

SSL ASSIGNMENT NO. 3

(Public speaking)

1. Public speaking of your choice : Book Review

Roll No : 23361

Date : / /2022

Summary of “How to win friends and influence people” : To make friends, influence others and get them in our corner, it is important to know **how to look after their ego**; this happens after an important change in our everyday behavior, which consists of never criticizing, being genuinely interested in others, smiling, remembering the first name of the person we are speaking with, making them feel important, never telling them they are wrong, talking about our own mistakes before talking about theirs, motivating, sincerely complimenting, and generally always looking after their self esteem.

- **Have a great desire for learning** and applying the principles that drive communications and relationships between human beings.
- **Read every chapter twice** before going on to the next one.
- **Underline** the important ideas.
- **Re-read the book every month.**
- **Monitor the progress that we make each week.** Ask ourselves what mistakes we have made, what progress we have made, what lessons we have learned.

2. Extempore speaking ***PICNIC***

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- Picnics are very important as they add pleasantness to our lives. There are different kinds of picnics that people can enjoy. There are family picnics, school picnics, church picnics, union picnics, and more.
- Picnics make our existence smooth and take us out of our daily routine. Moreover, picnics tend to bring out the best in us. We are able to enjoy physically as well as mentally in picnics.
- This picnic essay tells you how they are a great way of bringing people together. Whether it is your family or your friends, everyone forms a bond at picnics. It is great for emotional bonding.

- Moreover, it gives us a chance to speak out our minds and unwind and relax. Further, we also get to enjoy physical activities during picnics. The walks and games are beneficial to our body and improve our stamina too.