



THE UNIVERSITY OF NORTH WEST HIMALAYAS

DEHRADUN

Ref:

Date: 21/6/2025

Subject: Observance of International Yoga Day – 21st June 2025

The North West Himalayas University is pleased to share that it will be observing International Yoga Day on 21st June 2025 as a symbolic celebration of health, harmony, and holistic well-being.

As an institution committed to nurturing body, mind, and spirit, we stand in alignment with the global message of “Yoga for Self and Societ”

With Regards,
The University of North West Himalayas