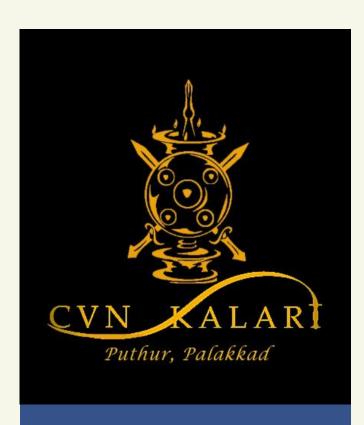
NEWSLETTER



VISION

We strive to empower the students, especially women and children by imparting training of this traditional indigenous Martial art. Our aim and principle is to enhance the life of our students to become the better half of the community.



Kalarippayattu is the traditional and indigenous Martial arts of Kerala and is known to be in practise for more than 3000 years. It has been preserved for many centuries following the authentic tradition of Guru Shishya Parampara, It is a wholistic art, it not only knows to hurt but also to heal

but also to heal CVN Kalari, Puthur is a centre for self defence and Kalari Marma Chikitsa headed by C Muralidharan Gurukkal of Palakkad district. This pioneering Institution was the first in Palakkad district which came forward with an idea of "Women Empowerment" and this made us to reach its peak by achieving the National Award from the Government of India in the year 2011



OUR TRAINING CENTRE GIVES
IMPORTANCE TO ETHICAL AND
MORAL DISCIPLINE OF THE
STUDENTS OF KALARI BY
FOLLOWING THE NORTHERN STYLE
AND TECHNIQUES. OUR MARTIAL
ART TRAINING AIMS AT THE OVER
ALL DEVELOPMENT OF AN
INDIVIDUAL BEGINNING FROM
PHYSICAL STRENGTH, MENTAL
BALANCE AND PROGRESS IN
SPIRITUAL UPLIFTMENT