

Title: Public Health Programs: An Overview

Subtitle: An Insight into Health Initiatives and Their Impact on Public Health

Slide 2: Introduction to Public Health Programs

Content:

Public health programs are initiatives that aim to improve health outcomes for populations, reduce health risks, and promote health and well-being. These programs are typically focused on disease prevention, health promotion, and improving access to healthcare services, especially in underserved and vulnerable populations.

Introduction to Health Programs

The following are short descriptions of various national health programs implemented by the Government of India. These programs aim to address critical public health issues, enhance healthcare access, and improve overall health outcomes. They cover a wide range of healthcare services, from mental health to general healthcare and disease prevention. These summaries are designed to give an overview of the programs, which can be beneficial for training purposes in public health, medical education, and healthcare management.

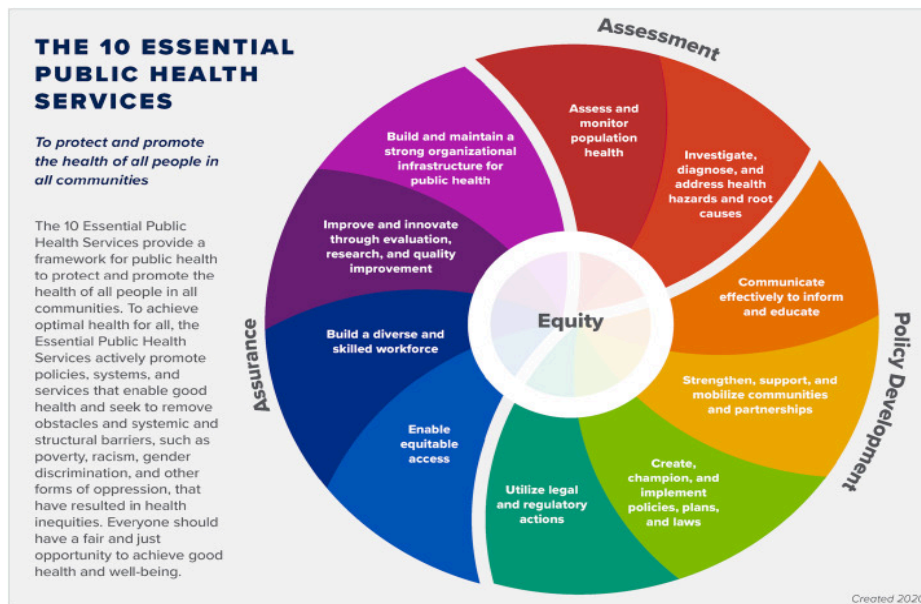
Definition -

Public Health (PH) is defined as “the science and art of preventing disease, prolonging life and promoting health through the organized efforts and informed choices of society, organizations, public and private, communities and individuals.”

Slide 3: Types of Public Health Program

Public health programs can be broadly categorized into various areas:

- Preventive Programs
- Health Promotion Initiatives
- Environmental Health
- Maternal and Child Health
- Chronic Disease Control
- Infectious Disease Control
- Emergency Preparedness



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- National Rural Health Mission
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- Janani Shishu Suraksha Karyakaram (JSSK)
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- ESIC

Communicable diseases

- **Revised National Tuberculosis Control Programme (RNTCP)**
- **National Leprosy Eradication Programme (NLEP)**
- **National Vector Borne Disease Control Programme (NVBDCP)**
- **National AIDS Control Programme (NACP)**
- **National Viral Hepatitis Control Program (NVHCP)**

Non-communicable diseases

- **National Tobacco Control Programme(NTCP)**
- **National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases & Stroke (NPCDCS)**
- **National Programme for Control Treatment of Occupational Diseases**
- **National Programme for Prevention and Control of Deafness (NPPCD)**
- **National Mental Health Programme**
- **National Programme for Control of Blindness & Visual Impairment (NPCB&VI)**
- **Pradhan Mantri National Dialysis Programme (PMNDP)**
- **National Programme for the Health Care for the Elderly (NPHCE)**
- **National Programme for Prevention & Management of Burn Injuries (NPPMBI)**
- **National Oral Health programme**

1. National Health Mission (NHM)



Description:

The National Health Mission (NHM) is an umbrella scheme designed to address the healthcare needs of rural and underserved populations in India. It comprises two sub-schemes: the National Rural Health Mission (NRHM) and the National Urban Health Mission (NUHM). The mission focuses on providing accessible, affordable, and quality healthcare, particularly in remote and disadvantaged areas. Its key areas include strengthening the healthcare infrastructure, promoting maternal and child health, and improving service delivery in both rural and urban areas.

Eligibility:

Target Group:

- Rural and urban populations, particularly marginalized groups such as women, children, and the elderly.
- Vulnerable and underserved communities.

Inclusion Criteria:

- Residents of rural and urban areas with limited access to healthcare services.
- Pregnant women, children under 5 years, and families in economically disadvantaged situations.

Exclusion Criteria:

- People who already have access to adequate healthcare services.
- Populations living in areas with established and well-equipped healthcare infrastructure.

Benefits:

- Improvement in access to quality health services, especially in rural areas.

- Free or subsidized maternal and child healthcare services, including antenatal care and institutional deliveries.
- Support for immunization programs and treatment of common diseases like tuberculosis and malaria.
- Financial support for the construction and upgrading of health infrastructure, such as sub-centers, primary health centers, and district hospitals.

Capacity building and training for healthcare workers to improve service delivery.

2. Ayushman Bharat – Pradhan Mantri Jan Arogya Yojana (PMJAY) - Maharashtra



Description:

Ayushman Bharat PMJAY is a **central government scheme** aimed at providing **financial protection** to families against catastrophic healthcare expenses. In Maharashtra, it is implemented in collaboration with the state government to ensure that all eligible **below poverty line (BPL) families** have access to **free healthcare services**. This includes **cashless hospitalization** and **pre- and post-hospitalization expenses**.

Eligibility:

- **Target Group:** Vulnerable populations including **low-income families**, **rural households**, and families below the poverty line (BPL).

Inclusion Criteria:

- Families from **eligible socioeconomic categories** as identified by the **Socio-Economic Caste Census (SECC)**.
- All members of **eligible families** can benefit, with the head of the family acting as the primary beneficiary.

Exclusion Criteria:

- **Wealthy families** above the **poverty line** or those with significant **financial resources**.

Special Exclusion Criteria:

- Individuals already covered under other **private or employer-based health insurance** plans.
- Individuals who do not meet the **BPL criteria**.

Benefits:

- **Cashless treatment** for hospitalization, including **medical, surgical, and diagnostic services**.
 - **Health coverage** up to ₹5 lakhs per family annually for both **secondary and tertiary care**.
 - Access to **private and public hospitals** empaneled under the scheme.
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3. Mahatma Jyotiba Phule Jan Arogya Yojana (MJPJAY)



Description:

The **Mahatma Jyotiba Phule Jan Arogya Yojana (MJPJAY)** is a **state health insurance scheme** introduced by Maharashtra to provide **financial protection** for families against high healthcare costs. It primarily targets **low-income families** and **vulnerable populations** in the state, ensuring access to **quality healthcare services** in both **public** and **private hospitals**.

Eligibility:

- **Target Group:** Low-income families, **poor urban** and **rural populations**, and **marginalized communities**.

Inclusion Criteria:

- Households identified as **low-income** or **BPL** by the **Maharashtra government**.
- Families with members suffering from **chronic diseases** or requiring **expensive medical treatment**.

Exclusion Criteria:

- Families above the **poverty line (APL)** or those who have **private health insurance** coverage.

Special Exclusion Criteria:

- **High-income families** with an income exceeding the set **poverty line** threshold.

Benefits:

- **Free medical treatment** at **empaneled hospitals** for various ailments.
 - **Pre- and post-hospitalization** cover, including **diagnostic tests** and **medicines**.
 - **Financial assistance** for major surgeries and treatments such as **cardiological care**, **oncology**, and **nephrology**.
 - **Cashless** health insurance for hospitalization-related expenses.
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4. National AIDS Control Programme (NACP)**Description:**

The **National AIDS Control Programme (NACP)** is a government initiative aimed at **reducing the spread of HIV/AIDS** in India. The program focuses on **prevention, awareness, early diagnosis**, and **treatment** of HIV-positive individuals. A significant part of the NACP is to provide **free antiretroviral therapy (ART)** for people living with HIV and to promote safer practices to minimize transmission risks, especially among high-risk populations such as **sex workers, intravenous drug users**, and **men who have sex with men**.

Eligibility:

- **Target Group:** High-risk populations, including **sex workers, intravenous drug users (IVDU), men who have sex with men (MSM), transgender persons**, and other vulnerable groups who are at risk of HIV infection.

Inclusion Criteria:

- **HIV-positive individuals**, regardless of their status or stage of the infection.
- People who are at **high risk** of contracting HIV, such as **sex workers, drug users**, and those with **multiple sexual partners**.
- Individuals diagnosed through **screening** who require ART, **counseling**, and **preventive services**.

Exclusion Criteria:

- Individuals who are **not at risk** of HIV or who do not engage in **high-risk behavior**.
- Individuals who are **not infected with HIV** or have not been diagnosed.

Special Exclusion Criteria:

- Individuals with **late-stage HIV/AIDS** who may require specialized treatment beyond what is provided under the NACP.
- People who have **refused testing** or **do not wish to access treatment**.

Benefits:

- **Free ART (antiretroviral therapy)** for **HIV-positive individuals** to control the virus and maintain a good quality of life.
- **Counseling services** for individuals living with HIV and their families.
- **Prevention services** like **condom distribution, needle exchange programs**, and **awareness campaigns targeting** high-risk populations.
- **HIV testing** and **screening** services for early detection and intervention.
- Access to **prevention of parent-to-child transmission (PPTCT)** services to reduce vertical transmission.
- **Community outreach programs** to educate at-risk populations about safe practices and reduce stigma.

5. National Vector Borne Disease Control Programme (NVBDCP)



Description:

The **National Vector Borne Disease Control Programme (NVBDCP)** aims to **control and prevent** diseases transmitted by **vectors**, particularly **mosquitoes**. These include **malaria, dengue, chikungunya, and Japanese encephalitis**. The program focuses on **surveillance, early detection, vector control measures, and community awareness** to reduce the incidence of these diseases, particularly in **endemic areas**.

Eligibility:

- **Target Group:** Populations living in areas where **vector-borne diseases** like **malaria, dengue, chikungunya, and Japanese encephalitis** are endemic or have been reported.

Inclusion Criteria:

- People residing in **malaria, dengue, chikungunya, and Japanese encephalitis** hotspots and **endemic areas**.
- **Pregnant women, children, and high-risk populations** living in areas with frequent outbreaks.
- **Communities** in areas where **mosquito-borne diseases** are prevalent, especially during the **monsoon season**.

Exclusion Criteria:

- Individuals who reside in **non-endemic areas** where vector-borne diseases are **rare** or not prevalent.
- People living in **urban areas** with proper **vector control infrastructure**.

Special Exclusion Criteria:

- People from areas that have achieved **near-complete vector control** (e.g., areas with **zero malaria incidence**).
- **Non-resident individuals** or **transient populations** who are not exposed to vector habitats.

Benefits:

- **Free diagnosis** and **treatment** for **malaria**, **dengue**, **chikungunya**, and **Japanese encephalitis**.
 - **Vector control measures** like **insecticide-treated nets (ITNs)**, **indoor spraying**, and **larvicidal treatments** to control mosquito populations.
 - **Public awareness campaigns** about disease prevention and **safe practices** to reduce mosquito breeding (e.g., cleaning water containers, avoiding stagnant water).
 - **Surveillance programs** to track and control the spread of vector-borne diseases in endemic regions.
 - **Community education** on symptoms and timely healthcare seeking behaviors to reduce fatalities.
 - **Immunization** campaigns for diseases like **Japanese encephalitis** in high-risk areas.
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6. CGIS (Central Government Insurance Scheme)



Description:

The **Central Government Insurance Scheme (CGIS)** is a **life insurance scheme** offered to **central government employees**. It provides **financial protection** to the families of government employees in the unfortunate event of their death. The scheme offers affordable premiums and ensures **financial security** for the families of the employees through **life insurance benefits**.

Eligibility:

- **Target Group:** All **permanent central government employees**, including those in various **ministries, departments, and public sector organizations** under the central government.

Inclusion Criteria:

- Employees who are **permanent** and have completed their **probation period**.
- Government employees working in **ministries and central departments**.
- The **spouse and children** of the insured employee may also be covered under certain circumstances.

Exclusion Criteria:

- **Contractual employees** or those employed on a **temporary basis** with the central government are not eligible unless they meet specific criteria.
- Employees who do not wish to participate or have **opted out** of the scheme.

Special Exclusion Criteria:

- Employees already covered under another **life insurance policy** provided by their organization or **private sector may** not be eligible for CGIS if they are already covered by a more comprehensive plan.

Benefits:

- **Life insurance cover** for **central government employees**, offering a **sum assured** to the beneficiaries in case of the insured's death.
- **Premiums** are **affordable** and may be deducted from the employee's monthly salary.
- **Lump sum amount** paid to the **family members** of the deceased employee.
- **Financial security** for the family, ensuring **compensation** in case of untimely death.
- **Death benefits** are provided in the form of a **sum assured** that varies based on the employee's salary grade or specific policy terms.
- Some schemes may also offer **accidental death** or **disability benefits**.

8. Central Government Health Scheme (CGHS)

Description:

The Central Government Health Scheme (CGHS) provides comprehensive healthcare facilities to the employees and pensioners of the central government and their dependents. The scheme aims to provide medical care through a network of government hospitals, dispensaries, and empaneled private hospitals. It covers a wide range of health services, including outpatient care, hospitalization, surgeries, and specialized treatments.

Eligibility:

Target Group:

- Central government employees and pensioners.
- Dependent family members of the beneficiaries.

Inclusion Criteria:

- All serving employees and pensioners of the central government.
- Spouses, children, and dependent parents of employees/pensioners.

Exclusion Criteria:

- Employees or pensioners from state or private sectors.
- People who do not meet the dependency criteria (e.g., grown children with independent means).

Benefits:

- Free or subsidized outpatient consultations, diagnostics, and medicines.
 - Hospitalization and surgery costs covered at government and empaneled private hospitals.
 - Medical treatment for both common and critical illnesses.
 - Free medical check-ups, preventive care, and health education.
 - Coverage for maternity care, eye care, dental care, and other specialized services.
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9. Employees' State Insurance Corporation (ESIC)



Description:

The Employees' State Insurance Corporation (ESIC) is a self-financing social security and health insurance scheme for employees working in the organized sector. It aims to provide medical care, financial assistance during sickness, maternity, and employment-related injuries, as well as disability and death benefits. ESIC operates through a network of hospitals, dispensaries, and other healthcare facilities across India.

Eligibility:

Target Group:

- Employees working in the organized sector, earning below a specified wage ceiling.
- Employers contributing to the scheme on behalf of their employees.

Inclusion Criteria:

- Employees earning a monthly wage up to Rs. 21,000 (Rs. 25,000 for persons with disabilities).
- Employers in industries with a certain number of employees (usually 10 or more).

Exclusion Criteria:

- Self-employed individuals and those working in the unorganized sector.
- Employees whose wages exceed the threshold limit for coverage.

Benefits:

- Medical benefits, including outpatient and inpatient care.
- Cash benefits for sickness, maternity, and employment injuries.
- Coverage for treatment of chronic diseases, surgeries, and rehabilitation.
- Maternity benefits (including paid leave).

- Death and disability benefits, with compensation for family members in case of the employee's death due to work-related causes.

10. Janani Shishu Suraksha Karyakram (JSSK)



Description:

Janani Shishu Suraksha Karyakram (JSSK) provides free healthcare services to pregnant women and newborns in government health facilities. The initiative aims to reduce maternal and neonatal mortality by ensuring that no woman or child is denied essential health services due to financial constraints.

Eligibility:

- **Target Group:** Pregnant women and newborns (up to 30 days of age) in government health facilities.

Inclusion Criteria:

- All **pregnant women** opting for institutional deliveries (normal or cesarean) at public health facilities.
- **Newborns** up to **30 days** of age who are admitted to government hospitals.

Exclusion Criteria:

- Women who choose **home deliveries** or **private hospitals**.
- Women from **Above Poverty Line (APL)** families (in some states, though this may vary).

Special Exclusion Criteria:

- Women who have already availed **health services** under **other similar schemes** such as JSY or PMSMA.

Benefits:

- **Free delivery** (normal or cesarean) in government hospitals.
 - **Free transportation** to and from health facilities (in certain states).
 - **Free diagnostics**, medicines, and vaccines.
 - **Free care for newborns** (up to 30 days) including treatment and vaccination.
 - **Postnatal care** (up to 42 days) for mothers and infants.
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11. Rashtriya Kishor Swasthya Karyakram (RKSK)**Description:**

Rashtriya Kishor Swasthya Karyakram (RKSK) aims to improve the health and well-being of adolescents by addressing their specific health needs, including sexual and reproductive health, nutrition, and mental health, through a comprehensive and multi-sectoral approach.

Eligibility:

- **Target Group:** Adolescents aged **10-19 years**.

Inclusion Criteria:

- Adolescents who require **health services** related to sexual health, mental health, and nutrition.
- Vulnerable groups such as those from **marginalized communities**, **school-going adolescents**, and **adolescent girls**.

Exclusion Criteria:

- Individuals outside the **10-19 years age group**.
- Adolescents not in need of specialized health services.

Special Exclusion Criteria:

- Adolescents who already receive **adequate healthcare** or services under other specialized programs (e.g., those in private healthcare settings).

Benefits:

- **Health education** on sexual and reproductive health, nutrition, and mental well-being.
 - **Free health services** for adolescents, including **counseling**, immunization, and **menstrual hygiene** services.
 - **Improved access to adolescent-friendly health services (AFHS).**
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12. Rashtriya Bal Swasthya Karyakram (RBSK)



Description:

Rashtriya Bal Swasthya Karyakram (RBSK) provides free health screening for children from birth to 18 years to identify and treat health conditions, developmental delays, and nutritional deficiencies early on.

Eligibility:

- **Target Group:** All children aged **0-18 years**.

Inclusion Criteria:

- All children, particularly those in **underserved** areas, **rural settings**, or from **economically disadvantaged backgrounds**.
- Children in need of **health screening**, immunization, and early intervention for developmental delays or disabilities.

Exclusion Criteria:

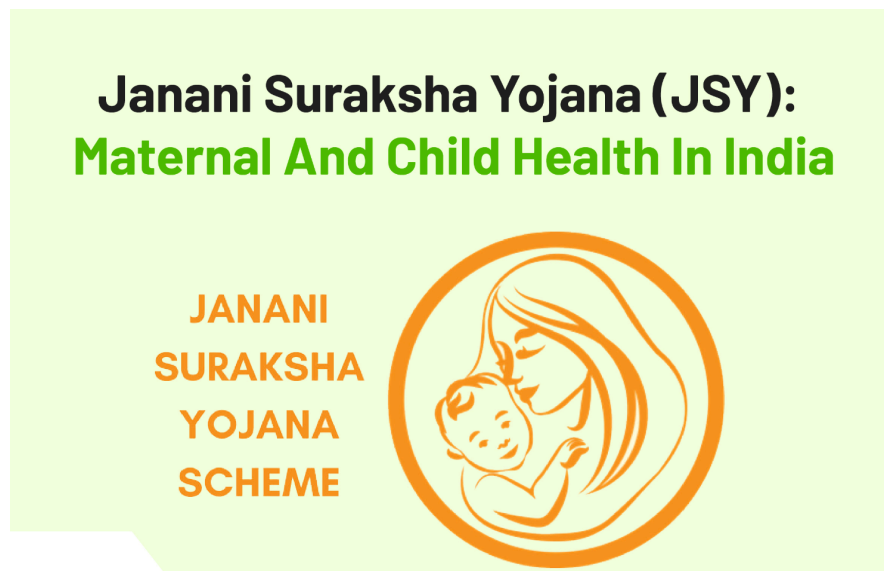
- Children in **private schools** who already receive similar services.
- Children who are **healthy** and do not require any medical intervention.

Special Exclusion Criteria:

- Children who have already received **annual health check-ups** or medical care under other schemes.

Benefits:

- **Free health screenings** to detect conditions such as **vision problems**, **hearing issues**, **growth disorders**, **nutritional deficiencies**, and **developmental delays**.
 - **Free treatment** and follow-up services for diagnosed conditions.
 - **Referrals** for specialized care when needed.
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13. Janani Suraksha Yojana (JSY)**Description:**

Janani Suraksha Yojana (JSY) is a cash assistance program designed to encourage **institutional deliveries** by providing financial support to **pregnant women** from **economically weaker sections**.

Eligibility:

- **Target Group:** Pregnant women, particularly those from **Below Poverty Line (BPL)** families and **Scheduled Caste (SC)/Scheduled Tribe (ST)** women.

Inclusion Criteria:

- Pregnant women who choose **institutional delivery** in **government** health facilities.
- Women from **BPL families** or those identified as **high-risk pregnancies**.

Exclusion Criteria:

- Women who choose **home deliveries** or **private healthcare providers**.
- Women from **Above Poverty Line (APL)** families (depending on state-level policies).

Special Exclusion Criteria:

- Women who have already availed **health services** under **other similar schemes** such as JSSK.

Benefits:

- **Cash incentive** for institutional delivery.
- **Free delivery** and **medical care** during pregnancy and postnatal period.
- **Transport subsidy** to and from health facilities (where applicable).

14. Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)



Description:

Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA) aims to provide **free antenatal check-ups** for **pregnant women**, focusing on those in their **9th month of pregnancy**.

Eligibility:

- **Target Group:** Pregnant women, particularly those in their **9th month of pregnancy**.

Inclusion Criteria:

- Pregnant women in the **9th month** who require health monitoring and assessment.
- **Women in underserved areas** with limited access to quality antenatal care.

Exclusion Criteria:

- Pregnant women who are **not in their 9th month** of pregnancy.
- Women who are **already receiving comprehensive antenatal care** elsewhere.

Special Exclusion Criteria:

- Pregnant women with **serious complications** (e.g., pre-eclampsia, multiple gestation) requiring **specialized care** outside the scope of PMSMA.

Benefits:

- **Free medical check-ups** including essential tests for maternal and fetal health.
- **Referral services** for high-risk pregnancies.
- **Free medicines** and nutritional supplements (iron, folic acid).
- **Health education** on safe delivery, postnatal care, and newborn health.

15. Navjaat Shishu Suraksha Karyakram (NSSK)



Description:

Navjaat Shishu Suraksha Karyakram (NSSK) focuses on ensuring the survival of newborns by providing essential neonatal care during the **first 28 days** of life.

Eligibility:

- **Target Group:** Newborns up to **28 days** of life.

Inclusion Criteria:

- All **newborns** who require basic or advanced **newborn care**.

Exclusion Criteria:

- Newborns with **severe complications** requiring **specialized neonatal care**.

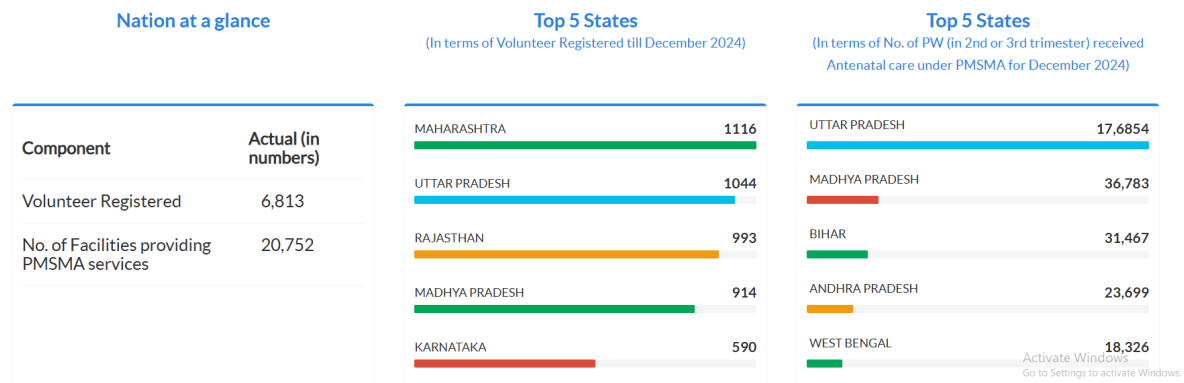
Special Exclusion Criteria:

- Neonates diagnosed with **complex congenital disorders** that require care in higher-level hospitals.

Benefits:

- **Essential newborn care** such as thermal protection, early breastfeeding, and prevention of infections.
- **Postnatal monitoring** for both mother and newborn.
- **Referral services** to specialized care facilities if needed.

PMSMA Across India



16. National Leprosy Eradication Programme (NLEP)

**Description:**

The National Leprosy Eradication Programme (NLEP) aims to reduce the burden of **leprosy** through early detection, treatment with **multidrug therapy (MDT)**, and raising awareness to eliminate stigma and discrimination associated with the disease.

Eligibility:

- **Target Group:** Individuals suspected of having **leprosy**, especially those in **high-risk** areas.

Inclusion Criteria:

- Individuals with **skin lesions** or **nerve damage** indicative of leprosy.
- High-risk populations such as people in **endemic areas** and **vulnerable groups** (e.g., marginalized communities).

Exclusion Criteria:

- Individuals without any **clinical signs** of **leprosy**.
- People already receiving **treatment** under another specialized program.

Special Exclusion Criteria:

- People who are diagnosed with **other skin or nerve diseases** unrelated to leprosy.

Benefits:

- **Free treatment** using **multidrug therapy (MDT)** for leprosy.
- **Rehabilitation** and **social integration** support for patients who have been cured of leprosy.
- **Awareness campaigns** to reduce the stigma of leprosy and educate the public.

17. National Viral Hepatitis Control Program (NVHCP)



Description:

The National Viral Hepatitis Control Program (NVHCP) aims to reduce the burden of **viral hepatitis**, particularly **hepatitis B** and **hepatitis C**, by promoting vaccination, early detection, and providing treatment for affected individuals.

Eligibility:

- **Target Group:** General population, especially those at **high risk** for **hepatitis infection**.

Inclusion Criteria:

- Individuals at risk of **hepatitis B and C** (e.g., healthcare workers, intravenous drug users, prisoners).
- Individuals with **hepatitis symptoms** (e.g., jaundice, fatigue, abdominal pain).

Exclusion Criteria:

- People with no **symptoms** or signs of **hepatitis infection**.

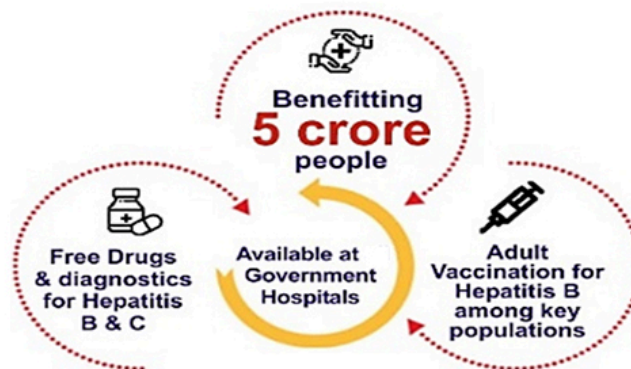
Special Exclusion Criteria:

- Individuals with **severe liver complications** who need advanced medical care beyond the program's scope.

Benefits:

- **Free hepatitis B vaccinations** for infants and high-risk groups.
- **Screening and diagnosis** of hepatitis infections.
- **Antiviral treatment** for **hepatitis B** and **hepatitis C** patients.

Know Hepatitis, Eliminate Hepatitis



Anyone could be at RISK

- Ingestion of contaminated food and water
- Unsafe injection and injecting drug use
- Unsafe sex
- Mother to child transmission

Act NOW

- Wash hands thoroughly
- Cook food & boil water before consuming
- Use blood & blood products only from a licensed blood bank
- Don't share needles, syringes, razor blades etc.
- Ensure safe sex, use condom
- Get your child vaccinated at birth against Hepatitis B

18. National Tobacco Control Programme (NTCP)

**Description:**

The National Tobacco Control Programme (NTCP) aims to reduce tobacco consumption and its health-related consequences. It focuses on raising awareness about the harmful effects of tobacco use and encourages smoking cessation through various public health initiatives.

Eligibility:

- **Target Group:** Smokers and tobacco users, including adolescents and adults across all demographic groups.

Inclusion Criteria:

- Smokers and users of **smokeless tobacco**.
- Vulnerable populations such as **adolescents, pregnant women**, and people living in **high-risk areas**.

Exclusion Criteria:

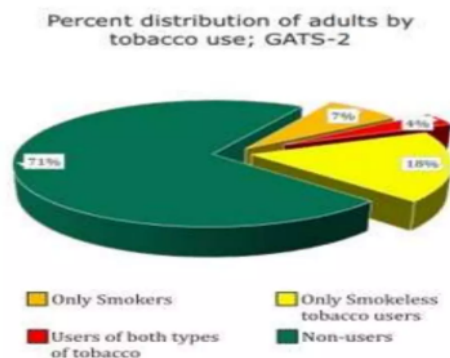
- Individuals who do not use tobacco or have not been exposed to secondhand smoke.

Special Exclusion Criteria:

- Individuals with **severe tobacco addiction** who require specialized treatment or rehabilitation.

Benefits:

- **Cessation programs** and counseling for individuals seeking to quit tobacco.
- **Awareness campaigns** on the harmful effects of smoking and tobacco use.
- **Support services** for tobacco-related health issues, including cancer and respiratory diseases.



19. National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases & Stroke (NPCDCS)



Description:

The NPCDCS program aims to control the growing burden of **non-communicable diseases (NCDs)** such as cancer, diabetes, cardiovascular diseases, and strokes. The program focuses on prevention, early detection, treatment, and control of these diseases through screening and health promotion activities.

Eligibility:

- **Target Group:** General population, with a special focus on **adults over 30 years** and those at **high risk** for NCDs.

Inclusion Criteria:

- Individuals aged **30 years and above** or those with a family history of cancer, diabetes, or cardiovascular diseases.
- People with **hypertension, obesity, or high blood sugar** levels.

Exclusion Criteria:

- Individuals who are **below 30 years of age** or those not exhibiting symptoms or risk factors for NCDs.

Special Exclusion Criteria:

- Individuals with **severe medical conditions** that contraindicate screening or early detection measures.

Benefits:

- **Free screening** for cancer, diabetes, cardiovascular diseases, and stroke risk factors.
 - **Health counseling** and lifestyle management support to prevent NCDs.
 - **Awareness campaigns** on healthy diets, exercise, and tobacco cessation.
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20. National Programme for Control and Treatment of Occupational Diseases

Description:

The National Programme for Control and Treatment of Occupational Diseases aims to reduce the prevalence of diseases caused by workplace hazards, such as respiratory diseases, skin disorders, and musculoskeletal problems. The program focuses on early diagnosis, preventive measures, and rehabilitation for affected workers.



Source: <https://vikaspedia.in/health/nrhm/national-health-programmes-1/national-programme-for-control-and-treatment-of-occupational-diseases>

Eligibility:

- **Target Group:** Workers in **high-risk occupations**, such as those exposed to **dust, chemicals, and heavy machinery**.

Inclusion Criteria:

- Workers in industries such as **mining, construction, textiles, and chemicals**.
- Individuals with signs of occupational diseases like **asthma, pneumoconiosis, or skin rashes**.

Exclusion Criteria:

- Individuals employed in **low-risk occupations** or industries with no significant exposure to hazardous substances.

Special Exclusion Criteria:

- Workers who have **severe or advanced stages** of occupational diseases requiring specialized care beyond the program's scope.

Benefits:

- **Screening** for occupational diseases and free medical treatment.
- **Prevention strategies** including workplace safety standards and use of personal protective equipment (PPE).
- **Rehabilitation services** for workers who have developed chronic occupational diseases.

21. National Programme for Prevention and Control of Deafness (NPPCD)



Description:

The National Programme for Prevention and Control of Deafness (NPPCD) focuses on **preventing hearing impairment** and promoting **early detection** and treatment of ear diseases. The program aims to reduce the burden of deafness through awareness campaigns, screening, and medical intervention.

Eligibility:

- **Target Group:** General population, particularly **children** and **elderly people** at risk of hearing loss.

Inclusion Criteria:

- Individuals with **hearing loss** or **ear infections**.
- Children born with **congenital hearing impairment** or those with a family history of hearing problems.

Exclusion Criteria:

- Individuals without **hearing problems** or ear infections.

Special Exclusion Criteria:

- Individuals who are not **eligible** for hearing aids or those with **advanced hearing loss** requiring specialized care.

Benefits:

- **Free screening** for hearing impairments and ear diseases.
- **Provision of hearing aids** and **surgical interventions** where applicable.
- **Counseling services** for individuals and families on preventing and managing hearing loss.

22. National Mental Health Programme (NMHP)

**Description:**

The National Mental Health Programme aims to provide comprehensive mental healthcare services, reduce the burden of mental illness, and promote mental well-being. The program focuses on expanding access to mental health services, increasing awareness, and reducing the stigma associated with mental illness.

Background:

To address the huge burden of mental disorders and shortage of qualified professionals in the field of mental health, Government of India has been implementing National Mental Health Program (NMHP) since 1982. The district Mental Health Program was added to the Program in 1996. The Program was re-strategize in 2003 to include two schemes, viz. Modernization of State Mental Hospitals and Up-gradation of Psychiatric Wings of Medical Colleges/General Hospitals. The Manpower development scheme (Scheme-A & B) became part of the Program in 2009.

Objectives

1. To ensure the availability and accessibility of minimum mental healthcare for all in the foreseeable future;
2. To encourage the application of mental health knowledge in general healthcare and in social development;
3. To promote community participation in the mental health service development; and

4. To enhance human resources in mental health subspecialties.

Eligibility:

- **Target Group:** Individuals suffering from **mental health disorders**

Inclusion Criteria:

- Individuals with **diagnosed mental health disorders**, including **schizophrenia**, **bipolar disorder**, and **substance abuse** issues.
- People experiencing **stress**, **depression**, or **psychosocial difficulties**.

Exclusion Criteria:

- Individuals without **diagnosed mental health conditions** or those without a need for **psychiatric intervention**.

Special Exclusion Criteria:

- Individuals with **severe mental disorders** who require **specialized institutional care**.

Benefits:

- **Free counseling services** and **psychiatric treatment** in government healthcare settings.
- **Community-based mental health services** for early detection and intervention.
- **Awareness programs** aimed at reducing the stigma of mental health issues.

Services Provided under DMHP



S.No	Level	Services
1	District Hospital	Outpatient services, Assessment Counseling /Psycho-social Interventions, Inpatient treatment (10 bedded) services, Psychotropic Drug
2	CHC level	Outpatient services, Counseling services, Continuing care and support to persons with Severe Mental Disorders, Drugs, Ambulance Services
3	PHC level	

SUPPORT UNDER DMHP

S.No.	Level	Support	Funds
1	District Hospital	Manpower (Psychiatrist, Clinical Psychologist, Psychiatric Nurse, Psychiatric Social Worker, Community Nurse, Monitoring & Evaluation Officer, Case Registry Assistant, Ward Assistants) Equipments, Drugs, Targeted Interventions, Infrastructure of DMHP Centre	Upto Rs 83.20 Lakhs (Recurring Rs. 74.20 lakhs for HR, IEC, Drugs, Training etc. Non-Recurring Rs. 9 lakhs Equipments (Rs. 6 lakhs) and Infrastructure (Rs. 3 lakhs)
2	CHC level	Manpower (Medical Officer, Clinical Psychologist/ Psychiatric Social Worker	Rs.14.40 lakhs
3	PHC level	Manpower (Community Health Worker) Training	Rs.5.68 lakhs

23. National Programme for Control of Blindness & Visual Impairment (NPCB&VI)

**Description:**

The National Programme for Control of Blindness & Visual Impairment focuses on reducing **blindness** and improving **vision care** through free eye health services, including cataract surgery, and eye screenings. It aims to reduce preventable blindness and visual impairment across the country.

Eligibility:

- **Target Group:** Individuals suffering from **visual impairment** or at risk of **blindness**, particularly **elderly** individuals and **children**.

Inclusion Criteria:

- People diagnosed with **cataracts**, **glaucoma**, and **other treatable eye diseases**.
- Individuals at risk of **vision loss** due to age, malnutrition, or genetic factors.

Exclusion Criteria:

- Individuals with **untreatable blindness** or conditions requiring specialized surgical care beyond the program's scope.

Special Exclusion Criteria:

- **Severe eye conditions** that require care in **specialized eye hospitals** or those involving **advanced retinal diseases**.

Benefits:

- **Free cataract surgery**, **glaucoma treatment**, and **corneal transplants**.
- **Screening services** for early detection of eye diseases.

- **Rehabilitation services** for individuals with **visual impairment** and **low vision aids**.

24. National Programme for the Health Care for the Elderly (NPHCE)



Description:

The National Programme for the Health Care for the Elderly (NPHCE) is designed to provide comprehensive healthcare services to the elderly population in India. The program focuses on the prevention, early diagnosis, and treatment of diseases common among the elderly, as well as promoting mental health and well-being.

Eligibility:

- **Target Group:** Elderly individuals aged **60 years and above**.

Inclusion Criteria:

- Individuals **above 60 years** of age who require **healthcare services** for chronic conditions or preventive care.
- Elderly with **age-related diseases** such as **arthritis, hypertension, diabetes**, etc.

Exclusion Criteria:

- Individuals **under 60 years** or those with no significant healthcare needs.

Special Exclusion Criteria:

- Elderly who **refuse** services or individuals with **severe comorbidities** requiring **specialized care**.

Benefits:

- **Free medical services** for the elderly in government healthcare facilities.
 - **Geriatric clinics** for routine health check-ups and specialized care.
 - **Support for home-based care** for bedridden and frail elderly individuals.
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25. National Programme for Prevention & Management of Burn Injuries (NPPMBI)

Description:

The National Programme for Prevention & Management of Burn Injuries (NPPMBI) focuses on **preventing burns**, as well as providing **treatment** and **rehabilitation** to burn survivors. The program emphasizes public education on burn safety and the establishment of burn units in hospitals.

Eligibility:

- **Target Group:** Individuals suffering from **burn injuries**, especially in low-income and rural areas.

Inclusion Criteria:

- Individuals with **second and third-degree burns**, particularly **children** and **elderly** who are most vulnerable to burns.
- Victims of **accidental burns**, **fire accidents**, and **chemical exposure**.

Exclusion Criteria:

- Individuals who have **minor burns** that do not require hospitalization or specialized treatment.

Special Exclusion Criteria:

- Individuals with **pre-existing health conditions** that prevent them from receiving appropriate care for burns.

Benefits:

- **Free treatment** for burn injuries, including **surgical interventions** and **rehabilitation**.
 - Establishment of **burn units** in government hospitals for advanced burn care.
 - **Burn prevention programs** and safety awareness campaigns.
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26. National Oral Health Programme



Description:

The National Oral Health Programme focuses on promoting **oral health** and preventing **oral diseases** such as **cavities**, **gum diseases**, and **oral cancers**. The program aims to raise awareness about the importance of oral hygiene and provides dental care services.

Eligibility:

- **Target Group:** General population, with special focus on **children** and **vulnerable populations**.

Inclusion Criteria:

- Children and **adolescents** who need **oral health education** and **preventive dental services**.
- **Pregnant women**, **elderly**, and **individuals at risk of oral diseases**.

Exclusion Criteria:

- Individuals who do not require **oral health interventions** or who have **access to private dental care**.

Special Exclusion Criteria:

- People with **severe oral health conditions** requiring **specialized care** beyond what the program provides.

Benefits:

- **Free dental check-ups, cleanings, and fluoride treatments**.
- **Public awareness campaigns** on the importance of **oral hygiene**.

- **Training** for community health workers to promote **oral health** in rural and underserved areas.
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