

MIDWEST UNITARIAN UNIVERSALIST SUMMER ASSEMBLY  
(MUUSA)

*presents*

# ZOOMSA!

JULY 4 - 10, 2021

A week of online connection and inspiration  
Register at [muusa.org](http://muusa.org)

# WELCOME

Dear Friends!

How I wish I could be preparing to gather in person! While the decision to meet virtually this year was a difficult one, it was also the only safe choice. But I miss seeing you all in person!

Nevertheless, your Planning Council has put together an amazing variety of programming for you all for virtual MUUSA - or ZOOMSA - this week! We have programming during the day and the evening and something for every age group. I know you will find things to do and ways to connect with other campers! Choose from social time, games, vespers, worship, exercise, beverage tasting, cooking, critical thinking, and so much more! I hope to see you "next week" at Zoomsa!

*Susan Stafford*  
MUUSA PRESIDENT

“

I predict we'll have  
an excellent  
reunion in July. I'm  
virtually certain.

~Ken S.

# GOING VIRTUAL

## What can you expect from online camp?

Zoomsa programs will be presented via **Zoom or YouTube**. If you have experience using both of those, you will easily be able to access all of the offerings. If you don't feel comfortable with those platforms, please send a note to [apc@muusa.org](mailto:apc@muusa.org) and we'll connect with someone who can personally assist you.

Programming has been scheduled throughout the day in order to accommodate a variety of availability. If you are not able to attend a presentation at the time it's offered, you may be able to view it later. The **sessions which are being recorded** will be indicated with this icon:  Links to those recordings will be available at muusa.org after the session.

When sessions have a large number of participants and are more social or interactive in nature, we will break into **Zoom Rooms**. If that happens, your Zoom host will randomly assign you to a smaller breakout group in order to facilitate conversations.

Some of our programs have a limit on the number of participants and this will be noted in the description. You will want to **register early** in order to reserve your spot in those sessions.

For the "no limit" programs and social events, you can simply show up at the posted time. However, some of these offerings can only be done if you acquire some items ahead of time. If you **indicate your interest** on the registration form, presenters will know to send you the materials list ahead of time. These supply lists will also be available at muusa.org.

### Early Registration ends June 1

Campers who **register by June 1** will be invited to submit videos for the Opening Celebration and Virtual Choir. General Registration continues through the end of camp on July 10. Zoomsa is FREE but we still need everyone to register.



### Are you ready?

- 1** Go to [muusa.org](http://muusa.org) to register everyone in your household for **FREE!**
- 2** While you are registering, could you consider making a **donation** to cover our costs (like zoom licenses, programming fees, insurance, administrative fees. etc.)? We also hope to make a donation to Trout Lodge.
- 3** Once you are registered, you will be able to access the [Zoomsa page](#) at muusa.org where you will find a calendar and links to materials and sessions
- 4** Send in your **video** for the Opening Celebration and/or virtual Awesome Choir video by June 1. Sign up for Coffee House by June 30.
- 5** Watch for **emails** in July with Zoom links and daily reminders about upcoming activities.

# CALENDAR

- Children & Youth Programming
- Intergenerational Programming
- Worship & Celebration
- Young Adult (YA) Programming
- Adult Sequential Programming
- Adult Standalone Programming

Times are subject to change! **Bookmark the Zoomsa Calendar** for instant access to the most current schedule and - after June 15 - for links to all of the events:

[Zoomsa Calendar](#)

Times on calendar are shown Central Daylight Time (CDT) zone. For Eastern Daylight Time (EDT) zone, see far left column.

		SUN	MON	TUE
EDT CDT		4	5	6
GMT-04	GMT-05			
9 AM	8 AM	bUUtcamp 7:30 – 8:30am	Show Tunes Zumba 7:30 – 8:30am	
10 AM	9 AM			
11 AM	10 AM	Primordial Sound, Session 1 of 3 9 – 10am	Bridge 9 – 11am	
12 PM	11 AM	Cratty Virtual Par 10 – 11am	Living My Poetry 10:30 – 1	Storytime for Everyone 10 – 11am
1 PM	12 PM	Loom Hat, Sessio 11:30am	YA Lunch and Cat 12 – 1pm	Living My Best 10:30 – 11:30a
2 PM	1 PM	Design Ba 12:30 – 1:30pm	Science a 12:30 – 1	Come to the Tent! 11:30a
3 PM	2 PM	Crafts for Younge 1:30 – 2:30pm	Book Disc 2 – 3pm	YA Lunch and Design 12 – 1pm
4 PM	3 PM		Living My 2 – 3pm	Yoga 12:30 – 12:30
5 PM	4 PM	Opening Celebration 4 – 5pm	Gifts from the Pandemic: Creative 3:30 – 4:30pm	Crafting Bee 3:30 – 4:30pm
6 PM	5 PM	Taste the Rainb 5 – 6pm	You CAN Cook 5 – 6pm	Gifts from the P 3:30 – 4:30pm
7 PM	6 PM	Meyer (Gr. 6-8) 5 – 6pm		Taste the Rainbow of Beer 5 – 6pm
8 PM	7 PM	Pie-triotic Party 6 – 7pm	Beer Choir 6 – 7pm	Speakeasy Social 6 – 7pm
9 PM	8 PM	YA Welcome Session 7 – 8pm	Pagan Vespers 7 – 8pm	Coffeehouse 7 – 9pm
10 PM	9 PM	Burt (Gr. 9-12) Orientation 8 – 9pm	YA Game Night 7 – 8pm	YA Smash Tour 7 – 8pm
11 PM	10 PM		YA Worship 9 – 10pm	Proch Party 9 – 10pm
12 AM	11 PM			YA Worship 10 – 11pm

# SUBSCRIBE TO CALENDARS



Use these links to import Zoomsa events directly into your own calendar program. (Junior and Senior High events will be sent directly to campers.)

## Children & Youth Calendar

## Intergenerational Calendar

## Worship and Celebration Calendar

## Young Adult (YA) Calendar

## Adult Calendar

EDT CDT		WED	THU	FRI	SAT
7	8	9	10		
GMT-04	GMT-05				
9 AM	8 AM -	bUUtcamp 7:30 – 8:30am	Show Tunes Zumba 7:30 – 8:30am	bUUtcamp 7:30 – 8:30am	
10 AM	9 AM -				
11 AM	10 AM -	Primordial Sound, Session 2 of 3 9 – 10am		Primordial Sound, Session 3 of 3 9 – 10am	Leaving a Legacy 9 – 10am
12 PM	11 AM -	Crafts for Older Campers 10 – 11am	Grumpy Old Men 10:30 – 1pm	Living My Best Life, Session 4 10:30 – 11:30am	Cratty Story/Play 10 – 11am
1 PM	12 PM -		Come to the Tent! 11:30am	Living My Best Life, Session 4 10:30 – 11:30am	Poetry 10:30 – 1pm
2 PM	1 PM -	YA Lunch and Games 12 – 1pm	Design Battle 12:30 – 1pm	YA Cookie Decorating 12 – 1pm	YA Pets and Chill 12 – 1pm
3 PM	2 PM -		Science a 12:30 – 1pm	Design Battle 12:30 – 1:30pm	Science a 12:30 – 1pm
4 PM	3 PM -	Living My Best Life PM, Session 2 – 3pm	Living My Best 2 – 3pm	Pictionary for Kids 2 – 3pm	Book Discussion 2 – 3pm
5 PM	4 PM -	Gifts from the Pandemic: Creative 3:30 – 4:30pm			Living My Best 2 – 3pm
6 PM	5 PM -		Memorial Service 3:30 – 4:30pm		Bridge 2 – 4pm
7 PM	6 PM -	Mixology 5 – 6pm	Annual Meeting 5 – 6pm	Speakeasy Social 5 – 6pm	Sing with Pam! 3 – 4pm
8 PM	7 PM -	You CAN Cook 6 – 7pm	Mixology 6 – 7pm	You CAN Cook 6 – 7pm	Closing Celebration 4 – 5pm
9 PM	8 PM -	Movie Night Kids 7 – 8:30pm	Mid-Week 7 – 8pm	YA Tie-Dy 7 – 8pm	Speakeasy 5 – 6pm
10 PM	9 PM -		Taste the 7 – 8pm	Gifts from the Pandemic 6:30 – 7:30pm	YA Coffee 7 – 8pm
11 PM	10 PM -	YA Worship 9 – 10pm		Intergenerational Jackbox Game 8 – 9pm	Coffeehouse 7 – 9pm
12 AM			Late Night Vespers 9 – 10pm		YA "Walk This Way" 7 – 8pm
			YA Worship 10 – 11pm		Proch Party 9 – 10pm
					YA Worship 10 – 11pm

# WORSHIP & CELEBRATION

## OPENING CELEBRATION

July 4 @ 4:00pm CDT



*Led by Dr. Glen Thomas Rideout & Rev. Misha Sanders*

Celebrate being together again with an opening session featuring our guest speakers and performances by campers. All are invited to submit a video greeting by June 1 so that it can be added to an all-camp video.

## PAGAN VESPERS

July 5 @ 7:00pm CDT



*Led by Eric Hinkle and Pam Blevins Hinkle*

Gather the ancestors to sing, give thanks and pray for the community.

## MIDWEEK REFLECTION

July 7 @ 7:00pm CDT



*Led by Rev. Keith Kron*

We'll pause in the middle of our week to reflect and celebrate together.

## MEMORIAL SERVICE

July 8 @ 3:30pm CDT



*Led by Ruellen Fessenbecker*

Memorial Service. We will gather to remember campers who have passed away during the year. There will be time for quiet reflection as well as time to share memories of the lives of these campers.

## LATE NIGHT VESPERS

July 8 @ 9:00pm CDT



*Led by Bill Lyon & John Sandman*

Intergenerational Vespers celebrating the unique aspect of worship in the dark.

## CLOSING CELEBRATION

July 10 @ 4:00pm CDT



*Led by Dr. Glen Thomas Rideout & Rev. Misha Sanders*

Our guest co-speakers will close out our time together and lead us in saying "See you next week!"



= session will be recorded and available to watch on YouTube

w w w . m u u s a . o r g

# GUEST SPEAKERS

## Opening & Closing Celebrations

Rev. Misha Sanders is feeling very blessed to be the Senior Minister at Northwest Unitarian Universalist Congregation in beautiful Sandy Springs, Georgia. She is a fiery preacher of the good news of Unitarian Universalism, and believes that the whole world is built and rebuilt by the stories we tell ourselves and each other.

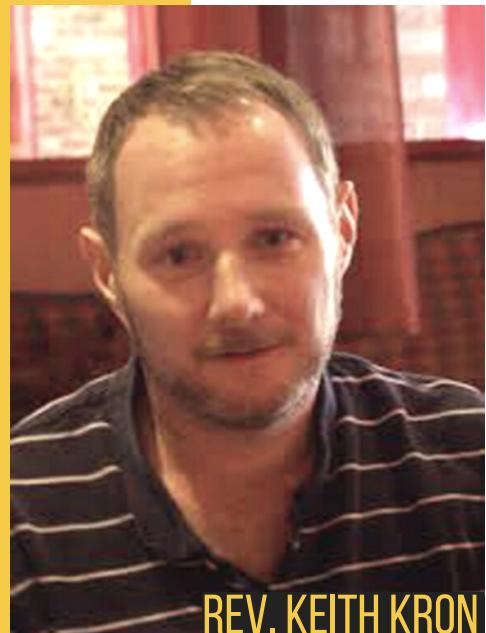


**REV. MISHA SANDERS**



**DR. GLEN THOMAS RIDEOUT**

Artist, theologian, teacher Dr. Glen Thomas Rideout is among Unitarian Universalism's most prolific worship leaders, an influential voice in worship and music craft in a season of fundamental culture shift faith-wide. As Director of Worship and Music for First Unitarian Universalist Congregation of Ann Arbor, Rideout leads the uncommonly-collaborative team worship planning process. During his tenure, Ann Arbor's worship and music ministries have risen to be denominational leaders in congregational singing innovation, ensemble spiritual practice, and liturgical imagination.



**REV. KEITH KRON**

## Midweek Reflection

Rev. Keith Kron is the Director of the Transitions Office for the Unitarian Universalist Association, helping congregations and ministers as they navigate the ministerial search process. He is the former Director of the Office of Bisexual, Gay, Lesbian, and Transgender Concerns for the UUA. He has taught an online course for school on children's literature. He has created a special Harry Potter Jeopardy game and is considered by many to be an expert on Harry Potter.

# INTERGENERATIONAL PROGRAMMING

July 5 @ 8:00pm CDT

## "AMONG US" GAME NIGHT

Hosted by The Cable/Lensink Family

Bring your phone and play "Among Us," an online multiplayer social deduction game. Or just bring yourself and observe the fun.

Creation Sessions:

July 5, 6 & 7 @ 3:30pm CDT

Final Sharing Session:

July 8 @ 6:30pm

## TALES FROM THE PANDEMIC

Led by Karen Seymour-Ells

The last year has been challenging for so many of us, but for some, it has offered unexpected gifts or opportunities. Within the challenges we have discovered different ways of maintaining relationships and new strengths within ourselves. This workshop/event will feature 8 storytellers each developing a 5 minute story about something that has happened within the last year. Storytellers will attend 2 or 3 Zoom workshops ahead of the event in order to hone their tale. **Limit 8 storytellers. No limit on audience at final story sharing session.**

July 6 @ 10:00am CDT

## STORYTIME FOR EVERYONE

Led by Jocie Luglio

Jocie will curate and read diverse picture books aloud while sharing on-screen illustrations.

July 6 & 8 @ 11:30am CDT

## COME TO THE TENT

Hosted by Deirdre Sheets

All ages are invited to drop in to the tent from 11:30am - 1:00pm to participate in a collaborative art project that will be shared during closing ceremony.

July 5 & 9 @ 11:30am CDT

## LOOM KNIT A HAT



Led by Jennifer Nahm

Knitting on a round loom is a fun craft that is easy for all ages. No previous knitting experience is necessary. Participants will need a knitting loom and yarn (a supply list will be provided before the workshop). The first session will teach participants how to start a hat. The second session will teach participants how to finish the hat and discuss different stitches that can be used on the loom as well as hat variations. **No limit**

July 6 & 9 @ 7:00pm CDT

## COFFEE HOUSE



Hosted by Laurel Hermann,  
Steve Krahne & John Sandman

This summer we will offer two Coffee House events where campers can share their live or pre-recorded talents. Interested in participating? The link to the sign-up form will be sent to all registered campers. Deadline for Coffee House sign-up is June 30.

July 8 @ 8:00pm CDT

## JACKBOX GAME NIGHT

Hosted by The Enersen Family

Join campers of all ages for a rousing hour of easy-to-learn online games. You will view the game in Zoom and submit answers using separate mobile device or second browser window.

July 10 @ 3:00pm CDT

## SING WITH PAM!

Led by Pam Blevins Hinkle

Quickly learn simple, joyful songs that are the medicine we need for these times!



= session will be recorded and available to watch on YouTube    www.muusa.org



# CHILDREN'S PROGRAMMING

ALSO KNOWN AS "CRATTY"

**JULY 5**

10:00am CDT

## VIRTUAL PARADE VIEWING

Prior to camp, all Cratty kids are invited to submit pictures or short video for a virtual parade. Cratty coordinators will assemble the pictures/videos into one video to be shown.

1:30pm CDT

## CRAFTS FOR YOUNGER CRATTY KIDS

We will do a fun craft using simple household items.

**JULY 7**

10:00am CDT

## CRAFTS FOR OLDER CRATTY KIDS

We will do a fun craft using simple household items.

7:00pm CDT

## MOVIE NIGHT FOR KIDS

Let's watch a family-friendly video over Zoom!

**JULY 6**

2:00pm CDT

## HANGOUT ON ZOOM

Will have separate Zoom breakout rooms for each age group where the kids can just hangout. Perhaps they could interview each other about what they did over the past year and what they plan to do before next year MUUSA.

**JULY 8**

2:00pm CDT

## PICTIONARY FOR KIDS

Over Zoom, one person draws pictures for others to guess the word.

**JULY 9**

10:00am CDT

## STORY/PLAY READING

The older Cratty kids will read a story or a play script to the younger kids.

# JUNIOR HIGH PROGRAMMING

ALSO KNOWN AS "MEYER"



In the Junior High Program or “Meyer,” grades 7-9 create a safe place for sharing, learning their own boundaries and building one heck of a community. This year, we will be holding some online programming throughout the week, including workshops, games, talent shows, and other events. All interested Meyerites should attend the Meyer Opening on Sunday night at 5pm CDT. For more information, contact Ben Krueger ([benjkrueger@gmail.com](mailto:benjkrueger@gmail.com)) and Trevor Smith ([TrevorSmith7224@gmail.com](mailto:TrevorSmith7224@gmail.com)).

*for those entering 7th - 9th Grades*

# HIGH SCHOOL ALSO KNOWN AS "BURT" PROGRAMMING



In our Senior High program, which we call "Burt," we create a community where we love and support everyone no matter what, where we become courageous and responsible, discover ourselves, make life-long friends, and have a ton of fun. This year, like last year, we will be holding programming online throughout the day and into the evening. Programming for "Burtoids" will include workshops, worship, music sharing, games, talent shows, and other yearly traditions. All interested Burtoids must attend our Burt Opening on Zoom on Sunday night at 8:00pm Central for orientation and covenant building. For more information, contact Abe Marsh ([abemarsh@gmail.com](mailto:abemarsh@gmail.com)) and/or our new Burt co-coordinator, Margaret Mitchell ([coronamadonna@gmail.com](mailto:coronamadonna@gmail.com))

*for those entering 10th - 12th Grades*

Registration is open now at [www.muusa.org](http://www.muusa.org)

# YOUNG ADULT PROGRAMMING



**JULY 4** 7:00pm CDT **YA WELCOME SESSION** A general get-to-know-you introductory event

**JULY 5**  
12:00pm CDT  
**LUNCH & CATCH UP**

Come to eat lunch and say hi to new & old faces.

7:00pm CDT  
**JACKBOX/AMONG US**

YAs play games over Zoom or Discord

9:00pm CDT  
**YA WORSHIP**

**JULY 6**  
12:00pm CDT  
**LUNCH & MUSIC**

Come to eat lunch and share good music.

7:00pm CDT  
**SUPER SMASH BROS.**

YAs come together to compete online.

10:00pm CDT  
**YA WORSHIP**

**JULY 7**  
12:00pm CDT  
**LUNCH & GAMES**

Come eat lunch and play an online game, or just hang out.

7:00pm CDT  
**TIE-DYE PAINTING**

Request a kit (quantities are limited) or use your own supplies.

9:00pm CDT  
**YA WORSHIP**

**JULY 8**  
12:00pm CDT  
**COOKIE DECORATING**

Bring ingredients to make cookies together.

7:00pm CDT  
**YA COFFEE HOUSE**

Bring your best talents, or come to cheer on YA pals just like at Trout Lodge.

10:00pm CDT  
**YA WORSHIP**

**JULY 9**  
12:00pm CDT  
**PETS AND CHILL**

Come say hi with some pets - feel free to bring lunch.

7:00pm CDT  
**DANCE TUTORIAL**

Learn how to do the "Walk This Way" dance that the MUUSA YAs are known for.

10:00pm CDT  
**YA WORSHIP**

**JULY 10**  
10:00am CDT  
**YA BRUNCH**

Bring whatever brunch recipes you want, or just bring pancake mix!

12:00pm CDT  
**BYES & END-OF-WEEK MEETING**

*Young Adult (YA) Programming is organized by and geared toward campers 18 - 35.*

# SEQUENTIAL ADULT PROGRAMS

Participants should plan to attend all sessions consecutively

## AM SESSION:

JULY 5 - 9 @ 10:30AM CDT

## PM SESSION:

JULY 5 - 9 @ 2:00PM CDT

## #LIVINGMYBESTLIFE

Led by Jamie Shepherd

Through exploration of purpose and meaning, #LivingMyBestLife empowers participants to maximize their potential and live their best lives. Going beyond passion to consider purpose, participants explore how they can utilize their gifts and talents in service to something bigger than themselves. This workshop will be especially beneficial to Young Adults who are considering what major or career to pursue, but it is also a great opportunity for adults of all ages to re-focus through career and life transitions.

Participants are encouraged to use a notebook throughout this class, but loose leaf paper is also fine! Printable resources will also be provided, but you don't need to print them to participate fully!

This 5-session workshop will be offered twice, once in AM and once in PM. **Limit 25 per workshop.**

**July 5, 7 and 9 @ 9:30am CDT**

## INTRODUCTION TO: PRIMORDIAL SOUND MEDITATION

Led by Valarie Palacios

An opportunity to deepen and enliven any meditation practice. We will learn basic concepts of Primordial Sound Meditation and how it can benefit a person's life and enrich the soul. We will focus on each spiritual law and how to incorporate them into daily intentions. This class is designed for the first-time meditator, the advanced spiritualist, and everyone in between! **No limit.**

**July 5 - 9 @ 2:00pm CDT**

## DESIGN BASICS: REALISM TO ABSTRACTION

Led by Stephanie Robertson

Do you like to paint, quilt and collage but want to make your designs more interesting? In this workshop we will start with our own photographs and work towards creating an abstract work of art by the end of the week. Students will attend three virtual sessions, with the final session serving as a showcase of the work created during the week. They will also be invited to attend virtual one-on-ones with me during the week to discuss their design ideas. **Limit 12.**

**July 5, 7 and 9 @ 12:30pm CDT**

## SCIENCE AND PSEUDO-SCIENCE

Led by Carolyn Hildebrandt & Ken Sharp

Daily, we are bombarded with "scientific" claims that may or may not be true. In this age of "alternative facts" and evidence-free assertions, critical thinking is of paramount importance. In this workshop, we will explore the history of science and pseudoscience and ways in which we can identify facts and misinformation about topics such as creationism, climate change, conspiracy theories, medical quackery, vaccines, and COVID-19, and help people think about them in more scientific ways. Carolyn Hildebrandt is a professor of psychology who has taught college-level courses on this topic in London and the U.S. Ken Sharp is a retired professor of chemistry with interests in the history of science. **No limit.**



= session will be recorded and available to watch on YouTube

www.muusa.org

# STANDALONE ADULT PROGRAMS

Each session is unique and campers can attend as many as they like

July 5, 7 & 9 @ 7:30AM CDT

## BUUTCAMP FOR ALL LEVELS OF FITNESS

Led by Pamela Hermann

Join us for a morning workout combining strength and high impact interval training. Workshop will include a warmup, 30-40 minutes workout and a cooldown and stretch. This is informal and fun and modifications will be provided to meet you wherever you are in your fitness journey! Note that the workshop leader is an enthusiastic fitness advocate but not a certified trainer. Participants should bring a yoga mat and pair of free weights or resistance bands. Come sweat with us! **Limit 20 per session.**

July 5 @ 5:00pm CDT, July 7 & 9 @ 6:00pm CDT

## UU CAN COOK

Led by Jodi Perko

If your diet consists mainly of frozen meals heated up in the microwave, bowls of cereal, and/or you have take-out boxes filling your fridge, then this can help you on your way to eating tastier and healthier foods! We'll prepare simple meals together, requiring no special tools aside from a good-sized skillet and a pot, a mixing bowl, and a sharp knife. Recipe ingredients will be basic, and participants will be emailed a list prior to the scheduled meeting. **Limit 25 per session.**

July 6 @ 9:00am CDT, July 10 @ 2:00pm CDT

## BRIDGE

Led by Steve Enersen

Table(s) of bridge using Trickstercards.com. Participants should be experienced bridge players of intermediate ability and above. Participants would be accepted in units of four. Example: If 11 people sign up, the first 8 would be accepted and the session would consist of two tables. If 15 sign up, we would accommodate the first 12. Two hours. **Limit 16.**

July 10 @ 9:00am CDT

## LEAVING A LEGACY

Led by Bill Lyon

We will explore motivations and techniques for supporting favorite charities. **Limit 24.**

July 6 & 10 @ 10:30am CDT, July 8 @ 9:00am CDT

## GROWING OLDER AIN'T FOR SISSIES

Led by Terri Gaitskill

A series of informative sessions on issues that affect us physically, emotionally, financially, etc. Advance care planning, etc. given by a licensed, prepared registered nurse with more than 30 years' experience. **No limit.**

CANCELED

July 5 @ 10:30am CDT, July 9 @ 10:30am CDT

## POETRY

Led by Katie Whaley

We write poetry together, go over and help edit previous poems, and bring poems we like to discuss them. **No limit.**

July 7 @ 5:00pm CDT, July 8 @ 6:00pm CDT

## MIXOLOGY

Led by Steve Krahne

Steve will provide recipes for 4 cocktails (with "mocktail" alternatives for people who don't drink alcohol) in advance, with brief histories of each drink, as well as suggestions for appetizers. Then we meet and discuss. **No limit.**

July 5 & 6 @ 5pm CDT, July 8 @ 7pm CDT

## TASTE THE RAINBOW

Led by Nate Warner

Taste the Rainbow, but remotely There's much more to the world of fermented liquids than wine and yellow fizzy stuff; let's appreciate some of it! Bring a favorite beer or two to the Zoom gathering in order to learn about a variety of flavors. **No limit.**

July 6 & 8 @ 12:30pm CDT

## YOGA

Led by Ruth Day

All levels yoga workshop, including restorative yoga, yin yoga a bit of vinyasa flow and always, sound healing, poetry, sarcasm and me being generally wacky as needed. Also some meditation. **No limit**



Continued



= session will be recorded and available to watch on YouTube

www.muusa.org



Standalone adult programs  
continued from previous page

July 5, 7 & 9 @ 3:30pm CDT

## VIRTUAL TAROT CARD READING

Led by Chris Whittaker

Live tarot reading. Have you ever wanted to learn how to do a tarot reading? I have been reading tarot since 1980. Limit 12 readings per session, no limit on observers.

**CANCELED**

July 5 & 9 @ 2:00pm CDT

## BOOK DISCUSSION

Led by Amy Miller

Read one or both of our literary selections and meet to discuss. Visit muusa.org for titles and further information. **Limit 12.**

July 6 & 8 @ 7:30am CDT, July 10 @ 10:30am CDT

## SHOWTUNES ZUMBA

Led by Julie Enersen

Dance to great showtunes and oldies while improving health. Zumba is dance fitness perfect for anyone who wants to add some movement to their lives but would like to adapt the easy-to-follow choreography to their own fitness levels. (Yes, you can dance in a chair!) If you have comfy clothing and some space in which to move, you're ready for this! **No limit.**

Rehearsal: April 10 @ 10:00am CDT

Recordings: Due June 1

## VIRTUAL AWESOME CHOIR



Led by Pam Blevins Hinkle & Julie Enersen

Pam will teach music to any interested singers via Zoom on April 10 at 10am CDT. By June 1, participants will submit videos of themselves singing the songs individually. Julie will combine the recordings into videos which will be shared during our Celebrations. **No limit.**

# ADULT SOCIAL EVENTS

July 4 @ 6:00pm CDT

## PIE-TRIOTIC PARTY

Hosted by Program Council & Executive Committee

Pie is an important part of our MUUSA culture. Let's kick off Zoomsa with a party celebrating desserts of all kinds. Bring your favorite and be ready to tell us about it. If you're in an early time zone, remember what they say, "Eat dessert first!"

July 5 @ 6:00pm CDT

## BEER CHOIR



Hosted by Steve Krahne

We drink beer and sing. Not exactly sure how it will work on Zoom, but we are all leaders in our fields, we all love to sing, and we all like beer (except Soni).

July 6 @ 3:30pm CDT

## CRAFTING BEE



Hosted by Connie Loftman

Whether it's knitting, crocheting, quilting, felting, or (you name it), if you enjoy doing it in the chatty company of others, this workshop is for you. Just bring your new, unfinished, or finished project to the Zoom screen and we will "show and tell" and mostly talk.

July 6 & 9 @ 9:00pm CDT

## PROCH PARTY

Hosted by Eve Cusack (July 6) and Pamela Hermann (July 9)

A long time ago, a hard-working newsletter editor spelled "porch" wrong. "Proch" is a reference to that micro-blunder and refers to a gathering of MUUSAns. End your day with casual conversations on our virtual "Proch."

July 6 & 9 @ 6:00pm CDT, July 10 @ 5:00pm CDT

## SPEAKEASY

Hosted by Julie & Steve Enersen, Amy Miller, Susan & Todd Proebsting

Remember when we would meet on the deck of Trout Lodge to share a story or snack before dinner? Let's do that again! Depending on numbers, we'll either stay in one group or break off into Zoom rooms to discuss the question of the day or have a free-form chat.

July 7 @ 10:30am CDT

## GRUMPY OLD MEN



Hosted by Guy Loftman

Grumpy Old Men talk things over. Our allies are, of course, welcome.



= session will be recorded and available to watch on YouTube

www.muusa.org

A photograph of a person sitting on a wooden dock, fishing from a small boat. The person is wearing a blue long-sleeved shirt, shorts, and a wide-brimmed hat. The water is calm, and the sky is filled with warm, golden light from the setting sun.

# ONGOING ACTIVITIES

## ARTIST PAGE

## BOOK STORE

## SCAVENGER HUNT

## MOVE FOR MUUSA

## VIRTUAL BINGO

### CALLING ALL ARTISTS!

Although we aren't having an Art Fair this year, we are featuring some of our camp artists. Visit [muusa.org/art](https://muusa.org/art) to find information and link to our artists' work and websites.

### FOUND AT MUUSA.ORG

Our online bookstore features selections chosen by InSpirit (UUA) Bookstore and books by our MUUSA authors. Go to [muusa.org/bookstore](https://muusa.org/bookstore) to purchase Book Discussion selections and to support our campers!

### I SPY...

How many treasures do you find around camp during MUUSA? Do you have a collection of ducks, dogs, or army men doing yoga? This year we have sent "beach cats" all over the country. Keep track of how many you spy throughout the week.

### HOW FAR CAN WE GO?

Let's get moving during Zoomsa and track how many miles we all cover. And generous donors will contribute \$1 for every mile we collectively roll/walk/run/bike during camp. Enter your miles at [muusa.org/miles](https://muusa.org/miles).

### FIND SIX IN A ROW

Download an audible or visual bingo card and then listen and look for different things during virtual sessions. All ages are encouraged to participate.



# REGISTER

Zoomsa is FREE and registration is open now! Space is limited in some sessions, so you'll want to sign up early. Register by June 1 to be part of the opening celebration video, participate in the virtual choir or - for Jr./Sr. High - to receive a care package.

1

Register yourself and others in your household for FREE by clicking the "Register Now" button at [muusa.org](http://muusa.org)

2

Visit the [Zoomsa page](#) to check for updates and to find the most current information about our virtual camp.

3

Watch your email for information about how to access the various live and pre-recorded sessions.

**Photo Credits:** Eve Cusack, Julie Enersen, Anita Jencks, Sarah Lensink, Bill Pokorny, Kathy Salzano, Nate Warner

## ZOOMSA! Schedule (All times listed are in Central Time Zone)

**Children & Youth Programming** (Burt and Meyer schedules will be sent directly to Jr. High and Sr. High campers.)  
**Intergenerational**

### Schedule Key

**Worship & Celebration**  
**Young Adult (YA) Programming**  
**Adult Programming**

Some sessions state "Registration Requested" due to a limit on the number of participants. If you would like to participate but did not register, you can do so by logging in at [muusa.org](http://muusa.org) and clicking "Workshop Preferences. Or you can attend the Zoom gathering and see if there are spots available.

Date	Time	Title	Presenter(s)	Link to Session
<b>JULY 4 SUN</b>	4:00pm CDT	<b>Opening Celebration</b>	Dr. Glen Thomas Rideout, Rev. Masha Sanders	<a href="https://bit.ly/ZOMSAOpening">bit.ly/ZOMSAOpening</a>
	5:00pm CDT	<b>Meyer Opening</b>	Ben Krueger & Trevor Smith	<a href="https://us02web.zoom.us/j/86525308662?pwd=K09MOTdUSIgjTXh6VEhaU0FxZEFOZz09">https://us02web.zoom.us/j/86525308662?pwd=K09MOTdUSIgjTXh6VEhaU0FxZEFOZz09</a>
	6:00pm CDT	<b>Pie-triotic Party</b>	Adult Planning Committee, Executive Committee	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
	7:00pm CDT	<b>YA Welcome Session</b>	Heather Pechtl & Hannah Davis	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
	8:00pm CDT	<b>Burt Orientation</b>	Abe Marsh, Midge Mitchell	<a href="https://us02web.zoom.us/j/81877571303?pwd=SXNsVUIGbmM4SmVFNDRJTFdrVkhGdz09">https://us02web.zoom.us/j/81877571303?pwd=SXNsVUIGbmM4SmVFNDRJTFdrVkhGdz09</a>
<b>JULY 5 MON</b>	7:30am CDT	<b>bUUtcamp for all fitness levels</b> Registration and <a href="#">Signed Release Form</a> Requested.	Pamela Hermann	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
	9:30am CDT	<b>Introduction to Primordial Sound Meditation</b> [Session 1 of 3]	Valarie Palacios	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
	10:00am CDT	<b>Virtual parade viewing</b>	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
	10:30am CDT	<b>#LivingMyBestLife - AM</b> [Session 1 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
	10:30am CDT	<b>Poetry</b>	Katie Whaley	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
	11:30am CDT	<b>Loom Knit a Hat</b> [Session 1 of 2] <a href="#">Supply List and Instructions</a>	Jennifer Nahm	<a href="https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
	12:00pm CDT	<b>YA Lunch and Catch Up</b>	Heather Pechtl	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
	12:30pm CDT	<b>Design Basics: Realism to Abstraction</b> [Session 1 of 5] Registration Requested	Stephanie Robertson	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
	12:30pm CDT	<b>Science and Pseudoscience</b> [Session 1 of 3]	Carolyn Hildebrandt & Ken Sharp	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
	1:30pm CDT	<b>Crafts for younger Crafty kids</b>	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
	2:00pm CDT	<b>Book Discussion</b> Registration Requested	Amy Miller	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
	2:00pm CDT	<b>#LivingMyBestLife - PM</b> [Session 1 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
	3:30pm CDT	<b>Tales from the Pandemic: Creation Session</b> [Session 1 of 3] Registration Requested	Karen Seymour-Ells	<a href="https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
	5:00pm CDT	<b>UU CAN Cook Handout and Recipes</b>	Jodi Perko	<a href="https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525?pwd=VG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
	5:00pm CDT	<b>Social Rainbow Tasting at a Distance</b>	Nate Warner	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
	6:00pm CDT	<b>Beer Choir</b>	Steve Krahneke	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
	7:00pm CDT	<b>Pagan Vespers</b>	Eric Hinkle	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>

MON	7:00pm CDT	YA Jackbox/Among Us Game Night	Ken Pechtl	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
MON	8:00pm CDT	"Among Us" Game Night	Cable/Lensink Family	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
MON	9:00pm CDT	YA Worship	Forrest Marie and Frances Sheets	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
<b>JULY 6</b>				
TUE	7:30am CDT	Showtunes Zumba	Julie Enersen	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
TUE	9:00am CDT	Bridge (the card game) Registration Requested	Steve Enersen	Trickster (link will be sent to the bridge players)
TUE	10:00am CDT	Storytime for Everyone	Jocie Luglio	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
TUE	10:30am CDT	#LivingMyBestLife - AM [Session 2 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	11:30 AM - 1:00 PM CDT	Come to the Tent!	Deirdre Sheets	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
TUE	12:00pm CDT	YA Lunch and Music	Heather Pechtl	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
TUE	12:30pm CDT	Yoga	Ruth Day	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
TUE	12:30pm CDT	Design Basics: Realism to Abstraction [Session 2 of 5] Registration Requested	Stephanie Robertson	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	2:00pm CDT	#LivingMyBestLife - PM [Session 2 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	2:00pm CDT	Hangout on Zoom	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
TUE	3:30pm CDT	Crafting Bee	Connie Loftman	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	3:30pm CDT	Tales from the Pandemic: Creation Session [Session 2 of 3] Registration Requested	Karen Seymour-Ells	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGl6dz09</a>
TUE	5:00pm CDT	Social Rainbow Tasting at a Distance	Nate Warner	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	6:00pm CDT	Speakeasy	Julie and Steve Enersen, Amy Miller, Susan & Todd Proebsting	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
TUE	7:00pm CDT	Coffee House	Laurel Hermann, Steve Krahne, John Sandman	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	7:00pm CDT	YA Smash Tournament	Grant Lyon	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
TUE	9:00pm CDT	Proch Party	Eve Cusack	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
TUE	10:00pm CDT	YA Worship	Forrest Marie and Frances Sheets	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
<b>JULY 7</b>				
WED	7:30am CDT	bUUtcamp for all fitness levels Registration and <a href="#">Signed Release Form</a> Requested.	Pamela Hermann	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
WED	9:30am CDT	Introduction to Primordial Sound Meditation [Session 2 of 3]	Valarie Palacios	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
WED	10:30am CDT	Grumpy Old Men	Guy Loftman	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
WED	10:30am CDT	#LivingMyBestLife - AM [Session 3 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQt09</a>
WED	12:00pm CDT	YA Lunch and Games	Heather Pechtl	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>

WED	12:30pm CDT	<b>Design Basics: Realism to Abstraction</b> [Session 3 of 5] Registration Requested	Stephanie Robertson	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
WED	12:30pm CDT	<b>Science and Pseudoscience</b> [Session 2 of 3]	Carolyn Hildebrandt & Ken Sharp	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
WED	2:00pm CDT	<b>#LivingMyBestLife - PM</b> [Session 3 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
WED	3:30pm CDT	<b>Tales from the Pandemic: Creation Session</b> [Session 3 of 3] Registration Requested	Karen Seymour-Ells	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
WED	5:00pm CDT	<b>Mixology Information and Ingredients</b>	Steve Krahne	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
WED	6:00pm CDT	<b>UU Can Cook!</b> Handout and Recipes	Jodi Perko	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
WED	7:00pm CDT	<b>Movie night for kids</b>	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
WED	7:00pm CDT	<b>Midweek Reflection</b>	Rev. Keith Kron	<a href="http://bit.ly/ZOOMSAMidweek">bit.ly/ZOOMSAMidweek</a>
WED	7:00pm CDT	<b>YA Tie-Dye Painting From Home</b>	Judah Spahn	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
WED	9:00pm CDT	<b>YA Worship</b>	Forrest Marie and Frances Sheets	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09</a>

JULY 8 THU	7:30am CDT	<b>Showtunes Zumba</b>	Julie Enersen	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
THU	10:00am CDT	<b>Crafts for older Crafty kids</b>	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
THU	10:30am CDT	<b>#LivingMyBestLife - AM</b> [Session 4 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
THU	11:30 AM - 1:00 PM	<b>Come to the Tent!</b>	Deirdre	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
THU	12:00pm CDT	<b>YA Cookie Decorating</b>	Heather Pechtl	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
THU	12:30pm CDT	<b>Yoga</b>	Ruth Day	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
THU	12:30pm CDT	<b>Design Basics: Realism to Abstraction</b> [Session 4 of 5] Registration Requested	Stephanie Robertson	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
THU	2:00pm CDT	<b>#LivingMyBestLife - PM</b> [Session 4 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
THU	2:00pm CDT	<b>Pictionary for kids</b>	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
THU	3:30pm CDT	<b>Memorial service</b>	Ruellen Fessenbecker	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
THU	5:00pm CDT	<b>Annual Meeting</b>	Executive Committee	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
THU	6:00pm CDT	<b>Mixology Information and Ingredients</b>	Steve Krahne	<a href="https://us02web.zoom.us/j/89085554567?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/89085554567? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
THU	6:30pm CDT	<b>Tales from the Pandemic: Sharing Session</b>	Karen Seymour-Ells	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
THU	7:00pm CDT	<b>Social Rainbow Tasting at a Distance</b>	Nate Warner	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>
THU	7:00pm CDT	<b>YA Coffee House</b>	Lia Frykman	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
THU	8:00pm CDT	<b>Jackbox Game Night</b>	Enersen Family	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9VTFZvRmQ1SXpBWGI6dz09</a>
THU	9:00pm CDT	<b>Late Night Vespers</b>	John Sandman	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkZsTmhRQT09</a>

THU	10:00pm CDT	<b>YA Worship</b>	Forrest Marie and Frances Sheets	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
<b>JULY 9</b> <b>FRI</b>	7:30am CDT	<b>bUUtcamp for all fitness levels</b> Registration and <a href="#">Signed Release Form</a> Requested.	Pamela Hermann	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
FRI	9:30am CDT	<b>Introduction to Primordial Sound Meditation</b> [Session 3 of 3]	Valarie Palacios	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
FRI	10:00am CDT	<b>Cratty Story/play reading</b>	Greg Spahn, Tabitha Rasmussen	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9vTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9vTFZvRmQ1SXpBWGl6dz09</a>
FRI	10:00pm CDT	<b>YA Worship</b>	Forrest Marie and Frances Sheets	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
FRI	10:30am CDT	<b>Poetry</b>	Katie Whaley	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
FRI	10:30am CDT	<b>#LivingMyBestLife - AM</b> [Session 5 of 5] Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09</a>
FRI	11:30am CDT	<b>Loom Knit a Hat</b> [Session 2 of 2] <a href="#">Supply List and Instructions</a>	Jennifer Nahm	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9vTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9vTFZvRmQ1SXpBWGl6dz09</a>
FRI	12:00pm CDT	<b>YA Pets &amp; Chill</b>		<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
FRI	12:30pm CDT	<b>Design Basics: Realism to Abstraction</b> [Session 5 of 5] Registration Requested	Stephanie Robertson	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
FRI	12:30pm CDT	<b>Science and Pseudoscience</b> [Session 3 of 3] Registration Requested	Carolyn Hildebrandt & Ken Sharp	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09</a>
FRI	2:00pm CDT	<b>Book Discussion</b> Registration Requested	Amy Miller	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
FRI	2:00pm CDT	<b>#LivingMyBestLife - PM</b> [Session 5 of 5]Registration Requested	Jamie Shepherd	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09</a>
FRI	5:00pm CDT	<b>Speakeasy</b>	Julie and Steve Enersen, Amy Miller, Susan & Todd Proebsting	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
FRI	6:00pm CDT	<b>UU Can Cook!</b> <a href="#">Handouts</a> and <a href="#">Recipes</a>	Jodi Perko	<a href="https://us02web.zoom.us/j/86423736525?pwd=WG50dU9nRU9vTFZvRmQ1SXpBWGl6dz09">https://us02web.zoom.us/j/86423736525? pwd=WG50dU9nRU9vTFZvRmQ1SXpBWGl6dz09</a>
FRI	7:00pm CDT	<b>Coffee House</b>	Laurel Hermann, Steve Krahne, John Sandman	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09</a>
FRI	7:00pm CDT	<b>YA Walk This Way Dance Tutorial</b>	Lucy and Kaily Christianson	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
FRI	9:00pm CDT	<b>Proch Party</b>	Pamela Hermann	<a href="https://us02web.zoom.us/j/89585711134?pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09">https://us02web.zoom.us/j/89585711134? pwd=c0tVQUJVRTRDNStoZWhOVkzsTmhRQT09</a>
<b>JULY 10</b> <b>SAT</b>	9:00am CDT	<b>Leaving a Legacy</b>	Bill Lyon	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
SAT	10:00am CDT	<b>YA Brunch</b>	Heather Pechtl and Hannah Davis	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
SAT	11:30am CDT	<b>Showtunes Zumba</b>	Julie Enersen	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
SAT	12:00pm CDT	<b>YA Byes &amp; End-Of-Week Meeting</b>	Heather Pechtl and Hannah Davis	<a href="https://us02web.zoom.us/j/81497813289?pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09">https://us02web.zoom.us/j/81497813289? pwd=dFZGVTBabk1oaDltNFVpY0VzYTBOQT09</a>
SAT	2:00pm CDT	<b>Bridge (the card game)</b> Registration Requested	Steve Enersen	Trickster (link will be sent to the bridge players)
SAT	3:00pm CDT	<b>Sing With Pam!</b>	Pam Blevins Hinkle	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>
SAT	4:00pm CDT	<b>Closing Celebration</b>	Dr. Glen Thomas Rideout and Rev. Masha Sanders	<a href="http://bit.ly/ZOOMSAClosing">bit.ly/ZOOMSAClosing</a>
SAT	5:00pm CDT	<b>Speakeasy</b>	Julie and Steve Enersen, Amy Miller, Susan & Todd Proebsting	<a href="https://us02web.zoom.us/j/890855545672?pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09">https://us02web.zoom.us/j/890855545672? pwd=THB5clBBZGNzN1F1M24xQmhkYVMwZz09</a>