# NATIONAL INSTITUTE OF BUSINESS MANAGEMENT SCHOOL OF COMPUTING AND ENGINEERING HIGHER NATIONAL DIPLOMA IN SOFTWARE ENGINEERING KANDY 24.1F

### INTERNET OF THINGS SECOND PROGRESS REPORT

## ADVACE HEALTH CARE MONITORING MONITORRING SYSTEM

#### **GROUP NO - 10**

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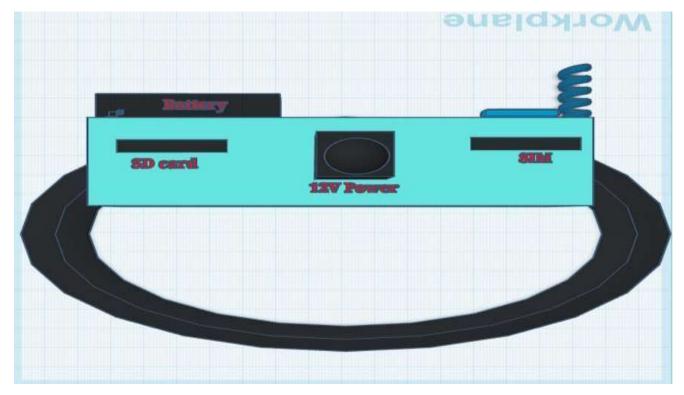
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## MECHANICAL DESIGN

We used Tinker cad website to create the 3D Design of our final Project product.

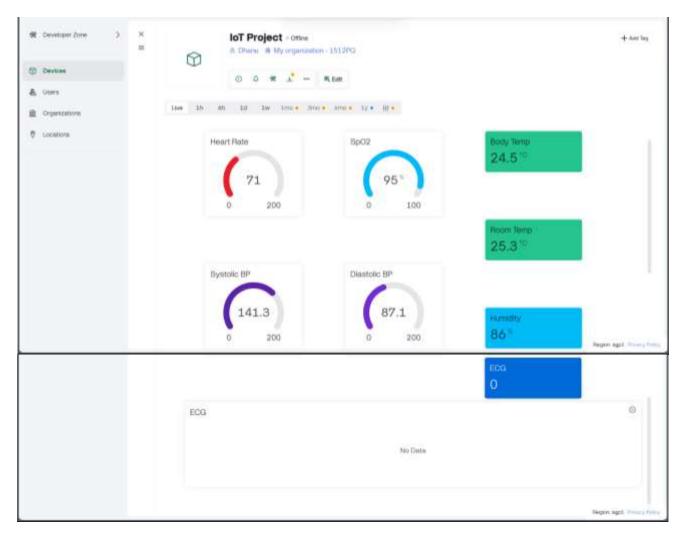
Its Easy to wearable like a watch for patients.

## Product 3D Model

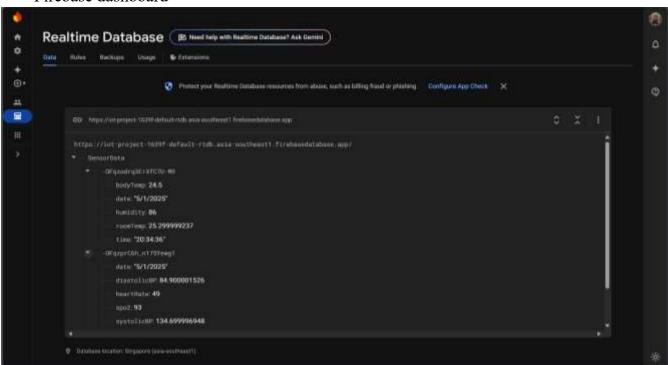




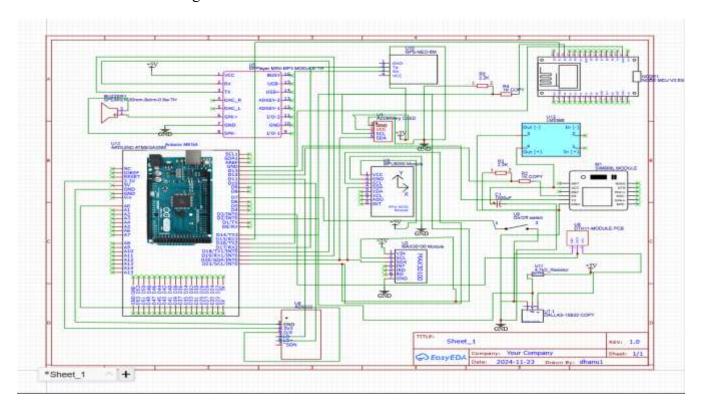
### BLYNK WEB dashboard



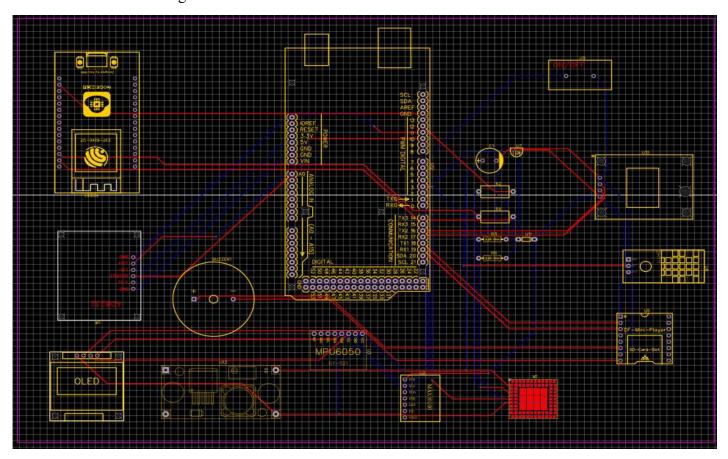
## Firebase dashboard



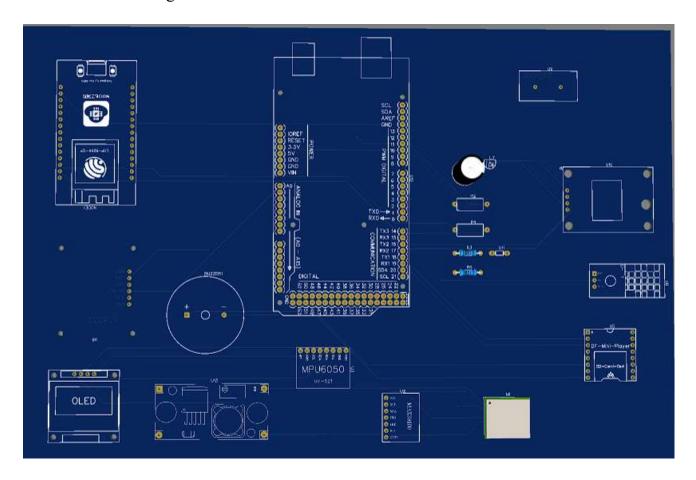
## Product Schematic Diagram



Product PCB Diagram



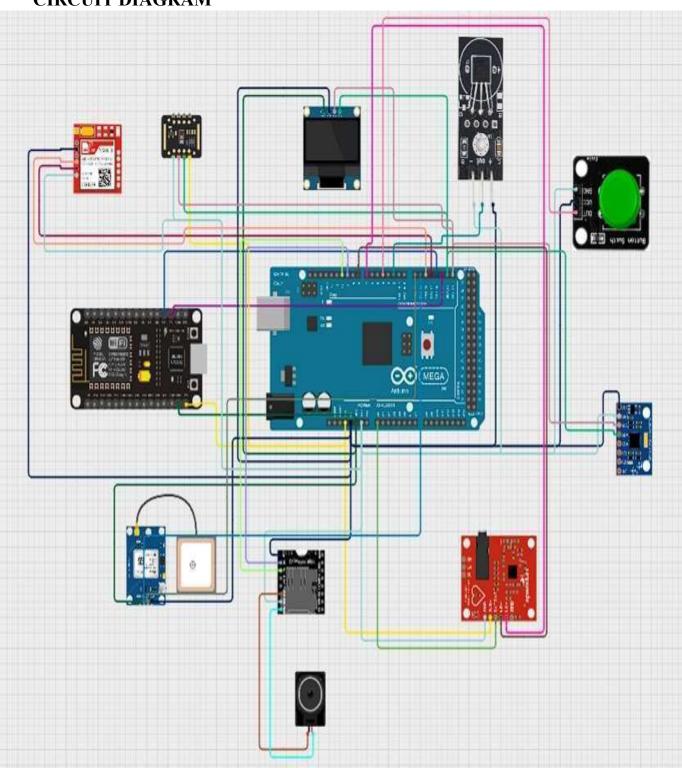
## Product PCB Diagram



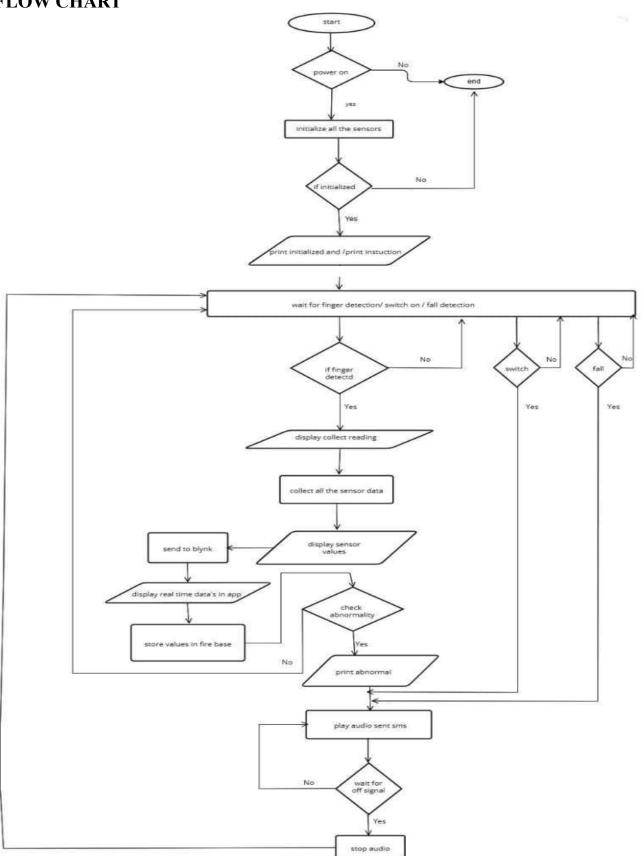
# **BOM (BILL OF AMOUNT)**

Item Name	Qty	Price(LKR)		
Arduino mega	1	5390		
SIM800L	1	1255		
OLED <b>0.96-inch</b> Display	1	780		
MAX30100	1	590		
ECG(AD8232)	1	1750		
DF-Mini player	1	525		
Speaker	1	360		
Data cable	1	290		
GPS-Module(NEO 6VM)	1	1350		
DS18B20(waterproof temp)	1	450		
MPU6050	1	595		
Switch	1	75		
LM2596	1	280		
Clopper Clad board(FR4	1	1350		
Type)				
Ferric Chloride(FeCl3)	1	170		
Sandpaper(100gsm)	1	100		
Photo sheet	1	200		
ESP8266	1	1570		
DTH11	1	590		

## **CIRCUIT DIAGRAM**



## **FLOW CHART**



# TIMELINE (GANTT CHART)

	WEEK						
	01	02	03	04	05	06	07
PLANNING							
Discuss the topic							
ANALYZING							
Identify components and gathering							
DESIGN							
Designing the prototype							
DEVELOPMENT							
Start to build the project							
IMPLEMENTATION							
Develop the project features							
SUBMIT THE							
PROJECT REPORT							

#### PROGRAMMING CODE

#### Arduino Code

```
#include <Wire.h>
#include <Adafruit GFX.h>
#include <Adafruit SSD1306.h>
#include "MAX30100 PulseOximeter.h"
#include <MPU6050.h>
#include "DFRobotDFPlayerMini.h"
#include <OneWire.h>
#include <DallasTemperature.h>
#include <DHT.h>
#include <SoftwareSerial.h>
#include <TinyGPS++.h>
// OLED Display settings
#define SCREEN WIDTH 128
#define SCREEN_HEIGHT 64
#define OLED RESET -1
Adafruit_SSD1306 display(SCREEN_WIDTH, SCREEN_HEIGHT, &Wire, OLED_RESET);
// MAX30100 sensor settings
PulseOximeter pox;
#define REPORTING_PERIOD_MS 1000 // Report every 1 second
uint32 t tsLastReport = 0;
// Blood pressure calibration constants
#define BASELINE SBP 120
#define BASELINE DBP 80
#define CALIBRATION CONSTANT SBP 0.3
#define CALIBRATION_CONSTANT_DBP 0.1
#define MAX READINGS 20
int heartRateBuffer[MAX_READINGS] = { 0 };
int bufferIndex = 0;
int bufferCount = 0;
// MPU6050 Fall Detection settings
MPU6050 mpu;
#define FALL_THRESHOLD 200
#define STABILIZATION_THRESHOLD 20
#define STABILIZATION_TIME 1000
bool fallDetected = false;
unsigned long stabilizationStartTime = 0;
bool fingerDetected = false;
#define FPSerial Serial1
```

```
DFRobotDFPlayerMini myDFPlayer;
// Data wire is plugged into port 2 on the Arduino
#define ONE_WIRE_BUS 2
#define TEMPERATURE PRECISION 9 // Lower resolution
// Setup a oneWire instance to communicate with any OneWire devices (not just
Maxim/Dallas temperature ICs)
OneWire oneWire(ONE WIRE BUS);
// Pass our oneWire reference to Dallas Temperature.
DallasTemperature sensors(&oneWire);
int numberOfDevices; // Number of temperature devices found
DeviceAddress tempDeviceAddress; // We'll use this variable to store a found device
address
// Button switch input pin
#define BUTTON_PIN 7 // Define the button pin
// DHT11 sensor settings
#define DHTPIN 3 // Pin connected to the DHT11 sensor data pin
#define DHTTYPE DHT11 // Define the type of DHT sensor
DHT dht(DHTPIN, DHTTYPE);
// Define the threshold values for abnormal readings (adjust as needed)
#define ABNORMAL HEART RATE LOW 40
#define ABNORMAL_HEART_RATE_HIGH 200
#define ABNORMAL SPO2 LOW 70
#define ABNORMAL_SP02_HIGH 100
#define ABNORMAL TEMP LOW 33.0
#define ABNORMAL_TEMP_HIGH 38.5
#define ABNORMAL ECG THRESHOLD 20 // Threshold for abnormal ECG reading (adjust as
needed)
#define ABNORMAL ECG THRESHOLD LOW 2
#define ABNORMAL SystolicBP HIGH 180
#define ABNORMAL SystolicBP LOW 100
#define ABNORMAL DiastolicBP HIGH 120
#define ABNORMAL_DiastolicBP_LOW 70
// Define the Serial Pins for SIM800L
#define SIM800 TX 12
#define SIM800_RX 13
```

```
// Initialize the SIM800L module
SoftwareSerial sim800Serial(SIM800_RX, SIM800_TX);
// Emergency phone number
#define EMERGENCY_PHONE "+94752051204"
// Emergency phone number hospital
#define EMERGENCY PHONE2 "+94712051203"
const int ecgPin = A0;  // Connect to the OUT pin of AD8232
const int loPlusPin = 10;  // Connect to LO+ pin of AD8232 (optional)
const int loMinusPin = 11; // Connect to LO- pin of AD8232 (optional)
static const int RXPin = 22, TXPin = 23;  // RX and TX pins for GPS
static const uint32_t GPSBaud = 9600;
                                          // Change to 9600 for better
compatibility with SoftwareSerial
static const unsigned long timeout = 5000; // 30 seconds timeout for GPS
TinyGPSPlus gps; // Create an instance of the TinyGPSPlus object
// SoftwareSerial ss(17, 16); // Set up SoftwareSerial on pins 22 (RX) and 23 (TX)
// Callback for MAX30100 on beat detection
void onBeatDetected() {
 fingerDetected = true;
// Function to reset for a new blood pressure reading
void resetForNextReading() {
 fingerDetected = false;
  bufferIndex = 0;
  bufferCount = 0;
  memset(heartRateBuffer, 0, sizeof(heartRateBuffer));
  if (!pox.begin()) {
    Serial.println("FAILED to reinitialize MAX30100 sensor");
    return;
  pox.setIRLedCurrent(MAX30100_LED_CURR_24MA);
  display.clearDisplay();
```

```
display.setCursor(0, 0);
  display.println("Place your finger");
  display.println(" & other sensors");
  display.println("to start reading.");
 display.display();
  Serial.println("Place your finger & other sensors to start reading.");
// Function to calculate and display average blood pressure
void calculateAndDisplayAverage() {
 if (bufferCount == 0) {
    Serial.println("No valid readings captured.");
    display.clearDisplay();
    display.setCursor(0, 0);
    display.println("No valid readings.");
    display.println("Try again.");
    display.display();
    return;
  int totalHeartRate = 0;
  for (int i = 0; i < bufferCount; i++) {</pre>
    totalHeartRate += heartRateBuffer[i];
  int averageHeartRate = totalHeartRate / bufferCount;
  float averageSystolicBP = BASELINE_SBP + CALIBRATION_CONSTANT_SBP *
averageHeartRate;
  float averageDiastolicBP = BASELINE DBP + CALIBRATION CONSTANT DBP *
averageHeartRate;
  float averageSp02 = pox.getSp02();
  display.clearDisplay();
  display.setCursor(0, 0);
  display.print("Avg Heart Rate: ");
  display.print(averageHeartRate);
  display.println(" bpm");
  display.print("Avg Sp02: ");
  display.print(averageSp02, 1);
  display.println(" %");
  display.print("Avg Sys BP: ");
  display.print(averageSystolicBP, 1);
  display.println(" mmHg");
  display.print("Avg Dia BP: ");
  display.print(averageDiastolicBP, 1);
  display.println(" mmHg");
  display.display();
  Serial.println("Final Average Readings:");
  Serial.print("Heart Rate: ");
  Serial.print(averageHeartRate);
```

```
Serial.println(" bpm");
  Serial.print("Sp02: ");
  Serial.print(averageSp02, 1);
  Serial.println(" %");
  Serial.print("Systolic BP: ");
  Serial.print(averageSystolicBP, 1);
  Serial.println(" mmHg");
  Serial.print("Diastolic BP: ");
  Serial.print(averageDiastolicBP, 1);
  Serial.println(" mmHg");
  delay(2000);
  // Post-reading instruction
  display.clearDisplay();
  display.setCursor(0, 0);
  display.println("Remove your finger.");
  display.println("Place it again for");
  display.println("a new reading.");
  display.display();
  Serial.println("Remove your finger. Place it again for a new reading");
  printTemperature(averageHeartRate, averageSp02, averageSystolicBP,
averageDiastolicBP);
// Initialize MPU6050
void initFallDetection() {
  Serial.println("Initialize MPU6050");
 while (!mpu.begin(MPU6050_SCALE_2000DPS, MPU6050_RANGE_2G)) {
    Serial.println("Could not find a valid MPU6050 sensor, check wiring!");
    delay(500);
 mpu.calibrateGyro();
 mpu.setThreshold(3);
  Serial.println("MPU6050 initialized successfully");
void checkForFalls() {
 Vector normGyro = mpu.readNormalizeGyro();
 float totalGyro = sqrt(normGyro.XAxis * normGyro.XAxis * normGyro.YAxis *
normGyro.YAxis + normGyro.ZAxis * normGyro.ZAxis);
 // Only check for falls if the button is not pressed (if the switch is off).
 if (!fallDetected && totalGyro > FALL_THRESHOLD) {
    fallDetected = true;
    Serial.println("ALERT: Fall detected!");
   display.clearDisplay();
```

```
display.setCursor(0, 0);
    display.println("Fall Detected!");
    display.display();
    myDFPlayer.play(1);
    if (digitalRead(BUTTON PIN) == HIGH) {
      while (digitalRead(BUTTON PIN) == LOW) {
        myDFPlayer.play(1); // Play the first track (0001.mp3)
                            // Play audio for 1 second
        delay(1000);
    sendSMS(EMERGENCY_PHONE, "Emergency Alert: Fall Detected!");
    stabilizationStartTime = millis();
  // If a fall is detected, check if the user has stabilized.
  if (fallDetected) {
    if (totalGyro < STABILIZATION_THRESHOLD) {</pre>
      if (millis() - stabilizationStartTime >= STABILIZATION TIME) {
        fallDetected = false;
        Serial.println("Stabilization complete. Fall state cleared.");
        display.clearDisplay();
        display.setCursor(0, 0);
        display.println("Stabilized.");
        display.println("Place your finger");
        display.println("to start reading.");
        display.display();
        myDFPlayer.stop(); // Stop the music only after stabilization
       resetForNextReading();
    } else {
      stabilizationStartTime = millis();
int ECGcalculation() {
  int ecgValue = analogRead(ecgPin); // Read the ECG signal from A0
 // Lead-off detection
  int loPlusStatus = digitalRead(loPlusPin);
  int loMinusStatus = digitalRead(loMinusPin);
 if (loPlusStatus == 1 || loMinusStatus == 1) {
   Serial.println("Lead off detected!");
```

```
return 0;
  } else {
    // Output the ECG value
    Serial.println(ecgValue);
    // Send values to NodeMCU using Serial3
    Serial3.print("ECG: ");
    Serial3.print(ecgValue);
    return ecgValue;
  delay(10); // Small delay for smoother serial output
// function to print the temperature for a device
void printTemperature(int averageHeartRate, float averageSpO2, float
averageSystolicBP, float averageDiastolicBP) {
 // Request temperatures from DallasTemperature sensor
  Serial.print("Requesting temperatures Hold Sensor...");
  display.clearDisplay();
  display.setCursor(0, 0);
  display.print("Requesting temperatures");
  display.print(" Hold Sensor...");
  display.display();
  delay(10000);
  sensors.requestTemperatures(); // Send the command to get temperatures
  Serial.println("DONE");
  float tempC = sensors.getTempC(tempDeviceAddress);
  if (tempC == DEVICE_DISCONNECTED_C) {
    Serial.println("Error: Could not read temperature data");
    return;
  Serial.print("Temp C: ");
  Serial.print(tempC);
  Serial.print(" Temp F: ");
  Serial.println(DallasTemperature::toFahrenheit(tempC)); // Converts tempC to
Fahrenheit
 // Send values to NodeMCU using Serial3
 Serial3.print("Body Temp: ");
  Serial3.print(tempC);
 // Serial3.print(", Room Temp: ");
 // Read room temperature and humidity from DHT11 sensor
  float temp = dht.readTemperature(); // Celsius temperature
 float hum = dht.readHumidity();
  // Check if the readings are valid
```

```
if (isnan(temp) || isnan(hum)) {
    Serial.println("Failed to read from DHT sensor!");
  } else {
    Serial.print("Room Temperature: ");
    Serial.print(temp);
    Serial.println(" °C");
    Serial.print("Humidity: ");
    Serial.print(hum);
    Serial.println(" %");
    // Send data to NodeMCU over Serial3
    Serial3.print(",Room Temp: ");
    Serial3.print(temp);
    Serial3.print(", Humidity: ");
    Serial3.println(hum);
  // Send more sensor data (e.g., averageHeartRate, averageSp02, averageSystolicBP,
averageDiastolicBP)
  Serial3.print("HeartRate: ");
  Serial3.print(averageHeartRate);
  Serial3.print(",Sp02: ");
  Serial3.print(averageSp02);
  Serial3.print(",SystolicBP: ");
  Serial3.print(averageSystolicBP);
  Serial3.print(",DiastolicBP: ");
  Serial3.println(averageDiastolicBP);
  // Check for abnormal readings
  checkForAbnormalReadings(averageHeartRate, averageSpO2, tempC, averageSystolicBP,
averageDiastolicBP);
  delay(5000);
void printAddress(DeviceAddress deviceAddress) {
 for (uint8 t i = 0; i < 8; i++) {
   if (deviceAddress[i] < 16) Serial.print("0");</pre>
    Serial.print(deviceAddress[i], HEX);
// Function to handle the button press and play sound continuously while pressed
void handleButtonPress() {
  static bool lastButtonState = LOW;
 bool currentButtonState = digitalRead(BUTTON_PIN); // Read the state of the
button
```

```
bool gpsx = false;
 if (lastButtonState == LOW && currentButtonState == HIGH) { // Button pressed
   Serial.println("Emergency button pressed. Sending SMS...");
   myDFPlayer.play(1);
    sendSMS(EMERGENCY PHONE, "Emergency Alert: Immediate assistance needed!");
   delay(1000);
    sendSMS(EMERGENCY_PHONE2, "Emergency Alert: Immediate assistance needed!");
   delay(1000);
   // Start time tracking to check for 60 seconds timeout
   unsigned long startMillis = millis();
    // Check GPS data for 60 seconds
   while (millis() - startMillis < timeout) {</pre>
      if (Serial2.available() > 0) {
        char incomingByte = Serial2.read();
        Serial.print("Received byte: ");
        Serial.println(incomingByte, DEC); // Print the raw byte received from GPS
        if (gps.encode(incomingByte)) // Decode the GPS data
         if (gps.location.isValid()) // Check if location is valid
            Serial.println("Sending Location SMS...");
           sendLocationViaSMS(); // Send valid GPS location via SMS
           // return;
                                     // Exit after sending valid location
           gpsx = true;
      } else {
        Serial.println("Waiting for GPS data..."); // Added to check if the GPS is
sending anything
    // If no valid location is found after 30 seconds, send the default location via
SMS
    // sendSMS2("Location not found. Sending default location.");
    if (gpsx == false) {
      sendDefaultLocationViaSMS();
   myDFPlayer.stop();
   display.clearDisplay();
   display.setCursor(0, 0);
   display.println("Stabilized.");
   display.println("Place your finger");
   display.println("to start reading.");
   display.display();
```

```
myDFPlayer.stop(); // Stop the music only after stabilization
    resetForNextReading();
  } else if (lastButtonState == HIGH && currentButtonState == LOW) { // Button
released
    myDFPlayer.stop();
music
 }
 lastButtonState = currentButtonState; // Update the last state
void sendLocationViaSMS() {
  String location = "Live Location: " + String(gps.location.lat(), 6) + ", " +
String(gps.location.lng(), 6);
 String message = location + " Date: " + String(gps.date.month()) + "/" +
String(gps.date.day()) + "/" + String(gps.date.year());
 sendSMS2(message);
 displayInfo();
}
void sendDefaultLocationViaSMS() {
 // Sending the default location via SMS if no GPS data is found
 String defaultLocation = "Location: 7.299093, 80.634076";
 sendSMS2(defaultLocation);
 displayDefaultLocation();
void sendSMS2(String message) {
  Serial.println("Sending Location SMS...");
  sim800Serial.println("AT"); // Test the connection
  delay(1000);
  sim800Serial.println("AT+CMGF=1"); // Set SMS text mode
  delay(1000);
  sim800Serial.println("AT+CMGS=\"+94712051203\""); // Recipient phone number
  delay(1000);
  sim800Serial.println(message); // The message to send
  delay(1000);
  sim800Serial.write(26); // ASCII code for Ctrl+Z (End of message)
 delay(5000);
                          // Give some time for SMS to send
  Serial.println("Sending SMS Completed");
void displayInfo() {
  Serial.print(F("Location: "));
 Serial.print(gps.location.lat(), 6); // Latitude with 6 decimal places
```

```
Serial.print(F(", "));
  Serial.print(gps.location.lng(), 6); // Longitude with 6 decimal places
  Serial.print(F(" Date: "));
  if (gps.date.isValid()) {
    Serial.print(gps.date.month());
    Serial.print(F("/"));
    Serial.print(gps.date.day());
    Serial.print(F("/"));
    Serial.print(gps.date.year());
  } else {
    Serial.print(F("INVALID"));
  Serial.println(); // New line
void displayDefaultLocation() {
 // Display the default location if no GPS signal is found
 Serial.print(F("Location: 7.299093, 80.634076 Date: INVALID"));
 Serial.println(); // New line
// Function to check if the readings are abnormal
void checkForAbnormalReadings(float heartRate, float spo2, float tempC, float
averageSystolicBP, float averageDiastolicBP) {
 bool abnormal = false;
 // Check if heart rate is abnormal
 if (heartRate < ABNORMAL_HEART_RATE_LOW || heartRate > ABNORMAL_HEART_RATE_HIGH) {
    abnormal = true;
    Serial.println("Abnormal Heart Rate!");
  // Check if Sp02 is abnormal
 if (spo2 < ABNORMAL_SPO2_LOW || spo2 > ABNORMAL_SPO2_HIGH) {
    abnormal = true;
    Serial.println("Abnormal Sp02!");
 // Check if body temperature is abnormal
 if (tempC < ABNORMAL_TEMP_LOW || tempC > ABNORMAL_TEMP_HIGH) {
    abnormal = true;
    Serial.println("Abnormal Body Temperature!");
 int ecgvalue = ECGcalculation();
  // Check if ECG reading is abnormal
  if (ecgvalue > ABNORMAL ECG THRESHOLD || ecgvalue == ABNORMAL ECG THRESHOLD LOW)
```

```
abnormal = true;
   Serial.println("Abnormal ECG reading!");
 if (averageSystolicBP < ABNORMAL_SystolicBP_LOW || averageSystolicBP >
ABNORMAL SystolicBP HIGH) {
   abnormal = true;
   Serial.println("Abnormal Body ABNORMAL_SystolicBP!");
 if (averageDiastolicBP < ABNORMAL_DiastolicBP_LOW || averageDiastolicBP >
ABNORMAL DiastolicBP HIGH) {
   abnormal = true;
   Serial.println("Abnormal Body ABNORMAL_DiastolicBP!");
 // If any reading is abnormal, play the sound
 if (abnormal) {
   myDFPlayer.play(1); // Play a specific sound (e.g., alert sound)
   display.clearDisplay();
   display.setCursor(0, 0);
   display.println("Abnormal readings detected!");
   display.display();
   sendSMS(EMERGENCY_PHONE, "Emergency Alert: Abnormal readings detected!");
   delay(2000);
   myDFPlayer.stop();
// Function to send SMS using the SIM800L module
void sendSMS(const char* phoneNumber, const char* message) {
  sim800Serial.println("AT"); // Test if the SIM800L is responding
 delay(1000);
  sim800Serial.println("AT+CMGF=1"); // Set SMS mode to text
 delay(1000);
  sim800Serial.print("AT+CMGS=\""); // Command to send SMS
  sim800Serial.print(phoneNumber); // Phone number
  sim800Serial.println("\"");
 delay(1000);
  sim800Serial.println(message); // Message content
  delay(1000);
  sim800Serial.write(26); // ASCII code for Ctrl+Z to send the message
  delay(5000);
```

```
Serial.println("SMS sent successfully!");
}
// Function to check if SIM800L is initialized
bool checkSIM800L() {
  sim800Serial.println("AT"); // Test if the SIM800L is responding
 delay(1000);
 // Check for the "OK" response
 if (sim800Serial.available()) {
    String response = sim800Serial.readString();
    if (response.indexOf("OK") != -1) {
      return true; // SIM800L is initialized and responding
    }
 return false; // SIM800L did not respond correctly
void setup() {
 FPSerial.begin(9600); // Initialize the serial communication with DFPlayer Mini
  Serial.begin(115200);
  pinMode(loPlusPin, INPUT); // Configure LO+ as input
 pinMode(loMinusPin, INPUT); // Configure LO- as input
  // Initialize button pin
  pinMode(BUTTON PIN, INPUT PULLUP);
  if (!display.begin(SSD1306 SWITCHCAPVCC, 0x3C)) {
    Serial.println("SSD1306 allocation failed");
    for (;;)
  display.clearDisplay();
  display.setTextSize(1);
  display.setTextColor(SSD1306_WHITE);
  if (!pox.begin()) {
    Serial.println("FAILED to initialize MAX30100 sensor");
    display.println("FAILED to initialize MAX30100 sensor");
    display.display();
    for (;;)
 pox.setIRLedCurrent(MAX30100 LED CURR 24MA);
```

```
pox.setOnBeatDetectedCallback(onBeatDetected);
 // Initialize DFPlayer Mini
 if (!myDFPlayer.begin(FPSerial, /*isACK = */ true, /*doReset = */ true)) {
   Serial.println(F("Unable to begin! Please check the connection and SD card."));
   display.println("Unable to begin! Please ");
   display.println("check the connection and SD card.");
   display.display();
   while (true) { delay(0); } // Halt the program if DFPlayer is not detected
  Serial.println(F("DFPlayer Mini initialized."));
 myDFPlayer.volume(10); // Set the volume (0 to 30)
 // Start up the library
  sensors.begin();
 // Grab a count of devices on the wire
  numberOfDevices = sensors.getDeviceCount();
  // locate devices on the bus
  Serial.print("Locating devices...");
  Serial.print("Found ");
  Serial.print(numberOfDevices, DEC);
  Serial.println(" devices.");
 // report parasite power requirements
 Serial.print("Parasite power is: ");
 if (sensors.isParasitePowerMode()) Serial.println("ON");
 else Serial.println("OFF");
 // Loop through each device, print out address
 for (int i = 0; i < numberOfDevices; i++) {</pre>
    if (sensors.getAddress(tempDeviceAddress, i)) {
     Serial.print("Found device ");
      Serial.print(i, DEC);
      Serial.print(" with address: ");
      printAddress(tempDeviceAddress);
      Serial.println();
      Serial.print("Setting resolution to ");
      Serial.println(TEMPERATURE_PRECISION, DEC);
      // set the resolution to TEMPERATURE PRECISION bit (Each Dallas/Maxim device
is capable of several different resolutions)
      sensors.setResolution(tempDeviceAddress, TEMPERATURE_PRECISION);
      Serial.print("Resolution actually set to: ");
      Serial.print(sensors.getResolution(tempDeviceAddress), DEC);
```

```
Serial.println();
  } else {
    Serial.print("Found ghost device at ");
    Serial.print(i, DEC);
    Serial.print(" but could not detect address. Check power and cabling");
dht.begin(); // Initialize DHT sensor
Serial.println("DHT11 Sensor Initialized");
sim800Serial.begin(9600); // Start communication with SIM800L module
delay(10000);
// Test the SIM800L with a simple AT command
sim800Serial.println("AT"); // Send AT command
delay(1000);
                             // Wait for a response
if (sim800Serial.available()) {
  String response = sim800Serial.readString();
  Serial.println("SIM800L Response: " + response);
} else {
  Serial.println("SIM800L did not respond.");
// Check if the SIM800L module is responding
if (checkSIM800L()) {
  Serial.println("SIM800L initialized successfully.");
} else {
  Serial.println("SIM800L initialization failed.");
Serial2.begin(GPSBaud); // Start communication with GPS at the defined baud rate
Serial.println("GPS initialization.");
// while (FPSerial.available()) {
    char c = FPSerial.read();
// Serial.print(c); // Print raw NMEA data to Serial Monitor
// Wait for GPS to send valid data
// if (Serial2.available() > 0) {
// Serial.println("\nNeo-6M GPS Module initialized successfully!");
// Serial.println("\nNeo-6M GPS Module initialization failed!");
// Serial3.begin(115200); // For communication with NodeMCU (Serial3 uses pins 14
// // Start time tracking to check for 60 seconds timeout
// unsigned long startMillis = millis();
```

```
// // Check GPS data for 60 seconds
 // while (millis() - startMillis < 50000) {</pre>
 // if (Serial3.available() > 0) {
        Serial3.println("Hello from Arduino Mega!");
       Serial.println("Hello from Arduino Mega!");
       Serial.println("Hello");
 Serial3.begin(9600); // Serial3 test
 Serial.println("Starting Serial3 Loopback Test");
 Serial3.println("Hello from Mega!"); // Send test data
 Serial.println("Sent to NodeMCU: Hello from Mega!");
 delay(1000); // Delay to slow down communication for debugging
 if (Serial3.available()) {
   String response = Serial3.readStringUntil('\n');
   Serial.println("Received from NodeMCU: " + response);
 } else {
   Serial.println("No response from NodeMCU");
 delay(1000); // Slow down for debugging
 initFallDetection();
 resetForNextReading();
void loop() {
 pox.update();
 checkForFalls();
 handleButtonPress(); // Continuously check for button presses
 static unsigned long startTime = 0;
 static bool waitingForReadings = false;
 if (fingerDetected && !waitingForReadings) {
   waitingForReadings = true;
  startTime = millis();
```

```
display.clearDisplay();
 display.setCursor(0, 0);
 display.println("Collecting readings...");
 display.println("Keep steady.");
 display.display();
 Serial.println("Collecting Readings.....Keep steady.");
if (waitingForReadings) {
 if (millis() - startTime <= 10000) { // Collect readings for 10 seconds</pre>
    float heartRate = pox.getHeartRate();
    float spo2 = pox.getSp02();
    float tempC = sensors.getTempC(tempDeviceAddress); // Get body temperature
   int ecgReading = ECGcalculation();
                                                        // Get the ECG reading
   if (heartRate > 40 && heartRate < 200 && spo2 > 70 && spo2 < 100) {
     heartRateBuffer[bufferIndex] = round(heartRate);
     bufferIndex = (bufferIndex + 1) % MAX READINGS;
     if (bufferCount < MAX READINGS) bufferCount++;</pre>
 } else {
   waitingForReadings = false;
   calculateAndDisplayAverage();
   resetForNextReading();
// ECGcalculation();
```

#### NodeMcu (ESP8266) Code

```
#define BLYNK_TEMPLATE_ID "TMPL6BcIXK908"
#define BLYNK_AUTH_TOKEN "3PLpTKpeBSAi07_7SZXcu0iCGAlKKetZ"

#include <ESP8266WiFi.h>
#include <BlynkSimpleEsp8266.h>
#include <SoftwareSerial.h>
#include <Firebase_ESP_Client.h>
#include <NTPClient.h>
#include <WiFiUdp.h>
#include <TimeLib.h>
#include "addons/TokenHelper.h"
#include "addons/RTDBHelper.h"

// Wi-Fi credentials
char ssid[] = "DARK PHOENIX";
```

```
char pass[] = "123asd07a";
// Firebase setup
#define API KEY "AIzaSyASOLXA-khPFKOGeMgyfR c8moY PAhcnY"
#define DATABASE_URL "iot-project-1639f-default-rtdb.asia-
southeast1.firebasedatabase.app/"
FirebaseData fbdo;
FirebaseAuth auth;
FirebaseConfig config;
FirebaseJson dataJson;
bool signupOK = false;
// Virtual pins for Blynk
#define V1 1 // Heart Rate
#define V2 2 // Sp02
#define V3 3 // Systolic BP
#define V4 4 // Diastolic BP
#define V5 5 // Body Temp
#define V6 6 // Room Temp
#define V7 7 // Humidity
#define V8 8 // ECG
// SoftwareSerial for Mega communication
#define NODEMCU TX D1
#define NODEMCU RX D2
SoftwareSerial MegaSerial(NODEMCU RX, NODEMCU TX);
// NTP setup
WiFiUDP udp;
NTPClient timeClient(udp, "pool.ntp.org", 0, 3600000);
unsigned long lastReceivedTime = 0;
const unsigned long noDataInterval = 5000;
void setup() {
 // Serial communication for debugging
  Serial.begin(9600);
  MegaSerial.begin(9600);
  // Blynk and Wi-Fi initialization
  Blynk.begin(BLYNK_AUTH_TOKEN, ssid, pass);
  while (WiFi.status() != WL_CONNECTED) {
   delay(1000);
    Serial.print(".");
  Serial.println("\nConnected to Wi-Fi");
  // Firebase initialization
  config.api key = API KEY;
  config.database url = DATABASE URL;
```

```
if (Firebase.signUp(&config, &auth, "", "")) {
    signupOK = true;
   Serial.println("Firebase signup successful");
  } else {
   Serial.printf("Firebase signup failed: %s\n",
config.signer.signupError.message.c str());
 config.token_status_callback = tokenStatusCallback;
 Firebase.begin(&config, &auth);
 Firebase.reconnectWiFi(true);
 // NTP initialization
 timeClient.begin();
 timeClient.setTimeOffset(19800); // Adjust for UTC+5:30
void loop() {
 timeClient.update();
 setTime(timeClient.getEpochTime());
  String currentTime = String(hour()) + ":" + String(minute()) + ":" +
String(second());
  String currentDate = String(day()) + "/" + String(month()) + "/" + String(year());
 if (MegaSerial.available()) {
   String receivedData = MegaSerial.readStringUntil('\n');
   Serial.println("Received from Mega: " + receivedData);
   lastReceivedTime = millis();
   // Parse and handle data
    if (receivedData.indexOf("HeartRate:") != -1) {
      String heartRate = receivedData.substring(receivedData.indexOf("HeartRate:") +
10, receivedData.indexOf(",SpO2"));
      int heartRateValue = heartRate.toInt();
      Blynk.virtualWrite(V1, heartRateValue);
     dataJson.add("heartRate", heartRateValue);
    if (receivedData.indexOf("Sp02:") != -1) {
      String spo2 = receivedData.substring(receivedData.indexOf("Sp02:") + 5,
receivedData.indexOf(",SystolicBP"));
      double spo2Value = spo2.toFloat();
     Blynk.virtualWrite(V2, spo2Value);
     dataJson.add("spo2", spo2Value);
    if (receivedData.indexOf("SystolicBP:") != -1) {
      String systolicBP = receivedData.substring(receivedData.indexOf("SystolicBP:")
+ 11, receivedData.indexOf(",DiastolicBP"));
      double systolicBPValue = systolicBP.toFloat();
      Blynk.virtualWrite(V3, systolicBPValue);
```

```
dataJson.add("systolicBP", systolicBPValue);
    if (receivedData.indexOf("DiastolicBP:") != -1) {
      String diastolicBP =
receivedData.substring(receivedData.indexOf("DiastolicBP:") + 12);
      double diastolicBPValue = diastolicBP.toFloat();
      Blynk.virtualWrite(V4, diastolicBPValue);
     dataJson.add("diastolicBP", diastolicBPValue);
    if (receivedData.indexOf("Body Temp:") != -1) {
      String bodyTemp = receivedData.substring(receivedData.indexOf("Body Temp:") +
10, receivedData.indexOf(","));
      double bodyTempValue = bodyTemp.toFloat();
      Blynk.virtualWrite(V5, bodyTempValue);
     dataJson.add("bodyTemp", bodyTempValue);
    if (receivedData.indexOf("Room Temp:") != -1) {
      String roomTemp = receivedData.substring(receivedData.indexOf("Room Temp:") +
10, receivedData.indexOf(", Humidity"));
      double roomTempValue = roomTemp.toFloat();
      Blynk.virtualWrite(V6, roomTempValue);
     dataJson.add("roomTemp", roomTempValue);
    if (receivedData.indexOf("Humidity:") != -1) {
      String humidity = receivedData.substring(receivedData.indexOf("Humidity:") +
9);
     double humidityValue = humidity.toFloat();
     Blynk.virtualWrite(V7, humidityValue);
     dataJson.add("humidity", humidityValue);
    // Add time and date to Firebase JSON
   dataJson.add("time", currentTime);
   dataJson.add("date", currentDate);
    // Push data to Firebase
    if (Firebase.RTDB.pushJSON(&fbdo, "SensorData", &dataJson)) {
     Serial.println("Data sent to Firebase");
    } else {
      Serial.println("Failed to send data to Firebase: " + fbdo.errorReason());
   dataJson.clear(); // Clear the JSON object for the next iteration
 if (millis() - lastReceivedTime > noDataInterval) {
   Serial.println("No data received from Arduino Mega in the last 10 seconds");
```

```
lastReceivedTime = millis();
}
Blynk.run();
}
```