**#100daysofcode**

**DAY 8 /100**

React Time……

Today I learned about custom hooks and rules of hooks . A custom hook is a javascript function whose name starts with “use” and that may call other hooks. Building your own hooks lets you extract component logic into reusable functions.

Here is the example of custom hooks.

Also, the rules of hooks are as follows:

* Never call Hooks from inside a loop, condition or nested function
* Hooks should sit at the top-level of your component
* Only call hooks from React functional component
* Never call hook from regular function
* Hooks can call other Hooks

