

Privacy Policy for Healthflow Tracker

Last Updated: [Insert Current Date, e.g., November 24, 2025]

This Privacy Policy explains how Healthflow Tracker ("the App," "we," "us," or "our") collects, uses, and protects your personal and health-related information when you use our web application.

1. Data Sensitivity and Commitment

Please Note: This application is a personal tracking tool and is not a substitute for professional medical advice. The data you enter (including Blood Pressure readings, disease status, and other health metrics) is considered **Personal Health Information (PHI)** and is treated with the highest degree of sensitivity and confidentiality.

2. Information We Collect

We only collect information that you directly provide to us to use the core functionality of the tracker.

A. Personal Health Information (PHI)

This includes all data manually entered by you into the tracker:

- Blood Pressure (BP) readings (systolic, diastolic).
- Notes, dates, and contextual information related to your health status.
- Any other specific health metrics you choose to record related to IgA Nephropathy or general health.

B. Technical and Usage Data

- **User Identifier:** When you use the App, you are logged in anonymously using a unique ID generated by the Firebase Authentication service. We collect this ID solely to link your PHI to your account for data retrieval and persistence. We **do not** collect your real name, email, or physical address unless you voluntarily provide it in a feature (e.g., a "Contact Us" form, which is not currently present).
- **Usage Information:** General, aggregated, and anonymized information about how the App is used (e.g., which buttons are clicked, time spent in the app) if we implement third-party analytics (like Google Analytics).

3. How We Use Your Information

We use your information exclusively to provide and improve the Healthflow Tracker service:

- **To Provide Functionality:** To save, retrieve, and display your tracked health data (BP, notes, etc.) securely using the **Google Firebase Firestore** database.
- **To Improve the App:** To understand overall, non-identifiable usage patterns (e.g., "how many goals are tracked weekly") to make the service better.

We will never share, sell, rent, or trade your Personal Health Information (PHI) with any third party for marketing or advertising purposes.

4. How Your Information is Stored and Protected

- **Storage Location:** All tracked data (PHI) is stored securely in the **Google Firebase Firestore** database. Google maintains stringent security standards for its infrastructure.
- **Security Measures:** Access to your data is controlled by Firebase security rules, which ensure only the unique ID associated with your session can access your data.
- **Data Controller:** You are the controller of your data. You can delete your data at any time using the functionality provided within the App.

5. Third-Party Services

We use the following third-party services that may have access to some technical data:

- **Google Firebase (Firestore & Authentication):** Used for database storage and secure user sign-in.
- **GitHub Pages:** Used for hosting the website code.

These services operate under their own terms and privacy policies. We encourage you to review them.

6. Children's Privacy

The Healthflow Tracker is not intended for use by children under the age of 16. We do not knowingly collect personally identifiable information from children under 16.

7. Changes to This Policy

We may update this Privacy Policy from time to time. We will notify you of any changes by posting the new policy on this page and updating the "Last Updated" date.

8. Contact Us

If you have any questions about this Privacy Policy or your data, please contact us through the App's GitHub repository:

Project Repository: <https://github.com/devashish-18/Healthflow-BP-IgA-Nephropathy-Tracker/>
Owner: [Your Name/GitHub Username]