



Regional Institute of Medical Sciences
Lamphelpat, RIMS Rd, Lamphelpat, Imphal, Manipur

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Registration No : 20250149912

Last Visit Date : 14/08/2025 09.24 AM / Token No : 1

Room No : General OPD, General OPD, 1st, 112

Doctor Days : THURSDAY

Dr. Ranabir S

DM, MD

Endocrinology

Name : Mr. Bs Choudhary / Marital Status

Registration Amount : Rs. 10

Age/Sex : 55Y 3M 2D / M

Mobile No : 9464357115

Department : Medicine

Address : 164 BN BSF KOIRENGEI, IMPHAL EAST (MANIPUR)

Date of Registration : 14/08/2025 11.58 AM

Unit : IA

Patient Type : General

MLC Patient : NO

Guardian Name :

Endocrine Clinic
Medicine Unit-I-A

Last Complete Collection Date/Amount : 12/05/2025 09.00 AM/Rs. 10

BP: 130/80 mmHg

7/8/25

FBS/PPBS: 240/303

↓

~~181~~ ~~FBS/PPBS: 169/253~~

HbA1c → 6.6 (12/5)

le/clo — HTN }
T2DM } since 2017

on T. metformin 1g BD

T. vildagliptin 50g BD

4. mistard. 16U BBR
(30/10) 12U BDN

Rx

fasting target

80 to 115 mg/dl

PPBS → 120-160 mg/dl

To continue

1) T. metformin 1g BD

2) T. vildagliptin 50g BD 16U BBR

3) T. mistard (30/10) 16U BBR

4) T. Atorva 20mg OD AS

TELE MENTAL HEALTH SERVICES AVAILABLE 24/7 ON TELE MANAS TOLLFREE NUMBERS "1800-891-4416" OR "14416"

Prepared By: Mr. Oinam Swami Meitei

BP Target <130/80
LDL Target <70

1) continue T. Telma 40g OD
2) Pan 40g OD BBR

Senior Resident
Deptt of Medicine
RIMS Imphal Manipur

Review after 2 months — on Thursday OPD 2pm