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#### **General format of the research papers** should be as follows in given template:

- 1. Title page
- 2. Abstract and key words
- 3. Introduction
- 4. Material and Methods
- 5. Results
- 6. Discussion
- 7. Conclusion
- 8. Acknowledgement (if any)
- 9. Conflict of Interest (if any)
- 10. References

In general, the length of full research papers should not exceed six printed pages of the Journal. (Each printed page will approximately contain 800 words).

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For more details see Instructions to Authors in our website <a href="https://www.ijbap.weebly.com">www.ijbap.weebly.com</a>

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# On The Occasion of Fourth Issue

#### Dear colleagues,

I am very happy to put this Fourth annual issue of our Physiology Journal in your hand in this year. I feel proud that for last four year IJBAP is published nonstop. Every year our journal reaches a new height and the credit for this goes to entire Editorial Team.

Publication of journal is a part of scientific activity which is the backbone for our Society (Society of Basic and Applied Physiology). We all are professionals and it is our duty to keep our knowledge updated in the present scenario particularly. This will definitely help us in enhancement of our knowledge. I hope that we have built this journal even better year on year and will continue to publish the very best papers in Physiology.

One of the key objectives of research should be its usability and application. This journal attempts to document and spark a debate on the research focused on Physiology and its research. Responsibility of our journal should not be limited to discussion of research articles of Physiology but also include promotion of education and research activity in the subject we encourage not only traditional theoretical and experimental physiological research, but also welcome physiological research that builds on molecular discoveries, and physiological research that connects to clinical states within the journal's domain. In fact, we envision the journal as the best place to publish all of these levels of research.

I have set certain goals which I want to achieve for IJBAP as Editor-in-Chief. I intend to make IJBAP more author-friendly by facilitating easier online submission of articles in keeping with the changing times. I will ensure the publication of articles with good scientific value that will give a boost to the impact factor of our journal and earn us more recognition globally. I wish to appeal to all the authors to diligently follow the guidelines while submitting the articles. I will strive hard to reduce the time lag between article submission and publication for which I seek co-operation from both authors and referees. We are in the process of enrolling more referees on board for expedition of editorial process.

My plans for improving readership experience include good quality printing, improvising IJBAP web site and introducing IJBAP app for smartphones.

You all know our IJBAP is an INDEXED JOURNAL. For last few years, indeed, we get more research articles for publication. Without making any compromise in our laid down standards and policy, it has always remained our effort to make IJBAP more informative, more interesting and more popular so that large number of our colleagues read it and utilize the knowledge and information provided in it.

### International Journal of Basic & Applied Physiology

We appreciate the time and efforts put in by the members of the expert panel for this journal. It is their effort that we are able to talk to you directly on this platform today. We also thank our contributors on this occasion.

Criticism is as important as compliments are. I will be grateful to your feedbacks to help me to match up IJBAP with international quality journals and elevate IJBAP to giddying scientific heights.

Long Live SBAP Long Live IJBAP

Rossin!

Chief Editor Raghvendra Dixit M.D (Physiology), Dean, GMC, Surat

# Forward.....

Message...

Dear friends,

Namaskar.

We are glad to publish this 4th Issue of "International Journal of basic and applied Physiology".

Friends, we are in a difficult time as physiologists in terms of opportunities to our young physiologists. I don't understand the justification of Medical council of India's latest decision of further reduction in requirements of faculties in non-clinical subjects like Physiology, Anatomy etc. This has happened few times successively!

On one hand our standard of research is going down! In India; We are not able to publish any basic, breakthrough research work in physiology since so many years! Even then why Government of India has agreed to such harmful proposal? I don't understand!

I am afraid; this decision has been taken as part of "unholy nexus" between owners of private medical colleges and few people in establishment! If it is true, it very sad for the development of scientific research in India.

Physiology is the mother of at least 15 different specialties and super specialties in medical science! How the off springs can be strong if the mother is not strong?

I also do not agree on giving voting rights in MCI to employee's private medical colleges! All employees of private medical colleges surely follow instructions of their bosses and then how can you control irregularities in private medical colleges? It is very sad that private medical education institutes in India has become hubs of money making business! We have to stop it!

I urge all physiologists of India to unite against such injustice and unfair action and explore legal action also.

As far as this journal is concerned; we are fully trying to maintain the highest ethical standards with co-operation of all of you. As we are asking for a certificate of Heads of the department; it is the duty of all HODs to see and examine genuineness, validity of research work done in his/her department. Please keep this point in mind and we should never promote any undesirable activities.

Thanking you all Dr. Jayendrasinh Jadeja

Dr. J. M. Jadeja President, Society of Basic and Applied Physiology

# **About Society of Basic & Applied Physiology**

Regd. No: F/17129/Ahmedabad. Dt. 04/09/2013.

Society of Basic & Applied Physiology is a non-profit private organization having its office located at Department of Physiology, B J Medical College, Ahmedabad, Gujarat, India. This is the first ever Association representing Only Medical Physiologists in India.

Society of Basic & Applied Physiology is dedicated to publish research in all field of Physiology. Their main mission is to enable those who seek the relevant research information on Physiology and make them available in different formats. A long term objective is to provide high quality, accurate and required information to enhance research and innovative concepts in scholarly publishing. Society strictly follows Honesty, Sincerity and ethics.

#### **Activities of Society**

India.

Society regularly organizes International Conference every year since 2012 to promote research work of young Physiologists.

Society publishes International Journal of Basic & Applied Physiology to provide platform for Indian as well as International physiologists to publish their research work for physiology fraternity in India and abroad and to provide information about the research work going on internationally.

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