

Filmon Y. Teka

MSN, RN



PROFILE

Highly motivated Registered Nurse and newly certified Mental Health Nurse Practitioner seeking employment with a healthcare organization that will utilize my education and offer the opportunity for professional advancement and growth. I recently graduated from Walden University in 2024 with a Master of Science in Nursing, specializing as a Mental Health Nurse Practitioner, and successfully passed the ANCC board certification exam.

SKILLSET

Throughout my years assisting and serving in various roles, I've been fortunate in being able to utilize a wide skillset to ensure product success.

Some of those skills include (but not limited to) ...

- Patient assessment (taking vital signs, health history)
- Care planning and implementation
- Emergency care skills
- Collaboration with physicians, nurses, and other healthcare professionals

LICENSURE / CERTIFICATIONS

District of Columbia RN License - RN1047017
Exp. 6/30/2026
AHA BLS CPR, ACLS.



CONTACT



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SOCIALS



Instagram
[fleto_blessed_](https://www.instagram.com/fleto_blessed_)



Facebook
[Filmon Teka](https://www.facebook.com/FilmonTeka)



LinkedIn
[Filmon Teka](https://www.linkedin.com/in/FilmonTeka)

WORK

I've had the opportunity to make an impact in awesome places.

Below are places I have worked along with some of the projects I have been fortunate to have an impact on

Current

- **Legacy Medical and Mental Clinic**
4700 Stamp Road, Temple Hills, MD 20748
 - Intern/Resident

2024 - Current

- **Supervisor**
Deanwood Rehabilitation, Washington DC

2019 - Current

- **Charge Nurse**
Sunrise Senior Living, Washington, DC



2022 - 2023

- **Supervisor**
Carrol Manor Nursing Rehabilitation, Washington DC

2021 - 2022

- **PACU RN**
Howard University, Washington, DC



2021 - 2021

- **Travel Nurse**
Stanford Medical Center, Stanford, CA



2020 - 2020

- **PACU RN-II (Travel Nurse)**
Mercy Hospital Downtown, Bakersfield, CA



2018 - 2021

- **PACU RN-II**
Sibley Memorial Hospital, Washington, DC



2017 - 2018

- **PACU/Clinical Associate**
Sibley Memorial Hospital, Washington, DC



2017 - 2018

● **Certified Nursing Assistant**
Carroll Manor at Providence Hospital, Washington DC



- Perform direct patient care under the supervision of a registered nurse.
- Assist with activities of daily living.
- Serve meals and assist residents with eating.
- Maintain a clean and safe environment for residents.
- Report any changes in resident condition to the nurse.

2016 - 2017

● **Certified Nursing Assistant**
Sunrise Senior Living at Falls Church, Falls Church, VA



- Perform direct patient care under the supervision of a registered nurse.
- Assist with activities of daily living.
- Similar duties as above, potentially with a focus on the specific needs of senior residents, such as medication reminders, dementia care, and social engagement activities.
- Participate in resident activities and programs.
- Communicate with family members regarding resident care.

2014 - 2016

● **Certified Nursing Assistant**
Westminster Village, Bloomington, IL



- Perform direct patient care under the supervision of a registered nurse.
- assist with activities of daily living.

STUDY

Mental Health Nurse Practitioner
Master's Degree
Walden University - November 10, 2024



Bachelor of Science in Nursing

Illinois State University - August 2016



Clinical Experiences:

- OSF St. Joseph Medical Center, Bloomington, IL Summer 2016
 - Leadership Dimensions of Nursing- Ortho Neuro Unit
 - Taking care of multiple patients under supervision of preceptor.
- Advocate BroMenn Medical Center, Normal, IL Spring 2016
 - CVCU, ICU and ED
- McFarland Hospital, Springfield, IL Fall 2015
 - Psychiatric Nursing
 - Worked with both acute and chronic mentally ill patients
- Colene Hoose Elementary School, Normal, IL Fall 2015
 - Pediatric and Public Health Nursing
- OSF St. Joseph Medical Center, Bloomington, IL Spring 2015
 - Maternal Infant
- Advocate BroMenn Medical Center, Normal, IL Spring 2015
 - Medical- Surgical
- Heritage Health, Bloomington, IL Fall 2014
 - Long-term Care
- Gibson City Hospital, Gibson City, IL Fall 2014
 - Acute Care

