

MIDWEST UNITARIAN UNIVERSALIST SUMMER ASSEMBLY

A scenic landscape featuring a calm lake in the foreground, a dense forested hillside in the middle ground, and a bright blue sky with wispy white clouds above.

TO BREATHE ON PURPOSE

SUNDAY, JULY 3 - SATURDAY, JULY 9, 2022

See page 4 for COVID procedures.

WELCOME



I know these last two years have been hard on us all, but the time has finally come when we can get together in person. I can't tell you how much I have missed all of you! I can't wait until we can make music together, catch up with friends that we haven't seen in person, and enjoy the gifts of the programs presented by fellow campers in workshops, worship, and play. Dr. Glen Thomas Rideout has graciously hung in there with us as well. I know I am looking forward to seeing him "live" in our Morning Celebrations.

To those of you who are new to camp, welcome! We are so glad to have you with us. We hope that you will find our week together meaningful and will consider making MUUSA an annual tradition!

I also wanted to express my gratitude to each and every one of you. YOU are what makes MUUSA so special. This is my last year as your MUUSA president, and while my tenure has been primarily virtual, it has been my honor to serve you. Thank you! See you next week!*

Susan Stafford
MUUSA PRESIDENT

* We say "see you next week" instead of "see you next year" when camp ends.

WORSHIP SERVICES

THEME SPEAKER

Dr. Glen Thomas Rideout joined First Universalist of Minneapolis as Director of Worship Arts Ministries in August 2021. Prior to that, he served the Unitarian Universalist Congregation of Ann Arbor, Michigan, in a variety of leadership roles since 2007, including most recently as Director of Worship and Music. Known for his deeply collaborative creation of worship services for congregations and national gatherings, Glen Thomas teaches worship design at Meadville Lombard Theological School and is the author of the curriculum, De-Centering Whiteness in Worship, with Julica Hermann de la Fuente and Rev. Erika Hewitt. Glen Thomas holds a Doctorate of Musical Arts in Conducting from the University of Michigan, and prior to the pandemic, traveled internationally to support the choir of his youth in its ensemble tours.



DR. GLEN THOMAS RIDEOUT

MON - FRI @ 9:00 - 9:45 AM
MORNING CELEBRATION
Led by Dr. Glen Thomas Rideout

Celebrate being together each day at Morning Celebration, a service led by Dr. Glen Thomas Rideout with music provided by the Awesome Choir. Children's Programming during the service, after the Story for All Ages.

TUES @ 7:00 - 7:45 PM
PAGAN VESPERS

We will invite our ancestors and relatives to come and pray with us. *Led by Eric Hinkle & Pam Blevins Hinkle.*

WED @ 7:00 - 7:45 PM
MEMORIAL SERVICE

Join us in remembering and honoring the lives of campers who have passed away during the last year. *Led by Ruellen Fessenbecker.*

WED @ 9:00 - 10:30 PM
LATE NIGHT VESPERS

Intergenerational Vespers celebrating the unique aspect of worship in the dark. *Led by John Sandman & Bill Lyon.*

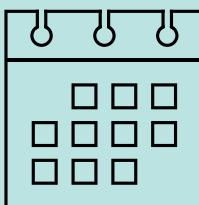
THU @ 7:00-7:45 PM
BURT VESPERS

Join MUUSA youth as they present a service they have created for our community! *Led by Abe Marsh & Burt youth.*

COVID PROCEDURES

Our goal is to provide a memorable camp experience that is as close to previous years with a new emphasis on safety. All campers who are eligible for vaccination must be fully vaccinated in accordance with CDC guidelines prior to the start of camp in 2022. Vaccines allow us to care for each other and our community. One camper getting sick is one too many, and we are grateful for this opportunity to protect each other.

We do not yet know what best practices will be in July and our guidelines on masking, physical distancing, testing, etc. will be made in accordance with evidence-based public health recommendations closer to camp. We will provide these to you by June 1st. Questions should be directed to Jesse Hardin, the Omsbuddy and lead for the PC Covid Task Force, by email at jesse.hardin@gmail.com.



DOWNLOAD CALENDARS

View the camp calendar and more to your device for easy reference all week.

Find calendars here: muusa.org/calendar

*Thank you Emily Joseph
for our theme art!*

The 2022 MUUSA shirt with Emily's design and other MUUSA merchandise will be available for pre-order in April. Order online - no more worries that your preferred size won't be available! - and then pick up your order at registration.

PHOTO CREDITS

Cover: Margaret Plett

Page 2: Kathy Salzano

Page 5: Roger Easely

Page 6: Alfonzo Aranguren

Page 7: Jen Phillips



INTERGENERATIONAL FUN

DAILY ACTIVITIES MONDAY - FRIDAY

12:30 - 1:30 PM & 4:00 - 5:00 PM

TENT TIME

Led by Deirdre Sheets

Community art projects, science experiments and birdhouse building are just some of the fun activities we're planning for campers of all ages.

6:30 - 7:30 PM

GENEVA SQUARE

Led by Natasha Warner

Daily fun and games, especially geared for children and families!

9:00 - 11:00 PM

COFFEE HOUSE

Led by Laurel Hermann

Nightly live entertainment from fellow campers. Please share your talents! Questions? Contact our emcee Laurel Hermann at laurel.hermann@gmail.com.

MORNING ACTIVITY

THURSDAY @ 7:00 AM

HOLLY JAMISON 5K WALK/RUN

Will van Dyke and Dave Gorman



Join your fellow campers for the 7th Annual MUUSA 5K (3.1 miles) Walk/Run, now named in honor of its founder Holly Jamison. There will be prizes for everyone! All are welcome and no one is too fast or too slow, too young or too old. Be a part of a healthy annual MUUSA tradition!

EVENING ACTIVITIES

MONDAY @ 7:30- 8:45 PM

SING-ALONG PLAYSHOP

Led by Guy R. Loftman

Let's sing and play together. On the first day, we'll choose songs from *Rise Up Singing*, a collection of words and chords for over 1,000 classic folk and pop songs. On the second day we'll sing from *Rise Again*, with another 1,000 great songs. All ages, all voices, and all instruments are welcome, as are drop-ins. This workshop is also offered on Tuesday in late afternoon.

TUESDAY @ 7:30 - 8:45 PM

THURSDAY @ 7:30 - 8:45 PM

STORYTIME FOR ALL AGES

Led by Jocie Luglio

Jocie will read a variety of diverse picture books for listeners of all ages. These sessions will be offered next to and at the same time as Mixology and one session of Taste the Rainbow so that adults can attend those while their children have supervised storytime.

Registration Requested. Limit: 20.

WEDNESDAY @ 7:30 - 8:45 PM

INTERGENERATIONAL CONTRA DANCE PARTY

Led by Laurel Spahn & Ken Sharp

All-Camp Contra Dance featuring both lively and elegant music and a techno-contra finale with glow lights. All dances will be called with prior walkthroughs. No experience or partner is needed. Just come, because it's seriously fun!
No limit.

THURSDAY @ 7:45 - 8:45 PM

PUN OFF

Led by Cal Morgan

All ages are welcome to compete for the title of "Punniest Person" at camp. Participants will attend a meeting on Thursday at 12:45 pm in Meeting Room 6 in Trout Lodge to learn about the format and basic rules. See you there!

MORE ALL AGES FUN

FRIDAY @ 7:30 - 8:45 PM

THE FIRST OCCASIONAL JOHN LAPLANTE SING-ALONG

Led by Guy R Loftman

For many years John LaPlante led group singing at Lake Geneva Summer Assembly, the predecessor of MUUSA. We've got copies of his song and chord sheets with over 100 classic folk and pop songs. John taught us how to lift our voices together. John died of COVID since we were last together in person, and singing his songs will bring joy to all who join us, whether you're an old timer who used to join him around the fire circle, or a newer camper who wants in on the nostalgia. All ages, all voices, and all instruments are welcome.



Cancellations with a full refund are accepted until June 15. **Fee: \$55. Limit: 60. Registration Required.** We can add participants during the week of camp but the fee increases to \$65.

INTRODUCING SUNNEN SQUARE

GRAND OPENING TUESDAY @ 5:30 PM

Our **Bookstore** and **Art Fair** have been combined into Sunnen Square, a marketplace for MUUSAN-made art, crafts, books, and music. During lunch and dinner, stop by to peruse and purchase. A portion of all sales will be donated to the MUUSA scholarship fund. Campers who wish to offer something at Sunnen Square should contact Danette Jeffries at logistics@muusa.org.

Open during lunch: Tues - Sat @ 11:30 - 1:30 PM

Open during dinner: Mon - Thu @ 5:30 - 7:30 PM

FLOAT TRIP

Join us for a day floating down the Huzzah River. Transportation, rafts, and lunch are provided. After a 30-minute bus ride, plan for 4 to 6 relaxing hours on the river. Rafts hold 4 to 6 people, ages 8+. Each child under 18 must attend with a parent or designated adult; one child per adult. Refunds are granted if we cancel for low participation. If the resort must cancel for unsuitable conditions, MUUSA gets no refunds and will reschedule the trip in a subsequent year.

CHILDREN'S PROGRAM



FROM TABITHA'S DESK:

"I've missed you all these past two years! We are planning fun activities with safety and fun in mind. Email me, Tabitha Rasmussen, at theviolinmommy@aol.com with questions."

NURSERY *Infants through age 3*

Our attentive, caring nursery staff provide a safe and fun environment for our infants and young toddlers.

PRE-SCHOOL *Ages 4 and 5*

Four- and five-year-olds enjoy crafts and a wide range of indoor and outdoor fun and educational activities with counselors.

OLDER CHILDREN *Age 6 through entering 6th grade*

Our experienced MUUSA staff teams up with the YMCA to facilitate team-building, games, arts and crafts, religious education, and outdoor activities including swimming, hiking, archery, boating, and more. We combine traditional camp fun with UU themes and incorporate different learning styles and personalities so everyone is included.

School-age children are divided into groups based on their ages: 6 and 7-year-olds, 8 and 9-year olds, and kids aged 10+. Activities for each group are age-appropriate and are in accordance with the YMCA age restrictions for individual activities.

JR. HIGH PROGRAM

ALSO KNOWN AS "MEYER"

for those entering 7th - 9th grades

It's like virtual camp, but real! In the Junior High Program or "Meyer" junior highers live together in a cabin with their hardworking counselors who create a safe place for sharing, learning their own boundaries, and building a fantastic community. Our young teens participate in team-building initiatives, mystery solving, pun-offs, games, dancing, and workshops focused on creating change and growth, personally and community-wide. All Meyer activities are designed to support emotional and spiritual growth, and empower junior high youth. We are also sure to have plenty of fun, like it's a vacation or something! For more information, contact Ben Krueger (benjkrueger@gmail.com) and Trevor Smith (trevorsmith7224@gmail.com).

SR. HIGH PROGRAM

ALSO KNOWN AS "BURT"

for those entering 10th - 12th grades

In our Sr. High program, which we call "Burt," we create a community where we love and support everyone no matter what, where we become courageous and responsible, discover ourselves, make life-long friends, and have a ton of fun. Programming for "Burtoids" will include workshops, worship, music sharing, games, talent shows, and other yearly traditions. For more information, contact Abe Marsh (abemarsh@gmail.com) and/or Margaret Mitchell (coronamadonna@gmail.com)

YOUNG ADULT PROGRAM

OPEN TO AGES 18-35

Our young adult (YA) community is an awesome collection of people ages 18-35. We host our own late-night worships, as well as, other outdoor camp activities like tie-dye and moonlight zip-line. As adults, many YAs lead and attend workshops, in addition to our YA programming. There are YA-specific cabins in Camp Lakewood (priority for YAs under 21) and Camp Forestview but our community is all over camp. If you enjoy puns, cheeseballs, and kicking it with the homies, come and join us. Contact Hannah Davis (hann.davv@gmail.com) or Grant Lyon (grantlyonhasanemail@gmail.com) for more information.

WORKSHOPS FOR ADULTS

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday

EARLY MORNING WORKSHOPS TIME VARIES

3-DAY: M, W, F @ 6:30-7:30 AM

EM-1: BUUTCAMP FOR ALL FITNESS LEVELS

Led by Pamela Hermann

Join us for a morning workout combining strength and high impact interval training. Workshop will include a warmup, 30-40 minutes workout and a cooldown and stretch. Remaining workshop time will be used to reflect on fitness goals and do some planning for maintaining your fitness journey throughout the year. This is informal and fun and modifications will be provided to meet you wherever you are in your fitness journey! Note that the workshop leader is an enthusiastic fitness advocate but not a certified trainer. Participants should bring a yoga mat and pair of free weights or resistance bands. Come sweat with us! **Registration Requested.**

Limit: 30. Fee: None.

5-DAY WORKSHOP @ 6:45-7:30 AM

EM-2: SUNRISE STROLL & ROLL

Led by Amy Miller

Feel like greeting the day with a stroll or roll along the lake? Join Amy Miller on the Trout Lodge deck at 6:45 or as she walks the path toward the dam. After fifteen minutes, turn around and be back at Trout Lodge for breakfast at 7:15. Perfect for those who like quiet socializing, misty mornings, and getting physical without getting sweaty. Drop-in activity...no registration needed! **Limit: None.**

MORNING WORKSHOPS

10:00-11:50 AM

5-DAY WORKSHOP

M-1: AWESOME CHOIR

Led by Pam Blevins Hinkle

The Awesome Choir is non-auditioned and supports morning celebrations. All skill levels and identities are welcome. Singers choose what section they sing in. The choir is led by Pam Blevins Hinkle with collaboration from pianist Bonnie Ettinger. Pam's been leading the

the Awesome Choir at MUUSA for 23 years. She has nearly 30 years of experience conducting choirs and believes singing is everyone's birthright. **Additional rehearsals Tues-Sat @ 8:00am. Registration requested. Limit: 50. Fee: None.**

5-DAY WORKSHOP

M-2: CONTRA DANCE WILL MAKE YOUR SOUL SMILE

Led by Ken Sharp and Laurel Spahn

Contra dancing is social interaction with old and new friends, set to music that can be lively and energetic or gentle and soothing. A caller provides a "walk through" practice before the dance and gives instructions during the dance. Dancers of all ages and abilities are welcome and generally wear large smiles during the dances. Although it is a partner dance, you are welcome to join the workshop as an individual. We are committed to maintaining the safety of the activity by implementing social distancing and/or masking as appropriate for the COVID situation at the time. **Registration requested.** **Limit 40. Fee: None.**

5-DAY WORKSHOP

M-3: TAI CHI

Led by Nan Fox

Come join us for this beautiful moving meditation. We'll be practicing Huang style Tai Chi, which is done to music. We'll be incorporating Chi Gong warm-up exercises and meditations. Poetry will begin and end our practice each day. Nan has practiced Tai Chi for 45 years, teaching it for the last ten years at her home church and also at camp. All levels of learners are welcome. **Registration requested.** **Limit: 20. Fee: None.**

"I started the week not knowing anyone except my children, but ended the week with lifelong friends"

- Geeta Palumbo

TUESDAY ONLY

M-4: INTRODUCTION TO TAROT

Led by Christine Wittaker

Are you tarot-curious? Join me for an introduction to reading tarot. I will give a brief history, de-mystify the cards, and talk about how to use tarot as a spiritual practice...and amaze your friends! This workshop does not include individual readings. If you have tarot cards, it is helpful to bring them, but NOT required. I have been reading tarot since 1995 or so. I have also taught in-depth tarot workshops. **Registration requested.** **Limit 15.** **Fee: None.**

W MORNING + T, R AFTERNOON

M-5: GETTING OLDER AIN'T FOR SISSIES

Led by Terri Gaitskill

Discussion covering age-related changes - physical and emotional, as well as other topics of interest to people of a "certain age" and those who love/care for them. **Offered three times.** **No limit.** **Fee: None.**

THURSDAY ONLY

M-6: TAROT READINGS

Led by Christine Wittaker

Are you tarot-curious? Join me for an introduction to reading tarot. I will give a brief history, de-mystify the cards, and talk about how to use tarot as a spiritual practice...and amaze your friends! This workshop does not include individual readings. If you have tarot cards, it is helpful to bring them but NOT required. I have been reading tarot since 1995 or so. I have also taught in-depth tarot workshops. **Registration requested.** **Limit 10.** **Fee: None.**

FRIDAY ONLY

M-7: THE BOOK OF DELIGHTS

Led by Amy Miller

We'll read and discuss "The Book of Delights" by Ross Gay. He wrote one short essay a day for a year, celebrating a different small mundane delight one may overlook if not paying attention. **Registration requested.** **Limit 8.** **Fee: None,** **but participants will need access to the book.**

EARLY AFTERNOON WORKSHOPS

1:45-3:35 PM

5-DAY WORKSHOP

EA-1: IMPROV FOR EVERYONE

Led by Tom Robertson

Learn and perform the basics of short-form improv in this participatory workshop. Learn the principles of improv's "Yes, And" philosophy

how to be confident on stage, and how improv skills adapt to other areas in your life.

Beginners welcome and prior participants can expect fresh content! Tom has a dozen years of experience as an improviser with IndyProv and the Indianapolis Improv Collaborative and has trained with Second City in Chicago, ComedySportz in Indianapolis, and The Improv Retreat in Wisconsin. **Registration requested.** **Limit 16.** **Fee: None.**

3-DAY: M,W, F

EA-2: INTRODUCTORY SWING DANCING

Led by Alex Enersen

In this workshop, experienced ballroom dancer Alex Enersen will teach you the basics of East Coast Swing and how to dance it with a partner. You don't need to bring a partner in order to do this workshop, you just need yourself and curiosity for dance. The lesson will last for 1 hour, and then the floor is yours for the next half hour. You may use this time to either dance, socialize, or make a quiet exit. We can't promise that you'll conquer your fear of dance at this workshop, but we hope you'll at least find it fun. **Registration requested.** **Limit 16.** **Fee: None.**

5-DAY WORKSHOP

EA-3: MYSTERIOUS CLOTH

Led by Stephanie Robertson

Cloth is a record of our souls. We wear it and it conforms to our bodies. We sleep under it to keep ourselves warm, we wipe away tears of happiness or sorrow with handkerchiefs. Cloth is in our life. Dyeing and printing cloth can be a community-building practice or a soulful private meditation. In this workshop, we will explore a variety of fabric dyeing techniques that can later be transformed into quilts, clothing, collages, and more, as well as discussing the presence of cloth, how it adds to our personal meditative practices and connects us to the bigger mystery/Mystery. **5 Days: M-F.** **Registration required.** **Limit 15.** **Fee: \$30.**

3-DAY WORKSHOP: M, W, F

EA-4: SCIENCE & PSEUDOSCIENCE

Led by Carolyn Hildebrandt & Ken Sharp

Daily, we are bombarded with "scientific" claims that may or may not be true. In this age of "alternative facts" and evidence-free assertions, critical thinking is of paramount importance. In this workshop, we will explore the history of science and pseudoscience and ways in which we can identify facts and misinformation about topics such as creationism, climate change, vaccines, and COVID-19, and help people...

(continued)...think about them in more scientific ways.

Carolyn Hildebrandt is a professor of psychology who has taught college-level courses on this topic in London and the U.S. Ken Sharp is a retired professor of chemistry and spent many years as a professional chemist.
Registration Requested. Limit: 24. Fee: None.

T, R AFTERNOON + W MORNING

EA-5: GETTING OLDER AIN'T FOR SISSIES

Led by Terri Gaitskill

Discussion covering age-related changes - physical and emotional, as well as other topics of interest to people of a "certain age" and those who love/care for them. **Offered three times. No limit. Fee: None.**

THURSDAY

EA-6: FREE-FORM MOVEMENT, DANCE, & MEDITATION

Led by Deb Kline

Campers are invited to intuitively listen to their bodies and let the music inspire them into motion. A variety of music genres, eras, styles, and tempos provide a backdrop for a dance that is all your own. Dancers move spontaneously throughout the space in and among other dancers, each doing their own dance within a community of movement. No dance experience is needed. No steps or choreography to learn. This is a non-performance workshop. Each session ends with a guided meditation. The workshop runs in the late afternoon time slot on Mon/Fri.
Registration Requested. Limit: 30. Fee: None.

LATE AFTERNOON WORKSHOPS 4:30-5:30 PM

MONDAY ONLY

LA-1: BIRD IDENTIFICATION

Led by Eve Cusack

Learn how to identify birds and how to use ornithology resources and apps. Test your skills on Friday at 6 am with Eve. Whether you're a seasoned birder or just getting started, join avid birder Eve who has been birding for 20+ years! This workshop pairs with "Bird Banding" in the next column. **Materials: Bring binoculars if you can, some extra available. No limit. Fee: None.**

TUESDAY AFTERNOON

LA-2: SING-ALONG PLAYSHOP

Led by Guy R. Loftman

Let's sing and play together. On the first day, we'll choose songs from Rise Up Singing, a collection of words and chords for over 1,000 classic folk and pop songs. On the second day we'll sing from Rise Again, with another 1,000 great songs. All ages, all voices, and all instruments are welcome, as are drop-ins. This workshop also runs on Monday evening. **No limit.**

MONDAY AND FRIDAY

LA-3: FREE-FORM MOVEMENT, DANCE, & MEDITATION

Led by Deb Kline

Campers are invited to intuitively listen to their bodies and let the music inspire them into motion. A variety of music genres, eras, styles, and tempos provide a backdrop for a dance that is all your own. Dancers move spontaneously throughout the space in and among other dancers, each doing their own dance within a community of movement. No dance experience is needed. No steps or choreography to learn. This is a non-performance workshop. Each session ends with a guided meditation. The workshop also runs during a different time slot on Thursday. **Registration Requested. Limit: 30. Fee: None.**

WEDNESDAY ONLY

LA-4: BIRD BANDING

Led by Eve Cusack

Learn about banding wild birds and Eve's experiences as MAPS station operator (Monitoring Avian Productivity and Survivorship). Test your skills on Friday at 6 am with Eve. Whether you're a seasoned birder or just getting started, join avid birder Eve who has been birding for 20+ years! This workshop pairs with "Bird Identification" on page 11. **Materials: Bring binoculars if you can, some extra available. Limit: None**

DINNER DISCUSSIONS 6:15-7:15 PM

MONDAY

D-1: NEWCOMER DISCUSSION

Led by Julie Enersen and Susan Stafford

A gathering for those new—or feeling new!—to camp. Grab your dinner and come to Mallard 4 at 6:15 pm for casual conversation with other newbies. **Limit: 24.**

TUESDAY

D-2: GRUMPY OLD MEN: A GATHERING

Led by Guy R. Loftman

Grumpy old men and our allies join together to talk. Our motto: We aim at nothing, and we rarely miss. **Registration Requested. Limit 20.**

WEDNESDAY

D-3: BEER CHOIR

Led by Steve Krahne

We drink beer (or any other libation of your choosing) and sing. Pick up your dinners, grab a drink, and head to Mallard 1. Lyrics and musical accompaniment are provided. **Registration Requested. Limit 24.**

EVENING ACTIVITIES

7:30 - 8:45 PM

TUESDAY

E-1: DUNGEONS & DRAGONS ONE-SHOT

Led by Robert Miroballi

A chance to play Dungeons and Dragons 5e. **Preregistration Required. Limit 7 per session. Fee: None.**

TUESDAY

E-2: MIXOLOGY

Led by Steve Krahne

Learn how to fix a variety of different cocktails among friends. **Registration requested. Limit 12. Fee: None.**

TUESDAY

E-3: STORYTIME FOR ALL AGES

Led by Jocie Luglio

Jocie will read a variety of diverse picture books for listeners of all ages. This session is offered at the same time as "Mixology" so adults can attend that session in the room next door while their children have supervised storytime. **Registration Requested. Limit: 20. Fee: None.**

WEDNESDAY

E-4: TASTE THE RAINBOW OF BEER

Led by Nate Warner

There's much more to the world of fermented liquids than wine and fizzy stuff; let's appreciate some of it! Come check it out if you'd like to discuss, learn a bit, and appreciate a lot of flavors. And when class is out, some folks will stick around for a little community building! Offered three times. **Limit: 20. Fee: 6-pack of beer—something unique to share.**

WEDNESDAY @ 9:00-10:30 PM

E-5: DUNGEONS & DRAGONS ONE-SHOT

Led by Robert Miroballi

[LATE EVENING SESSION: 9-10:30 pm] A chance to play Dungeons and Dragons 5e. **Registration Required. Limit: 7. Fee: None.**

THURSDAY

E-6: TASTE THE RAINBOW OF BEER

Led by Nate Warner

Read description for E-4. **Registration requested. Limit 20. Fee: 6-pack of beer—something unique to share.**

THURSDAY

E-7: STORYTIME FOR ALL AGES

Led by Jocie Luglio

Jocie will read a variety of diverse picture books for listeners of all ages. This session is offered at the same time as "Taste the Rainbow of Beer" so adults can attend that session in the room next door while their children have supervised storytime. **Registration Requested. Limit: 20. Fee: None.**

FRIDAY

E-8: TASTE THE RAINBOW OF BEER

Led by Nate Warner

Description at top of page. **Registration requested. Limit 20. Fee: 6-pack of beer—something unique to share.**

FRIDAY

E-9: DUNGEONS & DRAGONS ONE-SHOT

Led by Robert Miroballi

A chance to play Dungeons and Dragons 5e. **Registration Required. Limit: 7. Fee: None.**

PLUS DON'T MISS:

Fourché Valley Golf Course: Challenging 9-hole, par 36 course for small fee. 5-minute drive.

St. Vincent's Cafe: M-F, 9-11 pm: Quiet conversation, board, and card games. Officially meets in the evening, but available all day.

Ultimate Frisbee: Join a pick-up game near the tennis courts after dinner!

SOCIAL EVENTS

MTWRF @ 5:00-6:00 pm

SPEAKEASY

Led by Julie & Steve Enersen, Amy Miller, Susan & Todd Proebsting

Wander over to the Trout Lodge patio before dinner to socialize with friends and soon-to-be friends. Share adventures of the day and partake of low-budget snacks, boxed wine, and lemonade (provided by your Speakeasy hosts), plus any other libations/snacks which participants care to share. Cups will be provided but you are also encouraged to bring a your own reusable one.

FRIDAY ONLY @ 4:00-5:30 pm

CRAFTING BEE

Led by Connie K. Loftman

Whether it's knitting, crocheting, quilting, felting, or (you name it), if you enjoy doing it in the chatty company of others, this workshop is for you. Just bring your new, unfinished, or finished project to this gathering and we will "show and tell" and mostly talk.

TROUT LODGE

YMCA of the Ozarks, Trout Lodge is located on 5,200 acres of pine and oak forest on a private 360-acre lake 75 miles southwest of St. Louis, Missouri, outside of Potosi. Accommodations are available for all budgets. See page 12 for details.



Your camper fee also includes three buffet meals a day: All-you-care-to-eat buffet offers multiple entrees and sides, a children's buffet, a salad bar, and desserts. Vegan, vegetarian, and gluten-free options are available. Please specify dietary restrictions on the registration form.

Free Daily Activities: Trout Lodge offers many fun activities at no additional charge! Favorites include archery, biking, boating, fishing, geocaching, hiking, lawn games, shuffleboard, tennis, and volleyball. There are late afternoon activities each day for all ages. See the brochure at muusa.org/troutlodge for a complete list of activities that may be available during MUUSA.

Fee-based Activities: The following special activities may be available for a small fee payable in advance to Trout Lodge at the Waterwheel County Store: No refunds unless Trout cancels the activity.

Adventure Activities: Climb the 50-foot hourglass-shaped Alpine Tower, conquer the 20-foot Pines Peak climbing wall, or take on the obstacles built into the Summit Explore & Rappel course.

Triangle Y Ranch: Enjoy the working horse ranch and experience adventure on horseback! Trails are designed to delight both first-time and experienced riders. There are over 60 horses as well as professional full-time wranglers.

Arts & Crafts Center: Unleash your creativity! A daily craft project for children is offered. Artists of all ages may wish to try jewelry making, tie-dye, ceramics, scrapbooking, candle-making, and more.

LAST RESORT STRING BAND



Bring your string instrument and rehearse with other players on the patio every afternoon at 4:45pm.

HOUSING OPTIONS

A brochure with floor plans, photos and details about Trout Lodge housing, dining and activities are available at muusa.org/troutlodge

TROUT LODGE

The Lodge is where you will find most workshops, dining, games, lounge areas, outdoor patios, and nursery. The Lodge has the best options for those requiring rooms accessible to those with physical challenges.

Loft Suites (LOF)

- Enter on 5th floor of Sunnen Center.
- Nineteen air-conditioned rooms each have 2 levels and stairs.
- Guests enter the loft suite on the upper level.

Upper level:

- Room includes a sofa, roll-away bed, sink and vanity, table & chairs, and small refrigerator.

Lower level:

- Stairs in the loft lead down to the lower level.
- 2 queen beds and a bathroom with a separate vanity area.
- The walkout balcony has a view of the lake.

*Loft suites are recommended for **3 or more adults or families of 5 or more.***

Guest Rooms (GST)

- Enter on 1st through 3rd floors.
- 60 air-conditioned guest rooms.
- Room includes 2 queen beds, rollaway bed, a bathroom with separate vanity area, table, and chairs.
- Walkout balcony or patio with view of the lake.
- Notify the Registrar if you have special needs or need a refrigerator for medical needs.

TENT CAMPING

On-site camping is located in a flat, grassy clearing surrounded by trees with bathrooms/showers in adjacent North Hall.

CABINS

These options require more walking to reach workshops and dining but are closer to Jr. and Sr. High cabins, waterfront, Children's programming, and Morning Celebration.

Lakeview Cabin Rooms (LAK) - near waterfront; 20 air-conditioned bedrooms.

- Two private rooms with 1 full bed, 2 bunk beds (1 top and 1 bottom), and a designated private bathroom with a shower.
- Private bathroom and shower in each room.
- Common living area with sofa, table and chairs, stone fireplace, and small refrigerator.
- Extra sleeping space with 2 roll-aways & a crib.
- Screened wrap-around porch.

Forestview Cabin Rooms (FOR) - on a hill near Morning Celebration; lower and upper units; 20 air-conditioned bedrooms.

- Floor plans are the same as above for Lakeview Cabins but nestled into woods: a bit more secluded, less foot traffic.

Cabins are ideal for families to share space with other families, but still preserve some privacy.

CAMP LAKWOOD

Rustic, air-conditioned accommodations at reduced prices. 10-15 minute walk to dining and most workshops. Alcohol and smoking are strictly prohibited.

- Large bedrooms with bunk beds that sleep 8-10, individual or shared bathrooms, and a common room.
- Cabins are very rustic and do not have locks. The rooms are not private, but single-gender dorm rooms will be available.

Young Adults Cabins (YACL)

- Three cabins are primarily used by YAs ages 18-21 but welcome to all who participate in YA programming.
- Bunk beds, shared bathrooms & living room.

Jr. High and Sr. High (JRHI, SRHI)

- Each cabin has large bedrooms with bunk beds, shared restrooms, and a large great room with a fireplace and kitchenette.
- Jr. High/Sr. High campers are under the care of experienced counselors who will stay in the same buildings and provide supervision.

Housing Choice Codes for Registration Form

LOF = Loft Suite at Trout Lodge

GST = Guest Room at Trout Lodge

YACL = Young Adult Camp Lakewood

LAK = Lakeview Cabin **TEN** = Tent

FOR = Forestview Cabin **SRHI** = Sr. High

CLW = Camp Lakewood **JRHI** = Jr. High

REGISTRATION POLICIES

Register (and reserve your room) at muusa.org or mail the registration form found on page 14.

Please do not email or fax your application. When camp is nearly full, room selection will be closed. If room selection is closed, contact the Registrar who will assist with room selection.

Roommate preferences for cabins and Trout Lodge must be made in advance. Contact the Registrar (registrar@muusa.org) to share your roommate preferences or for help arranging a roommate. The Registrar will assume you want a roommate unless you indicate otherwise, and will arrange a roommate for you if you do not have a preference.

Cancellations on or after April 15 - Campers forfeit their deposit. **Cancellations on or after June 1** - Campers will be charged 50% of their total camp fee. The Executive Committee may use its discretion to waive cancellation charges in cases of serious illness or unavoidable circumstances. Notify the registrar immediately as soon as the cancellation is known.

Commuters: We will accept commuters once camp is full at the discretion of the Registrar. Contact the Registrar to sign up for the wait list.

Early Arrivals: You are welcome to arrive on Saturday, July 2nd although you may need to stay in a different room on Saturday night. MUUSA activities and the MUUSA menu will not begin until Sunday evening. Children under 18 must be under the care of an adult. Early arrival: \$140/person age 13+ and \$60/child ages 5-12. Contact Registrar to coordinate an early arrival.

Late Departures: Contact Trout Lodge directly if you would like to check out after July 9th.

Part-week Campers: Pro-rated rates may be available for overnight or partial weeks (less than 5 nights) at the discretion of the Registrar and only in the event that camp is not full.

Day passes and drop-in visitors: Visitors staying longer than 2 hours must register. Fees \$0 (< 6 yr.) to \$87/person depending on age and meal plan. A \$20 late fee will be assessed for in-camp registration. Contact the Registrar at registrar@muusa.org for details ahead of camp. Visitors and day passes may attend workshops with the leader's permission.

Campers are encouraged to **pay their balance before camp** via mail or website. All checks should be mailed by June 15, 2022. You can help MUUSA save money by paying with a check.

REGISTRATION RATES (Per Person)

Trout Lodge Guest Rooms & Loft Rooms • Forest View & Lake View Cabins <i>Lodging for Adults, Young Adults & Children</i>			
Total # of campers (of ANY age) in Room	Adult, age 18+	Child, age 5-entering 6th Gr.	Child, age 4 & under
4 or more	\$725	\$375	\$100
3	\$785	\$375	\$100
2	\$875	\$375	\$100
1	\$1,750	\$375	\$100
Camp Lakewood <i>Lodging for Adults, Young Adults, Children and Jr./Sr. High</i>			
Adult, age 21+	Young Adult, age 18-20 Jr./Sr. High	Child, age 5-entering 6th Gr.	Child, age 4 & under
\$585	\$535	\$375	\$100
Tent Camping			
Adult, age 21+	Young Adult, age 18-20	Child, age 5-entering 6th Gr.	Child, age 4 & under
\$385	\$360	\$242	\$100
Commuter Camper <i>2 meals per day/3 meals per day</i>			
Adult, age 21+	Young Adult, age 18-20	Child, age 5-entering 6th Gr.	Child, age 4 & under
\$360/\$420	\$325/\$390	\$200/\$225	\$100/\$100

REGISTRATION FORM • MUUSA 2022 • JULY 3 - 9

Or register online (PayPal optional) at
muusa.org

Family Name _____ Congregation _____
Address _____ City _____ State _____ ZIP _____

Camper 1 _____ *Last, First (Contact Person for Household)* _____ *Email and/or Phone For Camp Directory*

Check one: Adult Young Adult (18-35) _____ **Housing Choice:** _____
Date of Birth _____ *Pronouns* _____ **codes on pg. 15** 1st 2nd 3rd

Workshop Choices: _____ **codes on pp 9-13** Early AM Morning: 1st, 2nd, 3rd Early Aft: 1st, 2nd, 3rd Late Aft: 1st, 2nd, 3rd Sunset

Camper 2 _____ *Last Name*, *First Name* _____ *Date of Birth* _____ *Pronouns* _____
Check one: Adult Young Adult (18-35) Child/Youth in Grade _____ in Fall '22 Preschool Nursery

Adult/Youth Housing Choice: _____ **codes on pg. 15** 1st 2nd 3rd

Workshop Choices: _____ **codes on pp 9-13** Early AM Morning: 1st, 2nd, 3rd Early Aft: 1st, 2nd, 3rd Late Aft: 1st, 2nd, 3rd Sunset

Camper 3 _____ *Last Name*, *First Name* _____ *Date of Birth* _____ *Pronouns* _____
Check one: Adult Young Adult (18-35) Child/Youth in Grade _____ in Fall '22 Preschool Nursery

Adult/Youth Housing Choice: _____ **codes on pg. 15** 1st 2nd 3rd

Workshop Choices: _____ **codes on pp 9-13** Early AM Morning: 1st, 2nd, 3rd Early Aft: 1st, 2nd, 3rd Late Aft: 1st, 2nd, 3rd Sunset

Camper 4 _____ *Last Name*, *First Name* _____ *Date of Birth* _____ *Pronouns* _____
Check one: Adult Young Adult (18-35) Child/Youth in Grade _____ in Fall '22 Preschool Nursery

Adult/Youth Housing Choice: _____ **codes on pg. 15** 1st 2nd 3rd

Workshop Choices: _____ **codes on pp 9-13** Early AM Morning: 1st, 2nd, 3rd Early Aft: 1st, 2nd, 3rd Late Aft: 1st, 2nd, 3rd Sunset

Please use separate sheet to register additional campers.

Dietary Restrictions: Indicate number of campers _____ vegetarian _____ gluten-free _____ vegan _____ other _____

Schlarships are available! Will you be applying for one? Details at www.muusa.org. Yes No

Roommate Choice for Adults, YAs _____

Calculate amount due now:

Deposit, if not already paid: \$200 for individual, \$400 for families/households = \$ _____

Late fee, effective June 1 for each camper age 12 and over # _____ X \$30 = \$ _____

River Float Trip (info on Page 5) # _____ X \$55 = \$ _____

Scholarship Fund Donation (Optional) Suggested amount ≥ \$10/adult. = \$ _____

Remaining balance is due July 3 at check-in. For faster check-in,
please consider paying in full by check before June 15, 2022. Amount due now = \$ _____

Make checks payable to: MUUSA, Inc.

Return by May 31, 2022 to MUUSA, Inc., 1371 Amesbury Dr, Cincinnati, OH 45231

Registrar Use:

PM

Ck Date

Ck #

Amt\$