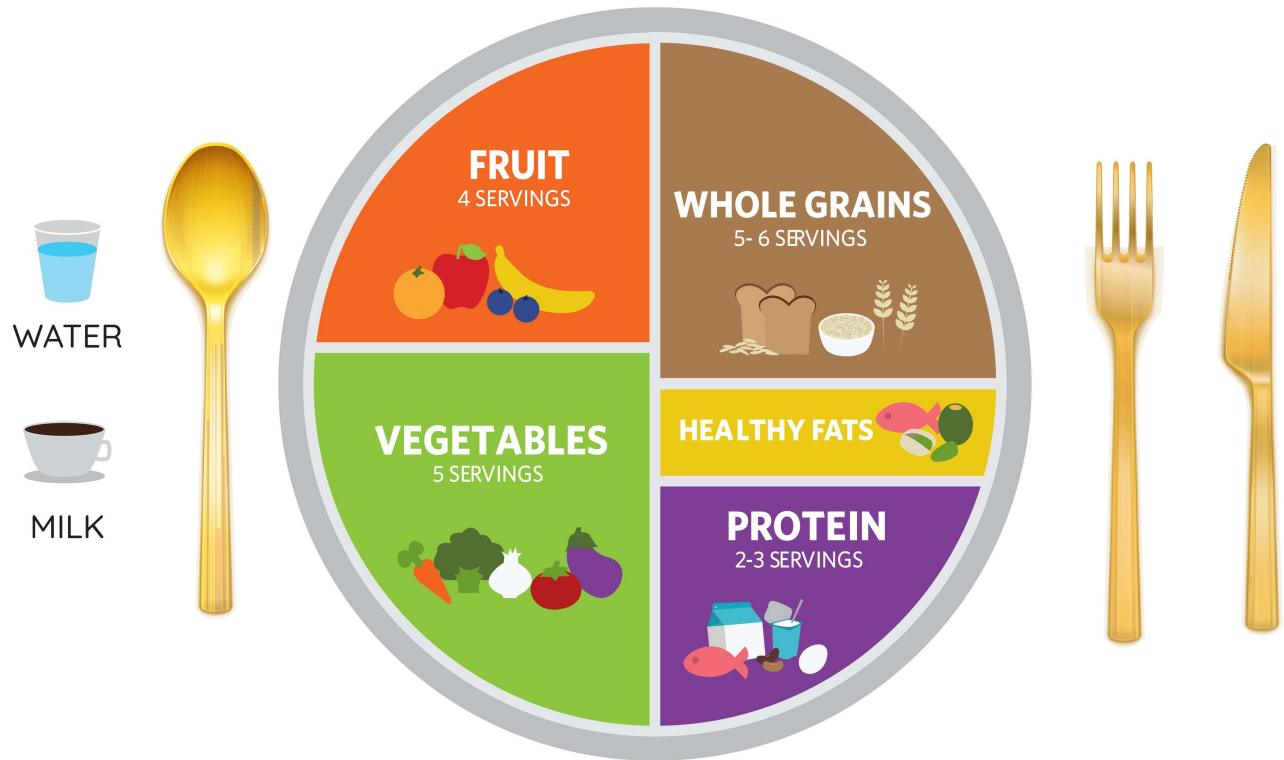


MY RAINBOW PLATE



COLOURFUL FRUITS AND VEGETABLES

- Green (such as apple, grapes, kiwi, broccoli, spinach and peas)
- Orange (such as orange, papaya, peach, carrot and pumpkin)
- Yellow (such as mango, banana, capsicum and corn)
- Red (such as apple, pomegranate, strawberry, capsicum and tomatoes)
- Purple/Blue (blueberry, plum, grapes, beetroot, egg plant and purple cabbage)
- White (cauliflower and mushroom)

***THANK YOU FARMERS
FOR CULTIVATING.***