Today was my fifth day. It started with a great learning. Starting with the topic "Team player". I thought that team player was one who adjust with everyone in the team and work together to get the better outcome. I understand that not only working together makes a person team player. Humble, Hungry and Smart are used to describe a ideal team player. It was written by Patrick Lencioni in his book "The Ideal Team Player".

"Humble" - is someone who does not seek any attention, they will simply do their tasks and doesn't have any personal ego. "Hungry" - is someone who does not care emotions and take what they want, concentrate on their work alone. "Smart"- they are charmers, they understand emotions and knows how to communicate well. They handle situations wisely. The combination of humble and hungry are Accidental mess makers. Humble and smart are lovable leaders, there will be no growth, simply do their works. Hungry and smart are skill full politicians, they destroys the team mostly. I understand that the team player is one who grow himself and the team as well. A Team player is one who cooperate, listen to ideas, communicate well, and help the team succeed, even putting his personal preferences aside.

Next moving to the topic "Intentionality". In my view, Intention mean doing it with a purpose and know the consequence of the result. But they gave us the clear explanation with real life scenarios. For example, If you are upset what brings back you to normal state. For everyone it differs, some might take a cup of coffee, or go for a walk, or take power nap, or listen to music, or play some sport, or watch a movie, etc. By doing something that will bring back the mental energy and the physical energy back and able to continue with the work is what intentionally. I understand that Intentionality is doing something with a purpose that has some meaning and should know why to do that rather than doing something with the flow. Doing something that connect with emotion and bring back the both mental and physical energy back.

We had a nice lunch and came back and met Mr. Gukesh, Senior Software Engineer in Surfboard payments. He told us about GIT and its functionalities. I learned about Git and other AI tools other than ChatGPT. Git is a tool that helps to track changes in coding or files. Also, it allows multiple people to work on the same project without messing with each others project. It also used to maintain the version of code. For example, a code is written by someone, I have something better than it and I made my version and save it. It also saves the previous versions, so we can go back to that code if needed. GitHub is website where we store and share their projects by using git. It helps to work together on code , make changes and keep them very organised. It is a cloud storage, we can use it whenever we want to for coding. Also I learned about AI tools such as Claude AI and Deep seek. They very use for coding and researches.

Then we met Mr. Sreeram, Software engineer in Surfboard payments. He told us about working of Git and explained its commands. I learned that git works based on branches. For example, A project can have like 50 branches, how all these branches connected to each other. Git makes it easier to tracks all the files on the project. I learned git commands that follows

- i) git init Initialize the git project in repository
- ii) git status shows the current status of the file
- iii) git add Add the file in Git
- iv) git add . to add all the files
- v) git commit -m " message " saves the instances in time
- vi) git push send the file to the repository

- vii) git pull get the latest changed files from repository
- viii) Is list all the branches in it
- ix) git branch [branch name] creates the new branch
- x) git checkout [branch name] switch to another branch
- xi) git merge [branch name] combines another branch to the current branch
- xii) git log shows the history of commit.
- xiii) git rm removes the file

Git has commit ID for every commit messages. So it is easy for us to see the commit that have been done in the past for reference, etc.

Then met Mr. Koushik, he told about my performance. He told that I didn't interact and being isolated. I used to have nice conversation with everyone and have wonderful relationship. There is an incident that happened to me before two years that completely shattered me. After that incident, I became very silent and didn't have much interaction with others. I knew that I should atleast open my mouth and speak whenever it is important but I couldn't. I found myself unusually quiet and hard to interact with others. During discussion, I have some thoughts to share but I don't know why I remained silent. I learned that I should not be like this anymore. From now on, I am trying to change myself and also trying to engage with others.