

# Laboratory Results Report for Visaka Devi Chaves Rodriguez 0365525A

Generated through myHealth by Visaka Devi Chaves Rodriguez on 21/02/26 02:18

When interpreting these test results, it is advisable to consult the doctor who asked for the tests.

## DISCLAIMER:

The results shown are filtered and therefore may be incomplete and not representative of the full result/s.

**Name:** Visaka Devi Chaves Rodriguez

**ID Card:** 0365525A

**Gender:** Female

**Date of Birth:** 25/07/1992

Date	Item	Value	Range	Result Profile	Status
29/01/2026	Vitamin B12 (Atellica)	537 pmol/L	156 - 672	Vitamin B12 (Atellica)	Final
29/01/2026	Total 25 (OH) Vitamin D (Atellica)	33 ng/mL	30 - 100	Total 25 (OH) Vitamin D (Atellica)	Final

## VITAMIN D STATUS

DEFICIENCY	<20 ng/mL
INSUFFICIENCY	20-30 ng/mL
SUFFICIENCY	30-100 ng/mL
TOXICITY	>100 ng/mL

Vitamin D requests limited to no more than once every 6 month period.

29/01/2026	Thyroid Stimulating Hormone (Atellica)	1.823 mciLU/mL	0.3 - 3	Thyroid Function Test	Final
------------	--	----------------	---------	-----------------------	-------

IT IS ADVISABLE TO WAIT 6 WEEKS BEFORE REQUESTING A REPEAT TFT, ESPECIALLY AFTER ANY CHANGE IN TREATMENT IS ENACTED. SHORTER TIME FRAMES REQUIRE PRIOR CLEARANCE WITH THE LAB. THANK YOU.

29/01/2026	Free Thyroxine (Atellica)	16.71 pmol/L	11.9 - 20.3	Thyroid Function Test	Final
------------	---------------------------	--------------	-------------	-----------------------	-------

29/01/2026	Urea (Serum)	5.40 mmol/l	1.7 - 8.3	Renal Profile (Serum)	Final
------------	--------------	-------------	-----------	-----------------------	-------

29/01/2026	Estimated GFR	71 mls/min/1.73m <sup>2</sup>		Renal Profile (Serum)	Final
------------	---------------	-------------------------------	--	-----------------------	-------

eGFR values more than 60mls/min/1.73m<sup>2</sup> are normal but not precise

29/01/2026	Creatinine (Serum)	85 umol/IH	45 - 84	Renal Profile (Serum)	Final
------------	--------------------	------------	---------	-----------------------	-------

29/01/2026	Gamma Glutamyl Transferase (Serum)	11 U/l	5 - 36	Liver Profile (Serum)	Final
------------	------------------------------------	--------	--------	-----------------------	-------

29/01/2026	Bilirubin (Serum)	15.10 umol/L	0 - 21	Liver Profile (Serum)	Final
------------	-------------------	--------------	--------	-----------------------	-------

Date	Item	Value	Range	Result Profile	Status
29/01/2026	ALT (Serum, Roche-PDP)	35 U/I	10 - 35	Liver Profile (Serum)	Final
Change in the serum ALT method as from 12/10/2025 date is more accurate and reads higher than former by c. 15.5%					
29/01/2026	Alkaline Phosphatase (Serum)	74 U/I	35 - 104	Liver Profile (Serum)	Final
Values >1.7mmol/L might be indicative of Metabolic Syndrome if other risk factors exist.					
29/01/2026	Total:HDL Cholesterol Ratio (Calculated)	3.18		Lipid Profile (Serum)	Final
Values >6mmol/L are associated with increased cardiovascular risk.					
29/01/2026	Non HDL Cholesterol	4.25		Lipid Profile (Serum)	Final
mmol/L Target goal of 0.8mmol/L higher than the corresponding LDL-C goal.					
29/01/2026	LDL Cholesterol (Calculated)	3.81		Lipid Profile (Serum)	Final
29/01/2026	HDL Cholesterol (Serum)	1.95	1.15 - 1.68	Lipid Profile (Serum)	Final
mmol/IH Values <1.0mmol/L in men, <1.3mmol/L in women might be indicative of Metabolic Syndrome if other risk factors exist.					
Values >2.0mmol/L may be associated with increased cardiovascular risk.					
29/01/2026	Cholesterol (Serum)	6.20		Lipid Profile (Serum)	Final
mmol/l Hardly ever consider in isolation but as part of a cardiovascular risk continuum.					
29/01/2026	Unsaturated Iron Binding Capacity (UIBC)	47 umol/L	20 - 62	Iron Profile (Serum)	Final
29/01/2026	Total Iron Binding Capacity	78.8 umol/LH	41 - 77	Iron Profile (Serum)	Final
29/01/2026	Percent Transferrin Saturation	40 %	20 - 50	Iron Profile (Serum)	Final
29/01/2026	Iron (Serum)	31.91 umol/L	5.83 - 34.5	Iron Profile (Serum)	Final
If interval from sample collection to receipt by the lab exceeds 3 hours, the lab cannot guarantee the accuracy of the result.					

Date	Item	Value	Range	Result Profile	Status
29/01/2026	Haemoglobin A1c (IFCC) (iTurbidimetric)	30.10 mmol/mol	28 - 46	Haemoglobin A1c (iTurbidimetric)	Final
29/01/2026	Haemoglobin A1c (DCCT/NGSP) (iTurbidimetric)	4.91 %	4.7 - 6.4	Haemoglobin A1c (iTurbidimetric)	Final
HbA1c may be repeated after 3 months if glycaemic control is poor. Shorter time frames require prior clearance with the lab. This advice DOES NOT apply to pregnant women with Diabetes Mellitus.					
29/01/2026	Estimated Average Glucose.	5.20 mmol/L	3.88 - 9.0	Haemoglobin A1c (iTurbidimetric)	Final
29/01/2026	Glucose - Fasting (Plasma)	4.48 mmol/l	3.88 - 6.38	Glucose - Fasting (Plasma)	Final
If interval from sample collection to receipt by the lab exceeds 3 hours, the lab cannot guarantee the accuracy of the result.					
29/01/2026	White Blood Cell Count	5.81 $\times 10^9/L$	4.30 - 11.40	Full Blood Count	Final
29/01/2026	Red Cell Distribution Width	12.3 %	11.9 - 14.6	Full Blood Count	Final
29/01/2026	Red Cell Count	4.12 $\times 10^{12}/L$	3.90 - 5.40	Full Blood Count	Final
29/01/2026	Platelets	281 $\times 10^9/L$	132 - 349	Full Blood Count	Final
29/01/2026	Nucleated Red Blood Cells	0.01 $\times 10^9/L$	0.00 - 0.01	Full Blood Count	Final
29/01/2026	Neutrophils Abs	3.69 $\times 10^9/L$	1.90 - 7.70	Full Blood Count	Final
29/01/2026	Monocytes Abs	0.47 $\times 10^9/L$	0.40 - 1.10	Full Blood Count	Final
29/01/2026	Mean Platelet Volume	10.9 fL	9.4 - 13.4	Full Blood Count	Final
29/01/2026	Mean Cell Volume	93.2 fL	79.0 - 97.0	Full Blood Count	Final
29/01/2026	Mean Cell Hb Conc	33.9 g/dL	32.0 - 36.0	Full Blood Count	Final
29/01/2026	Mean Cell Hb	31.6 pg	27.0 - 32.0	Full Blood Count	Final
29/01/2026	Lymphocytes Abs	1.51 $\times 10^9/L$	1.30 - 3.60	Full Blood Count	Final
29/01/2026	Immature Granulocytes	0.02 $\times 10^9/L$	0.00 - 0.09	Full Blood Count	Final

Date	Item	Value	Range	Result Profile	Status
29/01/2026	Haemoglobin	13.0 g/dL	12.0 - 15.5	Full Blood Count	Final
29/01/2026	Haematocrit	38.4 %	35.6 - 46.0	Full Blood Count	Final
29/01/2026	Eosinophils Abs	0.08 $\times 10^9/L$	0.00 - 0.60	Full Blood Count	Final
29/01/2026	Basophils Abs	0.04 $\times 10^9/L$	0.00 - 0.10	Full Blood Count	Final
29/01/2026	Folate (Atellica)	17.91 nmol/L	12.19 - 54	Folate (Atellica)	Final

## FOLATE REFERENCE RANGE

Deficient Reference Range: 0.79–7.63 nmol/L

Intermediate Folate Reference Range: 7.64–12.19 nmol/L

Normal Reference Range: &gt;12.19 nmol/L

29/01/2026	Erythrocyte Sedimentation Rate	2 mm 1st. Hr	2 - 15	Erythrocyte Sedimentation Rate	Final
29/01/2026	Sodium (Serum)	138.0 mmol/L	135 - 145	Electrolytes (Serum)	Final
29/01/2026	Potassium (Serum)	4.31 mmol/l	3.5 - 5.1	Electrolytes (Serum)	Final

If interval from sample collection to receipt by the lab exceeds 3 hours, the lab cannot guarantee the accuracy of the result.

29/01/2026	Chloride (Serum)	102.1 mmol/l	98 - 106	Electrolytes (Serum)	Final
------------	------------------	--------------	----------	----------------------	-------