone who has a different view on experiences which others would consider as **34**

The influence of Stoicism

- George Washington organised a **35** about Cato to motivate his men.
- The French artist Delacroix was a Stoic.
- Adam Smith's ideas on **36** were influenced by Stoicism.
- Some of today's political leaders are inspired by the Stoics.
- Cognitive Behaviour Therapy (CBT)
 - the treatment for **37** is based on ideas from Stoicism
 - people learn to base their thinking on **38**
- In business, people benefit from Stoicism by identifying obstacles as **39**

Relevance of Stoicism

- It requires a lot of **40** but Stoicism can help people to lead a good life.
- It teaches people that having a strong character is more important than anything else.

16-1-4 P15

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31. Specifically, I am referring to Stoicism, which, in my opinion, is the most **practical** of all philosophies and therefore the most appealing.

16-1-4 P15

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32. Amazingly, we still have access to these ideas, despite the fact that the most famous Stoics never wrote anything down for **publication**

33. In the words of Epictetus: “external events I cannot control, but the **choices** I make with regard to them. I do control”

16-1-4 P15

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- A Stoic is someone who has a different view on experiences which others would consider as **34**

34. who has a different perspective on experiences which most of us would see as wholly **negative**

35. George Washington was introduced to Stoicism by his neighbours at age seventeen, and later, put on a **play** based on the life of Cato to inspire his men.

16-1-4 P15

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- The French artist Delacroix was a Stoic.
- Adam Smith's ideas on **36** were influenced by Stoicism.
- Some of today's political leaders are inspired by the Stoics.

36. The economist Adam Smith' s theories on **capitalism** were significantly influenced by the Stoicism

37. who invented Cognitive Behaviour Therapy...It's most commonly used to treat depression (Q37).

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16-1-4 P15

38. The idea is that we can take control of our lives by challenging the irrational beliefs that create our faulty thinking, symptoms and behaviours by using **logic** instead

39. Stoicism has also become popular in the world of business...overcome setbacks because Stoics teach turning obstacles into **opportunity**

40. This is not as easy as it sounds and will require considerable **practice**

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- 31. practical
- 32. publication
- 33. choices
- 34. negative
- 35. play
- 36. capitalism
- 37. depression
- 38. logic
- 39. opportunity
- 40. practice/practise

Homework



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