Setting up ChatGPT Environment

1. **If You Have an Account**:
   - Go to https://chat.openai.com/.
   - Click on **Log In**.
   - Enter your email and password, or use your Google account if you signed up that way.
   - Once logged in, you will be redirected to the ChatGPT interface.

2. **If You Don't Have an Account**:
   - Click on **Sign Up**.
   - Follow the instructions to create a free account using your email or Google account.
   - Once you've created your account, you will be redirected to the ChatGPT interface.