

## Project Initialization and Planning Phase

Date	21 July 2024
Team ID	SWTID1720601299
Project Name	Nutrition App Using Gemini Pro : Your Comprehensive Guide to Healthy Eating and Well-being
Maximum Marks	3 Marks

### Define Problem Statements (Customer Problem Statement Template):

The journey to maintaining a healthy diet and achieving wellness goals presents significant challenges, impacting individuals' overall satisfaction and well-being. Users often struggle with the lack of personalized dietary recommendations that align with their unique preferences, health conditions, and fitness objectives. These difficulties result in suboptimal eating habits and hinder goal achievement, potentially affecting trust in dietary guidance.

To enhance user experience and improve satisfaction, we aim to address these pain points. By understanding users' specific frustrations and implementing tailored solutions, we can create an efficient, user-friendly app that meets expectations and fosters a positive relationship with our brand.

Customer Problem Statement Template

I am	I'm trying to	But	Because	Which makes me feel
An individual seeking to maintain a healthy diet and achieve wellness goals.	Receive personalized dietary recommendations.	I have unique dietary preferences, health conditions, and fitness objectives.	Generic advice does not cater to my specific needs.	Frustrated and uncertain about achieving my health goals.

<b>Problem Statement (PS)</b>	<b>I am (Customer)</b>	<b>I'm trying to</b>	<b>But</b>	<b>Because</b>	<b>Which makes me feel</b>
PS-1	An individual seeking to maintain a healthy diet and achieve wellness goals.	Receive personalized dietary recommendations.	I have unique dietary preferences, health conditions, and fitness objectives.	Generic advice does not cater to my specific needs.	Frustrated and uncertain about achieving my health goals.