

Anil Poonai

Completed 24 labs earning 2130 points.



Activity Report

Date	Lab	Description	Points Earned
2023-09-05	Data Privacy: Ep.2 – Data Privacy Regulations	Summarize what data privacy regulations are	20
2023-09-05	NIST 800-53: Security and Privacy Controls for Information Systems and Organizations	Familiarize yourself with NIST 800-53 and its purpose	20
2023-09-05	Web Server Logs: Ep.6 — The Tomcat's Out Of The Bag	Identify evidence of a compromise in web server logs	300
2023-09-05	Web Server Logs: Ep.3 — Access Logs	Recognize web server access logs	100
2023-09-05	Tactics – Reconnaissance	Recognize the purpose of the MITRE ATT&CK® Reconnaissance tactic	20
2023-09-05	US Federal Cyber Law	Identify the main US federal laws that can be used to convict cyber criminals	10
2023-09-05	Introduction to Networking: Ep.5 — IP Addresses	Recognize an IP address	40
2023-09-05	Introduction to Hashing	Identify the characteristics of a good hashing algorithm	100
2023-09-05	Browser Bookmark Discovery	Identify enumeration techniques by analysing browser bookmark files	100
2023-09-05	Exfiltration Over Alternative Protocol	Practise identifying instances where data has been exfiltrated	100

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2023-09-05	Introduction to MITRE ATT&CK®	Be familiar with the MITRE ATT&CK® framework and know how it's used	20
2023-09-05	Darknets	Recognize how darknets operate on the internet	10
2023-09-05	Multi-Factor Authentication	Recall how multi-factor authentication works	10
2023-09-05	Linux CLI: Ep. 2 – Getting Started with the Terminal	Be able to recall fundamental concepts of the Linux terminal	100
2023-09-05	Encryption Tools: CyberChef	Recall how CyberChef functions	40
2023-09-05	Linux CLI: Ep. 5 – File Permissions	Be able to read Linux file permissions	100
2023-09-05	Linux CLI: Ep. 16 – Combining Commands	Identify the different ways of combining commands on the terminal	200
2023-09-05	Alternate Data Streams	Exposure to ADS and data hiding	200
2023-09-05	Policies	Exposure to Windows policy mechanisms	200
2023-09-05	Windows File Permissions	Analyze Windows file permissions	100
2023-09-05	Introduction to Networking: Ep.6 — Domain Name System	Summarize the fundamentals of the Domain Name System	40
2023-09-05	Linux CLI: Ep. 15 – Generating File Hashes	Be able to recognize file hashes	100
2023-09-05	Linux CLI: Ep. 4 – Changing Things	Know the five Linux CLI commands explored in the lab and be able to describe their basic usage	100
2023-09-05	Linux CLI: Ep. 3 – Moving Around	Have the ability to navigate through directories on the command line	100

About Immersive Labs

Immersive Labs is the world's first fully interactive, on-demand, and gamified cyber skills platform. Our technology delivers challenge-based assessments and upskilling exercises which are developed by cyber experts with access to the latest threat intelligence. Our unique approach engages users of every level, so all employees can be equipped with critical skills and practical experience in real time.