



Université du Québec à Montréal, Montréal, Québec, Canada

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My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. One of my research areas deals with the mind-body connection, for example through exploring alterations in the sense of embodiment, the placebo effect, and mindfulness. A second central research area of mine focuses on prosociality: empathy, perspective-taking, altruism, loving-kindness, and self-control. I am also passionate about open science, reproducible science, and data science using R (this CV was made in R too).

Education

PhD (Psychology - Social) - 120 credits

Université du Québec à Montréal

• GPA: 4.30/4.30

· Advisory Committee: Stéphane Dandeneau (supervisor), Frédérick Philippe, & Simon Grégoire

Master of Science (Psychiatry - Social & Transcultural) - 45 credits

McGill University

• GPA: 4.00/4.00

· Advisory Committee: Amir Raz (supervisor), Jennifer Bartz, Donald Taylor, & Samuel Veissière

Bachelor of Arts (Psychology, Behavioral Science, & Sociology) - 120 credits

McGill University

• GPA: 3.76/4.00 (Distinction – top 25%; note: 120 credits is equivalent to 40 classes)

• Supervisor: Amir Raz

Montréal, Québec, Canada

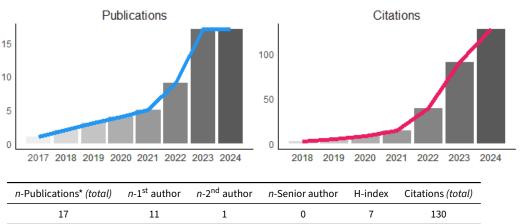
2018/09 - Present

Montréal, Québec, Canada 2016/09 - 2018/08

Montréal, Québec, Canada 2013/01 - 2016/04

Publications in Peer-Reviewed Journals

- 14. **Thériault** (2024). L'importance de la science ouverte en recherche en psychologie [The importance of open science in psychological research]. Accepted in *Fragments*: *Revue de psychologie*, 1-15. Preprint: https://doi.org/10.31234/osf.io/758dx
- 13. **Thériault**, R., Ben-Shachar, M. S., Patil, I., Lüdecke, D., Wiernik, B. M., & Makowski, D. (2024). Check your outliers! An introduction to identifying statistical outliers in R with *easystats*. *Behavior Research Methods*, 56(4), 4162-4172. https://doi.org/10.3758/s13428-024-02356-w (Preprint: https://doi.org/10.31234/osf.io/bu6nt)
- 12. **Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2023). Unmet expectations: Social inclusion and the interaction between social anxiety and ambiguous or positive feedback. *Frontiers in Psychology*, 14, 1-10. https://doi.org/10.3389/fpsyg.2023.1271773
- 11. **Thériault, R.** & Dandeneau, S. (2023). Implicitly activating mindfulness: Does trait self-control moderate its effect on aggressive behaviour? *Mindfulness*, 14, 2946–2962. https://doi.org/10.1007/s12671-023-02246-w (Preprint: https://doi.org/10.21203/rs.3.rs-3161372/v2)
- 10. Thériault, R. (2023). lavaanExtra: Convenience functions for lavaan. Journal of Open Source Software, 8(90), 5701. https://doi.org/10.21105/joss.05701
- 9. **Thériault**, R. (2023). rempsyc: Convenience functions for psychology. *Journal of Open Source Software*, 8(87), 5466. https://doi.org/10.21105/joss.05466
- 8. Ben-Shachar, M. S., Patil, I., **Thériault, R.**, Wiernik, B. M., & Lüdecke, D. (2023). Phi, Fei, Fo, Fum: Effect Sizes for Categorical Data that Use the Chi-Squared Statistic. *Mathematics*, 11(9), 1982. https://doi.org/10.3390/math11091982
- 7. Miglianico, M.*, **Thériault, R.***, Lavoie, B.*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., & Bertrand-Dubois, D. (2022). Pratiques cliniques inspirées par la recherche en psychologie positive / Clinical practices inspired by research in positive psychology. *Psychologie Française*, 69(1), 85-94. *Shared first-authorship (these authors contributed equally). https://doi.org/10.1016/j.psfr.2022.06.004
- 6. **Thériault, R.**, Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly Journal of Experimental Psychology*, 75(11), 2129-2148. https://doi.org/10.1177/17470218221078858
- 5. **Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*, 74(12), 2057-2074. https://doi.org/10.1177/17470218211024826
- 4. Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). https://doi.org/10.1177/0146167219879126
- 3. **Thériault, R.** (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology*, 10(2814). https://doi.org/10.3389/fpsyg.2019.02814
- 2. **Thériault, R.**, & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. Canadian Journal of Respiratory Therapy, 54(2), 41-47. https://doi.org/10.29390/cjrt-2018-006



^{*} Figure and table automatically updated through my Google Scholar Profile

Recognitions And Awards

2024 SNC-Lavalin Award (UQAM)..... 2024 Adrien-Pinard Psychology Award (UQAM)..... 2024 2024 2023 International Mobility Award - Offices jeunesse internationaux du Québec (LOJIQ) International Mobility Award - Ministère de l'Éducation, de l'Enseignement supérieur (MEES) 2023 Student Involvement Recognition Award - Personality 2nd and 3rd cycles (UOAM) 2023 2023 Student Involvement Recognition Award - Project, Health and healthy lifestyle component (UQAM) Society for Improving Psychological Science (SIPS) Mission Award, given to the easystats project 2023 2023 J.A. DeSève Foundation Award (UQAM) UQAM Merit Award – Next Generation of Students (PhD) 2023 2023 2022 2022 Best Student Presentation Award at the 22nd ASMC Conference 2022 2022 Student Involvement Recognition Award - Project, Health and healthy lifestyle component (UQAM) 2022 Paul-Gérin-Lajoie Next Star Award, for best paper (FRQSC) 2021 Desjardins Student Involvement Award...... 2021 2021 2019 2019 Storytellers public speaking contest Finalist (SSHRC) 2018-2021 Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC)..... 2018-2021 2017-2018 Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC) 2017-2018 Graduate Excellence Fellowship in Mental Health Research (McGill University)..... 2016-2017 2015 Faculty of Arts Research Internship Award (McGill University)..... \$4,000 2013 2013 2012 2011 Édouard-Montpetit-Desjardins Award, for student engagement 2011-2024 Total Amount Offered

Francisco J. Varela Research Grant (Mind & Life Institute) — PI

TRANSFORMING HABITS FROM THE HEART: FROM GOOD INTENTIONS TO RELIABLE PROSOCIAL RESPONSE

2019 - 2022

Teaching

PSY5610 - La psychologie des attitudes

Université du Québec à Montréal

- · Undergraduate university class (38 students)
- Average lecturer rating by students: 93.92%

Montréal, Québec, Canada Winter 2019

Preprints

Buchanan, E. M., Cuccolo, K. M., Coles, N., ... **Thériault, R.**, et al. (2024). *Measuring the Semantic Priming Effect Across Many Languages*. https://doi.org/10.31219/osf.io/q4fjy

Brodeur, A., Mikola, D., Cook, N., ... **Thériault, R.**, et al. (2024). Mass Reproducibility and Replicability: A New Hope. https://econpapers.repec.org/RePEc:zbw:i4rdps:107

Invited Talks

- **Thériault, R.** (2024, June 14). The head and the heart: Exploring contemplative approaches to expanding the identity circle. Online talk for the *Social Identity & Morality Lab* at New York University.
- Thériault, R.*, Quilico, E.*, Tétreault, F.*, Labossière, S.*, Boudreau, S.* (2020, May 13; *all panelists contributed equally). Workshop with the SSHRC's Storytellers finalists: an opportunity to learn about and practice the art of presenting (Atelier avec les finalistes du concours CRSH J'ai une histoire à raconter: une occasion d'apprendre et pratiquer l'art de la présentation). Panel organized by the Centre for Interdisciplinary Research in Rehabilitation of Greater Montreal (CRIR). Presentation available from: https://youtu.be/8VfnOjnon30?t=4288.
- Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2019, January 15). Immersive embodiment experiences improve intergroup relations, empathy, self-other overlap, and prejudice. Online webinar for the Student Speaker Series of the Student Division of the International Positive Psychology Association. Presentation available from: https://vimeo.com/user68157211/review/378278530/8d86f3cb33.
- **Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, October 25). Virtual-reality-based immersive embodiment experiences increase empathy, reduce prejudice. Oral presentation for the *Institute for Interdisciplinary Brain and Behavioral Science* in Orange, California.
- **Thériault, R.**, & Raz, A. (2016, December 8). Diagnosing asthma across Canada: question marks... and exclamation points! Oral presentation for the *Chronic Diseases Seminar* for the *Research Center of the Hôpital Sacré-Coeur de Montréal*, QC.
- **Thériault, R.** (2016, October 19). Vers un changement constructif dans les communautés autochtones: une perspective de psychologie sociale. Oral presentation for the *Wampum Center* at the *Native Friendship Center of Montreal*, QC.

Selected Conference Talks

- **Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2022, June 18). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Talk presented at the 2022 Canadian Psychological Association Annual National Convention in Calgary, AB.
- **Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 9). La méditation d'amour-bienveillant augmente-t-elle les comportements de don? Talk presented at the 22e congrès de L'Association scientifique pour la modification du comportement: Bienveillance et résilience: les visages de l'adaptation in Montréal, QC.
- **Thériault, R.**, Masson, R., Archambault, M., & Dandeneau, S. (2022, June 16-20). Does loving-kindness meditation increase giving behaviors? Talk presented at the *Tenth SELF International Conference* in Québec city, QC (virtual conference because of COVID).
- **Thériault, R.** (2019, June 3). Réduire les préjugés et augmenter l'empathie via la réalité virtuelle. Talk presented at the 2019 Congress of the Humanities and Social Sciences in Vancouver, BC.
- **Thériault, R.**, Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J. A., & Raz, A. (2018, August 24). Can suggestion affect pulmonary function in children with suspected asthma? Talk presented at the 21st World Congress of Medical and Clinical Hypnosis in Montréal, QC.
- **Thériault, R.**, Krol, S., & Raz, A. (2017, July 14). Investigating the effects of mental versus embodied perspective-taking on prejudice. Talk presented at the 5th World Congress on Positive Psychology in Montréal, QC.
- **Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Talk presented at the Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry in Montréal, QC.

Selected Conference Poster Presentations

Chabot, B., **Thériault, R.**, Doucerain, M. (2023, July 23-27). *Diversity and Immigration: How Montrealers Feel about Different Cultural Groups*. Poster session presented by first author at the Biennial Conference of the International Academy for Intercultural Research in Philadelphia, Pennsylvania, USA.

- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, July). *Can loving-kindness meditation reduce aggressivity? A randomized controlled trial.* Poster session presented by first author at the 7th World Congress on Positive Psychology in Vancouver, BC (virtual conference because of COVID).
- Masson, R., **Thériault, R.**, Archambault, M., & Dandeneau, S. (2021, June). *Can prosocial attitudes and behaviors be positively influenced by aggression and subjective fatigue?* Poster session presented by first author at the *Canadian Psychology Association's 82nd Annual National Convention*, Ottawa, ON (virtual conference because of COVID).
- Bold, J., **Thériault, R.**, Olson, J., Stain, A., Curry, D., & Raz, A. (2020, February 29). Replicating the body swap in a different sample: Preliminary data. Poster session presented by first author at the Society for Personality and Social Psychology Annual Convention in New Orleans, Louisiana, USA.
- **Thériault, R.**, Dandeneau, S, & Baldwin, M. (2019, July 20). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals. Poster session presented at the 6th World Congress on Positive Psychology in Melbourne, Australia.
- **Thériault, R.,** & Dandeneau, S. (2019, June 12). Trait self-control moderates the effects of priming mindfulness on aggressive behaviour. Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York, USA.
- **Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, June 6). Being one with diversity through perspective-taking: Mind or body to increase prosocial feelings? Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York, USA.
- **Thériault, R.**, Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, May 24-25). Comparing two interventions to reduce prejudice and increase empathy. Poster session presented at the 4th Canadian Conference on Positive Psychology in Toronto, ON.
- **Thériault, R.**, Landry, M., Mattuck, S., & Raz, A. (2017, May 12). The impact of load on electrodermal activity during the Rubber Hand Illusion. Poster session presented at the 8th Annual LDI Scientific Retreat in Montréal, QC.
- **Thériault, R.**, Landry, M., & Raz, A. (2016, April 15). Exploring the effects of cognitive load and task instructions in the Rubber Hand Illusion. Poster session presented at the *Psychology Undergraduate Research Day* at McGill University in Montréal, QC.

Academic Service

Core team member of easystats (seven members; official start date: 2022-08). The easystats project aims to increase the adoption of good statistical practices through open science tools, for example through a collection of R packages that provide a unifying and consistent framework around statistics. This responsibility involves writing code to improve the various R packages associated with the project and participating in the general decision-making. At this time, the easystats packages have collectively been downloaded over 12 millions times. Available from: https://easystats.github.io/easystats/

Reviewer for the XXI World Congress of Medical and Clinical Hypnosis, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

Reviewer for scientific journals (11 total): Group Processes and Intergroup Relations (1), Psychology of Consciousness: Theory, Research, and Practice (7), International Journal of Mental Health Promotion (1), Scientific Reports (1), Journal of Statistical Software (1). See the "Peer Review" tab (and purple "Open dashboard" button on the right) at: https://www.webofscience.com/wos/author/record/AAC-6100-2022

Peer Review Metrics

10 Verified Peer Reviews

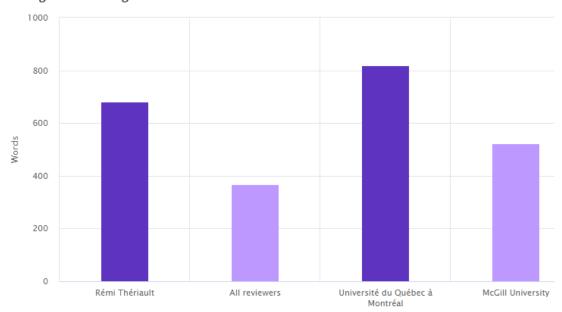
Reviews
Median: 4
74th percentile

9 Verified Peer Reviews (Last 12 Months)

Median: 1 94th percentile 1.3:1

Peer Review to Publication Ratio Median: 0.3:1

Average Review Length



Software (R Packages)

Lüdecke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Waggoner, P., Wiernik, B. M., & **Thériault, R.** (2024). performance: Assessment of Regression Models Performance (R package version 0.10.8.10) [Computer software]. https://easystats.github.io/performance/

downloads 22K/month downloads 2.7M

Makowski, D., Wiernik, B. M., Patil, I., Lüdecke, D., & Ben-Shachar, M. S., & **Thériault, R.** (2023). correlation: Methods for correlation analysis (R package version 0.8.4) [Computer software]. https://easystats.github.io/correlation/

downloads 22K/month downloads 689K

Lüdecke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Wiernik, B. M., Bacher, E., & **Thériault, R.** (2023). easystats: An R framework for easy statistical modeling, visualization, and reporting. (R package version 0.6.1) [Computer software]. https://easystats.github.io/easystats.

downloads 3896/month downloads 60K

Makowski, D., Lüdecke, D., Patil, I, **Thériault, R.**, Ben-Shachar, M. S., & Wiernik, B. M. (2022). report: From R to your manuscript. (R package version 0.5.6) [Computer software]. https://easystats.github.io/report.

downloads 5535/month downloads 187K

Ben-Shachar, M. S., Makowski, D., Lüdecke, D., Patil, I., Wiernik, B. M., & **Thériault, R.** (2022). effectsize: Indices of effect size. (R package version 0.8.2) [Computer software]. https://easystats.github.io/effectsize.

downloads 45K/month downloads 2.1M

Thériault, R. (2022). lavaanExtra: Convenience functions for lavaan (R package version 0.1.0) [Computer software]. https://lavaanExtra.remi-theriault.com/.

downloads 539/month downloads 7367

Thériault, R. (2022). rempsyc: Convenience functions for psychology (R package version 0.0.7) [Computer software]. https://rempsyc.remi-theriault.

downloads 2864/month downloads 45K

Selected Blog Posts

Thériault, R. (2021, March 9). Time Management: The Importance of Self-Monitoring [Blog post]. Student Ambassador Program of the Canadian Positive Psychology. https://cppastudents.medium.com/time-management-the-importance-of-self-monitoring-c9dfff241af1

Thériault, R. (2020, September 1). Rémi Thériault - Student Success Series [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. https://medium.com/cppastudents/student-success-series-with-rémi-thériault-7c15d09b98f

Thériault, R. (2020, March 27). Êtes-vous contrôle...de vous? [Blog post]. https://medium.com/psychologie.sociale.uqam/%C3%AAtes-vous-en-contr% C3%B4le-de-vous-f5fbdf81b7eb

Thériault, R. (2015, December 7). Does hypnosis improve clinical interventions? [Blog post]. https://medium.com/@rempsyc/does-hypnosis-improve-clinical-

Thériault, R. (2015, April 9). The SOI, the Big Five traits of personality, and personal transformation [Blog post]. https://medium.com/@rempsyc/the-soi-the-big-fi

Thériault, R. (2014, November 27). Critically assessing the motivational framework of Rhonda Byrne's The Secret [Blog]. https://medium.com/@rempsyc/critically-assessing-the-motivational-framework-of-rhonda-byrnes-the-secret-bbd78d96127f

Thériault, R. (2014, April 10). Buddhist koans: Duality of language and its transcendence [Blog post]. https://medium.com/@rempsyc/buddhist-koans-duality-of-

Thériault, R. (2014, April 3). Do we really know what yoga means?: The place of spirituality in yoga research [Blog post]. https://medium.com/rempsyc/do-we-really-know-what-yoga-means-96fc8e083411/

Media Coverage

Thériault, R. (2023, August 28). Pour une positivité responsable et bienveillante [Opinion letter]. Le Devoir. Retrieved from: https://www.ledevoir.com/opinion/idees/796952/serie-l-ete-c-est-fait-pour-penser-pour-une-positivite-responsable-et-bienveillante

Serafin, P. (2023, May 03). CHOQ.ca rencontre les Lauréat.es du Prix du mérite 2023. Radio CHOQ.ca. Retrieved from: https://www.choq.ca/reportages/choq-ca-rencontre-les-laureat-es-du-prix-du-merite-2023.

Jewell, L. (2022, June 23). Member Spotlight: Rémi Thériault. Interview organized by the Canadian Positive Psychology Association and conducted by the CPPA President, Louisa Jewell. Retrieved from: https://youtu.be/3H38-k-L7W0.

Paré, C. (2022, June). Page Jeune chercheur étoile: Rémi Thériault ("La réalité virtuelle au service de l'empathie"). Magazine Curium, 55. https://curiummag.com/magazine/juin-2022-reinventer-le-voyage/

Néron, M. (2022, May 7). Êtes-vous courtois dans la rue? [Guest expert]. *Ici Radio-Canada*. Retrieved from: https://ici.radio-canada.ca/ohdio/premiere/emissions/genre-humain/episodes/625907/rattrapage-du-samedi-7-mai-2022

Perreault, É. & Néron, M. (2022, March 24). Marie Gendron: Altruisme extrême: donner son rein à un inconnu... de son vivant [Guest expert]. L'avenir nous ap-

partient. Télé-Québec. Retrieved from: https://lavenirnousappartient.telequebec.tv/emissions/333127/lavenir-appartient-a-michel-jean-et-65381/marie-gendron-altruisme-extreme-donner-son-rein-a-un-inconnu-de-son-vivant

Handfield, C. (2021, December 19). Adieu solidarité, rebonjour individualisme [Guest expert]. La Presse. Retrieved from: https://www.lapresse.ca/societe/2021-12-19/adieu-solidarite-rebonjour-individualisme.php

Guillemette, M. (2021, September 1). Dans la peau d'une personne noire: La réalité virtuelle peut-elle réduire les préjugés raciaux? [Featured research] Québec Science. Retrieved from: https://www.quebecscience.qc.ca/societe/personne-noire-realite-virtuelle/

Morin, I. (2020, May 29). Un peu de courtoisie [Guest expert]. *La Presse*. Retrieved from: https://www.lapresse.ca/societe/2020-05-29/un-peu-de-courtoisie

Morin, I. (2020, May 29). Vivre ensemble au temps de la COVID-19 [Guest expert]. La Presse. Retrieved from: https://www.lapresse.ca/societe/2020-05-29/vivre-ensemble-au-temps-de-la-covid-19

Bourderon, C. and Laliberté, J.-S. (Producers), & Robitaille, É. (Host). (2018, December 7). Avez-vous des limites? On est tous des humains [Broadcast interview – panel guest]. Retrieved from: https://canalm.vuesetvoix.com/avez-vous-des-limites/

Bourderon, C. and Bolduc, M. (Producers), & Robitaille, É. (Host). (2018, October 19). Êtes-vous altruiste? On est tous des humains [Broadcast interview – panel guest]. Retrieved from: https://canalm.vuesetvoix.com/etes-vous-altruiste/

LaRoche, G. (Producer and host). (2018, August 21). Episode 10 - Student conversation ft. Rémi. *The Happiness Legacy Podcast* [Audio podcast guest]. Retrieved from: https://thehappinesslegacy.com/podcast

Guy, L.-P. (Producer and host). (2012, February 1). Échange sur la relève en économie sociale et l'action communautaire [Broadcast interview – panel guest]. FM 103,3 – La radio allumée. "

Other Research Experience

PHD INTERN, MAX PLANCK SOCIAL NEUROSCIENCE LAB - TANIA SINGER (2023/10-2024/05)

Edu: Social School: Strengthening Resilience and Social Skills Among Teachers

Berlin, Germany 2023/10-2024/05

MAX PLANCK SOCIAL NEUROSCIENCE LAB

- Contributed to conceiving research design, formulating hypotheses, designing new tasks, & reviewing litterature
- Contributed to admin documents: clinical trial, preregistration, ethics, senate application, etc.
- Topic 1: Social emotions (empathy and compassion)
- Topic 2: Social interactions (egocentric social network analysis)

RESEARCH ASSISTANT, McGILL COGNITIVE NEUROSCIENCE LAB - AMIR RAZ (2013/09-2016/09)

Sensory Deprivation, Consciousness, and Dissociation

Montréal Québec

McGill Cognitive Neuroscience Lab

2014/09-2016/09

- Conceived research designs & formulated hypotheses
- · Performed various administrative tasks related to the sensory deprivation unit (shopping, maintenance, risks, authorizations, etc.)

Posture and Human Resting-State (EEG, MEG)

Montréal, Québec

McGill Cognitive Neuroscience Lab

2015/05-07

• Performed various tasks (including statistical analyses) on Brainstorm, Matlab, and Photoshop

Chronic Hives and the Effect of Cognitive Treatment in Kids and Adults

Montréal, Québec

McGill Cognitive Neuroscience Lab

2014/01-09

· Recruited and managed participants' appointments

Attention Training in Health and Disease

Montréal, Québec

McGill Cognitive Neuroscience Lab

2014/05-08

• Trained children's attention with video games (data collection)

Selected Leadership Experience

Canadian Positive Psychology Association (CPPA)

Montréal, Québec

LEAD STUDENT AMBASSADOR & CO-FOUNDER, STUDENT AMBASSADOR PROGRAM

2019/09 - 2022/12

- · As lead, manage about 70 other Student Ambassadors for various projects (blog, webinar, logo, Instagram, etc.)
- Editor-in-Chief for the blog project. Reviewed/supervised the publication of more than 20 blogs (see https://medium.com/@cppastudents)
- · Weekly Core Team (board) meetings, monthly meetings for each project
- · Organize and host webinars periodically, various involvement in other projects

Regroupement québécois de psychologie positive

Montréal, Québe

MEMBER OF THINK-TANK FOR THE FUTURE OF POSITIVE PSYCHOLOGY IN QUÉBEC

2016/04 - 2022/12

- Participate to group meetings, discussions, debates, vision, and orientations
- Part of a) research, b) clinical, c) student, and d) English community committees
- Contribute to advertisement and goals of the group through public outreach, document preparation, help with organization of conference, and
 presentations to student associations to foster collaborations
- · Lead development of freshly formed student division

Département de psychologie (Université du Québec à Montréal)

Montréal, Québec

2019/01 - 2022-12

YOGA & MEDITATION STUDENT COMMITTEE LEAD

- Organize affordable weekly yoga sessions for psychology students on campus (Winter 2022)
- Wrote and successfully obtained 2 grants for the project (first: \$1,697.85; second: \$500)
- Organized and guided weekly meditations for psychology students on campus (Winter 2019)
- Project objective is to improve student mental health with evidence-based mind-body exercises

International Positive Psychology Association (IPPA)

Montréal, Québec

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

2017/12 - 2022/12

- Connect local members to IPPA's Student Division
- Monthly meetings and brainstorming with Representatives and SIPPA Executive Team
- · Created an interactive map of locations of all representatives across the globe for the website
- · Contribution to SIPPA newsletter

SOI (Sagesse, Ouverture, Intégrité)

Cégep Édouard-Montpetit

FOUNDING PRESIDENT 2010/09 – 2012/09

Led the executive administrative board (6 people); managed budget (about \$700/year); promoted well-being, happiness, and health, and led
activities based on psychological principles

Credit

This 100% reproducible CV (with instructions) was made using the vitae package in R, and a great deal of inspiration from Dominique Makowski's template.