ABCD Score

Used to predict the risk of stroke during the first seven days after a TIA. Researchers found there to be over 30% risk of stroke in TIA patients with an 'ABCD score' of six, as compared to no strokes in those with a low ABCD score. Can be used in routine clinical practice to identify high-risk individuals who require emergency investigation and treatment.

ABCD Score

	Risk factor	Category	Score
Α	Age of patient	Age >/= 60 Age < 60	1 0
В	B lood pressure at Assessment	SBP > 140 or DBP >/= 90 Other	1 0
С	Clinical Features presented with	Unilateral weakness Speech disturbance (no weakness) Other	2 1 0
D	D uration of TIA symptoms	>/= 60 minutes 10-59 minutes <10 minutes TOTAL	2 1 0

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For further information please contact the Media Team at The Stroke Association on 020 7566 0328 or e-mail press@stroke.org.uk.

References

Rothwell P, Giles M, Flossmann E, Lovelock C, Redgrave J, Warlow C, & Mehta Z (2005). A simple tool to identify individuals at high early risk of stroke after a transient ischaemic attack: the ABCD score. *The Lancet*; **366**:29-36.