



JUNE 2018



The Muse

MIDWEST UNITARIAN UNIVERSALIST SUMMER ASSEMBLY

www.muusa.org Trout Lodge, Potosi, Missouri

PRE-CAMP SPECIAL EDITION

Welcome to Summer Assembly! Sunday July 1- Saturday July 7, 2018

*An annual intergenerational Unitarian Universalist
retreat for fun, fellowship, and personal growth*

The Muse is your source of daily information and events at MUUSA. Your Planning Council has prepared this special edition of *The Muse* to help you prepare for camp. Please read it carefully even if you have attended MUUSA before. Inside, you'll find information on:



- What to bring
- Check-in
- Getting settled into your lodgings
- Youth programming
- Activities and how to plan your day
- *The Unofficial and Very Important Guide to Camp Lingo*

And more! As we say at camp, “See you next week!”

—Bill Pokorny 2018, President, wrpokorny@gmail.com

Please arrive between 2:00pm and 4:30pm on July 1st so that you can complete check-in before 5:00pm.

If you arrive early, we ask that you wait to unload your belongings until you have confirmed that your room is available. Most rooms and cabins are not likely to be available before 3:30pm this year.



He attended this
camp as a kid—and
now he's the theme
speaker! WOW!



Packing

What should I pack?

Teens and Adults

- Sturdy walking shoes
- Beach shoes
- Casual clothing (shorts, tops, undergarments)
- Long pants for horseback riding, hikes, or chilly evenings
- Rain jacket or umbrella
- **Reusable water bottle (to minimize plastic cup use!)**
- **Reusable coffee mug (to minimize Styrofoam cup use!)**
- Swim suits
- Beach towels
- Sunscreen
- Sunglasses
- Bug repellent
- Toiletries
- Musical instruments/music
- Note pad/journal/pens
- Book
- Flashlights
- Camera
- Art, craft supplies for leisure
- Your church banner
- Cooler
- Country line dance costume
- Wine corks (the Meditative Mandalas workshop needs them)
- A smile and a willingness to meet new friends



Children in Children's Program

- Sturdy walking/closed-toe shoes
- Shorts, tops, undergarments
- Long pants for horseback riding
- Swim suits
- 10+ year olds: Clothes that can get very dirty and tightly-fitting shoes for the Mud Cave
- A smile and a willingness to meet new friends

Each day pack a tote or backpack/ everything labeled with:

- Beach shoes
- Rain jacket
- Swim suit
- Reusable water bottle
- Beach towel
- Sunscreen
- Sunglasses
- Bug repellent

Children in Nursery

- Extra diapers and set of clothing
- Bottles of milk or formula, if needed

What do I need to bring for my room?

- Rooms are supplied with bed linens, bath towels, blankets, soap. Please bring your own toiletries.
- Food in the Dining Hall is plentiful but feel free to bring snacks and beverages for evening gatherings and coffeehouse. Bring a travel mug to carry coffee out of the Dining Hall.
- Please note that alcohol is only permitted in designated areas and private patios/cabins; no alcohol at all is allowed in the Camp Lakewood side of the property.
- Games (MUUSA also supplies board games and puzzles).
- Jane McLeod is the Trout Lodge liaison. Please contact her if you have special needs. (janemcleoduu@gmail.com).

Arrival Sunday



Photo: ymcaoftheozarks.org

When should I arrive?

- Arrival at MUUSA is a busy time; a number of very important activities happen on Sunday.
- PLEASE arrive between 2:00pm and 4:30pm.
- If you arrive early, we ask that you not unload your luggage before confirming availability of your room; Trout Lodge will be heavily occupied the day before MUUSA; most rooms will not be available until after 3:30pm.
- Check-in is open 2:00pm until 5:00pm with limited service from 5:00-7:00pm.
- Park in the upper lot across from Trout Lodge upon arrival. Volunteers will direct you to check-in.

How do I check-in?

- Head to Mallard Rooms 1-3 (two flights *down* from Trout Lodge Lobby). Regular check-in will be open from 2:00-5:00pm. Between 5:00-7:00pm, Check-in will still be open but no program representatives or merchandise will be available.
- Check in, pick up an information packet, get your name badge, pay any outstanding balances (*personal check preferred*), get your camper bracelet.
- Review your workshop sign-ups.
- Check in children at children's table.
- Teens check in at Junior High Table (Meyer) or at Senior High School Table (Burt).
- Decorate your name badge.
- Peruse MUUSA Merchandise.



Photo: Jane McLadd

If you are in Trout Lodge:

- Retrieve your car and park in front of the Lodge while unloading.
- After unloading, park back in upper lot.

If you are staying in a Cabin:

- You may drive to your cabin, unload, and then park near your cabin.

Where do teens go?

- If you have teens in the Jr. and/or Sr. High programs, you may drive over to their lodgings to drop off their belongings after checking in.
- **Important: teens stay with parents or sponsors until after Opening Celebration.**

What if my room isn't ready?

- Please be patient.
- Enjoy the beachfront, visit the Arts & Crafts center, play mini-golf, introduce yourself to campers.
- Children's swim tests are offered at the beachfront every hour on the hour.
- Dinner is open from 5:15pm - 7:30pm.

Note for Late Arrivals

If you arrive after 7:00pm,
Check in with Sara Teppema at the
Welcome Party beginning at 8:45pm.



The fun begins on Opening Night!

- Opening Celebration in Hillcrest, 7:45pm-8:45pm.
- The Opening Celebration will include a special inauguration of the new MUUSA banner. Please bring your church banner for the banner parade. This may be a challenge because some banners may have been at General Assembly the week before camp. Make arrangements now with your GA delegates to get the banner so your church can be represented in our parade. Bring your banner, with the poles, to Hillcrest at 7:30pm and select your banner carrier.
- All Camp Welcome Party, 8:45pm-10:15pm, at the Pavilion. Welcome new campers and greet old friends. Try Mehndi painting and join in the World Music dance at 9:15pm.

Special Sunday Parent and Sponsor Meetings

Mandatory: please plan on attending.

Children's Program Parent and Sponsor Meeting

6:00pm - 6:30pm

Junior High Parent and Sponsor Meeting

6:35pm - 7:05pm

High School Parent and Sponsor Meeting

7:10pm - 7:40pm

All parent/sponsor meetings are at the Pavilion.

New to MUUSA?

Please join other newcomers for dinner on Monday in Mallard 1-2 at 6:00pm.

At the end of dinner, we will invite newcomers and other campers to sign up for MUUSA Chalice Groups. Chalice Groups meet a few times during the week for dinner discussions, Coffeehouse, Vespers, ice cream, or other activities of their choice. Campers in their first few years of attendance are especially encouraged to participate but all are welcome! See the Sunday Muse for details.



YAS!

Special Note for Young Adults

- Welcome! There are a number of special meetings and gathering times for young adults.
YA meeting (Sunday 9:45pm-10:30pm) at the Teepee: this is your time to meet other YAs.
- The common room in Lakewood Cabin #16 (where several YAs will lodge), is the “unofficial” hangout of young adults.
- YA “Proch” Party, Friday 7:00-9:00pm, on the Deck.
- YAs attend workshops, events, and excursions of your choice.

How should I organize my days?

Many campers:

- Attend Morning Celebration.
- Take one or more workshops.
- Enjoy the beachfront.
- Take watercraft out on Sunnen Lake.
- Attend one or more Vesper services.
- Attend one or more Intergenerational activities.
- Attend one or more Coffeehouses.

You do not have to do any of those things (although they are all pretty great). You can tailor the week to your preferences!

- Be sure to hydrate regularly and get enough rest. Bring a water bottle.
- Pace yourself so that you can have fun all week.
- Relax and have some quiet time when you need to.



Photo: Roger Easley

Intergenerational Activities

- The Tent—all day informal gathering in central camp; drop by and sit a while.
- Morning Celebration with Rev. Nic Cable
- Beachfront—swimming, water slide, boating!
- Labyrinth
- Archery
- Ultimate Frisbee
- Volleyball
- Mini-Golf
- Country Line Dance
- Geneva Square—all ages playtime (e.g., face painting, balloons, and more)
- Drop in Craft Center—tie dye, beading, ceramic painting, and more
- Club MUUSA: Tuesday and Friday
- Horseback Riding (sign up at Country Store)
- Zipline (sign up at Country Store)
- 4th of July Parade
- Special Intergenerational Coffeehouse
- Contra Dance featuring Techno-Contra
- Intergenerational pun-off



Photo: Eve Loftman Cusack



Photo: Roger Easley

And there's more!

- Camper Art Fair
- Bookstore
- 5K Walk/Run
- Burt Pie Toss
- Meyer Cornstarch

Babysitter info

Do you love MUUSA kids? Do you have MUUSA kids? Would you like to earn a little extra cash at camp or would you like to pay someone to watch your kids? We will maintain a list of “people looking for sitters” and “people offering babysitting services” at the Front Desk. Want more info? Contact Diane Loupe at d loupe@mindspring.com.

Frequently Asked Questions

Is MUUSA Green?



- MUUSA Verde is our at-camp recycling initiative.
- This year, we are making extra efforts to reduce plastic and Styrofoam cups use. Make sure to bring reusable water bottles and coffee mugs.
- Bins are provided for cans, plastic bottles, and plastic cups.
- Glass must be "packed out."

How can I get around at camp?

- We encourage campers not to drive on campus during the week.
- Trout Lodge will provide a 15-passenger van for trips between the Lodge, Hillcrest, and the Chapel in the morning, midday, and evening.

Whom do I contact about the Memorial Service?

- To honor a former camper who passed away during the last year, please send the camper's name, date of death, a short biography, and a digital photo, if available, by **June 15th** to Barbara Robinson: ubarb@gmail.com.
- The Memorial Service will be held during Wednesday Vespers at 7:00pm. There will be an opportunity to honor others we have lost this year.

Are there gender neutral bathrooms at camp?

The MUUSA Planning Council has worked with Trout Lodge to designate bathrooms at the following locations as gender neutral: 2nd floor Lodge, Hillcrest, the Boat-house, the Pavilion, and the Ranch. We regret that gender neutral bathrooms are not yet available in North Hall. The Planning Council encourages campers who are affected by this policy to contact the Trout Lodge liaison, Jane McLeod (janemcleoduu@gmail.com) to discuss how MUUSA can best address their needs.

What options are available for people with hearing aids or cochlear devices?

There is a loop hearing system in Hillcrest. Those who would benefit should sit in the middle section at Hillcrest for optimal sound quality and switch their hearing device to T, T-Coil or Telephone setting.

What if I have other special needs?

Our Inclusion Coordinator, Karen Seymour-Ells, is available to work with you: karen@karenworks.com.

More Frequently Asked Questions

When are meals?

- Breakfast: 7:15am - 9:30am
 Lunch: 11:15am - 1:30pm
 Dinner: 5:15pm - 7:30pm



Trout Lodge meal

How does the Dining Hall work?

- Enter through the door near the Lodge front desk.
- Sit anywhere you like. Sit with people you don't know: make a new friend.
- There is a separate children's buffet although children are welcome to take food from the main buffet.
- There are choices for omnivores, vegetarians, and vegans at every meal.
- Do you have dietary restrictions? Need almond milk or soy milk? Gluten-free bread? Contact Jane McLeod (janemcleoduu@gmail.com) by June 15th.
- Please take only what you plan to eat to avoid waste.
- Need help balancing kids and trays?

Ask a Trout Lodge staffer—they are happy to help—as are fellow campers!.

Weather permitting, take your lunch out to the Deck (bring your dishes back in!).

When does MUUSA 2018 end?

Formal MUUSA activities end on Saturday morning with Closing Celebration (9am-9:30am or so). Burt and Meyer youth must be picked up by 10:00am. Campers must be out of their rooms by 11:30pm but are welcome to stay for lunch (covered by your camp fee) and take advantage of Trout Lodge activities all afternoon.

Money Matters

All costs of the week are covered by your camp fee. Some campers bring cash or checks for things like MUUSA items (e.g. t-shirts, neck wallets), the Camper Art Fair, the MUUSA Bookstore, the Craft Center, bidding at the Burt Pie Toss, and the Trout Lodge staff gratuity at the end of the week.

Please consider pre-paying by sending payment by June 15th or paying online with PayPal by midnight, Sunday June 25th. Mail payment to MUUSA, Inc., 423 Waiola Ave., La Grange Park, IL 60526.

Adult Activities

Workshops

Discuss, sing, move, perform, create, write, and more. Please be sure to sign up for Workshops online.

Vespers

- Monday: *Earth Awakening*. Join the circle as we call directions and all that is holy. We will offer song and prayer for our MUUSA community, ourselves, and the world at large. Led by Eric Hinkle.
- Tuesday: *Dances of Universal Peace* (Sufi Dancing) Dances of Universal Peace are short circle dances done to music that we sing. All dances and songs are taught. No experience necessary. You will leave this vespers feeling relaxed and connected with fellow campers. Led by Ruellen Fessenbecker.
- Wednesday: *Camp Memorial Service*
- Thursday: *Burt-led Vespers*
- Friday: *TBA, led by Erik Gunn.*

Dinner Discussions

Share dinner and small-group discussion with fellow campers. Held Monday-Friday in a Mallard 1+2 and 4. Topics include: Newcomer Welcome, March to the Polls, Choose Kind, What Makes Poetry Good, Humor in Challenging Times, FOMO at MUUSA: Getting More of What You Want This Week, Beer Choir, and Refusing to be Complicit in White Supremacy in UU Churches. Check the Sunday Muse for info on signing up.



Coffeehouse

- M-F from 9:00pm-11:00pm.
- Share your talents with a welcoming audience: sing, tell jokes, read poetry, dance—or sit back, relax, and enjoy the show!
- Special Intergenerational Night (youth performances) on Wednesday.



Photo: Roger Easley

Other Events and Activities of Note

Service Project

Give back to our summer home by helping Trout Lodge update and maintain the Pumpkin Patch. Morning and afternoon shifts will be available. See the Sunday Muse for details!

Special Excursion—Huzzah!

Tuesday River Float Trip. Sign up online or contact Veronica Colegrove at vcolegro@gmail.com.

Late Afternoon Movies

Relax with fellow campers while watching a movie. Movies will be shown Tuesday-Thursday from 4-6pm in Mallard 4. *Come Sunday*, *Wonder*, and *This Is Spinal Tap* are currently scheduled.

Wednesday Late-Nite Vespers

11pm-midnight on the Deck. Meyer, Burt and our YA community have a long tradition of offering late night Vespers as a special sacred bonding time. We will share that experience with adult campers this year with a special one-night late-nite adult vespers. Please join as we commune as one in the night.

Holly Jamison 5K Walk/Run

Join fellow campers on Thursday at 7am for the 8th Annual MUUSA 5K, now named in honor of its indomitable founder, Holly Jamison. Prizes for everyone!



Bookstore

Hours:

M, Th, F Noon-6:30pm; T Noon-4:30pm.

Art Fair Wine & Cheese Reception: T 7:45-9:00pm.

Camper Art Fair: W 10:00am-7:00pm.

Group Meetings

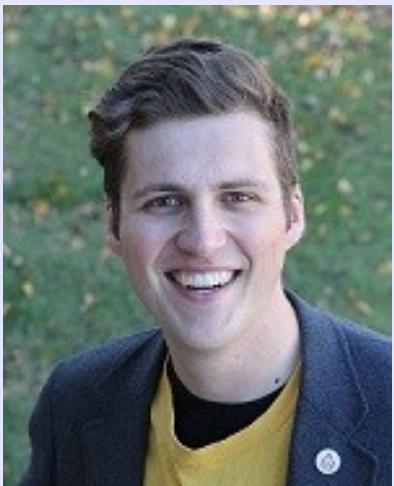
Alanon, T and Th 5:00pm-6:00pm.

12-Step, M-F 6:30pm-7:30pm.

Interweave, M-F 7:45pm-8:45pm.

These meetings are volunteer-led. Please contact Jane McLeod at janemcleoduu@gmail.com if you are interested in volunteering.

Morning Celebrations: Living Between Worlds



As Unitarian Universalists, it can sometimes feel like we are living between worlds. We long to live in a world grounded in core values of justice and compassion, of inclusion and multiculturalism. And yet that world is not yet here. How do we live in that liminal space between where we are and where we long to be, whether in our personal lives, our family and work lives, our congregational lives, or our civic lives? Furthermore, how can MUUSA be a vehicle for dreaming and scheming a way forward as we seek to bring about a truer embodiment of the Beloved Community, one that might exist not just one week a year, but all the time?

Monday: See You This Week!

Throughout this week, we will be filling our MUUSA backpacks with tools for the journey ahead. We begin with one of the most precious gifts that we first received before we could even speak: the power of Imagination!

Tuesday: Catching Sight in the Storm

Our world is fractured and the storm clouds feel heavier in recent years. This morning, we will harness the power of courageous love to not only catch sight in the storm, but to also rediscover our hidden wholeness in the world.

Wednesday: Total Eclipse of the Heart

MUUSA is a sacred place and sometimes it is hard to explain just how meaningful it is. But we must! When we get to the heart of the matter. What are the values that hold our community together? Let's find out!

Thursday: MUUSA

With Imagination, Courageous Love, and our Core Values, could you even begin to think of what MUUSA will be like ten years from now? As we build the world we dream about, how will camp be a part of that unfolding?

Friday: Be Ours a Religion

The end is near! The end of another week at MUUSA. How can we approach the year in ways that are fulfilling and enjoyable? Perhaps there is a thread we can follow that will draw us out into the world and back

About Our Theme Speaker

Rev. Nic Cable is a lifetime Unitarian Universalist who grew up in Milwaukee, WI. Having attended MUUSA and formerly LGSA for about 20 years, Nic has previously served as Burt Co-Representative (2005) and Young Adult Co-Representative (2008-2010) to the Planning Council. He graduated summa cum laude from DePaul University (2011) with a double major in Religious Studies and Peace, Justice, and Conflict Resolution Studies, and then Chicago Theological Seminary (2014) with a Master of Divinity. He has received Fellowships from the Interfaith Youth Core (2010) and the Fund for Theological Education (2012). Nic has served Unitarian Universalism at the congregational, regional and national level, including working for the Unitarian Universalist Association in Stewardship and Development (2013-2015), the UU Church of Greater Lansing (2013-2016), and Unity Church-Unitarian (2016-2017). In 2017, Nic was called as the settled minister of the UU Congregation of Columbus, Indiana. He feels grateful to return to MUUSA for a year of imagination and connection with a religious community that shaped his call to ministry.

How to Start your MUUSA Journey

- Pack the car, realize you packed way too much, unpack and remove 50% of your clothing; repack the car.
- Check directions on www.muusa.org or on the last page of this newsletter; your GPS may steer you wrong.
- Non-driving passenger— take picture of St. Louis Arch though window.
- Stop at Dickey Bub in Potosi for the stuff you realized you forgot to pack.
- Stop at Walmart for stuff that Dickey Bub doesn't sell.

| | |
|----------|--|
| 3:00 PM | |
| 3:30 PM | |
| 4:00 PM | CHECK-IN 2:00pm-5:00pm Mallard 1-3, 2nd Floor—Lodge Late check-in available until 7:00pm. After 8:45pm, Check-in at Welcome Party |
| 4:30 PM | Children's Program Staff Meeting— Meeting Room 6 Bookstore Volunteers Meeting— Meeting Room 7 4:00pm |
| 5:00 PM | |
| 5:30 PM | |
| 6:00 PM | Children's Program Parent Meeting 6:00pm-6:30pm Pavilion |
| 6:30 PM | Junior High Parent Meeting (Meyer) 6:35pm-7:05pm Pavilion |
| 7:00 PM | Senior High Parent Meeting (Burt) 7:10pm-7:40pm Pavilion |
| 7:30 PM | Workshop Leaders & Liaisons Meeting 6:45pm-7:15pm Hillcrest Porch |
| 8:00 PM | OPENING CELEBRATION 7:45pm-8:45pm Hillcrest |
| 8:30 PM | Bring your church banner to Hillcrest 7:30pm |
| 9:00 PM | WELCOME PARTY AT THE PAVILION 8:45pm-10:15pm Refreshments Mehndi Painting |
| 9:30 PM | World Dance Party begins at 9:15pm |
| 10:00 PM | St. Vincent's Café (Games) Meeting Room 7 9:00pm-11:00pm |
| 10:30 PM | Young Adult Meeting 9:45-10:30pm |
| 11:00 PM | Teepee |
| 11:30 PM | |
| 12:00 AM | |

Sunday

| | |
|----------|---|
| 6:00 AM | |
| 6:30 AM | |
| 7:00 AM | |
| 7:30 AM | BREAKFAST 7:15am-9:30am |
| 8:00 AM | |
| 8:30 AM | |
| 9:00 AM | MORNING CELEBRATION 8:45am-9:45am |
| 9:30 AM | |
| 10:00 AM | |
| 10:30 AM | |
| 11:00 AM | |
| 11:30 AM | |
| 12:00 PM | LUNCH 11:15am-1:30pm |
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| 11:30 PM | |
| 12:00 AM | |

EARLY MORNING ACTIVITIES

Sunrise workshops
Early coffee Early swim

MORNING ACTIVITIES

Nursery and Preschool Program 8:30am-Noon
Children's Program 9:00am-Noon
Morning Workshops 10:00-11:50am

EARLY AFTERNOON ACTIVITIES

Nursery and Preschool Program 1:30pm-3:45pm
Children's Program 1:30pm-3:45pm
Early afternoon workshops 1:45pm-3:35pm

LATE AFTERNOON ACTIVITIES

4:00pm-5:30pm
Late Afternoon Workshops
Late Afternoon Movies (T-Th)
Volleyball

Alanon T, Th 5:00pm-6:00pm
12-Step M-F 6:30pm-7:30pm
Interweave M-F 7:45pm-8:45pm

EARLY EVENING ACTIVITIES

Geneva Square 6:30pm-7:30pm
Sunset Workshops 7:00-8:50pm
Vespers 7:00pm-7:30/7:45pm
Intergenerational Activities 7:45pm-9:00pm
Ultimate Frisbee 7:00pm-9:00pm

EVENING ACTIVITIES

9:00pm-11:00pm
Coffeehouse (M-F)
Club MUUSA (T, F)
St. Vincent's Café (M-F)

Monday — Friday

Especially for First-Time Campers!

Unofficial Very Important Camp Lingo Guide

This list is non-exhaustive, and subject to change. Enjoy!

APC: The Adult Program Committee of the Planning Council; organizes all adult activities and workshops; members get a lot of steps every day.

Arts & Crafts Center: Trout Lodge drop-in center full of fun crafts (nominal fee) like tie-dye, beading, ceramic painting, model building, jewelry-making, and more. It's air conditioned, quiet, and a great way to reconnect with a child after workshops and the children's program. Also fun for adult friends to sit, create, and chat.



Beer Choir: It's simple. We sing while drinking beer. Offered as a dinner discussion this year.

Burt: The name of the High School Youth Group—a name honored since MUUSA's roots at Lake Geneva Summer Assembly; also Burtoid: a member of Burt, who will be happy, but sleep-deprived and may or may not acknowledge a parent or sit with you at mealtimes.



Photo: Roger Easley

Burt Pie Toss: A Burt fundraiser in which people, usually parents and siblings, pay to squish a "pie" (typically whipped cream) into the face of the Burtoid. Held on Friday.

Chapel: A chapel down the road. Workshops and Meyer and Burt dances take place here.

Choir aka Awesome Choir: A Workshop and the choir for the week; sings for Morning Celebration; led by the Awesome Pam Blevins Hinkle, accompanied by the Awesome Bonnie Ettinger.



Club MUUSA, Nighttime DJ and Dancing—a name honoring MUUSA's roots at Lake Geneva Summer Assembly; takes place Tuesday (Pavilion) and Friday (Chapel) from 9-11pm.

Coffeehouse: Camper performers of all ages sing, act, read, and entertain. Give it a try!

Contra, aka Contra Dance: A workshop in the morning, and also an Intergenerational Dance Party on Wednesday night for the whole camp; also Techno-Contra, in which contra dancers let loose and lights are used for fancy effects.

Photo: Roger Easley

Country Store (formally, Waterwheel Country Store): Trout Lodge store where you can sign up for fee-based Trout Lodge activities and buy delicious ice cream cones. They may sell other things too but we only remember the ice cream. Youth are often spotted at the tables on its patio...eating ice cream.



Deck: Lakeside large deck overlooking the lake. If we bus our dishes promptly, a place we will be allowed to eat lunch.

Dickey Bub: Potosi hardware and sundries store. We love Dickey Bub. Good for forgotten soccer balls, chairs, flashlights, sunglasses, flip flops.

Dinner Discussions: Just as it sounds: an opportunity to discuss topics of the day with other campers while eating dinner. Sign-up at the front desk by noon each day.

Finding Tiny Treasures: Mysterious campers hide tiny giraffes, flamingos, tigers, and other tiny treasures around camp. If you find one, consider yourself an excellent sleuth.



Photos: above and center—Roger Easley, right—Ruth Elliott

Funyak, at the Beachfront: Like a kayak but made of plastic and fun for all ages; wear a swim suit—you will get soaked, which is mostly the point.

Geneva Square: A name carried over from our previous home at Lake Geneva. Early evening fun at The Pavilion for all ages; includes bubbles, face painting, balloon animals, and more! Fun even though the name doesn't make any sense.

Hillcrest: The building past the beachfront and up the hill; this is where Morning Celebrations, and some Intergenerational Events, Vespers, and Workshops happen. The MUUSA Annual meeting is held there on Thursday.

Hush Puppies: A delicacy that only happens once a week; the best balls of fried cornbread in the country.

Huzzah: The name of the river where the float trip is held. Also something that campers say with enthusiasm just because it is fun.

Knitters: People who knit—everywhere—at Morning Celebration, in workshops, on the patio overlooking the lake, on the deck, on the grass. We welcome knitters and yarn of all worsted weight varieties, color, and content.

Lake, aka Sunnen Lake: A place for swimming, sitting, sleeping, sliding down the water slide, swinging on the tire swing, playing inside Zorb balls, taking out a sailboat, canoe, funyak, paddleboat, or inner tube; also—central camp landmark, sandy beach for playing, and community sunshine fun. Beachfront is open from 9am-8pm daily, weather permitting.

Lobby: The fourth floor of Trout Lodge. The entrance from the roadside is the fourth floor; the entrance from the lakeside is the first floor. It's confusing, but it will make sense by Wednesday. Houses the front desk, a nice fireplace to sit near (no, there won't be a fire lit), and the entrance to the Dining Hall.

Mallard: Aka the Mallards, Mallard 1, 2, 3, 4; location of Check-in on Sunday, Workshops, Bookstore, and Art Fair; on the 2nd floor of the Lodge.

Meyer: The name for the Junior High School group—name honored since MUUSA's roots at Lake Geneva Summer Assembly; also, Meyerite—a teen affiliated with Meyer. See “Burt” above for typical behavior.

Meyer Cornstarch: This is a Friday afternoon mystery that campers must experience for themselves...if it happens. The availability of cornstarch varies from year to year.

Morning Celebration: Every morning sermons by our theme speaker, story for all ages, Awesome Choir, fellowship, singing and spontaneous whoops and dancing. Takes place in Hillcrest.

Muse: Daily newsletter that is your source for everything happening every day. Pick it up just inside the Dining Hall door at dinner each night. Instructions for submitting information available in the Sunday MUSE.

Music Stands: Needed for two workshops. If you have one, please bring it along. You can drop it off at Check-in.

MUUSA Toes: Some campers like to arrive at camp after group pedicures; typically each toe is painted a different color. See photos posted on Facebook the day before camp (and on previous page)!

Photo: Bonnie Ettinger



Some say “MewSa.”
Some say “MooSa.”
Either way,
it’s our week.
Enjoy!

Napping Workshop aka Napshop: Spontaneous, self-led, and highly recommended. Multiple locations including Trout Lodge sofas, beach chairs, cabins, and lodge rooms.

Noodle Horse Races: Hop onto a pool “noodle” and race across the swimming area as if you are riding a horse. Just because you can.

Omsbuddy: Nickname for Ombudsman, a position of the Planning Council who makes sure camp rules are respected; mediates if needed; all around sensible person.

Paddleboat: Foot-powered boat for two—at the Lake. Racing encouraged.

Patio: Outside of Meeting Room 5—enjoy rocking chairs, ping pong table, the Knitters, musicians, kids; a nice shady spot with a great view of the lake.

Pavilion: The covered, open-air building up the hill opposite the Beachfront; the Welcome Party, dances, Workshops, Geneva Square, and some Children’s program events happen here, as do the Sunday Parent Meetings and daily pick up and drop off for the Children’s program. Sometimes, there is drumming.

PC: Planning Council—Made up of the APC, plus the Omsbuddy, Treasurer, Registrar, Secretary, Children’s Program, Burt, and Meyer leaders. They wear snazzy sashes that are the envy of all. If you join the Planning Council, you can wear a snazzy sash too! Please thank them for all they do, and feel free to ask them any questions you wish.

Pie: At every lunch and dinner. Really. It’s awesome. You’ll hear a lot about pie.

Plastic cups: Offered at water drops. Because they create a lot of trash, and because MUUSAns aspire to care for the earth, we encourage campers to use their own water bottles when possible, and dispose of plastic cups in recycling bins.

Pontoon Boat: Take a guided lake tour on the very peaceful pontoon boat. Also offered, Ice Cream Float and Pirate Pontoon.

Proch: A long time ago, a hard-working newsletter editor spelled “porch” wrong. Proch is a reference to that micro-blunder and refers to a Porch Party and/or a gathering of MUUSAns. As used in a sentence: “Come to our Proch.”

“See you next week”: MUUSAAns don’t say “goodbye” at the end of a wonderful week—we say “See you next week.” We say it all year long. Again and again. Hilarity ensues when camp really is only one week away.

Service Projects: MUUSA projects at camp to offer service to Trout Lodge. This year: working in the Pumpkin Patch!

St. Vincent’s Café: The 2nd floor lounge area of the Trout Lodge, named for a beloved former camper, has games and puzzles set out all week for your use. After 9:00 pm game time moves to Meeting Room 6 for adult games like Wizard and Poker.

Styrofoam cups: Used in the past by campers to take coffee out of the Dining Hall. In the interest of environmental sustainability, we encourage campers to bring a travel mug instead!

Sunnen Lake: The Lake has a name and you can paddleboard on it. (See photographic evidence below.)



It's true. "See you next week" is really a thing.



Photos: Roger Easley

Teepee: Location uphill from the entrance of Trout Lodge, roadside. Look up! You’ll see it. It is a fully functional building with air-conditioning. Some workshops take place here.

The Lodge, aka Sunnen Center: The building where lodgings, the Dining Hall, and meeting rooms reside. (**Trout Lodge YMCA** is the name of the entire property.)

The Tent: The Tent in the center of camp, uphill from the Beachfront, and beside the Volleyball Court. Sit and relax, chat, meet up with old friends, make new friends. Drop by for impromptu crafts or start your own. Feel free to leave your beach chairs under the tent for the week and enjoy this space any time of the day or night, but please keep use of alcohol to your private balcony or porch.

Ultimate: Like soccer but with a disc. Every night—all ages.



Walk the Labyrinth! Built by MUUSA.

Photo: Lee Goss

Vespers: A spiritual end to the day, after dinner, led by campers.

Wine corks: In demand by the Meditative Mandalas workshop. We’ll have a collection bucket at check-in!

YAs, YYAs: Young Adults (21-35), and Young, Young Adults (18-20).

For news between now and July, join two Facebook pages
Trout Lodge—MUUSA (social)
MUUSA (official announcements)

Have something to add? The MUSE will be taking submissions during camp; e-mail to 2018 Muse Editor Hannah Davis at golwyg@gmail.com. If you have further questions please contact Sara Teppema (registrar@muusa.org).

How do I get there?

DRIVING DIRECTIONS

YMCA Trout Lodge address: 13528 State Highway AA, Potosi, MO 63644 1-888-FUN-YMCA

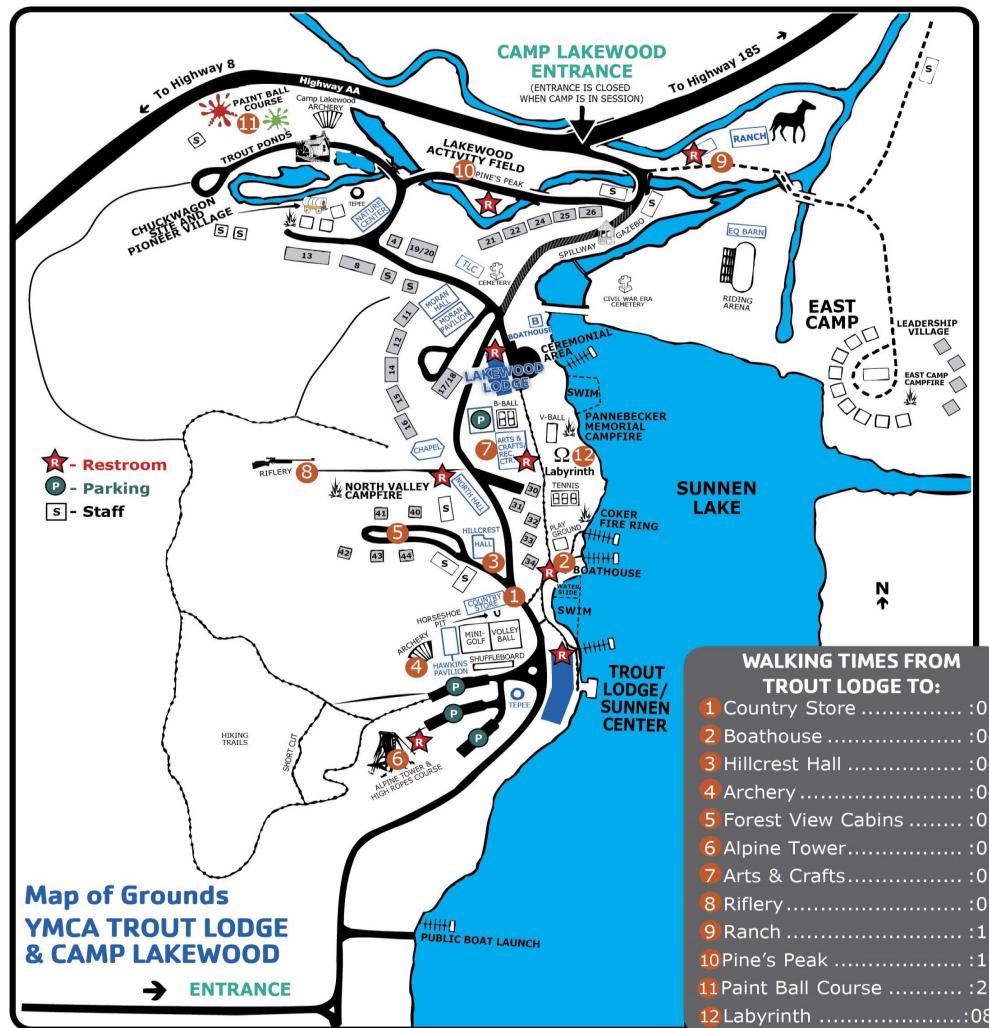
FROM ST. LOUIS

- I-270 to Tesson Ferry Road (Hwy 21)
- Hwy 21 (south) for 18 miles
- Turn left onto Hillsboro Rd/MO Route 8 for .4 miles
- Turn right onto Hwy 21 (south) for 29.3 miles
- Turn right onto Hwy 8 (west) and go 10.7 miles to State Hwy AA
- At Hwy AA, turn right and go 2 miles to arrive at Trout Lodge

OR

- I-270 to I-55 for 22 miles, until you reach Festus and Hwy 67 (south)
- Exit right onto Hwy 67 (south), travel for 6 miles to Hwy 110 (west)
- Turn right onto Hwy 110 (west), go 6.3 miles to Hwy 21 (south)
- Turn left onto Hwy 21 and go 2.5 miles to Hwy 8
- Turn right onto Hwy 8 (west) and go 10.7 miles to State Hwy AA
- At Hwy AA, turn right and go 2 miles to arrive at Trout Lodge

Directions from other starting points available at <http://www.ymcaoftheozarks.org/directions>. Do not trust your GPS.



Jane McLeod, Editor, Special Edition Muse
From Karen Peck's original design.