



Midwest Unitarian Universalist Summer Assembly

An annual intergenerational Unitarian Universalist retreat for fun, fellowship, and personal growth
YMCA of the Ozarks, Trout Lodge near Potosi, Missouri

June 30 - July 6, 2019 The Story of Us

Featuring Rev. Karen Mooney and Rev. Pam Rumancik

Dear fellow campers,

Your Planning Council is planning another fabulous week at MUUSA 2019! If you're thinking of joining us for the first time, here's a little taste of what you can experience:

- **A beautiful** lodge overlooking a forest-encircled lake.
- **A waterfront** with a sandy beach, lifeguards, and extra fun with the slide, rope swing, kayaks, and more.
- **All of your meals prepared** for you to enjoy in a dining hall with a view of the lake and hummingbird feeders
- **Workshops** on topics ranging from crafts, discussions, spirituality, tai chi, and singing.
- **Heartfelt daily worship** led by our theme speakers Rev. Karen Mooney and Rev. Pam Rumancik.
- **For families**, enjoy a family vacation the right blend of age-tailored activities and togetherness for you and your young ones. Middle and high schoolers spend the week with their peers in a safe community where their counselors lead them in riotous fun and critical reflection.

We hope you'll join our extended community of friendship and fellowship!

MUUSA President Bill Pokorny

Table of Contents

Daily Schedule	2
Our Theme Speakers	2
Popular Offerings	3
Trout Lodge Offerings	3
Daily Activities	3
Program Information	4
MUUSA Workshops	5-7
Excursion	7
Frequently Asked Questions	10
Housing Options	8-9
Registration Rates, Policies & Form	10-11



About Our Theme

No matter what else is going on in our lives, the one thing that can't be taken from us is our stories. They are the deep ground from which we share and explore. Stories color our experience of life and offer us a path forward. From creation myths to Instagram shares, stories reveal and conceal, highlight and obscure.

What stories do you tell about your life? Have they changed over time? Which story do you never, ever want to lose? Which ones do you keep in the secret space in your heart?

Rev. Karen Mooney & Rev. Pam Rumancik will explore the way we tell stories and listen to them; what our stories say about us and how we can mine our stories to understand connections to the larger world.

Bring your favorite stories to share and get ready to create the story of us.

Brochure Credits

Editor: Ruth Hinkle | Theme Art: Karen Seymour-Ells

Daily Schedule

6am		
7am		Early Morning Activities •Sunrise workshops •Early coffee •Early swim
8am	BREAKFAST 7:15-9:30	
9am		Morning Celebration
10am		Morning Activities •Children's Program, ages 0-5 start before Morning Celebration •Morning Workshops
11am		
12 pm	LUNCH 11:15-1:30	
1pm		
2pm		Early Afternoon Activities •Children's Program •Early Afternoon Workshops
3pm		
4pm		Late Afternoon Activities •Late Afternoon Workshops •Volleyball
5pm		
6pm	DINNER 5:15-7:30	Dinner Discussions 6-6:45
7pm		Early Evening Activities •Geneva Square •Vespers •Ultimate Frisbee •Sunset Workshops
8pm		
9pm		Evening Activities •Coffeehouse •Club MUUSA •St. Vincent's Cafe
10pm		
11pm		

MUUSA Guiding Principles

Be respectful of fellow campers, Trout Lodge staff, and the beautiful natural surroundings of the Missouri Ozarks.

Make an effort to greet everyone you encounter and look out for the safety of our camp community, especially the young, and not-so-young.

MUUSA welcomes all people regardless of age, race, ethnicity, gender, sexual orientation, social class or ability.

Our Theme Speakers



Rev. Pam Rumancik is a white, cisgender, queer woman currently serving the Unitarian Church of Hinsdale, IL. Coming from working class roots, she has run a home childcare business, worked a year as food carnie at Bluegrass festivals, run a restaurant, and, until attending seminary, painted houses. Pam is the mother of three

amazing people, a writer, a poet, and a recent gardener who loves to giggle.

She's passionate about honoring the essential truth of each person by communicating across cultural and theological divides. Pam believes that we must live our vision of Beloved Community in the here and now even as we bring that vision of justice inclusion to the larger world.

Rev. Karen Mooney is a life-long Unitarian Universalist who currently works with Unitarian Universalist Prison Ministries of Illinois as they equip UUs to transform institutions and support people harmed by the prison industrial complex. Karen is an accomplished singer, songwriter, spiritual director, and a person who brings laughter, a sense of the ridiculous, and vibrant curiosity with her wherever she goes.

She loves that UU communities are places where you find people who are alive and seeking throughout their lives. She has been educated working, playing, listening, and walking with people in addition to the challenges and rewards of being a chaplain, congregational minister, and corporate manager.

Both Pam and Karen enjoy long road trips, green spaces and time to explore. Together they celebrate both the gifts which abound and the opportunities to support others in this perplexing, confounding and joyful experience called life.

Popular Offerings

MUUSA Bookstore

Check out the MUUSA Bookstore! We will carry bestselling books from the UUA for all ages on a wide

variety of subjects. We will also feature CDs by our camp pianist Bonnie Ettinger. If there are particular books from the UUA you would like to recommend, please send your suggestions by June 1st to Lauren Lyerla at laureninstlouis@gmail.com.

Holly Jamison 5K Walk/Run

Led by Dave Gorman, Will Van Dyke. Join your fellow campers on Thursday at 7am for the 7th Annual MUUSA 5K (3.1 miles) Walk/Run, now named for its founder Holly Jamison (who may even join us)! There will be prizes for everyone! All are welcome and no one is too fast or too slow, too young or too old. Be a part of a healthy annual tradition! Contact Will Van Dyke, wvd@sbcglobal.net.

Camper Art Fair

Calling all artists! Join us for the 8th Annual MUUSA Art Show and Sale. Items sold must be original, handmade visual arts, or crafts created by the artist attending MUUSA in 2019. Fill out an application online at www.muusa.org/artfair. Applications and images need to be submitted by April 1st. To find out if you qualify or to request a hard copy of the application, contact Karen Seymour-Ells at karen@karenworks.com. 30% of the sale price is donated to the MUUSA Scholarship Fund.

Trout Lodge Offerings

YMCA of the Ozarks, Trout Lodge, is located on 5,200 acres of pine and oak forest on a private 360-acre lake 75 miles southwest of St. Louis, Missouri, outside of Potosi. Accommodations are available for all budgets. See page 9 for details.

Your camper fee also includes:

Three buffet meals a day: All-you-care-to-eat buffet offers multiple entrees and sides, a children's buffet, a salad bar, and desserts. Vegan, vegetarian, and gluten-free options are available. Please specify dietary restrictions on registration form.

Free daily activities: Trout Lodge offers many fun activities at no additional charge! Favorites include: archery, biking, boating, fishing, geocaching, hiking, lawn games, shuffleboard, tennis, and volleyball. There are late afternoon activities each day for all ages.

The following special activities are available for a small fee payable in advance to Trout Lodge at the Waterwheel County Store:

Adventure Activities: Climb the 50-foot hourglass-shaped Alpine Tower, conquer the 20-foot Pines Peak climbing wall, or take on the obstacles built into the

Summit Explore & Rappel course. Alpine Swing and Summit Zip also offer unique adventure experiences.

Triangle Y Ranch: Enjoy the working horse ranch and experience adventure on horseback! Trails are designed to delight both first-time and experienced riders. There are over 60 horses as well as professional full-time wranglers.

Arts & Crafts Center: Unleash your creativity! A daily craft project for children is offered. Artists of all ages may wish to try jewelry making, tie-dye, ceramics, scrapbooking, candle-making, and more.

Activities

Enjoy a variety of activities sponsored by MUUSA and Trout Lodge including:

- **Biking:** Bring your own or borrow one free—first come, first serve.
- **Club MUUSA:** Evening dancing with DJ.
- **Coffeehouse:** Live entertainment from fellow campers. Please share your talents!
- **Dinner Discussions:** Share a meal in discussion with a small group. Daily sign-ups on site.
- **Fee-based Activities:** Sign up and pay in advance for fun activities hosted by Trout Lodge. Sign up at Country Store. No refunds unless Trout cancels the activity.
- **Fourché Valley Golf Course:** Challenging 9-hole, par 36 course, 5 minutes from Trout Lodge for a small fee.
- **Geneva Square:** Daily after-dinner play time for all ages. Balloons, face painting, and more.
- **Intergenerational Events** Country Line Dance, Karaoke, All Ages Contra Dance *in memory of Jerry Hickman*, Pun-Off, Sing-Along, and more!
- **Morning Celebration:** Daily UU worship service. This year led by Rev. Karen Mooney & Rev. Pam Rumancik.
- **St. Vincent's Cafe:** Quiet conversation, board and card games (meets in the evening, but available all day).
- **Ultimate Frisbee:** Join a pick up game near the tennis courts!
- **Vespers:** Unique half hour evening services after dinner
- **Workshops:** Choose from workshops designed to stimulate mind, body, and spirit.

All Ages Huutenanny Heretics Sing Along

Friday, 7:45-8:45 pm

The whole camp is invited to come and sing in this Huutenanny. Join in songs of community, change and fun. Bring your hands to clap, your feet to stomp, and your voices to sing. Lyrics will be projected. *Led by Guy Loftman.*

Children's and Youth Programs (Infant-12th Grade)

"Growing up at MUUSA helped teach me to be the best person I could be, how to love and be loved, and developed some of my most meaningful relationships!!" Ellie McCormick, 21 years old, Kalamazoo, MI

Children's Program

Each age group has their own special activities to look forward to. School age children are divided into groups based on their age at camp: 6 & 7 year olds ; 8 & 9 year olds; and 10 years+. Each group will engage in a wide range of activities that are suited to their age. For all age groups, an emphasis will be placed on combining traditional camp fun with UU themes. Different learning styles and personalities of children are considered so no one feels left out or bored. Lifelong camp experiences start here!

Our attentive, caring **nursery** staff provide a safe and fun environment for our infants. **4 & 5 year olds** enjoy a range of fun and educational activities from crafts to being outdoors. For **6 year olds through incoming 6th graders**, experienced MUUSA and YMCA staff team up for teambuilding games, arts & crafts, outdoor activities, wall climbing, archery, swimming, hiking, boating, religious education, and much more. For more information, contact Tabitha Rasmussen (theviolinmommy@aol.com) or Greg Spahn (gspahn@sbcglobal.net).

Jr. High

Entering 7th, 8th or 9th grades

In the Junior High Program or "Meyer", campers live together in a cabin with their hardworking counselors who create a safe place for sharing, learning their own boundaries, and building a fantastic community. Our young teens participate in team-building initiatives, mystery solving, pun-offs, games, dancing, and workshops focused on creating change and growth, personally and community wide. All Meyer activities are designed to support emotional and spiritual growth, and empower junior high youth. We are also sure to have plenty of fun, it's a vacation or something! For more information, contact Ben Krueger (benjkrueger@gmail.com) or Trevor Smith (trevorsmith7224@gmail.com).

Sr. High

Entering 10th, 11th or 12th grades

In our Sr. High program, which we call "Burt," we create a community where we love and support everyone no matter what, become courageous and responsible, discover ourselves, make life-long friends, and have a ton of fun. We do this through required and optional activities such as daily small groups, nightly youth-led worship, a ropes course, and much more. "Burtoids" live together in a Camp Lakewood Cabin with the help of a caring and dedicated staff. Each year we delve into how UU principles can guide us to make a positive difference in the world around us. For more information, contact Abe Marsh (abemmarsh@gmail.com) and Nukahh Hlaban (nukahh.hlaban@gmail.com).

Jr. and Sr. High Sponsors

Campers under 18 must either be accompanied by a parent or guardian, be sponsored by a relative, or be sponsored by someone from the UU church they attend. Adults may sponsor up to two non-family campers per family unit. If these conditions are not met, camper registration will be contingent upon the approval of the program coordinators, no later than one week prior to the start of camp. Sponsors are responsible for the youth under their care during camp week, and should youth be asked to leave their programming due to rule violations or illness, they will stay with their parent or camp sponsor. If the parent/guardian does not have appropriate housing, they must arrange for the youth to stay with another camper who has signed off on the arrangement. Sponsor name and contact information must be listed on the registration form.

Young Adults (YAs)

We are an awesome collection ages 18-35, who plan our own late-night worships, do tie-dye and zip-line paintball, lead and attend workshops, and hang out! We have YA-specific cabins in Camp Lakewood (priority for YAs under 21), but our community is all over the camp. Contact Ellie McCormick (elliemccormick@gmail.com).

Adults

This brochure is full of fun activities and workshop of all varieties. Workshops run about 2 hours on topics from spirituality, crafts, music, dance or outdoor activities. If you're a parent, workshops are the same time as children's programming. MUUSA and Trout Lodge provide other informal adult programming as well. For more information, contact Carolyn Hildebrandt (Carolyn.Hildebrandt@uni.edu).

Morning Celebration (8:45 am—9:45 am)

Each morning, Rev. Karen Mooney and Rev. Pam Rumancik will lead a multi-generational service on the theme topic “Story of Us.” Services include children’s stories and choral music from the Awesome Choir, led by Pam Blevins Hinkle and accompanied by Bonnie Ettinger.

MUUSA Workshops

Workshops offer opportunities for learning, personal growth, and fun. They are an excellent way to get to know other campers in a small group setting and to benefit from the wonderful talents, skills, and insights the workshop leaders have to offer. Workshops are filled on a first-come, first-served basis based on the date you sign up online or the date your mailed application is processed by the Registrar. You will be enrolled in workshops in order of your listed preferences, providing workshops are not filled. You may enroll in multiple workshops in the same time slot if they are offered on different days. There is no additional cost to participate in workshops, unless a materials fee is noted (which is payable to your workshop leader on the first day of the workshop).

Sunrise Workshop (6:00-7:00 am)

SR-1 Wake Now, My Senses: Dawn Photo Walk

Led by Roger Easley. Dawn is a magical time to take photos on the shores of our camp’s lake. Will we have mist over the water, or golden reflections? We may see wildlife as we walk to the dam. No lecture, but the leader will answer questions. Bring your own camera. **1 Day: W. Limit: None. Fee: None.**

SR-2 Sunrise Pilates

Led by Ellen Fry. Are you a morning person? Or would you like to be? Come join us for an energetic morning workout to wake you up, build strength, and get you ready for the day. Workouts will be a mixture of pilates, yoga, and bodyweight strength training, and will be customized to the fitness and energy levels and interests of the group. A yoga mat or towel is recommended. **5 Days: M-F. Limit: 15. Fee: None.**

Morning Workshops (10:00-11:50 am)

M-1 Chaplain Training for Youth & Young Adult Spaces

Led by Veronica Colegrove. Get the skills you need to support your peers during this intimate week of camp. You’ll learn how to offer spiritual and emotional resources to suffering individuals and communities. This training qualifies you to serve as a youth or adult chaplain at UU youth conferences. Come to refresh, develop, and practice your skills. **5 days: M-F. Limit 20. Fee: None.**

M-2 Yoga Flow

Led by Ruth Elliott. Ruth will lead a yoga class beginning with yin yoga poses, flowing through vinyasa poses, and finishing with stretching and seated or guided meditation. There will be music during class and a live crystal singing bowl to open and close the practice. Some yoga experience

is suggested, but all are welcome to come and practice. Modifications and variations will be offered to make the class more accessible or more challenging depending on each student’s needs and experience. **5 days: M-F. Limit 40. Fee: None.**

M-3 Tai Chi

Led by Nan Fox. Join us for an experience of moving meditation. We’ll be working with Huang style Tai Chi, which is done to music. We’ll incorporate Chi Gong warm-up exercises and poetry, which helps deepen our focus. Beginners and more advanced students are welcome. **5 days: M-F. Limit 20. Fee: None.**

M-4 Awesome Choir

Led by Pam Blevins Hinkle. Learn vocal and choral technique, sing a variety of quality music, provide musical support for Morning Celebration, and have fun! All experience levels and voice types welcome; participants choose their section to sing in (soprano, alto, tenor, bass). Note: Choir also meets at 8 am, Tu-F, prior to Morning Celebration. **5 day: M-F. Limit 50. Fee: None.**

M-5 Introduction to Primordial Sound Meditation & Seven Principle Laws of Success

Led by Valarie Palacios. An opportunity to deepen and enliven any meditation practice. We will learn basic concepts of Primordial Sound Meditation and how it can benefit a person’s life and enrich the soul. We will focus on each spiritual law and how to incorporate them into daily intentions. This class is designed for the first-time meditator, the advanced spiritualist, and everyone in between! **5 days: M-F. Limit: 30 Fee: None.**

M-6 Contra Dancing For Serious Fun and Community

Led by Ken Sharp, Laurel Spahn. Contra dancing has been thriving since the 1700s. The music is foot-tapping energetic, and a caller gives instructions during the dance. You and your partner interact with other dancers during a variety of moves and patterns. Participants generally can’t stop

smiling. No partner necessary for enrolling. **5 days: M-F. Limit: 40. Fee: None.**

M-7 #LivingMyBestLife / Life Design

Led by Jamie Shepherd. Through exploration of purpose and meaning, Life Design empowers participants to maximize their potential and live their best lives. Going beyond passion to consider purpose, it helps participants explore how they can utilize their gifts and talents in service to something bigger than themselves. This workshop will be especially beneficial to Young Adults who are considering what major or career to pursue, but it is also a great opportunity for adults of all ages to re-focus on meaningful work. **4 days: (M-F except float trip day). Limit: 30. Fee: None.**

Early Afternoon Workshops (1:45-3:35 pm)

EA-1 Creative Photography Practice

Led by Roger Easley. Stretch your skills as a photographer - bring your camera equipment and get practice capturing images you want to share -- such as setting up still life subjects, painting with light, posing people, and moving the camera intentionally for artistic effects.

3 days: M, W, F. Limit: 15. Fee: None.

EA-2 Sing, People Sing!

Led by Guy Loftman. This 5-day Drop In Playshop is for people who love group singing. Participants are invited to bring songs to share with the group. We will provide plenty of copies of "Rise Up Singing" and "Rise Again", the Pete Seeger-inspired sourcebooks for over 2400 songs. Instrument players very welcome! **5 Days: M-F. Limit: 24. Fee: None.**

EA-3 Chant Sharing Circle

Led by Pauline Valvo. Join us in this circle to share and learn new chants. These can be original or some of your favorites. If you did not write the chant(s) you will be sharing, please come prepared to share the author's name. While each circle will have an inspirational theme, feel free to share any chants you like. Printed words or music are not necessary; we will share chants by call and response. **3 days: M, W, F. Limit: 30. Fee: None.**

EA-4 Sailing Intro: the Closest You Can Come to Being a Bird

Led by Carole Womeldorf. Sailing is a wonderful activity: part technical, part physical & part nature. It's a bit of adventure combined with the grace of flying on the water. Don't let fear of flying hold you back! With practice you'll learn to connect yourself to the sails & the wind. Join us for a new adventure. We'll start on land with some explanations, laughs, and (as the weather allows) lots of hands on water & wind experience on stable Hobie Bravos hosted by the Y. Beginners welcome. Come learn to fly with us! **5 Days: M-F. Limit: 10. Fee: None**

EA-5 Class Conscious: Class and Classism in UU Life
Led by Suzanne Zilber. Explore how socio-economic class influences our values, coping styles, and expectations about others. A combination of self reflection, small group sharing, large group discussion and videos will be provided. We will review how we can make our congregations and camp even more welcoming places for people of all social class backgrounds and prepare to take action against escalating economic inequality. **4 days: (M-F except float trip day) Limit: 16. Fee: None.**

EA-6: Improv Jam

Led by Pamela Hermann. Informal improv jam for anyone who has some basic improv experience at camp, school, or in their hometown. During this open session, you can share and learn improv games and exercises. Coffeehouse performance optional! **3 days: M, W, F. Limit: 20. Fee: None.**

Late Afternoon Workshops (4:00-5:30 pm)

LA-1 The Art and Science of Storytelling

Led by Skye Boosinger. We will be learning how to prepare and deliver a great and captivating storytelling experience. You will learn and be able to pick out a story and shorten it to length. Then learn how to develop your characters, learn memorization techniques (absolutely no memorization is required), and how to deliver an amazing story. We will each be preparing a story in a binder that you will be able to share to others by the end of the week. I will have plenty available for you to choose from. **5 days: M-F. Limit: 24. Fee: None.**

LA-2 Native Plants

Led by Ann Kamman. This topic is inspired by Doug Tallamy's book, Bringing Nature Home. He encourages us all to "go native" meaning get rid of invasive plants in our yards and increase the native plantings within our control. We'll look at several states' native plant societies and how they can help you with identification and acquisition. We'll look at plant apps for your phone. As we share experiences, we'll learn a lot and be able to spread the native word in our home communities. I'm encouraging participants to reach out to neighbors to spark action groups of neighbors, neighborhoods, and towns and counties. **1 day: Th. Limit: 24. Fee: None.**

LA-3 Crafting Catchall- Any Project Goes!

Led by Barbara Robinson. Bring your current crafting project or come learn a new one. Knitting, crocheting, coloring - whatever you do or want to do. We'll share ideas - and, of course, have a great time being together. Bring supplies you might need - or if you have an endless stash of supplies, bring some extras to share. If you have simple projects, bring copies of instructions to share with other MUUSAns! Meet and share time with old and new friends as you work on your projects. Or learn something

new. **3 days: M, W, F. Limit: 25. Fee: None.**

LA-4 jUuggling

Led by Kathy & Juliana Salzano. In addition to being fun and entertaining, learning to juggle is great for the mind and body. Juggling improves eye-hand coordination, motor skills, and physical fitness for both children and adults. We will play with scarves, bags, and more at Geneva Square, too. Materials will be provided and available for purchase. Beginners and continuing jugglers, welcome! **3 Days: M, W, F. Limit: 20. Fee: None.**

Sunset Workshops (7:00-8:50 pm)

SS-1 Beer Appreciation

Led by Nate Warner. In recent years, beer has widely become recognized as being really worth appreciating, at least to those who've given it a whirl. Let's spend a few nights learning a bit more about nuances that make a beer really great. **3 days: M, W, F. Limit 25. Fee: \$15 or 6-pack of beer.**

SS-2 Community Sing!

Led by Pam Blevins Hinkle. Release the joyous voice inside you, even if you think you can't sing. Don't read music? Great, we don't use any! This workshop is for EVERYONE—new and veteran singers—and all ages. Drop in for one session or both. Fun is guaranteed! **2 days: T, Th.. Limit 50. Fee: none.**

Adventure Outdoors with Trout Lodge

MONDAY, 4:00–5:00 pm

Rock Climbing at Pines Peak: 10 participant max. \$7/person for one climb.

TUESDAY, 1:30-3:30 pm

High Ropes Course at Summit Explore: 8 participant max. \$15/person.

WEDNESDAY, 4:00-5:00 pm

Geology Hike: No participant max.

THURSDAY, 1:30-3:30 pm

Guided Group Hike: No participant max.

Sign up and pay at Country Store.

Vespers Memorial Service

Wednesday, 7:00-7:30 p.m.

Led by Ruellen Fessenbecker. We will be remembering MUUSA campers who passed away this year. Please contact Ruellen (rfessenb@indiana.edu) for further information.

“ *I love that I started the week not knowing anyone except my children, but ended the week with lifelong friends.* ”

-Geeta Palumbo, Kansas City, MO

Spice Up Your Dinner

SPEAKEASY SOCIAL CLUB

Monday-Friday, 5:00-6:00 pm

Wander over to the Trout Lodge patio before dinner to socialize with friends and soon-to-be friends. Share adventures of the day and partake of boxed wine & lemonade (provided by your Speakeasy hosts) and any other libations/snacks which participants care to share. *Hosted by Julie Enersen.*

GRUMPY OLD MEN OF MUUSA

Tuesday, 6:30-7:30 pm

Elder males eat, drink and gripe together. Other folks are welcome, to keep us more or less honest. Participants drop off drinks, get food in dining hall and return to gathering area. This is the inaugural event for GOMoM, the Grumpy Old Men of MUUSA. *Hosted by Guy Loftman.*

BEER CHOIR

Thursday, 6:00-6:50 pm

An informal dinner gathering, BYOB (or other adult beverage) and prepare to sing from a collection of songs from the MUUSA Beer Choir Book of Song! *Hosted by Steve Krahnke.*

Excursion

River Float Trip - Tuesday, 9:45 am - 5:00 pm.

Led by Dan Hermann, Jeff Teppema. Join us for a day floating down the Huzzah River. Transportation and rafts are provided by the Huzzah Valley Resort and Trout Lodge provides lunch. Refunds will be granted if the event is canceled for low participation. If the resort must cancel for unsuitable conditions, MUUSA gets no refunds, and will reschedule the trip in a subsequent year. Cancellations with a full refund are accepted until June 15. Plan on a 30-minute bus ride each way and 4-6 relaxing hours on the river. Rafts hold 4 to 6 people, ages 8 and older. Each child under 18 must attend with a parent or designated adult; one child per adult.

Cost \$55/person, limit 60. We can add participants during the week of camp but the fee increases to \$65.

Gender Neutral Bathrooms

We are delighted to announce that Trout Lodge YMCA has agreed to designate two bathrooms in the Lodge as gender neutral. This means that there are now gender-neutral bathrooms in almost all public buildings and spaces. Many thanks to the YMCA for working with us to make MUUSA a welcoming space!

Polly Schaad Fund for Directors of Religious Education

The Polly Schaad Fund is available to support camp costs for one Director or Minister of Religious Education (DRE/MRE) who has not yet attended MUUSA. The goal of the funding is to spread the word about MUUSA to congregations that may not yet have a large presence at camp.

Do you have a DRE or MRE in mind? Please contact Carolyn Hildebrandt (Carolyn.Hildebrandt@uni.edu) by March 1st.

MUUSA Scholarship Fund

If finances are tight and MUUSA doesn't quite fit into your budget this year, we hope you will apply for a scholarship. These funds strengthen our community and we want to be sure you know they are available. To learn more, including how to apply, please visit muusa.org/index.php/scholarship. Direct additional questions to the Scholarship Committee Coordinator, Sarah Lensink (littleirishsarah@gmail.com).

Learn how to donate to the fund on page 11.

MUUSA Verde

Help us keep MUUSA “green” by recycling and using reusable water bottles and coffee mugs. Are you able to take glass home from camp to recycle? Are you interested in organizing other MUUSA Verde actions? Contact Ajay Rao (ajedegreat@gmail.com) or indicate your interest on your registration form.

Housing Options

Please consider sharing a room with as many others as possible to reduce your cost and make optimum use of housing.

Pictures & floor plans are posted at www.muusa.org

In Sunnen Center

The Sunnen Center Lodge is newly refurbished! This is where you will find most workshops, dining, games, lounge areas, outdoor patios, and nursery. The Lodge has the best options for those requiring rooms accessible to those with physical challenges.

Loft Suites (LOF)

- Enter on 5th floor of Sunnen Center.
- 19 air-conditioned rooms each have 2 levels and stairs.
- Guests enter the loft suite on the upper level.

Upper level:

- Room includes a sofa, roll-away bed, sink and vanity, table and chairs, and small refrigerator.

Lower level:

- Stairs in the loft suite lead down to the lower level, 2 queen beds, a bathroom with separate vanity area.
- Walkout balcony has a view of the lake.

Loft suites are recommended for 3 or more adults choosing to share housing or families of 5 or more.

Guest Rooms (GST)

- Enter on 1st through 3rd floors of Sunnen Center.
- 60 air-conditioned guest rooms are available.
- Room includes 2 queen beds, rollaway bed, a bathroom with separate vanity area, table, and chairs.
- Walkout balcony or patio has a view of the lake.
- More rooms now available with disability access! Please notify the Registrar if you have special needs or need a refrigerator for medical needs.

On Trout Lodge Property

These options require more walking to reach workshops and dining, but are closer to Jr. and Sr. High cabins, waterfront, Children's programming, and Morning Celebration.

Lakeview Cabin Rooms (LAK) - near waterfront; 20 air-conditioned bedrooms

- Each bedroom has 1 full bed, 2 bunk beds (1 top and 1 bottom), and a designated private bathroom with a shower.
- Two bedrooms share a common living area with sofa, table and chairs, small refrigerator, stone fireplace, 2 roll-aways, and a crib. Screened wrap-around porch.

Forestview Cabin Rooms (FOR) - on a hill near Morning Celebration; lower and upper units; 20 air-conditioned bedrooms

- Floor plans are same as above for Lakeview Cabins but nestled into woods: a bit more secluded, less foot traffic.

Cabins are ideal for families to share space with other families, but still preserve some privacy.

Tent Camping (TEN)

- On-site camping is located in North Valley, a flat, grassy clearing surrounded by trees and available to all attendees.
- Bathrooms with showers are available in adjacent North Hall.
- Campers provide their own tents and other equipment. Need to borrow a tent? We have some regular campers willing to share their tent with you (limited number first-come, first-served). Please notify Registrar if you need to borrow a tent.

Housing Options (cont.)

On Camp Lakewood Property

Rustic accommodations at reduced prices
10-15 minute walk to dining and most workshops.

Alcohol and smoking are strictly prohibited.

Camp Lakewood Cabins (CLW)

- Rustic air-conditioned cabins in the adjacent Camp Lakewood are offered as a lower cost option.
- Include large bedrooms with bunk beds that sleep 8-10, individual or shared bathrooms and a common room. In addition to the Jr. High staff, cabins will be available to adults and families.
- Cabins are very rustic and do not have locks. The rooms are not private, but single gender dorm rooms will be available.

Young Adults (YACL)

- These 3 cabins are primarily used by YAs ages 18-21, but welcome to all who participate in YA programming.
- Bunk beds, shared bathrooms and a shared living room.

Jr. High (JRHI) and Sr. High (SRHI)

- Air-conditioned cabins in the adjacent Camp Lakewood will be designated for Jr. High and Sr. High campers.
- Each cabin has large bedrooms with bunk beds, shared restrooms and a large great room with a fireplace and kitchenette.
- Jr. High and Sr. High campers are under the care of experienced counselors who will stay in the same buildings and provide supervision.

Registration Policies

Register online at www.muusa.org or mail the attached registration form. Only online or mail registration is accepted. Please do not email or fax your application.

Online Registration Benefit: Campers are encouraged to register online at www.muusa.org so that they can select their own room using the online room selection tool. When camp is nearly full, room selection will be closed. If room selection is closed, please contact the Registrar who will assist with room selection.

Campers are encouraged to pay their balance before camp. Balances can be paid before camp through the website via PayPal or by check to the Registrar. All checks should be mailed by June 15, 2019. **Please consider helping save MUUSA expenses by paying by check.**

Early Arrivals: You are welcome to arrive on Saturday, June 29 although you may need to stay in a different room Saturday night. Note also that MUUSA activities and the MUUSA menu will not begin until Sunday evening and all children under 18 must be under the care of an adult. Rates for early arrival are \$130/person over age 12 and \$45/child ages 5-12. Contact the Registrar at registrar@muusa.org to coordinate an early arrival.

Late Departures: Contact Trout Lodge directly if you would like to check out after July 6th.

Commuters: We will accept commuters once camp is full at the discretion of the Registrar. Contact Sara Teppema at registrar@muusa.org to sign up for the commuter wait list.

Part-week Campers: Pro-rated rates may be available for overnight or partial weeks (less than 5 nights) at the discretion of the Registrar and only in the event that camp is not full. Contact the Registrar at registrar@muusa.org for more information. Late registration fees apply.

Day-passes and drop in visitors: Visitors staying longer than 2 hours must register. Fees range from free (for children under 6) to \$85/person depending on age and meal plan. A \$20 late fee will be assessed for in-camp registration. Contact Sara Teppema at registrar@muusa.org to register your day pass ahead of camp. Visitors and day passes may attend workshops with the leader's permission.

Our cancellation policy has changed:

- **Cancellations on or after April 15:** Campers who cancel on or after April 15 forfeit their deposit.
- **Cancellations on or after June 1:** Campers who cancel on or after June 1 will be charged 50% of their total camp fee.

The executive committee may use its discretion to waive cancellation charges in cases of serious illness or other unavoidable circumstances. Please notify the registrar immediately as soon as cancellation is known (registrar@muusa.org).

If you have any questions, please contact Sara Teppema directly at registrar@muusa.org and cc Carolyn.Hildebrandt@uni.edu and jsandman1146@gmail.com.

Do you require assistance or have needs of which the Registrar should be aware?

Let us know about disability access, refrigerator for medicines, service/companion animals, or other accommodations.

Registration, Rates, and Payment

	MUUSA 2019 Camper Fees				
	Trout Lodge, Lakeview, Forestview	Camp Lakewood	Tent	Commuter (2 meals/day)	Commuter (3 meals/day)
Children <6*	\$100	\$100	\$100	\$100	\$100
Age 6 to 6th grade (entering)*	\$375	\$375	\$242	\$200	\$225
Jr. and Sr. High	not applicable	\$525	not applicable	not applicable	not applicable
Young Adult (YA) <21	See adult rate		\$360	\$325	\$390
Adult, 4 or more per room*	\$725	\$580	\$385	\$360	\$420
Adult, triple occupancy*	\$780				
Adult, double occupancy*	\$850	not applicable			
Adult, single occupancy	\$1,700	not applicable			
<u>*Please count children 6th grade and under in room occupancy.</u>					
Roommate preferences for cabins and Trout Lodge must be made in advance of camp. Contact the Registrar (registrar@muusa.org) to share your roommate preferences or for help arranging a roommate. The registrar will assume you want a roommate (double occupancy) unless you indicate otherwise, and will arrange a roommate for you if you do not have a preference.					
Important Dates			Housing Abbreviations		
February 1: Workshop registration and scholarship applications open. Housing selection and changes open to all campers who have paid their deposit.			GST = Guest Room LOF = Loft Suite		
April 15: Deadline to cancel without forfeiting deposit.			FOR = Forestview Cabin LAK = Lakeview Cabin		
May 15: Scholarships granted and applicants notified of awards			TEN = Tent CLW= Camp Lakewood		
May 31 Deadline to cancel and not forfeit 50% of camp fees.			JRHI = Jr. High SRHI = Sr. High		
			YACL = Young Adult Camp Lakewood		

Frequently Asked Questions

How can I help others with camp costs?

Campers with financial limitations are eligible for scholarships. We ask those of you who can afford to help to consider a gift of \$10 or more to the scholarship fund. A place is provided on the registration form to note your optional donation.

Whom do I call with Trout Lodge questions?

Carolyn Hildebrandt is MUUSA's designated liaison to Trout Lodge...please contact her at Carolyn.Hildebrandt@uni.edu rather than calling Trout Lodge directly.

What are the communications and amenities like?

Wireless internet access is offered throughout Trout Lodge and Camp Lakewood. Cell phone reception is best for AT&T customers. Other providers may have limited coverage. Rooms and cabins do not provide telephones, televisions, or hair dryers.

Camp is What We Make It!

Would you like to organize an informal activity or group during the week of camp?
Seeking fellow drum players for a drum circle? Hoping to play Cards Against Humanity with other campers?
Contact Carolyn Hildebrandt (Carolyn.Hildebrandt@uni.edu) to arrange space.

Registration Form – MUUSA: June 30 - July 6, 2019

Household Information

(Please provide information for additional campers on attached additional page if needed)

Home Address: _____ City: _____ State: _____ Zip: _____
 Family Name: _____ Church/Fellowship/Society: _____

Names		Date of Birth mm/dd/yy	Grade-Fall 2019	Pronoun (He, She, They, Any, Xe, Ze, Other, None, Ask Me)	Housing Choice <i>For adults/YAs</i>			Roommate Choice <i>For adults/YAs</i>	Email Address & Phone for Camp Roster <i>Must be legible. If in doubt, please add a page with typed ad- dresses</i>
Last	First				1st	2nd	3rd		

You may enroll in multiple workshops for the same timeslot if they are offered on different days. List all in your choices.

Participant First name from above	Workshop Choices										Volunteer Choices Codes at right			
	Sunrise	Morning			Early Afternoon			Late Afternoon				Sunset		
		1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd				

Volunteer Codes

1=Bookstore
 2=Babysitting Co-op
 3=Baggage Assistance
 4=Opening/Closing Celebra-
 tions
 5=Check-In
 6=Nursery
 7=Morning Celebration
 8=MUUSA Verde
 9=St. Vincent's Cafe

Scholarships are Available!

Details are at
www.muusa.org
 Check if you are applying for
 a Scholarship:
 ___ yes ___ no

Dietary Restrictions

Indicate number of campers:
 ___ vegetarian
 ___ gluten-free
 ___ vegan
 ___ other (describe) _____

Adult Sponsors

for Jr./Sr. High camper(s)
 attending without a parent:
 Youth Name Sponsor

Tent Sharing

___ can loan a tent
 ___ need a tent

Calculate amount due now:

Deposit (NEW: 2019 registrations only)*
 \$200 for individual, \$400 for families/households \$ _____

Late fee, effective June 1 for each camper age 12 and over # ___ X \$30 = \$ _____

River Float Trip (Page 3) # ___ X \$55 = \$ _____

Scholarship Fund Donation (Optional)
 Suggested amount ≥ \$10/adult # ___ X \$10 = \$ _____

*If you have not already paid your deposit.

Amount due now: \$ _____

Make checks payable to: MUUSA, Inc.
 Mail check and this form by May 31, 2019 to
 MUUSA, Inc.


423 N Waiola Ave., La Grange Park, IL 60526
 or

Register online (PayPal optional) at www.muusa.org

Remaining balance is due June 30 at check-in

For faster, smoother check-in please consider paying
 in full by check before June 15, 2019.

MUUSA—
Where you are welcomed to
a warm and loving community.
Where children are safe and cared for.
Where you'll always be accepted.
Where others share your values.
Where your spirit will be
renewed!
Come vacation with your friends
and other UUs
June 30-July 6, 2019


MUUSA
Midwest Unitarian Universalist Summer Assembly
423 N Waiole Ave.
La Grange Park, IL 60526

Midwest Unitarian Universalist Summer Assembly

**Featuring Rev. Karen Mooney
& Rev. Pam Rumancik**

“THE STORY OF US”

An annual intergenerational
Unitarian Universalist retreat
for fun, fellowship, and personal growth

Check us out on the web at:
www.muusa.org



