**By default**, Magento doesn't support specific permissions like "view-only" for URL Rewrites.

Solution:

1. **Approach 1 (Backend):** You create a custom module to override the URL Rewrite save functionality and restrict it for read-only users.
2. **Approach 2 (Frontend):** You add JavaScript and CSS to hide the buttons for users with read-only access, making it impossible for them to interact with save/edit buttons in the admin UI.