

PRE-ANESTHESIA INSTRUCTIONS-- Before coming to the Dentist office:

- 1. As you become aware, <u>notify your DentTIVA® anesthetist</u> if your child has recently experienced any sudden changes to his or her health as soon as possible. This is especially true for even mild colds or flu-like symptoms.
- 2. Your child may take regular medications with sips of water as instructed by your Anesthetist.
- 3. Arrange for transportation with a <u>second</u> adult for your return home.
- 4. Nothing to eat or drink for at least 8 hours before your appointment, except for regular medications. Clear liquids may be consumed up to 2 hours before your appointment.
- 5. Wear loose fitting clothing.

POST ANESTHESIA INSTRUCTIONS-- Leaving after your sedation:

- 1. During your surgery, your child will be given an anesthetic to make him or her comfortable and free of pain. This will be administered either by a fully-trained Certified Registered Nurse Anesthetist (CRNA), dental anesthesiologist (DMD), or physician (M.D.) anesthesiologist.
- 2. <u>You are required to have a responsible second adult to help transport your child from the doctor's office after surgery</u>. You or another responsible adult must stay with your child for the next 24 hours.
- 3. You may be unaware of the effects of the anesthetic for 24 to 48 hours, even though you may think your child looks and feels fine.
- 4. During this time, your child should not engage in any activity that could be harmful to him or her such as sports or horseplay.
- 5. You should provide your child with assistance when engaging in activities such as walking, climbing stairs, or going to the bathroom.
- 6. Your child should eat only very light, easily digested foods and liquids for the next 24 hours.

My signature below indicates that I have fully read and understand these post anesthesia instruction and that my anesthesia provider has fully explained any questions that I have regarding my responsibilities related to receiving anesthesia.

CALL 911 OR YOUR LOCAL EMS IN CASE OF AN EMERGENCY

Patient Name			
	Date:	Time:	
Parent or Guardian Signature			