

#### Social Network - Do's and Don'ts

- Only establish and maintain connections with people you know and trust. Review your connections often.
- Assume that ANYONE can see any information about your activities, personal life, or professional life that you post and share.
- · Ensure that your family takes similar precautions with their accounts; their privacy and sharing settings can expose your personal data.
- Avoid posting or tagging images of you or your family that clearly show your face. Select pictures taken at a distance, at an angle, or otherwise
  concealed. Never post Smartphone photos and don't use your face as a profile photo, instead, use cartoons or avatars.
- Use secure browser settings when possible and monitor your browsing history to ensure that you recognize all access points.

#### **Privacy Settings**



The (1) Privacy, (2) Timeline and Tagging, (3) Security, (4) Ads, and (5) Apps tabs all contain settings for concealing personal information. Use the settings displayed to maximize your online security.

Facebook interactions such as likes and wall posts have been effectively used to classify individuals. Try to minimize the amount of personal information that you post on social networking services.

1 Under **Privacy**, limit the audience for future posts in the **Who can see your future posts?** feature. Review all activity by clicking **Use Activity Log**. Hide individual posts from your timeline or set to **Friends** or **Only Me**. You can change previously posted content shared with friends of friends or the public to friends only by clicking **Limit Past Posts**. This also allows you to control who can contact or look you up.

Who can see my stuff?	Who can see your future posts?	Custom	Edit
	Review all your posts and things you're tagged in		Use Activity Log
	Limit the audience for posts you've shared with friends of friends or Public?		Limit Past Posts
Who can contact me?	Who can send you friend requests?	Everyone	Edit
	Whose messages do I want filtered into my Inbox?	Basic Filtering	Edit
Who can look me up?	Who can look you up using the email address you provided?	Friends	Edit
	Who can look you up using the phone number you provided?	Friends	Edit
	Do you want other search engines to link to your timeline?	No	Edit

Click **Timeline and Tagging>View As** to see what your profile will look like to the public or to a specific user.

Who can add things to my timeline?	Who can post on your timeline?	Friends	Edit
	Review posts friends tag you in before they appear on your timeline?	On	Edit
Who can see things on my timeline?	Review what other people see on your timeline		View As
	Who can see posts you've been tagged in on your timeline?	Only Me	Edit
	Who can see what others post on your timeline?	Friends	Edit
How can I manage tags people add and tagging suggestions?	Review tags people add to your own posts before the tags appear on Facebook?	On	Edit
	When you're tagged in a post, who do you want to add to the audience if they aren't already in it?	Friends	Edit
	Who sees tag suggestions when photos that look like you are uploaded?	No One	Edit

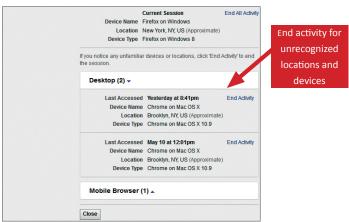
Do not login or link third-party sites (e.g. Twitter, Tinder) using your Facebook account. "Facebook Connect" shares your information and your friends information with third party sites that may aggregate, misuse, or disseminate personal information. Additionally, Facebook apps, such as Farmville, access and share your personal data. Use as few of these apps as possible.

# **Minimizing Your Facebook Profile**



Facebook has privacy shortcuts to basic settings to limit what others can see in your profile, accessible using the **lock** icon. For more extensive settings, click the **triangle** icon then **Settings**. From there navigate pages from the side toolbar to control how your personal information is shared.

3 As a safety precaution, navigate **Security Settings>Where You're Logged** In and click **End Activity** for sessions no longer in use.



4 Set Third Party Sites and Ads & Friends fields to 'No one' to prevent third party sites from using your name or picture for ads in the future.



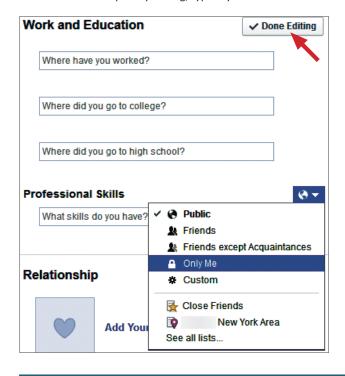
5 Facebook permits other users to share your data through apps. Navigate Apps>Apps others use to limit the information fields others can distribute during their Facebook use.

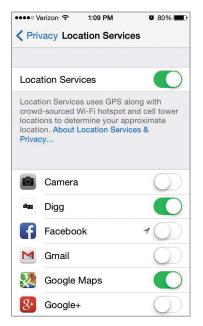
apps. This makes their experience	your info can bring it with them when they use e better and more social. Use the settings information that people can bring with them websites.
☐ Bio ☐ Birthday ☐ Family and relationships ☐ Interested in ☐ Religious and political views ☐ My website	My videos My links My notes Hometown Current city Education and work
If I'm online My status updates My photos	Activities, interests, things I like  My app activity



# **Timeline Settings**

Click **About** on your profile page and apply the settings shown to ensure that your information is visible to only people of your choosing. Each field, such as **Relationships and Family**, **About You**, **Favorite Quotations**, **Living**, **Basic Information**, **and Contact Information** has an **Edit** option. Limit each of these fields to a more exclusive privacy setting, typically 'Friends' or the most exclusive setting, typically 'Only Me.'





The Facebook mobile app's privacy settings are identical to those on the website and are located under the **More>Settings** menu. **Privacy Shortcuts** are also available in the mobile app.

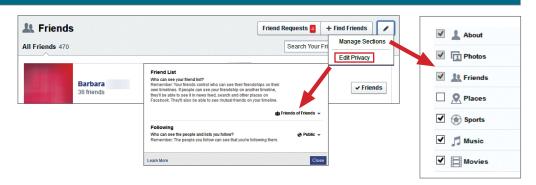
However, smartphones' GPS features can further expose users. If you are using an iOS device navigate to **Settings>Privacy>Location Services** and turn off location services for the Facebook app.

Even with location services disabled, Facebook allows you to **Check-In** to common locations. Do not utilize this feature.

# **Manage Your Contacts**

Under the **Friends** tab:

- Navigate Edit>Edit Privacy to change who can view your contacts limit your contact list to 'Only Me.'
- Navigate **Edit>Manage Sections** to control which data fields will appear on your timeline. Avoid sharing Places on your timeline and use discretion when posting information regarding your personal interests.



# **Deactivating/Deleting Your Facebook Account**



To deactivate your Facebook account, go to **Settings** and select **Security**. To reactivate your account log in to Facebook with your address and password.

To delete your Facebook account, go to Help from the triangle icon and select Visit the Help Center. Navigate Manage Your Account>Deactivating, Deleting & Memorializing Accounts>How do I permanently Delete My Account>Let us know. Verify that you wish to delete your account by clicking Delete My Account. Facebook will remove your data 14 days after a security check.

# **Useful Links**

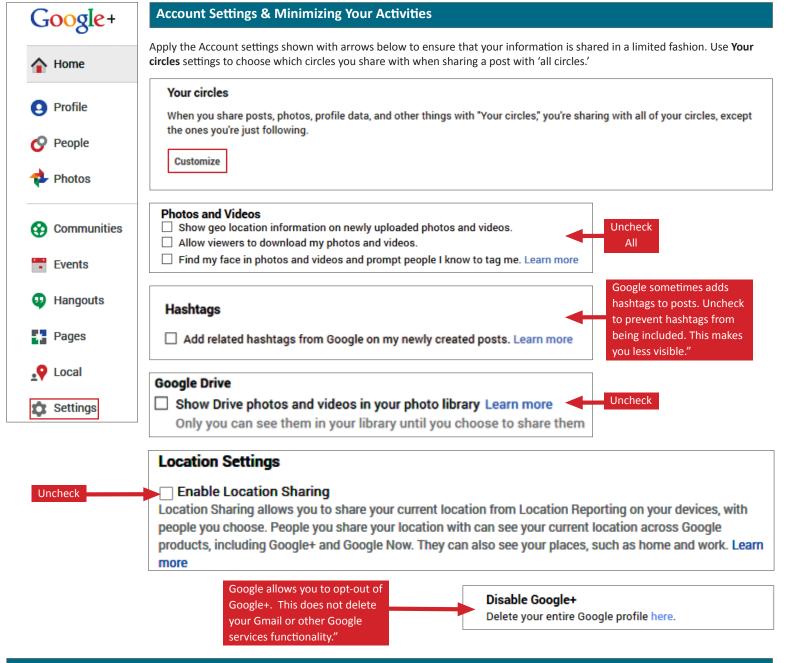
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- Use secure browser settings when possible and monitor your browsing history to ensure that you recognize all access points.



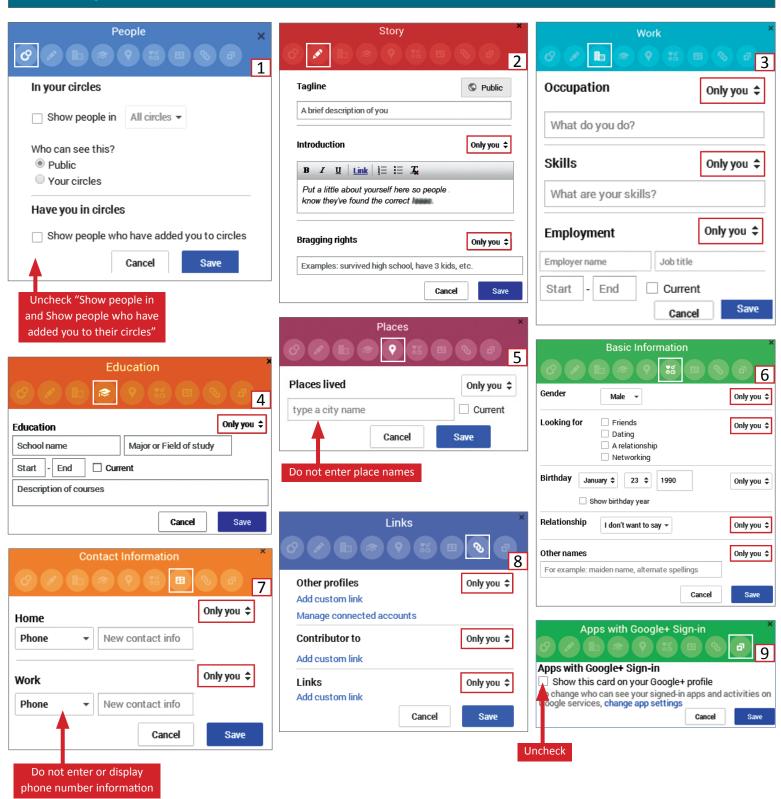
# **Profile Settings**

Click the About tab and Edit (within the **People** card). This pops up the editing window. Edit all cards by using the navigation buttons. You have multiple options to limit the visibility of your information.

- Public--can be seen by anyone (not recommended)
- Extended circles--can be seen by people in circles of people in your circles (not recommended)
- Your circles--can be seen by anyone included in your circles (minimum privacy recommendation)
- Custom--allows you to limit who or which circles can view the information (intermediate privacy recommendation).
- Only you (maximum privacy recommendation)



# **Profile Settings**



# **Useful Links**

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# **Instagram smart card**

# Personal safety tips

- ✓ Assume that **ANYONE** can see any information about your activities, personal life, or professional life that you post and share.
- ✓ Ensure that your family takes similar precautions with their accounts; their privacy and sharing settings can expose your personal data.
- √ Use caution when posting images of you or your family. Be aware of your surroundings, to include identifiable locations, military affiliations, and any other personal security vulnerabilities.
- ✓ It's highly discouraged to use geo-location tags.
- ✓ Use secure browser settings when possible and monitor your browsing history to ensure that you recognize all access points.

# **Security tips**

Here are 5 things you can do to help keep your account safe:

- → Pick a strong password. Use a combination of at least six numbers, letters and punctuation marks (like! and &).
- ✓ Make sure your email account is secure.
- ✓ Log out of Instagram when you use a computer or phone you share with other people.
- → Think before you authorize any third-party app.
- ✓ Never give up your password to someone you don't know and trust.

#### Privacy and safety tips

<u>Decide whether you want to use your 'Photo Map'.</u>
Adding location to photos, also known as using the 'Photo Map' feature, is turned off for all photos someone uploads to Instagram. This means that photos won't appear on a person's Photo Map without their permission.

# Block if necessary

When people use Instagram's blocking feature, the person they block cannot view their posts or search for their Instagram account.

# Make your posts private

You can make your posts private in the Instagram app so only approved followers can see them.

#### Things to keep in mind about private posts:

- Private posts you share to social networks may be visible to the public depending on your privacy settings for that network. For example, a post you share to Twitter that was set to private on Instagram may be visible to the people who can see your Twitter posts.
- ◆ Once you make your posts private, people will have to send you a follow request if they want to see your posts, your followers list or your following list.
- → You'll see requests in Activity, which you can then approve or ignore.
- ▼ People can send a photo or video directly to you even if they're not following you.



#### Remember

- Your media represents you. That probably seems obvious, but remember it can keep on representing you well into the future, because content posted online or with phones is pretty impossible to take back. So it's a good idea to think about how what you post now will reflect on you down the line. If you think it might hurt a job prospect, damage a relationship or upset your grandmother, consider not sharing it.
- ✓ Your media could show up anywhere. Even if you limit the audience, be careful not to share anything that could be a problem if someone were to pass it around. **Once it's on the internet, it's there forever!**



# LinkedIn Smart Card

#### Social Network - Do's and Don'ts

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- Avoid posting or tagging images of you or your family that clearly show your face. Select pictures taken at a distance, at an angle, or otherwise concealed. Never post smartphone photos and don't use your face as a profile photo, instead, use cartoons or avatars.
- Use secure browser settings when possible and monitor your browsing history to ensure that you recognize all access points.

# **Managing Your LinkedIn Profile**

LinkedIn is a professional networking site that allows you to establish connections with co-workers, customers, business contacts, and potential employees and employers. You can post and share information about current and previous employment, education, military activities, specialties, and interests. To limit exposure of your personal information, you can manage who can view your profile and activities.



# **Profile Settings**

Apply the Profile settings shown below to ensure that your information is visible only to the people of your choosing.



# 1 Activity Broadcasts

By selecting this option, your activity updates will be shared in your activity feed.

Let people know when you change your profile, make recommendations, or follow companies

Note: You may want to turn this option off if you're looking for a job and don't want your present employer to see that you're updating your profile.

Uncheck

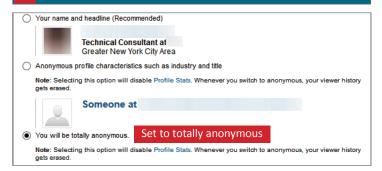
#### Who can see your activity feed

Your activity feed displays actions you've performed on LinkedIn. Select who can see your activity feed.

Your connections 

Set to Only You

#### 3 What others see when you've viewed their profile



# 4 Turn on/off How You Rank

How You Rank shows how you compare to your connections and colleagues in terms of profile views. If you turn this feature off, others won't see you or your standings in their How You Rank page. You also won't see your own rank or get tips on improving your visibility.

Let others see how you rank

Uncheck

5 Who can see your connections



# 6 Viewers of this profile also viewed...

Display "Viewers of this profile also viewed" box on my Profile page
Uncheck

# **LinkedIn Quick Facts**

- There are over 300 million LinkedIn users around the world. The service is widely adopted in the US, India, Canada, and the UK.
- Users tend to share information related to their careers or jobs, not photographs from social events.
- Compared to free accounts, paid LinkedIn accounts have access to more information about other users viewing their profile.
- 48% of users invest 0-2 hours/week on LinkedIn, however a sizable portion of the community, 26% spends 3-4 hours/week and 26% spends more than 4 hours/ week.



# **Accounts Settings**

Apply the Account settings shown below to ensure that your information is shared in a limited fashion.

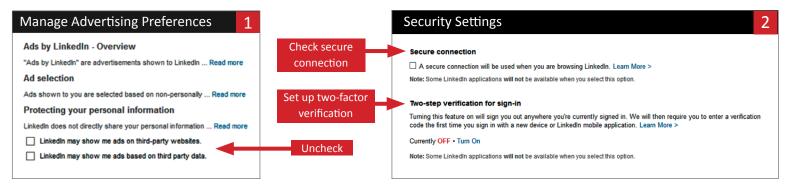


#### **Passwords**

Use a long, random passwords with capital letters and numbers to ensure that attackers cannot access your account information. Change your password every six months to maximize security.

#### **Closing Your LinkedIn Account**

If you no longer plan on to use the LinkedIn service, close your account. Click **Close your account** and confirm this action.



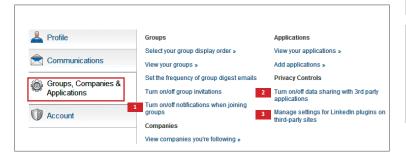
Save changes

LinkedIn using the Share on LinkedIn plugin

#### **Application Settings**

Third-party applications and services can access most of your personal information once you grant them permission. Limit your use of applications to ensure that third parties cannot collect, share, or misuse your information. Apply the **Groups** and **Applications** settings shown below to ensure that your information is visible only to people of your choosing.

Avoid using Twitter connect and the LinkedIn smartphone app to prevent accidentally sharing location data or personal information. LinkedIn retrieves information about your activity on websites with LinkedIn Plug-In integration and reports comprehensive summaries through the Bing search engine. Do not allow the sharing of your activities on third-party websites with LinkedIn.







Yes, allow LinkedIn to receive information about my visits to pages that use LinkedIn plugins.

Uncheck

# **Useful Links**

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# Smartphone EXIF Removal Smart Card

# **EXIF Removal - Do's and Don'ts**

- Prevent your phone from including geolocation data when capturing images.
- Remove EXIF data before sharing or posting images, especially images captured in private homes or businesses.
- Whenever possible, use an EXIF viewer to verify EXIF data has been removed.
- · Before uploading images, use privacy settings to limit the audience to only you or close friends and family.
- Minimize the use of apps that automatically upload and share captured images (e.g. Instagram, Flickr).
- Even with no EXIF data, the content of images may contain identifying information, including persons and locations. Screen content with the assumption that anyone can see, copy, or forward photos that you post online.

#### **EXIF Data**

EXIF (Exchangeable image File Format) is a standard format for storing and exchanging image metadata. Image metadata is included in a captured image file and provides a broad range of supplemental information. Some social networks and photo-sharing sites, such as Flickr, Google+, and Instagram, have features that share EXIF data alongside images. Others, including Facebook and Twitter, do not share EXIF data but my utilize the information internally. EXIF data is stored as tags, some of which reveal unique identifying information.

Tag Category	Important Tags	Identity Implications
Geolocation	GPSLongitude, GPSLongitudeRef, GPSLatitude, GPSLatitudeRef, GPSDateStamp, GPSTimeStamp, GPSAltitude, GPSAltitudeRef, GPSProcessingMethod	Ability to reveal the exact location of private places, such as homes or offices. Some photosharing sites, including Google+ and Flickr, publicly display image GPS coordinates on a map.
Timestamps	ModifyDate, DateTimeOriginal, CreateDate	Creates a log of behavioral patterns and personal timelines.
Camera	Make, Model, Serial Number	A unique serial number identifies the particular device for an image or sets of images.
Authorship	Artist, Owner Name, Copyright	Links images with a name or organization.
Image Summary	ImageDescription, UniqueImageID, UserComment	Potentially reveals identifying information about the content of the images, such as captured persons or locations.

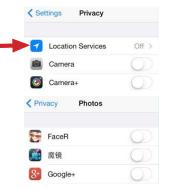
Limiting EXIF data, especially geolocation information, before distributing image files can help protect your online identity from overexposure. This should be done in two stages: 1) Preventing your smartphone from storing identifying EXIF data in image files and 2) Removing existing EXIF data from image files using an EXIF removal application.

#### **Prevent the Capture of Geolocation Data**

#### iOS (v6.0.1)

If iOS location services are turned off, images captured with the native iPhone camera app will not contain geolocation EXIF data.

- Select the Settings app and navigate Privacy >Location Services.
- Turn off location services altogether or for the iPhone's camera applications.
- Return to the *Settings* app and navigate *Privacy* >*Photos*.
- Disable the permissions for other apps to have access to the photos stored in the device's camera roll.



#### Android (v4.3)

Turning off location storage in the Android Jelly Bean camera application prevents captured images from containing EXIF data.

- Open the camera app. A white camera symbol in the bottom right corner indicates the app is in camera mode.
- 2 Tap the white circle in the bottom right corner to bring up a cluster of options in the middle of the screen. Click the settings symbol.



- Click the location icon on the far left to disable location data.
- When the location symbol appears with a line through it, then location data has been successfully disabled.

#### **Prevent the Capture of Geolocation Data**

- Taking a screenshot of a photo on a device running iOS 7 or Android Jelly Bean will create a new image containing no EXIF data. To take a screenshot on
  an iOS device, simultaneously press the lock and home buttons; with a Galaxy S3 or Note, press the power and home buttons simultaneously; with a
  Nexus 4, press the lock and the volume-down buttons simultaneously.
- Photos taken in airplane mode contain geolocation data. Novetta recommends turning off location services/storage for your smartphone's camera application, as shown above.
- Remember that uploading or sharing a lower quality image will still contain EXIF data. EXIF data and image quality have no correlation.



# Smartphone EXIF Removal Smart Card

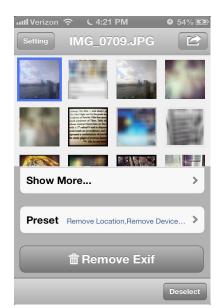
#### **EXIF Removal Smartphone Apps**

#### TrashEXIF for iOS

TrashEXIF is a free app that deletes geolocation and Camera information from image files stored on your iOS device.

- Download the TrashEXIF app from the *App Store*.
- Open the TrashEXIF app and select a photo(s) to clear of EXIF data.
- 3 Select *Presets*, then in the *Removal Presets* [sic] window, select *Remove Location* and *Remove Device Information*.
- 4 Return to the previous screen by clicking the name of the image in the upper-left.
- 5 Scroll down and click
  Remove Exif. This creates
  a copy of the image file(s)
  without EXIF and does not
  alter the original image file.
  The copy with No EXIF is

displayed as most recent in your iPhone Photo app.



#### **PhotoInfo Eraser for Android**

PhotoInfo Eraser is a free app that deletes all EXIF data from image files stored on your Android device.

- Download the PhotoInfo Eraser from the Play Store.
- Open the PhotoInfo Eraser app and select *Gallery*.
- Navigate your phone and select an image.
- Select Tag Delete and press
- Navigate *Gallery*. A copy of your photo with no EXIF is now available in the *PIEraser* folder.



# Viewing and Removing EXIF Data in OS X

Use the ImageOptim application (available at http://imageoptim.com/) to remove EXIF data on your OS X device.

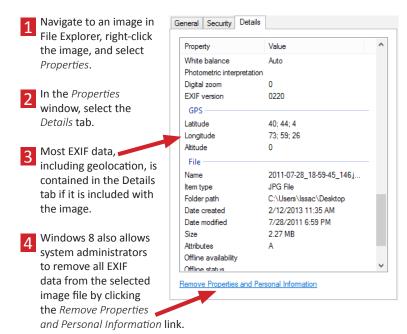
- Open the ImageOptim application
- 2 Drag the photos for EXIF removal into the application window and wait for a green check mark to appear next to the file name.



3 Check that the EXIF data has been removed by right-clicking the image and select Get Info. EXIF data is listed under More Info.

# **Viewing and Removing EXIF Data in Windows 8**

Use the Windows 8 OS to verify EXIF data has been removed.



# **Useful Links**

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- Select pictures taken at a distance, at an angle, or otherwise concealed. Never post smartphone photos and don't use your face as a profile photo, instead, use cartoons or avatars.
- Use secure browser settings when possible and monitor your browsing history to ensure that you recognize all access points.

#### **Managing your Twitter Account**

Twitter is a social networking and microblogging site whose users send and read text-based posts online. As of June 2014, the site has approximately 230 million daily active users, generating 500 million Tweets and 2.1 billion search queries daily.

Following are people you subscribe to; Followers subscribe to your tweets; Private Tweets will only be visible to followers you approve

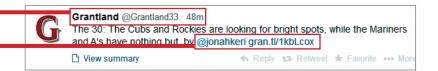


#### **Tweets**

"Tweets" are short text-based messages - up to 140 characters - that users post to Twitter. "Tweet" can refer to a post as well or to act of posting to Twitter. Tweets are public, indexed, and searchable unless protected by the user. Many users never Tweet, choosing only to follow persons or topics of interest.

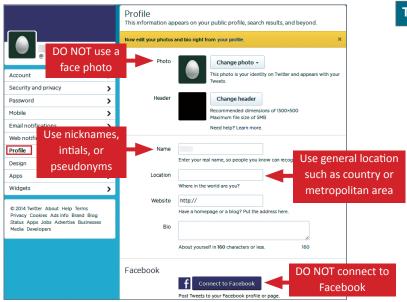
**Mentions (@username)** are used to tag a user in a Twitter update. When a public user mentions a private Twitter account, the link to the private account profile becomes public.

Hashtags (#topic) are used to mark a keyword or topic in a Tweet. Posts that include a hashtag are categorized by topics in the Twitter search engine. Hashtagged words that become popular are Trending Topics (ex. #jan25, #egypt, #sxsw).



#### **Profile Settings**

Apply the Profile settings shown below to ensure that your information is visible only to people of your choosing.



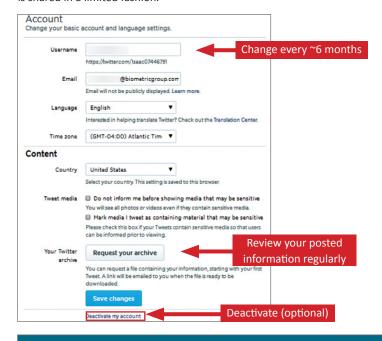
#### **Twitter Best Practices**

- Avoid using hashtags (#) in updates to prevent Twitter Search from indexing and associating your tweet with a topic.
- Tweet responsibly. Do not provide personal details regarding your whereabouts or activities in your post.
- Do NOT upload personal photos or websites.
- Do **NOT** allow Twitter to use your location on mobile devices.
- Change your Twitter username frequently to limit your account exposure.



#### **Account Settings**

Apply the **Account** settings shown below to ensure that your information is shared in a limited fashion.

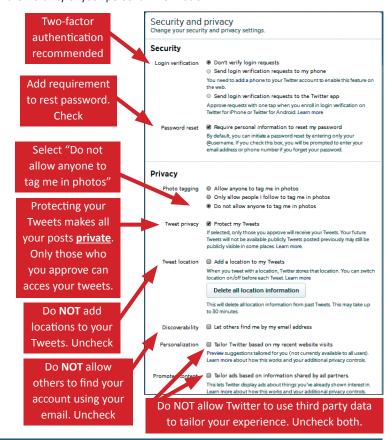


# **Deactivating / Delete Your Twitter Account**

To deactivate your account, go to **Settings**, and select **Account**. At the bottom of the page, click "**Deactivate my account**." After deactivation, the user can reactivate the account within **30 days**.

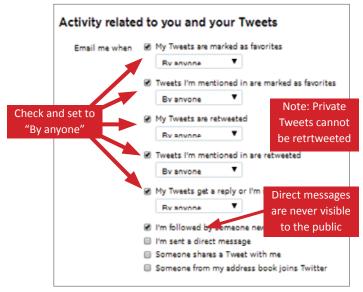
### **Security & Privacy Settings**

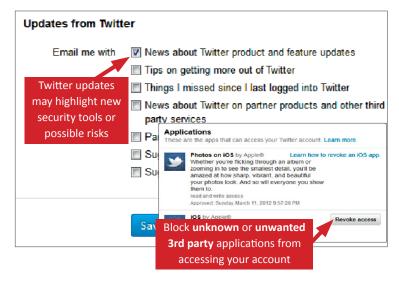
Apply the **Security and Privacy** settings shown below to protect and reduce the visibility of your personal information.



# **Notification & Application Settings**

Maintain a small digital footprint by minimizing the number of notifications. Revoke access to unnecessary third applications.





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