Filmon Y. Teka

MSN, RN

PROFILE

Highly motivated Registered Nurse and newly certified Mental Health Nurse Practitioner seeking employment with a healthcare organization that will utilize my education and offer the opportunity for professional advancement and growth. I recently graduated from Walden University in 2024 with a Master of Science in Nursing, specializing as a Mental Health Nurse Practitioner, and successfully passed the ANCC board certification exam.

SKILLSET

Throughout my years assisting and serving in various roles, I've been fortunate in being able to utilize a wide skillset to ensure product success.

Some of those skills include (but are not limited to) ...

- Patient assessment (taking vital signs, health history)
- Care planning and implementation
- Emergency care skills
- Collaboration with physicians, nurses, and other healthcare professionals

LICENSURE / CERTIFICATIONS

District of Columbia RN License – RN1047017
Exp. 6/30/2026
AHA BLS CPR, ACLS.

Nurse Practitioner - NP1047017
Exp. 01/31/2028

CONTACT

Phone
(202) 684-1338

Email
filmonteka@gmail.com

SOCIALS

Instagram
fleto_blessed_

Facebook
Filmon Teka

LinkedIn
Filmon Teka

5017 13th Place NE, Washington, DC 20017

I've had the opportunity to make an impact in awesome places.

Below are places I have worked along with some of the projects I have been fortunate to have an impact on

Current

● **Legacy Medical and Mental Clinic**

4700 Stamp Road, Temple Hills, MD 20748
- Intern/Resident

2024 - Current

● **Supervisor**

Deanwood Rehabilitation, Washington DC

2019 - Current

● **Charge Nurse**

Sunrise Senior Living, Washington, DC

2022 - 2023

● **Supervisor**

Carrol Manor Nursing Rehabilitation, Washington DC

2021 - 2022

● **PACU RN**

Howard University, Washington, DC

2021 - 2021

● **Travel Nurse**

Stanford Medical Center, Stanford, CA

2020 - 2020

● **PACU RN-II (Travel Nurse)**

Mercy Hospital Downtown, Bakersfield, CA

2018 - 2021

● **PACU RN-II**

Sibley Memorial Hospital, Washington, DC

2017 - 2018

● **PACU/Clinical Associate**

Sibley Memorial Hospital, Washington, DC

Certified Nursing Assistant
Carroll Manor at Providence Hospital, Washington DC

- Perform direct patient care under the supervision of a registered nurse.
- Assist with activities of daily living.
- Serve meals and assist residents with eating.
- Maintain a clean and safe environment for residents.
- Report any changes in resident condition to the nurse.

Certified Nursing Assistant
Sunrise Senior Living at Falls Church, Falls Church, VA

- Perform direct patient care under the supervision of a registered nurse.
- Assist with activities of daily living.
- Similar duties as above, potentially with a focus on the specific needs of senior residents, such as medication reminders, dementia care, and social engagement activities.
- Participate in resident activities and programs.
- Communicate with family members regarding resident care.

Certified Nursing Assistant
Westminster Village, Bloomington, IL

- Perform direct patient care under the supervision of a registered nurse.
- assist with activities of daily living.

STUDY

Mental Health Nurse Practitioner
Master's Degree
Walden University - November 10, 2024

5017 13th Place NE, Washington, DC 20017

Bachelor of Science in Nursing
Illinois State University - August 2016

Clinical Experiences:

- **OSF St. Joseph Medical Center, Bloomington, IL Summer 2016**
  - Leadership Dimensions of Nursing- Ortho Neuro Unit
  - Taking care of multiple patients under supervision of preceptor.
- **Advocate BroMenn Medical Center, Normal, IL Spring 2016**
  - CVCU, ICU and ED

- **McFarland Hospital, Springfield, IL Fall 2015**
  - Psychiatric Nursing
  - Worked with both acute and chronic mentally ill patients

- **Colene Hoose Elementary School, Normal, IL Fall 2015**
  - Pediatric and Public Health Nursing

- **OSF St. Joseph Medical Center, Bloomington, IL Spring 2015**
  - Maternal Infant

- **Advocate BroMenn Medical Center, Normal, IL Spring 2015**
  - Medical- Surgical

- **Heritage Health, Bloomington, IL Fall 2014**
  - Long-term Care

- **Gibson City Hospital, Gibson City, IL Fall 2014**
  - Acute Care