

Weekly Grocery List

Generated for: testuser@nutriplan.com

Date: 29/5/2025

Protein

- Hummus: 1.50 kg

Carbs

- Whole wheat wrap: 1.30 kg

Uncategorized

- Toast: 2.10 kg
- Rice: 1.10 kg
- Cucumber: 1.60 kg
- Turkey: 1.30 kg
- Lettuce: 1.00 kg
- Beans: 0.60 kg