

# Forecasting the spread of COVID-19

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**Abstract**—We tackle the problem of time series forecasting of COVID-19 daily case counts through Machine Learning Methods. By modelling the COVID-19 daily case counts with autoregressive processes, we show that even simple regression based methods fare as well as traditional compartmental epidemic models. To utilize the expressiveness of Deep Learning Frameworks, we develop a framework around Meta Learning in a Few Shot Time Series Forecasting setting. With our framework, we show that using only a few datapoints, and in only a single gradient step, a meta learning based model can predict as well as, or at times, even better than a model trained on country specific data for hundreds of epochs. We thoroughly analyse the choice of our features in this study by quantifying the Granger Causal relationship between features and daily case counts. Deeper analysis uncovers interesting insights about Government Interventional Policies, and the effects of recent events such as Kumbh Mela in Uttarakhand and the election rallies held in Tamil Nadu and West Bengal.

**Index Terms**—COVID-19, Machine Learning, Causal Inference, Time Series Forecasting

## I. INTRODUCTION

Since the beginning of 2020, the coronavirus disease (COVID-19) has had a devastating impact on the human society. From disrupting travel, downfall of whole economies to stricter social rules, the human race has fought hard to prevent its spread. Even with massive vaccinations campaigns and stringency regulations, the coronavirus is nowhere to go as yet. To our dismay and perhaps due to slow responses, the coronavirus has also evolved into multiple different strains from the variant originating in Wuhan, China. Different variants of the virus have been now detected in UK and India against which original vaccines are not as effective [1]. As an example of the surge of the cases due to this, India is now facing its 2nd wave with more than 350K cases and 3k deaths everyday at the time of writing.

It is important that with such implications, that the spread of the disease be forecasted. This is due to multiple reasons: 1) Forecasting the spread of the disease helps health authorities

to keep in check the health resources available for use (In particular, plan for future efficiently). 2) Aid the government to decide on administrative interventional policies such as lockdown, travel restrictions, etc., to contain the spread of the disease.

Even though India boasts to have one of the highest vaccine manufacturing capabilities (through the Serum Institute, Pune) and also one of the cheapest health services across the world, India's health system is now on the verge of collapse due to the load of the total number of active cases which is estimated to be around 2600K. The new surge is attributed, by experts [cite](#), to the slow and poor response in part by the government. Recent religious events such as the Kumbh Mela and election rallies in West Bengal for its State elections and in general complacency among people have also been portrayed as the top reasons of this new surge of cases

In such times requiring strong forecasting models, Epidemiologists often rely on 'compartmental models' for epidemic forecasting, in particular, SIR and SEIR. These models keep track of the status of infections, recovery and death to compartmentalize the population. The dynamics of spread are then modelled using differential equations using these variables. Although these models provide a rough estimate, the variables considered are often uncontrollable and influenced by a variety of real world factors. This makes these models often not as reliable which is of the utmost importance.

This brings the question that can Machine Learning models outperform such methods? The prime advantage to choosing data driven Machine Learning models are that these models are often very *robust* to real world data. Case Counts, Death Counts, Positivity Ratio are all survey collected datapoints and hence naturally contain some amount of noise. But even though there are benefits to choosing standard Machine Learning based time series models (such as Sequence to Sequence models), they often require millions of datapoints to forecast robustly. For comparison, the length of the time series of COVID-19 daily counts is only 450. This raises an important question that is it possible to devise deep learning based

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methods that can robustly forecast the daily COVID-19 case counts using only few datapoints from that time series?

The spread of COVID-19 or the disease dynamics, is very dependent on the movement of individuals. For instance, some epidemiologists hypothesize that Italy was one of the first to be hit with COVID-19 after China because of mass immigration of workers in the textile and fashion industry [cite](#). However, we note that most governments impose interventional policies such as lockdowns, work from home policies, etc., so as to limit movement. This means that only essential services are active after these policies are enforced. Interventional policies and their regulations can be seen on the basis of how stringent policies governments have introduced over the past year and half. After such a policy is imposed it maybe a fairly good assumption to treat the dynamics of that region independent of any other. What this means is that, for a large number of regions, the relative evolution of the disease might still remain the same. Motivated by this observation, we hypothesize that the problem of univariate forecasting (with or without exogenous variables such as interventional policies) can be treated in a ‘Meta-Learning’ framework. We propose that each demarcated region has its own dynamics, but in the larger scheme of things, there are a lot of temporally correlated factors that remain common across regions that can be learnt. After Meta-Training, using only a few time series datapoints, predictions about the case counts in that demarcated region can be made very accurately. This means that using our proposed framework, any demarcated region may be able to forecast its daily counts very robustly and accurately.

It is highly important to choose the right features as inputs to our models and hence, to evaluate our choices, we study how particular features could be helpful in forecasting from a Causal perspective. For this we propose to use Granger Causality. In the context of time series, what a causal feature means is how well it helps in forecasting. That is, how ‘temporally correlated’ two particular sequences are. We limit our analysis to linear models so as to avoid latent factors from playing any role. This is because it becomes harder to quantify latent cause effect relationships. Through our analysis we show which mobility metrics are actually useful and which are not. We also show how the recent spread of the COVID-19 virus in some districts can be attributed to higher case counts in cities where recent events such as election rallies or Kumbh Mela are causes took place.

Our contributions are as follows:

- 1) We demonstrate the applicability of a range of Machine Learning Models in forecasting the spread of Coronavirus. These models perform either better than or as good as Compartmental Epidemic Forecasting models
- 2) We present a novel framework for few shot time series forecasting of daily COVID-19 cases using Meta Learning
- 3) We demonstrate the causal relationships between particular variables and daily case counts such as Mobility.
- 4) We study in detail recent events such as the Kumbh Mela or the election rallies in Tamil Nadu. In particular

through causal analysis we verify the spread of coronavirus through particular hotspot regions.

## II. RELATED WORK

Since the onset of the coronavirus pandemic, the research community has studied the spread of the virus in different locales, and attempted to forecast the same. Among other things, researchers have used the underlying dynamics of the disease, mobility patterns of people and policy measures to understand the spread of the virus and subsequently forecast the same.

Tomar and Gupta [2] use an LSTM-based model to forecast the number of cases of COVID-19 in India over a 30-day period. The authors have also analysed the efficacy of government lockdown measures, using the transmission rate of the virus as a metric, and found that the early preventive measures were fairly successful in controlling the spread of the virus.

Praharaj and Han [3] analysed the effect of various categories of mobility (from the Google Community Mobility Reports) on the incidence of COVID-19 in India. They used a generalized estimating equation with a Poisson log-linear model, and found that certain types of mobility are more significantly associated with the spread of the virus. They proposed that restrictions aimed at these specific areas might be more effective than a blanket lockdown.

Kapoor et al. [4] describe a GNN based approach to forecast the incidence of COVID-19 in America, on a county scale. Their model utilises both inter-region and intra-region mobility information, without making any assumptions about the underlying disease dynamics.

Chang et al. [5] use a SEIR based model which integrates dynamic mobility networks, to simulate the spread of COVID-19 in the US. They identify select hotspots for the spread of the virus, and advocate for policy responses aimed at these specific locations, rather than uniform restrictions.

Bedi et al. [6] use a SEIRD model to forecast the long-term spread of COVID-19 in India, and an LSTM based model to make short-term predictions. They also analyse the efficacy of the various phases of lockdown enforced by the Indian government by studying the variation in the parameters of the SEIRD model during each of these phases.

## III. METHODOLOGY

### A. Problem Formulation

We assume forecasting the spread of the coronavirus disease as a time series forecasting problem by modelling ‘daily new cases’. In particular, given  $\mathcal{Y} = (y_1, \dots, y_t)$  of  $t$  time steps, our aim is to forecast  $(y_{t+1}, \dots, y_{t+f})$ , where  $f$  denotes the number of forecast days. At any time, the disease dynamics is constantly affected by various external factors, which we consider as ‘exogenous variables’. These variables include interventional government policies, human mobility information, etc., which are also time varying processes.

## B. Baselines

1) *Weighted Moving Average*: The most simple model would be to predict the new cases simply as the weighed moving average value of the already seen cases, i.e.

$$y_t = \begin{cases} y_1, & \text{if } t = 2 \\ \alpha y_{t-1} + (1 - \alpha)y_{t-2}, & t > 2 \end{cases} \quad (1)$$

2) *Generalized Linear Models (GLM)*: As the name suggests, GLMs are a generalization of the traditional regression models to be able to model the response variable with an arbitrary distribution. To allow for regression models to work we assume that daily case counts can be treated as an autoregressive process with an order  $p$ . This means that if  $C_t$  denotes the case counts on a particular day, then:

$$C_t = \sum_{k=1}^{p+1} (a_k C_{t-k}) \quad (2)$$

Since daily COVID cases is count data, a natural assumption is to model the response variable to be from a Poisson Distribution.

$$Y_t | X_t \sim \text{Poisson}(\lambda_t) \quad (3)$$

Here  $X_t$  is the combined set of exogenous features and previous day counts. But daily COVID-19 cases exhibits high dispersion from the mean and hence modelling the response variable from the Poisson Distribution may not be expressible enough **need to show this in a plot**. Instead, we utilize the Negative Binomial Distribution which allows count data to be modelled while also allowing the variance to be different from the mean.

$$Y_t | X_t \sim \text{NB}(\lambda_t, \lambda_t + \alpha \lambda_t^2) \quad (4)$$

Both these models are learnt by minimizing the negative likelihood. We also utilize Elastic Net Regularization which is a combination of L1 and L2 regularization i.e., if the overall **penalty** term is  $L_{\text{penalty}}$  and the model parameters can be denoted with  $\beta$  then,

$$L_{\text{penalty}} = \lambda_1 \|\beta\|_1 + \lambda_2 \|\beta\|_2 \quad (5)$$

and the overall objective is

$$L = -\log(\text{likelihood}) + L_{\text{penalty}} \quad (6)$$

3) *Long Short Term Memory (LSTM)*: LSTMs are a type of artificial recurrent neural network which are particularly effective in processing time series data due to their ability to ascertain order in sequence prediction problems. The internal structure of a LSTM was designed specifically to overcome the vanishing gradient problem faced by traditional RNNs, and usually consists of a cell, an input gate, an output gate and a forget gate.

We utilise a model which has a LSTM layer followed by a single dense layer, which given a sequence of case counts, returns the predicted case count for the next day. This prediction can now be fed back into the model, enabling the

model to make auto-regressive forecasts of desired length. Consider the following time series,  $\mathbf{Y} = \{y_1, y_2, \dots, y_n\}$  where  $y_i \in \mathbb{R}^d$ . We split the above series into  $P$  disjoint training chunks and  $Q$  disjoint testing chunks. Each of those  $P$  chunks are of the 2D tensors of size  $t+1 \times d$ , where we see  $t$  days and predict the  $t+1^{\text{th}}$  day. We stack these to create a 3D tensor of the shape  $(P \times (t+1) \times d)$ . Each of the  $Q$  chunks are 2D tensors of size  $t+f \times d$ , where we see  $t$  days and predict the next  $f$  days. We stack these to create a 3D tensor of the shape  $(Q \times (t+f) \times d)$ .

During training the model predicts, only the next day, i.e.  $t+1^{\text{th}}$  day, because of the nature of the LSTM. However during the testing phase the model learns **Verify things**

4) *Compartmental Model*: We consider a discrete SIR(Susceptible-Infected-Recovered) model. We assume the disease spreads at a rate of  $\lambda$  from infected people ( $I$ ) to susceptible people ( $S$ ) and the infected people recover at a rate of  $\mu$  to become recovered people ( $R$ ).

$$\begin{aligned} S + I &\xrightarrow{\lambda} I + I \\ I &\xrightarrow{\mu} R \end{aligned} \quad (7)$$

The following equations model the above situation.

$$\begin{aligned} \frac{dS}{dt} &= -\lambda \frac{SI}{N} \\ \frac{dI}{dt} &= \lambda \frac{SI}{N} + \mu I \\ \frac{dR}{dt} &= -\mu I \end{aligned} \quad (8)$$

Since we have a discrete dataset, we approximate (8) as follows:

$$\begin{aligned} S_t - S_{t-1} &= -\Delta t \frac{S_{t-1} I_{t-1}}{N} \\ &=: -I_t^{\text{new}} \\ R_t - R_{t-1} &= -\mu \Delta t I_{t-1} \\ &=: R_t^{\text{new}} \\ I_t - I_{t-1} &= \left( \frac{S_{t-1}}{N} - \mu \right) \Delta t I_{t-1} \\ &=: I_t^{\text{new}} - R_t^{\text{new}} \end{aligned} \quad (9)$$

An important point to note is that  $I_t$  models the number of active (currently) infected people, while  $I_t^{\text{new}}$  is the number of daily new infections that are reported according to the MoHFW, India. Moreover we also add an explicit term to account for the delay  $D$  between new infections and reported cases when generating the forecast.

a) *Estimating model parameters*: We estimate the model parameters  $\theta = \{\lambda, \mu, \sigma, I_0\}$  using Bayesian inference.

- 1) Choose random initial parameters based on an explicitly specified prior distribution. Then time integration of the model generates a fully deterministic time series of the new cases  $I^{\text{new}}(\theta)$  of the same length as the observed data.

- 2) Recursively update parameters and the time integration in every MCMC step. We quantify the difference in the model outcome  $I_t^{new}(\theta)$  and the real data  $\hat{I}_t^{new}$  with a *StudentT*

$$\begin{aligned} \hat{I}_t^{new} | \theta &\sim \\ StudentT_{\nu=4}(mean = I_t^{new}(\theta), scale = \sigma \sqrt{I_t^{new}(\theta)}) \end{aligned} \quad (10)$$

- 3) For forecasting we take all the MCMC samples and again run the time integration on them, to forecast the new cases. Make note that we don't use the most optimal values of parameters for the forecasting and hence we can model the uncertainty in the forecasts.

Specifying Priors

$$\begin{aligned} \lambda &\sim LogNormal(log(0.4), 0.5) \\ \mu &\sim LogNormal(log(1/8), 0.2) \\ \sigma &\sim HalfCauchy(1) \\ I_0 &\sim LogNormal(log(\hat{I}_0), 0.9) \end{aligned} \quad (11)$$

### C. ARIMA

Auto Regressive Integrated Moving Average (ARIMA) is a model commonly used in time-series analysis which incorporates features of auto regressive (AR) and moving average models (MA). In its most general form, an ARIMA model is specified by 3 non-negative parameters (p,d,q), where p is the order of the auto-regressive model, q is the order of the moving average model and d is the number of times the data is being differenced.

ARIMA models are particularly suited to non-seasonal time-series data in which the mean exhibits non-stationary tendencies, while the variance and autocovariance are stationary. ARIMA deals with the non-stationarity in the mean by differencing the data. The mean of the daily case counts being dispersed and the data not exhibiting seasonal tendencies motivate us to model the case counts using ARIMA. We do not incorporate any exogenous variables in our model, though this is possible within the ARIMA framework.

Given a time series  $X = (X_1, X_2, \dots)$ , we define a backward shift operator  $L$  as :

$$\begin{aligned} LX_t &= X_{t-1} \quad \forall t > 1 \\ L^k X_t &= X_{t-k} \end{aligned} \quad (12)$$

Let  $C_t$  denote the number of cases reported on a particular day. An ARIMA model(p,d,q) is summarized by the following equation :

$$(1 - \sum_{i=1}^p \alpha_i L^i)(1 - L)^d C_t = \delta + (1 + \sum_{j=1}^q \beta_j L^j) \epsilon_t \quad (13)$$

The parameters  $\alpha_i$  and  $\beta_j$  in (13) are estimated using a maximum likelihood approach and the order of the model is selected so as to minimize Akaike's Information Criterion (AIC) and the Bayesian Information Criterion (BIC).

A drawback to using ARIMA to model cases is that the variance of the data is not stationary throughout the entire time period under consideration, which could potentially affect model performance.

### D. Prophet

Prophet is an open-source library developed by Facebook, for the purpose of fast, automatic univariate time-series forecasting. It is a very powerful and widely used tool for time-series forecasting, and as such, serves as a good baseline for our problem.

Prophet uses a decomposable time series model, whose 3 main components are trend, seasonality and holidays, represented in the following equation :

$$y(t) = g(t) + s(t) + h(t) + \epsilon_t \quad (14)$$

where  $g(t)$  is the trend function,  $s(t)$  represents the seasonality,  $h(t)$  represents the effect of holidays and  $\epsilon_t$  is an error term, which is assumed to be normal. Prophet does not explicitly consider the temporal dependence structure in a time-series problem, but rather treats it as a curve-fitting problem.

Prophet supports two trend models, a non-linear saturating growth model which is modelled using a logistic growth model, and a linear trend model intended for problems without saturating growth. We utilise the linear trend model here, as we have yet to see a saturation in COVID-19 cases, and it is difficult to say what that limit may be. The effect of the seasonality is also added to the trend when making a forecast.

In forecasting the trend, Prophet assumes that the future will see similar trend changes as seen in the past. The trend model for the seen data consists of  $S$  changepoints out of  $T$  points, each of which has a rate change  $\delta_j \sim Laplace(0, \tau)$ . To predict future trend changes,  $\tau$  is replaced with a variance inferred from the seen data.

### E. N-beats

N-beats [cite](#) is a recently proposed pure deep learning based architecture which treats the problem of time series forecasting as that of predicting basis coefficients of the time series. This allows it to arbitrarily work with any time series data, as scaling the inputs (e.g. to remove non stationary trends) is not needed. This is one of the reasons we pick N-beats as our model for Meta-Learning because it allows us to learn across COVID count time series without requiring any country specific normalization.

### F. Meta Learning

Univariate Time Series Forecasting on COVID count data with deep learning based models is particularly hard as it only has at most, 500 days worth of data. A way around this is to consider overlapping sequences as training samples. But this may result in the model observing particular trends more often than others. We propose to get around this issue by utilizing recent progress in Meta Learning literature. In particular, we propose that by learning trend patterns across geographical



areas as independent tasks through Meta Learning, univariate time series forecasting is made tractable. In a gist, Meta Learning aims to learn good initialization so as to learn new unseen tasks with very less samples. It does so by iteratively learning a common model across task distributions so that it can fine-tuned for a particular task with only a few gradient steps.

We utilize REPTILE, which is an optimization based meta learning algorithm. Training is performed over different demarcated regions and is finally tested by fine tuning on the final region. For instance, for country level forecasts we first perform training over COVID Case Counts of multiple different countries and fine tune with a few time series samples on India to forecast.

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**Algorithm 1** REPTILE Batched Version

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Initialize  $\theta$ 
for  $iteration = 1, 2, \dots$  do
  Sample tasks  $\tau_1, \tau_2, \dots, \tau_n$ 
  for  $i = 1, 2, \dots, n$  do
    Compute  $W_i = SGD(L_{\tau_i}, \theta, k)$ 
  end for
  Update  $\theta \leftarrow \theta + \beta \frac{1}{n} \sum_{i=1}^n (W_i, \theta)$ 
end for

```

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### G. Granger Causality

For time series data, a feature may be considered to be ‘causal’ if it helps in ‘forecasting’. That is, for unseen data, if the inclusion of a feature reduces the variance in prediction error then it can be treated as a causal feature. Consider two time series  $C_t = \{C_1, C_2, \dots, C_T\}$  and  $D_t = \{D_1, D_2, \dots, D_T\}$ . We assume each time series to be an autoregressive process of order  $p$ .

$$C_{t+1} = \sum_{k=1}^{p+1} (a_k C_{t-p}) + \sum_{k=1}^{p+1} (b_k D_{t-p}) + E_1(t) \quad (15)$$

If by inclusion of the time series  $D$ , the variance of  $E_1(t)$  is reduced then we say that  $D_t$  Granger Causes  $C_t$ . Alternatively, this means that if the set of coefficients  $\{b_k\}$  of  $D_t$  in equation (15) are not 0 then,  $D_t$  Granger Causes  $C_t$ .

To arrive at this conclusion, we perform an F-test with the null hypothesis ( $H_0$ ) that  $b_k = 0$ . We set the p-value to be 0.05. If we reject this hypothesis then we can conclude that  $D_t$  indeed Granger Causes  $C_t$ .

## IV. EMPIRICAL EVALUATION

### A. Materials

1) *Data*: We utilize publicly available data from various sources which are summarized in [table](#). The data at these sources is aggregated based on media reports from government portals.<sup>1</sup>

<sup>1</sup>like <https://www.mohfw.gov.in/>,

For our experimentation, we primarily utilize case counts. Case counts are available at the district level and above. To encode external factors as exogenous variables, we utilize the time series of stringency index and mobility levels based on Google Community Mobility Reports<sup>2</sup> and apple mobility trends<sup>3</sup>.

Google Community Mobility Reports characterizes movements by classifying mobility into 6 categories. These categories are 1) Retail and Recreation 2) Grocery and Pharmacy 3) Parks 4) Transit stations 5) Workplaces 6) Residential. All the trends are normalized with respect to a baseline from before the pandemic, and hence exhibit primarily negative values. The Mobility trends available from Google are on a district level whereas those from Apple are at the country level. Apple’s Mobility trends are slightly different in that they directly capture either ‘walking’ or ‘driving’ as movement rather than location based metrics.

Stringency Index encodes how strong government policies are introduced to limit the spread of the Coronavirus. In the context of the Indian subcontinent, a 4-phase lockdown was initially introduced. Post the initial phase, many governments have introduced policies such as night curfews, only essential services, etc. We use the data available on the Our World in Data Platform<sup>4</sup>.

For all experiments we fix the maximum number of previous days to be 28 and number of forward forecasting days to be 14. All models are evaluated by forecasting at various times in the past year. Training and testing splits are created to avoid biased results. For all models, training segments are created by non-overlapping sequences in the dataset. This is to avoid oversampling particular regions of the time series so as to avoid learning a particular trend.

2) *Metrics*: We consider the following standard metrics to evaluate different models on the forecasts produced:

- Mean Absolute Error (MAE):

$$MAE = \frac{1}{n} \sum_{t=0}^n |x_t - \hat{x}_t| \quad (16)$$

- Root Mean Squared Error (RMSE):

$$RMSE = \frac{1}{n} \sum_{t=0}^n \sqrt{(x_t - \hat{x}_t)^2} \quad (17)$$

- Mean Absolute Percentage Error (MAPE):

$$MAPE = \frac{1}{n} \sum_{t=0}^n \left| \frac{x_t - \hat{x}_t}{x_t} \right| \quad (18)$$

Note: The values for these metrics are averaged over multiple different segments in the time series.

<sup>2</sup><https://www.google.com/covid19/mobility/>

<sup>3</sup><https://covid19.apple.com/mobility>

<sup>4</sup><https://ourworldindata.org/grapher/covid-stringency-index>

## B. Methods

We investigate the following questions in detail:

- 1) *Can Machine Learning Models perform better or as well as Compartmental Models such as SIR?*
- 2) *Can Meta Learning be useful in learning cross region patterns so as to allow few shot time series COVID-19 forecasting effectively?*
- 3) *What role has mobility played in the spread of Coronavirus?*
- 4) *How effective have government policies been in mitigating the spread of the Coronavirus?*
- 5) *Have recent events such as election rallies or Kumbh Mela affected the spread of the Coronavirus? In particular, have areas associated with these events been the epicentres of the new spike?*

## V. RESULTS AND DISCUSSION

### A. Performance of Machine Learning Models

Performance metrics of all the models on the test set are tabulated in Table I. A few test set forecasts from each model have been shown in Figure 1. It can be observed that regression based autoregressive models forecast fairly well. All Machine Learning based models perform better than or similar to the traditional Compartmental based Epidemic models.

Our Meta Learning based Variant of N-beats is fine tuned by performing only a single gradient step. This is done by picking a few samples from the training set of the Indian daily COVID counts time series. The regular N-beats model is trained for 150 epochs and then tested on the same test set as the Meta Learning model variant. The performance of the Meta Learning model variant is consistent with the regular N-beats model training and it should be noted that by performing training for more epochs, the Meta Learning variant would easily outperform the regular version.

Model	RMSE	MAE	MAPE
Weighted Moving Average	??	??	??
SIR	12043.16	11420	20.64
Autoregressive GLM	??	??	??
Autoregressive LSTM	45259	42878	99.97
ARIMA	<b>4702.82</b>	<b>3839.01</b>	29.24
Prophet	5066.21	4303.1	28.49
N-beats	8018.86	5755.16	16.90
N-beats (with Meta Learning)	6888.49	6031.47	<b>11.53</b>

TABLE I: Performances of the various models

### B. Effectiveness of Meta Learning

In this section, we emphasize the effectiveness of Meta Learning as a paradigm for few shot time series forecasting of COVID-19 cases. With the use of Meta-Learning, we show that Deep Learning models can be utilized for forecasting the spread of COVID-19 fairly well with relatively low data samples. Meta Learning model variants may be particularly useful

in forecasting the initial stages of disease spread in countries, as the dynamics of the spread of the disease would be similar to others due to the lack of government interventions.

### C. Impact of Lockdown

At the onset of the COVID-19 pandemic, the Indian government implemented a 4-phase nationwide lockdown, restricting the movement of citizens all over the country. In this section, we analyse the mobility patterns of people, and the spread of the virus throughout this period, in order to identify potentially causal relationships.

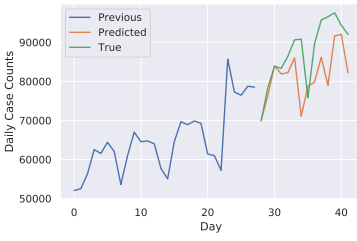
District	Mobility	p-value	Conclusion
Mumbai	Retail and Recreation	0.259	Accept $H_0$
	Grocery and Pharmacy	0.019	Reject $H_0$
	Parks	0.144	Accept $H_0$
	Transit Stations	0.002	Reject $H_0$
	Workplaces	0.048	Reject $H_0$
	Residential	0.945	Accept $H_0$
Kolkata	Retail and Recreation	0.301	Accept $H_0$
	Grocery and Pharmacy	0.001	Reject $H_0$
	Parks	0.359	Accept $H_0$
	Transit Stations	0.968	Accept $H_0$
	Workplaces	0.020	Reject $H_0$
	Residential	0.676	Accept $H_0$

TABLE II: Results of the statistical F-test on the null hypothesis  $H_0$  that mobility levels do not Granger cause COVID-19 cases

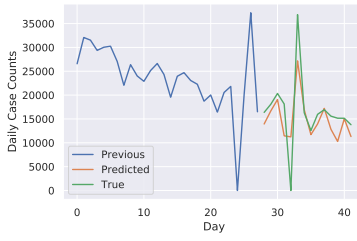
It can be seen in Figure 2 that Phase 1 of the lockdown was relatively effective, with every state reporting highly negative mobility levels (as compared to a baseline). As shown in Figure 2, the spread of the virus also seems to have been under control during this period, with only one state (Maharashtra) reporting more than 100 confirmed cases per day on average.

In the subsequent phases of the lockdown, the graphs in Figure 2 show a gradual increase in mobility levels throughout the country relative to the previous phase. Accompanying this increase in mobility is an increase in confirmed cases of COVID-19. Throughout the lockdown, certain states like Kerala, Andhra Pradesh, Telengana and the eastern states reported relatively low mobility levels as compared to the rest of the country. While their mobility levels did increase from phase to phase, the increase was less pronounced. These states were also particularly effective in containing the spread of COVID-19, being among the states with the lowest daily case counts nationwide. At the opposite end of the spectrum are states like Maharashtra, Tamil Nadu, Gujarat and Uttar Pradesh, which saw significant phase-to-phase increases in mobility, while also reporting relatively high daily case counts.

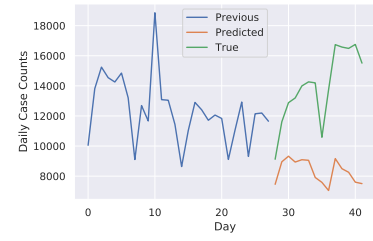
In summary, a graphical analysis of the mobility patterns and case counts during the lockdown seems to indicate a positive correlation between increased mobility levels and daily case counts. This motivates us to train a model which captures



(a) Meta Learning - 1



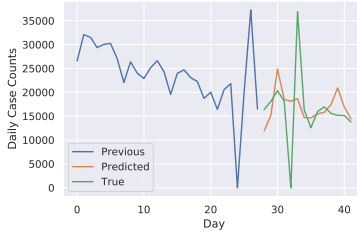
(b) Meta Learning - 2



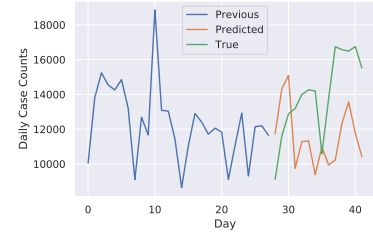
(c) Meta Learning - 3



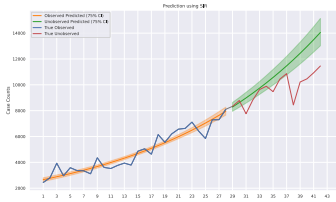
(d) Nbeats - 1



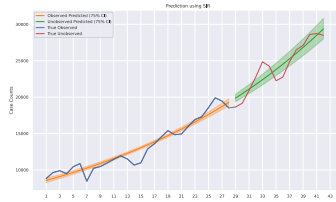
(e) Nbeats - 2



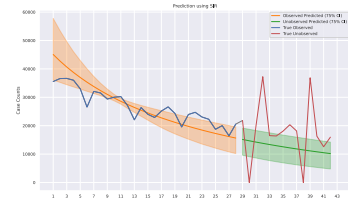
(f) Nbeats - 3



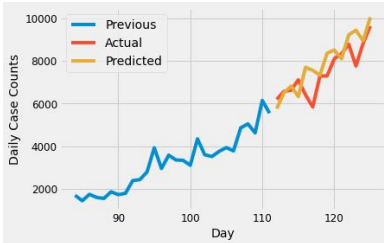
(g) SIR - 1



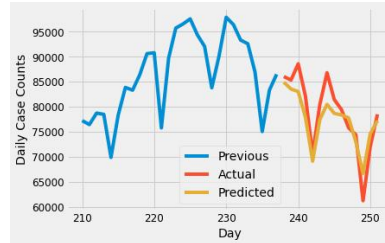
(h) SIR - 2



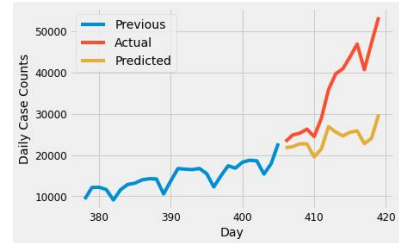
(i) SIR - 3



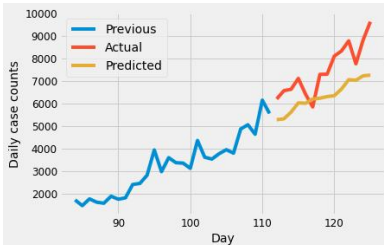
(j) ARIMA - 1



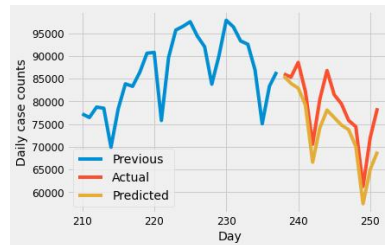
(k) ARIMA - 2



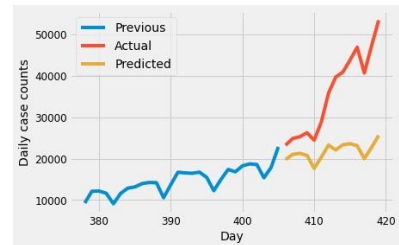
(l) ARIMA - 3



(m) Prophet - 1



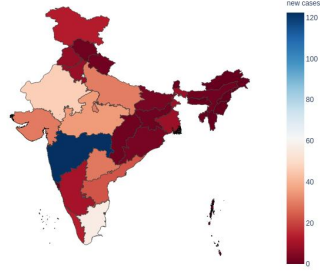
(n) Prophet - 2



(o) Prophet - 3

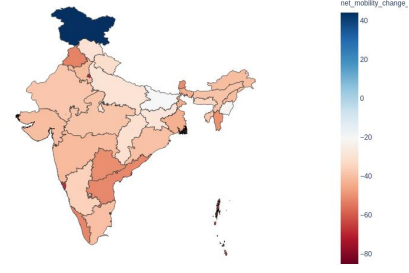
Fig. 1: Forecasts from all the different models considered

Lockdown Phase 1 : Mean Daily Case Counts



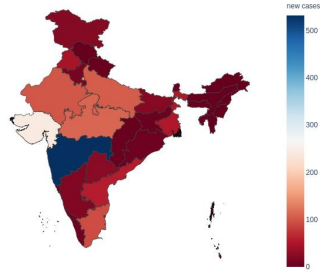
(a) Mean Case Counts during Phase1 of the lockdown.

Lockdown Phase 1 : Mean Grocery, Retail, Transit & Workplace Mobility



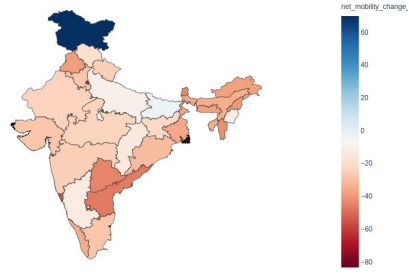
(b) Mean Grocery, Transit, Retail and Workplace Mobility during Phase 1 of the lockdown

Lockdown Phase 2 : Mean Daily Case Counts



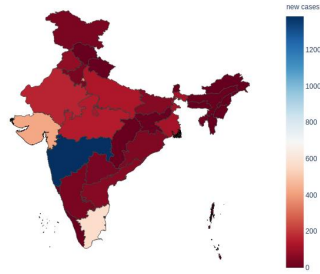
(c) Mean Case Counts during the Phase 2 of the lockdown.

Lockdown Phase 2 : Mean Grocery, Retail, Transit & Workplace Mobility



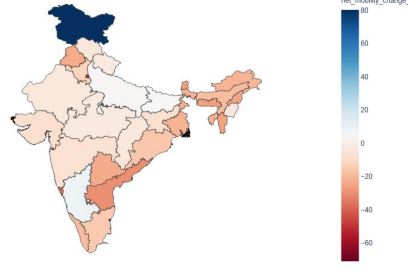
(d) Mean Grocery, Transit, Retail and Workplace Mobility during Phase 2 of lockdown

Lockdown Phase 3 : Mean Daily Case Counts



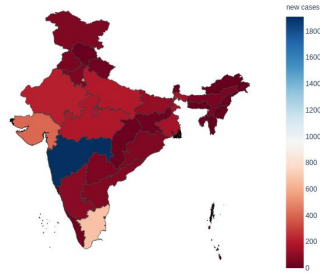
(e) Mean Case Counts during the Phase 3 of the lockdown.

Lockdown Phase 3 : Mean Grocery, Retail, Transit & Workplace Mobility



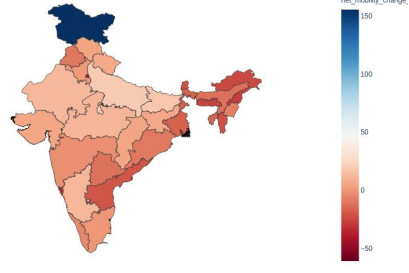
(f) Mean Grocery, Transit, Retail and Workplace Mobility during Phase 3 of lockdown

Lockdown Phase 4 : Mean Daily Case Counts



(g) Mean Case Counts during the Phase 4 of the lockdown.

Lockdown Phase 4 : Mean Grocery, Retail, Transit & Workplace Mobility



(h) Mean Grocery, Transit, Retail and Workplace Mobility during Phase 4 of lockdown

Fig. 2: Case counts and Mobility across the lockdown. Low mobility across all states depicting the effectiveness of the lockdown. [Note that while the color scale is the same, the numerical scale varies across graphs]



the relationship between mobility levels and daily case counts, and investigate whether there is a causal relationship between the two.

To analyse the relationship between mobility patterns and case counts we utilize the vector autoregression model mentioned in Section 2 and perform statistical tests for assessing Granger Causality i.e., *does changing mobility affect the occurrence of COVID-19 cases?*. We summarize the results of the statistical tests in Table ?? . This analysis is done for the entire period (Feb 1, 2020 to April 28, 2021). It can be observed that in major metropolitan cities we find that Grocery and Pharmacy Mobility and Workplaces mobility has strong temporal correlation with the case counts. This is expected, as people tend to panic buy and hoard commodities in times of distress, and workplaces are a natural spreading point for the disease, due to the high concentration of people in a confined space. It is also not surprising to see that residential mobility has no linear temporal correlation with the case counts.

#### D. Effectiveness of Government Policies

In this section, we will establish that the initial lockdown established by the government of India was very effective, but since then, government interventional policies have largely played no role in *reducing* the number of cases.

Using a vector autoregression model similar to the one described in Section 2, we performed an F-test with the null hypothesis that the government policies have largely been ineffective or equivalently, that stringency index does not Granger cause COVID-19 cases. Firstly, we choose to analyse this for the initial 90 day period.

Dates	p-value	Conclusion
Feb 1, 2020 to May 1, 2020	0.024	Reject $H_0$
May 1, 2020 to August 1, 2020	0.804	Accept $H_0$
August 1, 2020 to November 1, 2020	0.011	Reject $H_0$
November 1, 2020 to Feb 1, 2021	0.003	Reject $H_0$
Feb 1, 2021 to Current	0.845	Accept $H_0$

TABLE III: Results of the statistical F-test on the null hypothesis  $H_0$  that government policies such as nation wide lockdown have been ineffective

From Table ?? we conclude that the initial lockdown was effective in containing the spread of COVID-19. Specifically there is a strong linear correlation between the stringency index and the daily case counts as the stringency during this period was very high, and the rate of increase of cases was relatively low. After the initial two phases of the lockdown (Phase 2 ended on May 3), government policies, including the national lockdown (which was until May 31st) were largely ineffective over the next 3 months and there is no linear correlation between stringency and cases. August onwards, government restrictions were largely mellowed, resulting in a decrease in stringency. This decrease strongly correlated with the rise of cases experienced in states. This explains the

rejection of the null hypothesis in the Period between August 1, 2020 and Feb 1, 2021.

Few policies have been introduced since February 2021, but they have been largely ineffective and this is confirmed since we accept the null hypothesis that stringency measures do not Granger cause daily case counts.

#### E. Election Rallies, Kumbh Mela

1) *Kumbh Mela*: Kumbh Mela is a major festival in Hinduism, which involves large gatherings and communal activities, making it a potential hotspot for the spread of COVID-19. This year, the Kumbh Mela in Haridwar began on April 1, and is scheduled to go on for 1 month. Considering retail and recreation, grocery and pharmacy, transit stations and workplace mobility levels from the GCMR, the net mobility in Uttarakhand leading upto, and during the Kumbh Mela is compared with a baseline in Table VI

The net mobility in Uttarakhand doubled during this period, and this coincided with a significant spike in cases during April, as seen in Figure IVa. To analyze this further we study how the spread of coronavirus progresses around hotspot regions where election rallies took place. In particular, we explore whether the case count in the hotspot region Granger causes case counts in the surrounding regions. If this can be proved, it would lead us to conclude that the increasing case counts in the surrounding regions can be attributed to the rise in cases in the hotspot region. **causal analysis**

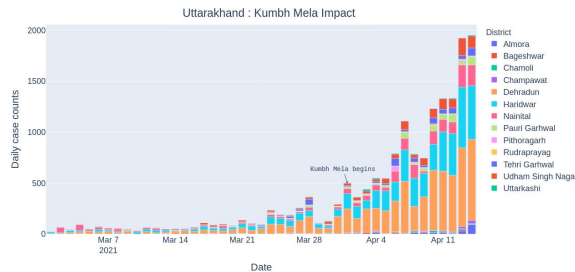
2) *Election Rallies*: State elections were held in Tamil Nadu and West Bengal in the months of March and April of 2021. These elections involved extensive campaigning from the candidates, including, but not limited to large rallies. A significant spike in cases is seen in Figures 3a and 3b, leading up to the elections in both states.

To judge the impact of campaigning on the mobility patterns of people, we compare the net mobility of each state for the period March 1, 2021 to the last polling day (April 6 for Tamil Nadu and April 14 for West Bengal), with the average mobility over the period March 14, 2020 to February 28, 2021.

As Table VI indicates, the election period in both states saw a significant increase in the average mobility levels of citizens. To analyze this further we study how the spread of coronavirus progresses around hotspot regions where election rallies took place. In particular, we study if the hotspot region Granger causes case counts in the surrounding regions and subsequently conclude that the rise in those regions can be attributed to the rise in cases of the hotspot region. **causal analysis**

## VI. CONCLUSION

In this paper, we showed how simple regression models could be used for time series forecasting as well as Compartmental Models. Further, we propose a novel Meta Learning framework to alleviate the issue of less data points for COVID-19 forecasting. Our Meta Learning framework learns in only a single gradient step and performs as good as other models. We also propose to analyse the direct linearly temporal (causal)



Time Period	Net Mobility
Rest of the Year : 14-03-2020 to 23-03-2021	23.63599150%
Kumbh Mela : 24-03-2021 to 14-04-2021	47.80681825%

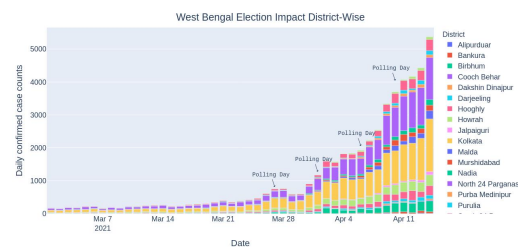
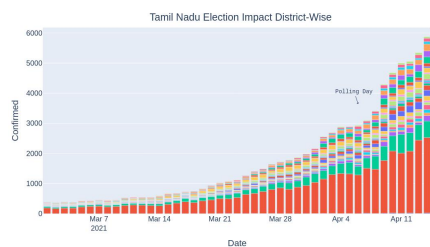


Fig. 3: Impact of Elections in West Bengal and Tamil Nadu

State	Mobility Baseline	Election Period Mobility
Tamil Nadu	14.525%	36.953%
West Bengal	-2.607%	17.85%

Time Period	Net Mobility
Rest of the Year : 14-03-2020 to 23-03-2021	23.63599150%
Kumbh Mela : 24-03-2021 to 14-04-2021	47.80681825%

TABLE V: Mobility Levels in Tamil Nadu and West Bengal during the election and rest of the year

TABLE VI: Mobility Levels during the Kumbh Mela and rest of the year

relationship between government policies, mobility and cases counts. We believe our work to be the first in inspiring lots of studies in the domain to analyse the benefits of Meta Learning and also to the use of Causal Inference as a tool in Epidemic Forecasting

## ACKNOWLEDGMENT

Are we thankful to anyone?

## REFERENCES

- relationship between government policies, mobility and cases counts. We believe our work to be the first in inspiring lots of studies in the domain to analyse the benefits of Meta Learning and also to the use of Causal Inference as a tool in Epidemic Forecasting
- ### ACKNOWLEDGMENT
- Are we thankful to anyone?
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- ### APPENDIX

## APPENDIX