

# Electronic Health Record (EHR)

## Patient Information

Name: John Doe

Date of Birth: 15-08-1985

Gender: Male

Patient ID: EHR-2024021

Blood Group: O+

Contact: +1 234 567 8901

Emergency Contact: +1 987 654 3210 (Jane Doe - Wife)

Address: 123 Health St, Wellness City, USA

## Medical History

- Hypertension (Diagnosed: 2015)
- Type 2 Diabetes (Diagnosed: 2018)
- Mild Asthma (Childhood, occasional)
- No known drug allergies
- Surgical History: Appendectomy (2010)

## Recent Diagnosis & Consultation

Date: 10-02-2025

Doctor: Dr. Emily Carter, MD (General Physician)

Symptoms: Fatigue, Increased Thirst, High BP (140/90)

Diagnosis: Mild Hypertension & Borderline Hyperglycemia

Recommended Tests: Complete Blood Count (CBC), Lipid Profile, HbA1c

## Prescriptions

- Metformin 500mg (1 tablet daily after breakfast)
- Amlodipine 5mg (1 tablet daily in the morning)
- Vitamin D Supplement (Once a week)
- Lifestyle Advice: Reduce salt intake, increase exercise, monitor BP regularly

## Next Follow-up Appointment

Scheduled Date: 25-02-2025

Doctor: Dr. Emily Carter, MD

Notes: Review test results and adjust medication if needed.