



PRE-ANESTHESIA INSTRUCTIONS-- Before coming to the Dentist office:

1. Notify your DentTIVA® if you have any sudden changes to your health as soon as you become aware. This is especially true for even mild colds or flu-like symptoms.
2. Take your regular medications with sips of water as instructed by your Anesthetist.
3. Arrange for transportation for your return home by a responsible friend.
4. Nothing to eat or drink for at least 8 hours before your appointment, except for your regular medications.
5. Wear loose fitting clothing.

POST ANESTHESIA INSTRUCTIONS-- Leaving after your sedation:

1. During your surgery, you will be given an anesthetic to make you comfortable and free of pain. This will be administered either by a fully-trained Certified Registered Nurse Anesthetist (CRNA), dental anesthesiologist (DMD), or physician (M.D.) anesthesiologist.
2. You are required to have a responsible person transport you from the doctor's office after surgery. Someone must stay with you for the next 24 to 48 hours.
3. You may be unaware of the effects of the anesthetic for 24 to 48 hours, even though you may think you feel fine.
4. During this time, you should not engage in any activity that could be harmful to yourself or others, such as driving, smoking in bed, or using power equipment.
5. You should exercise caution and seek assistance when engaging in activities such as walking, climbing stairs, or going to the bathroom. A responsible person should be readily available to assist you with your needs.
6. You should eat only very light, easily digested foods and liquids for the next 24 hours.

My signature below indicates that I have fully read and understand these post anesthesia instruction and that my anesthesia provider has fully explained any questions that I have regarding my responsibilities related to receiving anesthesia.

CALL 911 OR YOUR LOCAL EMS IN CASE OF AN EMERGENCY

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient or Guardian Signature

Date: \_\_\_\_\_ Time: \_\_\_\_\_