| Name | % dedicated to Sprint | Days off | Capacity Calculation (Ideal Hours) | Allocated (from Plan Sheet) | Uncommitted | Delta Variables | Delta Variable Va |
|----------------------------|-----------------------|----------|------------------------------------|--------------------------------|-------------|-----------------------------------|-------------------|
| Bryan Tran | 100 |) 2 | 15 | 6.5 | 0.5 | Hours per day | |
| Kevin Dinh | 100 |) 3 | 12 | 4.5 | -0.05 | Sprint length (in days) | |
| Darius Koroni | 100 |) 2 | 15 | 6.5 | 0.5 | Focus Factor | |
| Tien Nguyen | 90 |) 2 | 13.5 | 6.5 | -0.775 | | |
| Garrett Tsumaki | 100 |) 3 | 12 | 4.5 | -0.05 | Sprint Planning | |
| Jett Sonoda | 70 | 0 | 14.7 | 6.5 | 0.245 | Sprint Retrospective | |
| Total Capacity in Sprint 1 | | 12 | 82.2 | 35 | 0.37 | Daily Stand-Up (Total for sprint) | |
| | | | | | | Backlog Grooming | |
| | | | | | | Sum Hours | |