



JUNE 2017



The Muse

MIDWEST UNITARIAN UNIVERSALIST SUMMER ASSEMBLY

www.muusa.org Trout Lodge, Potosi, Missouri

# PRE-CAMP SPECIAL EDITION

**Welcome to Summer Assembly!**  
**Sunday July 2 - Saturday July 8, 2017**

*An annual intergenerational Unitarian Universalist  
retreat for fun, fellowship, and personal growth*

*The Muse* is your source of daily information and events at MUUSA. Your Planning Council has prepared this special edition of *The Muse* to help you prepare for camp. Please read it carefully even if you have attended MUUSA before. Inside, you'll find information on:



- What to bring (for sure, a water bottle and travel mug)
- Check-in
- Getting settled into your lodgings
- Youth programming
- Activities and how to plan your day
- *The Unofficial and Very Important Guide to Camp Lingo*

And more! As we say at camp, "See you next week!"  
—*Bill Pokorny* 2017, President, wrpokorny@gmail.com

**Please arrive between 2:00pm and 4:30pm so that you can complete check-in before 5:00pm.**

If you arrive early, we ask that you wait to unload your belongings until you have confirmed that your room is available. Cabins are not likely to be available before 3:30pm this year.



Featuring  
Rev. Marlin Lavanhar



# Packing

## What should I pack?

### Teens and Adults

- Sturdy walking shoes
- Beach shoes
- Casual clothing (shorts, tops, undergarments)
- Long pants for horseback riding, hikes, or chilly evenings
- Rain jacket or umbrella
- **Reusable water bottle (no plastic cups this year!)**
- **Reusable coffee mug (no Styrofoam this year!)**
- Swim suits
- Beach towels
- Sunscreen
- Sunglasses
- Bug repellent
- Toiletries
- Musical instruments/ music
- Note pad/journal/pens
- Book
- Flashlights
- Camera
- Art, craft supplies for leisure
- Your church banner
- Cooler
- Disco dance costume
- A smile and a willingness to meet new friends



### Children in Children's Program

- Sturdy walking/closed-toe shoes
- Shorts, tops, undergarments
- Long pants for horseback riding
- Swim suits
- 10+ year olds: Clothes that can get very dirty and tightly-fitting shoes for the Mud Cave
- A smile and a willingness to meet new friends

*Each day pack a tote or backpack/ everything labeled with:*

- Beach shoes
- Rain jacket
- Swim suit
- Reusable water bottle
- Beach towel
- Sunscreen
- Sunglasses
- Bug repellent

### Children in Nursery

- Extra diapers and set of clothing
- Bottles of milk or formula, if needed

## What do I need to bring for my room?

- Rooms are supplied with bed linens, bath towels, blankets, soap. Please bring your own toiletries.
- Food in the Dining Hall is plentiful but feel free to bring snacks and beverages for evening gatherings and coffeehouse. Bring a travel mug to carry coffee out of the Dining Hall.
- Please note that alcohol is only permitted in designated areas and private patios/cabins; no alcohol at all is allowed in the Camp Lakewood side of the property.
- Games (MUUSA also supplies board games and puzzles).
- Jane McLeod is the Trout Lodge liaison. Please contact her if you have special needs. (janemcleoduu@gmail.com).

## Arrival Sunday



Photo: David Linsell

## When should I arrive?

- Arrival at MUUSA is a busy time; a number of very important activities happen on Sunday.
- PLEASE arrive between 2:00pm and 4:30pm.
- If you arrive early, we ask that you do not unload your luggage before confirming availability of your room; some rooms will be available early, most rooms should be available by 3:30pm.
- Check-in is open 2:00pm until 5:00pm with limited service from 5:00-7:00pm.
- Park in the upper lot across from Trout Lodge upon arrival. Volunteers will direct you to check-in.

## How do I check-in?

- Head to Mallard Rooms 1-3 (two flights *down* from Trout Lodge Lobby). Regular check-in will be open from 2:00-5:00pm. Between 5:00-7:00pm, Check-in will still be open but no program representatives or merchandise will be available.
- Check in, pick up our information packet, get your name badge, pay any outstanding balances (*personal check preferred*), get your camper bracelet.
- Review your workshop sign-ups.
- Check in children at children's table.
- Teens check in at Junior High Table (Meyer) or at Senior High School Table (Burt).
- Decorate your name badge.
- Peruse MUUSA Merchandise.



MUUSA Adirondack  
Chairs. Photo: Jane McLeod

### *If you are in Trout Lodge:*

- Retrieve your car and park in front of lodge while unloading.
- After unloading, park back in upper lot.

### *If you are staying in a Cabin:*

- You may drive to your cabin, unload, and then park near your cabin.

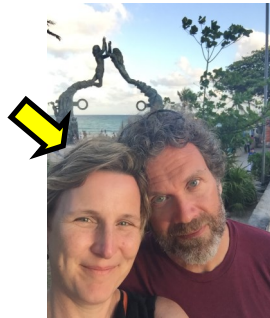
### *Where do teens go?*

- If you have teens in the Jr. and/or Sr. High programs, you may drive over to their lodgings to drop off their belongings after checking in.
- **Important: teens stay with parents or sponsors until after Opening Celebration.**

## What if my room isn't ready?

- Please be patient.
- Enjoy the beachfront, get your face painted at The Tent, visit the Arts & Crafts center, play mini-golf, introduce yourself to campers. Children's swim tests are offered at the beachfront every hour on the hour.
- Dinner is open from 5:15pm - 7:30pm.

**Bring your church banner to  
Opening Celebration for display!**



## Note for Late Arrivals

If you arrive after 7:00pm,  
Check in with Sara Teppema at  
the Welcome Party  
beginning at 8:45pm.

## The fun begins on Opening Night!

- Opening Celebration in Hillcrest, 7:45pm-8:45pm.
- All Camp Welcome Party, 8:45pm-10:15pm, at the Pavilion. Welcome new campers and greet old friends. Share refreshments, Mehndi painting.
- Love Fest Dance for all Ages begins at 9:15pm.

## Special Sunday Parent and Sponsor Meetings

Mandatory: please plan on attending.

### Children's Program Parent and Sponsor Meeting

6:00pm - 6:30pm

### Junior High Parent and Sponsor Meeting

6:35pm - 7:05pm

### High School Parent and Sponsor Meeting

7:10pm - 7:40pm

*All parent/ sponsor meetings are at the Pavilion.*

## New to MUUSA?

**Please join other newcomers for dinner on  
Monday in Mallard 1 at 6:00pm.**

At the end of dinner, we will invite newcomers and other campers to sign up for MUUSA Chalice Groups. Chalice Groups meet a few times during the week for dinner discussions, Coffeehouse, Vespers, ice cream, or other activities of their choice. Campers in their first few years of attendance are especially encouraged to participate but all are welcome! See the Sunday Muse for details.



**YAs!**

## Special Note for Young Adults

- Welcome! There are a number of special meetings and gathering times for young adults. YA meeting (Sunday 10:15pm -11:30pm) at the Teepee: this is your time to meet other YAs.
- The Teepee is the official gathering place of Young Adults; the common room in Lakewood Cabin #16 (where most YAs will lodge), is the “unofficial” hangout of young adults.
- YA “Proch” Party, Monday 5:00pm-7:00pm, on the Deck.
- YA community dinner, Friday, 5:00-6:30pm.
- YAs attend workshops, events, and excursions of your choice.

### How should I organize my days?

Many campers:

- Attend Morning Celebration.
- Take one or more workshops.
- Enjoy the beachfront.
- Take watercraft out on Sunnen Lake.
- Attend one or more Vesper services.
- Attend one or more Intergenerational activities.
- Attend one or more Coffeehouses.

**You do not have to do any of those things (although they are all pretty great). You can tailor the week to your preferences!**

- Be sure to hydrate regularly and get enough rest. Bring a water bottle; we will not offer plastic cups at water drops.
- Pace yourself so that you can have fun all week.
- Relax and have some quiet time when you need to.

## MUUSA Ministry of Magic returns

**Wanted:**  
**conjurers of wonder to enchant,**  
**enthrall, and beguile! Curious?**  
**Contact Eve Cusack.**

eveloftmancusack@gmail.com

## Intergenerational Activities

- The Tent—all day informal gathering in central camp; drop by and sit a while.
- Morning Celebration with Rev. Marlin Lavanhar
- Beachfront—swimming, water slide, boating, more!
- Labyrinth
- Archery
- Mini-Golf
- Ultimate Frisbee
- Volleyball
- Disco Dance
- Geneva Square—all ages playtime (e.g., face painting, balloons, and more)
- Drop in Craft Center—tie dye, beading, ceramic painting, and more
- Club MUUSA
- Horseback Riding (sign up at Country Store)
- Zipline (sign up at Country Store)
- 4th of July Parade
- Special Intergenerational Coffeehouse
- Contra Dance featuring Techno-Contra
- Intergenerational pun-off



Photo: Roger Easley



Photo: Roger Easley

### And there's more!

- Camper Art Fair
- Bookstore
- 5K Walk/Run
- Burt Pie Toss
- Meyer Cornstarch

## Babysitter info

Do you love MUUSA kids? Do you have MUUSA kids? Would you like to earn a little extra cash at camp or would you like to pay someone to watch your kids? There are several opportunities for you. Come to the Babysitter meet up at the tent on Monday at 6:30pm to coordinate with families/sitters and to share your information. Also, we will be offering group childcare in North Hall on Wednesday and Thursday evening from 8-10pm for children ages 2 and up, \$5/ kid. Places are limited so purchase at check-in or at the bookstore. If you would like to be paid to provide childcare one of these evenings, please contact Eve Cusack at eveloftmancusack@gmail.com in advance of camp.

## Frequently Asked Questions

### Is MUUSA Green?



- MUUSA Verde is our at-camp recycling initiative.
- **This year, plastic and Styrofoam cups will not be available anywhere at camp. Make sure to bring reusable water bottles and coffee mugs.**
- Bins are provided for cans and plastic bottles.
- Glass must be "packed out."
- Please take only what you can eat at meal time to avoid waste.

### How can I get around at camp?

- We encourage campers not to drive on campus during the week.
- Trout Lodge will provide a 15-passenger van for trips between the Lodge, Hillcrest, and the Chapel in the morning, midday, and evening.

### Whom do I contact about the Memorial Service?

- To honor a former camper who passed away during the last year, please send the camper's name, date of death, a short biography, and a digital photo, if available, by **June 15th** to Barbara Robinson: [uubarb@gmail.com](mailto:uubarb@gmail.com).
- The Memorial Service will be led by Connie Booth and Bonnie Ettinger during Wednesday Vespers at 7:00pm. There will be an opportunity to honor others we have lost this year.

### Are there gender neutral bathrooms at camp?

The MUUSA Planning Council has worked with Trout Lodge to designate bathrooms at the following locations as gender neutral: Hillcrest, the Boathouse, the Pavilion, and the Ranch. The bathroom in room 209 in the Lodge is also available to campers who seek a gender neutral option. According to Gateway Region YMCA policy, Trout Lodge guests and staff must use the bathroom that confirms to their legal gender. Although this policy runs counter to UUA and MUUSA positions, as guests at Trout Lodge, we are bound by it. The Planning Council encourages campers who are affected by this policy to contact the Trout Lodge liaison, Jane McLeod ([janemcleoduu@gmail.com](mailto:janemcleoduu@gmail.com)) to discuss how MUUSA can best address their needs.

We appreciate Trout Lodge's willingness to provide gender neutral bathroom options at camp, and will continue working with Trout Lodge to make MUUSA a safe and welcoming space for all campers.

## More Frequently Asked Questions

### When are meals?

Breakfast: 7:15am - 9:30am  
Lunch: 11:15am - 1:30pm  
Dinner: 5:15pm - 7:30pm



*Photo: Jane McLeod*  
**Piel Cake too!**

### How does the Dining Hall work?

- Enter through the door near the Lodge front desk.
- Sit anywhere you like. Sit with people you don't know: make a new friend.
- There is a separate children's buffet although children are welcome to take food from the main buffet.
- There are choices for omnivores, vegetarians, and vegans at every meal.
- Do you have dietary restrictions? Need almond milk or soy milk? Gluten-free bread? Contact Jane McLeod ([janemcleoduu@gmail.com](mailto:janemcleoduu@gmail.com)) by June 15th.
- Please take only what you plan to eat to avoid waste.
- Need help balancing kids and trays?
  - Ask a Trout Lodge staffer—they are happy to help.
  - Ask a fellow camper for help.
- **Weather permitting, take your lunch out to the Deck (bring your dishes back in!).**

### When does MUUSA 2017 end?

Formal MUUSA activities end on Saturday morning with Closing Celebration (8:45am-9:30am or so). Burt and Meyer youth must be picked up by 10:00am. Campers must be out of their rooms by 11:30pm but are welcome to stay for lunch (covered by your camp fee) and take advantage of Trout Lodge activities all afternoon.

### Money Matters

All costs of the week are covered by your camp fee. Some campers bring cash or checks for things like MUUSA items (e.g. t-shirts, neck wallets), the Camper Art Fair, the MUUSA Bookstore, the Craft Center, bidding at the Burt Pie Toss, and the Trout Lodge staff gratuity at the end of the week.

**Please consider pre-paying by sending payment by June 15th or paying online with PayPal by midnight, Sunday June 25th. Mail payment to MUUSA, Inc., 423 Waiola Ave., La Grange Park, IL 60526.**

## Adult Activities

### Workshops

Discuss, sing, move, perform, create, write, and more. Please be sure to sign up for Workshops online.

***Zen Introduction and Practice workshop just added: M-F 4-5:30pm. See [muusa.org](http://muusa.org) for details!***

### Vespers

- Monday: *Earth Awakening*. Join the circle as we call directions and all that is holy. We will offer song and prayer for our MUUSA community, ourselves, and the world at large.
- Tuesday: *Dances of Universal Peace* (Sufi Dancing) Dances of Universal Peace are short circle dances done to music that we sing. All dances and songs are taught. No experience necessary. You will leave this vespers feeling relaxed and connected with fellow campers.
- Wednesday: *Camp Memorial Service*
- Thursday: *Burt-led Vespers*
- Friday: *Welcoming Congregation*. A service centered on the needs and aspirations of queer, trans, and LGB people.

### Dinner Discussions

Share dinner and small-group discussion with fellow campers. Held Monday-Thursday in a Mallard room. Topics include: Newcomer Welcome, Class Consciousness, What is MUUSA?, 12-Step Recovery, Activism, Humor in Challenging Times, Climate Change, Toward a Welcoming MUUSA. Check the Sunday Muse for info on signing up.

### Coffeehouse

- M-F from 9:00pm-11:00pm.
- Share your talents with a welcoming audience: sing, tell jokes, read poetry, dance—or sit back, relax, and enjoy the show!
- Special Intergenerational Night (youth performances) on Wednesday.
- Adult-only “Raunch Night” on Thursday.
- Interested in performing? Contact Laurel Hermann at [laurel.hermann@gmail.com](mailto:laurel.hermann@gmail.com) or by Facebook message.

### Service Project

- Build Adirondack chairs for our special summer home. Early and late afternoon shifts available.

### Special Excursion

- Wednesday: River Float Trip. Sign up online or contact Veronica Colegrove at [vcolegro@gmail.com](mailto:vcolegro@gmail.com).

### 5K Walk/Run

- Join fellow campers on Thursday at 7am for the 7th Annual MUUSA 5K. Prizes for everyone!

## Other Events and Activities of Note

### Wednesday Midnight Vespers

11pm-midnight on the Deck. Meyer, Burt and our YA community have a long tradition of offering late night Vespers as a special sacred bonding time. We will share that experience with adult campers this year with a special one-night midnight adult vespers. Please join as we commune as one in the night.

### Bookstore Hours:

M, Th, F Noon-6:30pm; T Noon-4:30pm.

**Art Fair Wine & Cheese Reception:** T 7:45-9:00pm.

**Camper Art Fair:** W 10:00am-7:00pm.

**Alanon,** T and Th 5:00pm-6:00pm.

**12-Step,** M-F 6:30pm-7:30pm.

**Interweave,** M-F 7:45pm-8:45pm.

These meetings are volunteer-led. Please contact Jane McLeod at [janemcleoduu@gmail.com](mailto:janemcleoduu@gmail.com) if you are interested in volunteering.

### Follow *The Artist's Way*

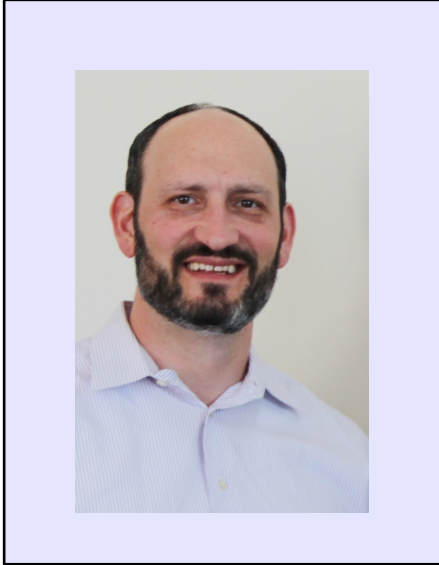
Meet up informally with fellow MUUSA creatives to learn more about this approach to jump starting and encouraging creativity as a spiritual practice. Writers, musicians, visual artists, those who have never created something, *Artist's Way* veterans, and everyone in between is welcome. We recommend buying the book, *The Artist's Way* by Julia Cameron, before camp or at the MUUSA Bookstore. Bring a notebook for daily morning pages. We will meet late afternoon Monday and Thursday. Contact Karen Seymour-Ells at [karen@karenworks.com](mailto:karen@karenworks.com) for more information.

### The MUUSA Experience Auction

Campers have the option of bidding on fun, at-camp experiences. The auction will be held online (eBay style) so we can start bidding BEFORE camp and reap our winnings AT camp. To make this a success, we need lots of at-camp experience donations. What will you donate? A week of pie delivery in the dining hall? A tennis lesson? A serenade on the beach? A live portrait drawing? Babysitting? A private kayak lesson or Wizard tutorial? Email your donations to [pamela.d.hermann@gmail.com](mailto:pamela.d.hermann@gmail.com) and watch for more news about the auction coming soon. Proceeds from the experience auction will go toward a new fund to offset the cost of our youth programs. To help organize the auction, contact Jane McLeod at [janemcleoduu@gmail.com](mailto:janemcleoduu@gmail.com).



# Morning Celebrations: A Summer of Love



**Monday: Surprised by Love**—As we begin the week together, let's prepare ourselves to be surprised by love. Love is one of the most surprising things we ever experience. Are you preparing yourself to receive all the love that surrounds you? It's not just about the week, it's about everyday and everywhere. Keep in mind that this is a fantastic place and time in which to practice being surprised by love.

**Tuesday: Eros**—One form of love involves the creative energy of Eros. The erotic is too often reduced only to sexual love and yet it is a life-giving energy that pervades much more. How can we tap into one of life's most profound and earth forms of love?

**Wednesday: Agape**—Some believe that the movement of one grain of sand can affect the whole world. How much more might the opening of our hearts? Love is not just a mushy feeling that makes us do crazy things. Love is a force and power that transforms the world in ways that no other energy can.

**Thursday: Bless Your Heart**—It's easy to love humanity, it's people who can be hard to live with. In Oklahoma, and across the south, we have something that people in many other parts of the country don't have. We have the all purpose expression, "Bless your heart!" People in the south know how to bless someone's heart in a way that covers up a whole host of problems. It's easy to love lovable people, how do we love the difficult ones?

**Friday: Saying Goodbye**—People are notoriously bad at saying goodbye. It doesn't matter if we are leaving camp or leaving this life, most people have a hard time with departures. Yet life is a series of goodbyes and small losses that culminate in the final great goodbye of death. From losing a tooth or a pet to losing our hair or our health, how well we navigate the small deaths throughout our lives profoundly impacts how we feel at the end of our lives. How good are you at saying goodbye? Most likely, no one ever taught you how. One of the most important acts of love is saying goodbye well.

## About Our Theme Speaker

Marlin grew up in suburban Chicago. He received a BA in Sociology from Tulane University in 1990. Upon graduation he relocated to Kyoto, Japan where he worked and studied for two years. Leaving Japan, he and a friend took a three year, 20,000 mile, around the world odyssey on mountain bikes. The trip took him through some of the world's highest mountain ranges, across parts of the Gobi desert, and throughout much of Asia, Eastern Europe, the middle-east, and North America.

Upon returning to the United States he entered the Divinity School at Harvard University where he received his Masters in Divinity. He was ordained by the Unitarian Universalist Association in 1999 and went on to serve the historic First Church in Boston.

In 2000, at the age of 31, Marlin was called to All Souls Unitarian Church in Tulsa as their Senior Minister. During his tenure the church has grown from 1000 to over 2000 adult members and serves 850 children and youth. Today, All Souls is the largest Unitarian Universalist church in the United States. Marlin has been a leader in a number of boards and commissions in Tulsa and has received numerous awards for his work for equality and justice locally, nationally and internationally. In 2014, he was awarded an honorary Doctoral Degree from Phillips Theological School. Marlin is married to Anitra Lavanhar. They have a son Elias born in 2000 and a daughter Lyla born in 2008. His hobbies include fly-fishing, hiking, and outdoor adventure.

## How to Start your MUUSA Journey

- Pack the car, realize you packed way too much, unpack and remove 50% of your clothing; repack the car.
- Check directions on [www.muusa.org](http://www.muusa.org) or on the last page of this newsletter; your GPS may steer you wrong.
- Non-driving passenger— take picture of St. Louis Arch though window.
- Stop at Dicky Bub in Potosi for the stuff you realized you forgot to pack.
- Stop at Walmart for stuff that Dicky Bub doesn't sell.

3:00 PM		
3:30 PM		
4:00 PM	<b>CHECK-IN</b> 2:00pm-5:00pm Mallard 1-3, 2nd Floor—Lodge	Children's Program Staff Meeting— Meeting Room 6 Bookstore Volunteers Meeting— Meeting Room 7 4:00pm
4:30 PM	Late check-in available until 7:00pm.	
5:00 PM	After 8:45pm, Check-in at Welcome Party	
5:30 PM		
6:00 PM	Children's Program Parent Meeting 6:00pm-6:30pm Pavilion	<b>DINNER</b> 5:15pm-7:30pm
6:30 PM	Junior High Parent Meeting (Meyer) Pavilion, 6:35pm-7:05pm	Workshop Leaders & Liaisons Meeting 6:45pm-7:15pm Hillcrest Porch
7:00 PM		
7:30 PM	Senior High Parent Meeting (Burt) 7:10pm-7:40pm Pavilion	
8:00 PM	<b>OPENING CELEBRATION</b> 7:45pm-8:45pm Hillcrest	
8:30 PM		
9:00 PM	<b>WELCOME PARTY AT THE PAVILION</b> 8:45pm-10:15pm Refreshments Mehndi Painting Love Fest Dance Party begins at 9:15pm	<b>St. Vincent's Café (Games)</b> Meeting Room 7 9:00pm-11:00pm
9:30 PM		
10:00 PM		
10:30 PM	Young Adult Meeting 10:15pm-11:30pm Teepee	
11:00 PM		
11:30 PM		
12:00 AM		

Sunday



6:00 AM	
6:30 AM	
7:00 AM	<b>EARLY MORNING ACTIVITIES</b>
7:30 AM	Sunrise workshops
8:00 AM	Early coffee Early swim
8:30 AM	
9:00 AM	<b>BREAKFAST</b>
9:30 AM	7:15am-9:30am
10:00 AM	
10:30 AM	<b>MORNING CELEBRATION</b>
11:00 AM	8:45am-9:45am
11:30 AM	
12:00 PM	<b>MORNING ACTIVITIES</b>
12:30 PM	Nursery and Preschool Program 8:30am- Noon
1:00 PM	Children's Program 9:00am-Noon
1:30 PM	Morning Workshops 10:00-11:50am
2:00 PM	
2:30 PM	<b>LUNCH</b>
3:00 PM	11:15am-1:30pm
3:30 PM	
4:00 PM	<b>EARLY AFTERNOON ACTIVITIES</b>
4:30 PM	Nursery and Preschool Program 1:30pm- 3:45pm
5:00 PM	Children's Program 1:30pm-3:45pm
5:30 PM	Early afternoon workshops 1:45pm-3:35pm
6:00 PM	
6:30 PM	<b>LATE AFTERNOON ACTIVITIES</b>
7:00 PM	4:00pm-5:30pm
7:30 PM	Late Afternoon Workshops
8:00 PM	Volleyball
8:30 PM	
9:00 PM	<b>DINNER</b>
9:30 PM	5:15pm-7:30pm
10:00 PM	
10:30 PM	Alanon T, Th 5:00pm-6:00pm
11:00 PM	12-Step M-F 6:30pm-7:30pm
11:30 PM	Interweave M-F 7:45pm-8:45pm
12:00 AM	
	<b>EARLY EVENING ACTIVITIES</b>
	Geneva Square 6:30pm-7:30pm
	Sunset Workshops 7:00-8:50pm
	Vespers 7:00pm-7:30/7:45pm
	Intergenerational Activities 7:45pm-9:00pm
	Ultimate Frisbee 7:00pm-9:00pm
	<b>EVENING ACTIVITIES</b>
	9:00pm-11:00pm
	Coffeehouse
	Club MUUSA
	St. Vincent's Café

# Monday—Friday

# Especially for First-Time Campers!

## Unofficial Very Important Camp Lingo Guide

This list is non-exhaustive, and subject to change. Enjoy!

**APC:** The Adult Programming Committee of the Planning Council; organizes all adult activities and workshops; members get a lot of steps every day; rumored to have superpowers.

**Arts & Crafts Center:** Trout Lodge drop-in center full of fun crafts (nominal fee) like tie-dye, beading, ceramic painting, model building, jewelry-making, and more. It's air conditioned, quiet, and a great way to reconnect with a child after workshops and the children's program. Also fun for adult friends to sit, create, and chat.

**Burt:** The name of the High School Youth Group—a name honored since MUUSA's roots at Lake Geneva Summer Assembly; also Burtoid: a member of Burt, who will be happy, but sleep-deprived and may or may not acknowledge a parent or sit with you at mealtimes.

**Burt Pie Toss:** A Burt fundraiser in which people, usually parents and siblings, pay to squish a "pie" (typically whipped cream) into the face of the Burtoid. Held on Friday.

**Chapel:** A chapel down the road. Workshops and Meyer and Burt dances take place here.



**Improv Workshop.**

*Photo: Roger Easley*



**Some Choir members being awesome.**

*Photo Credit: Roger Easley*

**Choir aka Awesome Choir:** A Workshop and the choir for the week; sings for Morning Celebration; led by the Awesome Pam Blevins-Hinkle, accompanied by the Awesome Bonnie Ettinger.

**Club MUUSA, Nighttime DJ and Dancing**—a name honoring MUUSA's roots at Lake Geneva Summer Assembly; takes place Monday, Tuesday, and Friday in the Pavilion from 9-11pm.

**Coffeehouse:** Camper performers of all ages sing, act, read, and entertain. Give it a try!

**Contra, aka Contra Dance:** A workshop in the morning, and also an Intergenerational Dance Party on Wednesday night for the whole camp; also Techno-Contra, in which lights are used for fancy effects.

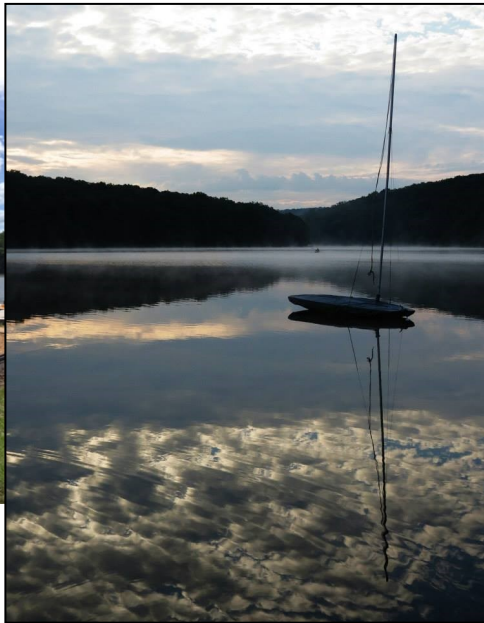
**Country Store (formally, Waterwheel Country Store):** Trout Lodge store where you can sign up for fee-based Trout Lodge activities and buy delicious ice cream cones. They may sell other things too but we only remember the ice cream. Youth are often spotted at the tables on its patio...eating ice cream.

**Deck:** Lakeside large deck overlooking the lake. If we bus our dishes promptly, a place we will be allowed to eat lunch.

**Dicky Bub:** Potosi hardware and sundries store. We love Dicky Bub. Good for forgotten soccer balls, chairs, flashlights, sunglasses, flip flops.

**Finding Tiny Treasures:** Mysterious campers hide tiny giraffes, flamingos, tigers, and other tiny treasures around camp. If you find one, consider yourself an excellent sleuth.

**Funyak,** at the Beachfront: Like a kayak but made of plastic and fun for all ages; wear a swim suit—you will get soaked, which is wonderful if it is a hot summer.



*Photos: above—Jane McLeod, center—Roger Easley, right—Ruth Elliott*

**Geneva Square:** Early evening fun at The Pavilion for all ages; includes bubbles, face painting, balloon animals, and more!

**Hillcrest:** The building past the beachfront and up the hill; this is where Morning Celebrations, and some Intergenerational Events, Vespers, and Workshops happen. The MUUSA Annual meeting is held there on Thursday.

**Hush Puppies:** A delicacy that only happens once a week; the best balls of fried cornbread in the country.

**Inner Tube:** Big inflatable yellow tubes to sit and float in.

**Junta, The:** The Junta Nominadoro is the name of the Nominating Committee; they have a puzzling penchant for macho/macha costumes and are on the lookout for the next camp leaders.

**Knitters:** People who knit—everywhere—at Morning Celebration, in workshops, on the patio overlooking the lake, on the deck, on the grass. We welcome knitters and yarn of all worsted weight varieties, color, and content.

**Lake,** aka Sunnen Lake: A place for swimming, sitting, sleeping, sliding down the water slide, swinging on the tire swing, playing inside Zorb balls, taking out a sailboat, canoe, funyak, paddleboat, or inner tube; also—central camp landmark, sandy beach for playing, and community sunshine fun. Beachfront is open from 9am-8pm daily, weather permitting.

**Liaison:** APC member assigned to workshop leaders and locations.

**Lobby:** The fourth floor of Trout Lodge. The entrance from the roadside is the fourth floor; the entrance from the lakeside is the first floor. It's confusing, but it will make sense by Wednesday. Houses the front desk, a nice fireplace to sit near (no, there won't be a fire lit), and the entrance to the Dining Hall.



**Mallard:** Aka the Mallards, Mallard 1, 2, 3, 4; location of Check-in on Sunday, Workshops, Bookstore, and Art Fair.; on the 2nd floor of the Lodge.

**Meyer:** The name for the Junior High School group—name honored since MUUSA’s roots at Lake Geneva Summer Assembly; also, Meyerite—a teen affiliated with Meyer. See “Burt” above for typical behavior.

**Meyer Cornstarch:** This is a Friday afternoon mystery that campers must experience for themselves...if it happens. The availability of cornstarch varies from year to year.

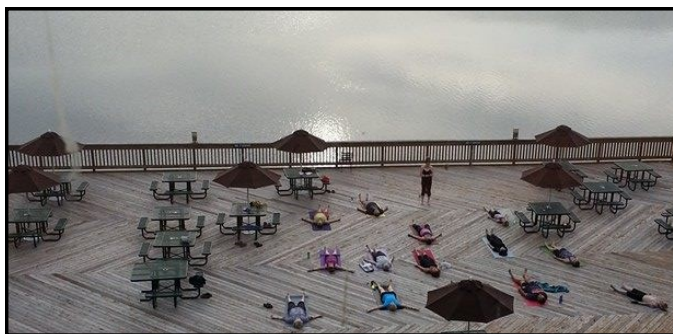
**Morning Celebration:** Every morning sermons by our theme speaker, story for all ages, Awesome Choir, fellowship, singing and spontaneous whoops and dancing. Takes place in Hillcrest.

**MUSE:** Daily newsletter that is your source for everything happening every day. Pick it up just inside the Dining Hall door at dinner each night. Instructions for submitting information (e.g., Proch parties) available in the Sunday MUSE.

**MUUSA Toes:** Some campers like to arrive at camp after group pedicures; typically each toe is painted a different color. See photos posted on Facebook the day before camp!

**Napping Workshop aka Napshop:** Spontaneous, self-led, and highly recommended. Multiple locations including Trout Lodge sofas, beach chairs, cabins, and lodge rooms.

Photo: Bonnie Ettinger



**Yoga on the Deck**

Some say “MewSa.”  
Some say “MooSa.”  
Either way,  
it’s our week.  
Enjoy!

**Omsbuddy:** Nickname for Ombudsman, a position of the Planning Council who makes sure camp rules are respected; mediates if needed; all around sensible person.

**Paddleboat:** Foot-powered boat for two—at the Lake.

**Patio:** Outside of Meeting Room 5 with cover—enjoy rocking chairs, ping pong table, the Knitters, musicians, kids; a nice shady spot with a great view of the lake.

**Pavilion:** The covered, open-aired building up the hill opposite the Beachfront; the Welcome Party, dances, Workshops, Geneva Square, and some Children’s program events happen here, as do the Sunday Parent Meetings and daily pick up and drop off for the Children’s program. Sometimes, there is drumming.

**PC:** Planning Council—Made up of the APC, plus the Omsbuddy, Treasurer, Registrar, Secretary, Children’s Program, Burt, and Meyer leaders; also rumored to have superpowers. If you see someone wearing a sash, that person is probably a PC member. Please thank them for all they do, and feel free to ask them any questions you wish.

**Pie:** At every lunch and dinner. Really. It’s awesome. You’ll hear a lot about pie.

**Plastic cups:** Used to be offered at water drops. Because they create a lot of trash, we will not offer plastic cups and will count on campers to bring water bottles.

**Pontoon Boat:** Take a guided lake tour on the very peaceful pontoon boat. Also offered, Ice Cream Float and Pirate Pontoon.

**Proch:** A long time ago, a hard-working newsletter editor spelled “porch” wrong. Proch is a reference to that micro-blunder and refers to a Porch Party and/or a gathering of MUUSAns. Example: “Come to our Proch.”

**Raunch Night:** At Thursday night Coffeehouse. Adults only.

**“See you next week”:** MUUSAns don’t say “goodbye” at the end of a wonderful week—we say “See you next week.” We say it all year long. Again and again. Hilarity ensues when camp really is only one week away.

**Service Projects:** MUUSA projects at camp to offer service to Trout Lodge; in 2017, we will help build Adirondack chairs.

**St. Vincent’s Café:** The 2<sup>nd</sup> floor lounge area of the Trout Lodge, named for a beloved former camper, has games and puzzles set out all week for your use. After 9:00 pm game time moves to Meeting Room 6 for adult games like Wizard and Poker.

**Styrofoam cups:** Used in the past by campers to take coffee out of the Dining Hall. In the interest of environmental sustainability, will not be offered this year; bring a travel mug instead!



It’s true. “See you next week” is really a thing.



Photos: Roger Easley

**Sunnen Lake:** The Lake has a name and you can kayak on it. (See photographic evidence above.)

**Teepee:** Location uphill from the entrance of Trout Lodge, roadside. Look up! You’ll see it. It is shaped like a teepee, but is a fully functional building with air-conditioning. Some workshops take place here.

**The Lodge, aka Sunnen Center:** The building where lodgings, the Dining Hall, and meeting rooms reside. (**Trout Lodge YMCA** is the name of the entire property.)

**The Tent:** The Tent in the center of camp, uphill from the Beachfront, and beside the Volleyball Court. Sit and relax, chat, meet up with old friends, make new friends. Drop by for impromptu crafts or start your own. Feel free to leave your beach chairs under the tent for the week and enjoy this space any time of the day or night, but please keep use of alcohol to your private balcony or porch.



Walk the Labyrinth! Built by MUUSA.

Photo: Lee Goss

**Ultimate:** Like soccer but with a disc. Every night—all ages.

**Vespers:** A spiritual end to the day, after dinner, led by campers.

**YAs, YYAs:** Young Adults (21-35), and Young, Young Adults (18-20).

**For news between now and July, join two Facebook Pages**  
**Trout Lodge—MUUSA (social)**  
**MUUSA (official announcements)**

Have something to add? The MUSE will be taking submissions during camp; e-mail to 2017 Muse Editor Hannah Davis at [golwyg@gmail.com](mailto:golwyg@gmail.com). If you have further questions please contact Sara Teppema ([registrar@muusa.org](mailto:registrar@muusa.org)).

# How do I get there?

## DRIVING DIRECTIONS

YMCA Trout Lodge address: 13528 State Highway AA, Potosi, MO 63644 1-888-FUN-YMCA

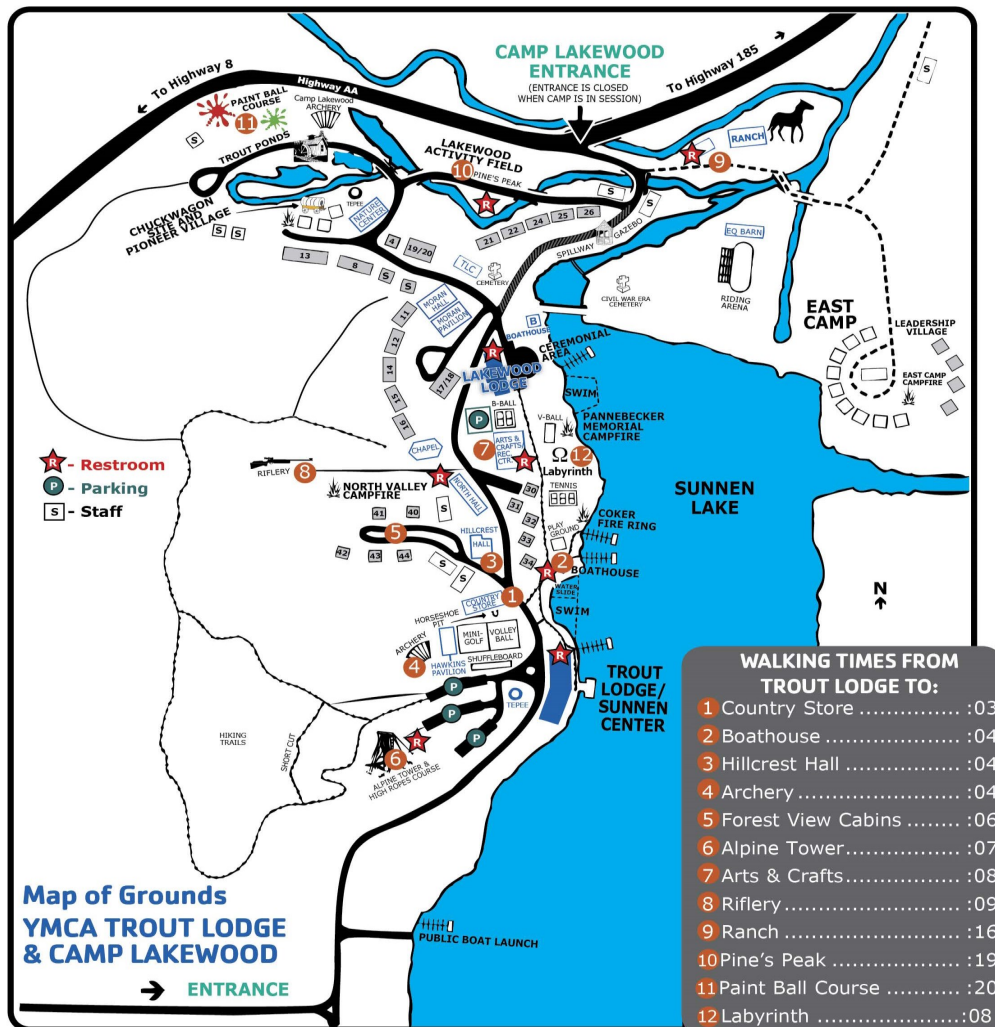
### FROM ST. LOUIS

- I-270 to Tesson Ferry Road (Hwy 21)
- Hwy 21 (south) for 18 miles
- Turn left onto Hillsboro Rd/MO Route 8 for .4 miles
- Turn right onto Hwy 21 (south) for 29.3 miles
- Turn right onto Hwy 8 (west) and go 10.7 miles to State Hwy AA
- At Hwy AA, turn right and go 2 miles to arrive at Trout Lodge

### OR

- I-270 to I-55 for 22 miles, until you reach Festus and Hwy 67 (south)
- Exit right onto Hwy 67 (south), travel for 6 miles to Hwy 110 (west)
- Turn right onto Hwy 110 (west), go 6.3 miles to Hwy 21 (south)
- Turn left onto Hwy 21 and go 2.5 miles to Hwy 8
- Turn right onto Hwy 8 (west) and go 10.7 miles to State Hwy AA
- At Hwy AA, turn right and go 2 miles to arrive at Trout Lodge

Directions from other starting points available at <http://www.ymcaoftheozarks.org/directions>. Do not trust your GPS.



Jane McLeod, Editor, Special Edition Muse  
From Karen Peck's original design.