

Group no.: 07 Lab group: 05

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#### Team Members:-

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1. **Query:** Suggest plans based on the user's age, BMI, and Fitness Level **SQL Script:** 

**SELECT** 

 $plan\_id, trainer\_id, plan\_name, duration\_weeks, rating, price, fitness\_level, age\_min, age\_max, bmi\_min, bmi\_max$ 

FROM "Plans"

WHERE age\_min <= 25 AND age\_max >= 25

AND bmi\_min <= 22 AND bmi\_max >= 22

AND fitness level <= 70

ORDER BY rating DESC;

#### **Output:**

	plan_id [PK] integer	trainer_id integer	plan_name character varying (100)	duration_weeks , integer	rating double precision	price numeric (10,2)	fitness_level double precision	age_min integer	age_max Integer	bmi_min double precision	bmi_max double precision
1	7	7	Zen Yoga Flow	6	4.9	49.99	2	18	60	18	40
2	3	3	Power Lifting Mastery	14	4.8	129.99	5	18	40	20	35
3	15	3	Injury Recovery Program	14	4.8	79.99	2	18	60	15	30
4	2	2	Lean Bulk Builder	10	4.7	89.99	4	18	40	18.5	30
5	14	3	Total Body Conditioning	10	4.7	89.99	5	18	50	19	30
6	8	8	Flexibility Boost	8	4.6	55.99	3	18	60	19	35
7	13	2	Hybrid Fitness Boost	12	4.6	99.99	4	18	50	18.5	32
8	12	12	Youth Strength & Power	8	4.6	59.99	3	18	25	18	30
9	16	6	Post-Pregnancy Fitness	12	4.5	69.99	2	18	40	18	30
10	1	1	Strength Max	12	4.5	99.99	5	18	40	18	35
11	5	5	Metabolic Shred	12	4.4	69.99	4	18	50	18.5	28
12	10	10	HIIT for Endurance	10	4.4	79.99	5	18	50	18.5	30
13	9	9	Endurance Builder	12	4.3	69.99	4	18	50	18	30
14	4	4	Fat Burner Express	8	4.2	59.99	3	18	50	18	29
15	6	6	Weight Loss for Beginners	6	3.8	39.99	2	18	50	19	32

2. **Query:** List active members and their purchased plans **SQL Script:** 

SELECT u.name, m.member\_id, p.plan\_name, mp.start\_date

FROM "User" u

JOIN "Member" m ON u.user id = m.user id

JOIN "Member\_Plan" mp ON m.member\_id = mp.member\_id

JOIN "Plans" p ON mp.plan\_id = p.plan\_id

ORDER BY mp.start\_date DESC;

	name character varying (100)	member_id integer	plan_name character varying (100)	start_date date
1	Ella Allen	17	Endurance Builder	2025-08-01
2	Oscar King	14	Youth Strength & Power	2025-04-06
3	Alex Johnson	2	Lean Bulk Builder	2025-04-05
4	Charlotte Turner	10	Fat Burner Express	2025-04-04
5	Luke Robinson	12	Zen Yoga Flow	2025-04-03
6	Olivia Scott	6	Weight Loss for Beginners	2025-04-02
7	Sarah Wilson	4	Fat Burner Express	2025-04-01
8	Chris Walker	7	Endurance Builder	2025-03-30
9	Emily Davis	3	Power Lifting Mastery	2025-03-28
10	Daniel Rodriguez	9	HIIT for Endurance	2025-03-27
11	William Martinez	8	Lean Bulk Builder	2025-03-25
12	Jack Martin	11	Age 50+ Strength	2025-03-22
13	John Doe	1	Strength Max	2025-03-21
14	Rachel Green	5	Metabolic Shred	2025-03-20
15	Sebastian Allen	13	Strength Max	2025-03-19
16	James Wright	15	Power Lifting Mastery	2025-03-18
17	Benjamin White	16	Flexibility Boost	2025-03-15

# 3. **Query:** Show all payments in the last 30 days

# **SQL Script:**

SELECT pm.payment\_id, u.name, pm.total\_amount, pm.date, pm.status

FROM "Payment" pm

JOIN "Member" m ON pm.member\_id = m.member\_id

JOIN "User" u ON m.user\_id = u.user\_id

WHERE pm.date >= CURRENT\_DATE - INTERVAL '30 days'

ORDER BY pm.date DESC

	payment_id integer	name character varying (100)	total_amount numeric (10,2)	date date	status character varying (50)
1	16	Benjamin White	89.99	2025-04-10	Success
2	10	Charlotte Turner	59.99	2025-04-01	Success

4. **Query:** Find top-earning trainers based on total revenue from their plans **SQL Script:** 

SELECT t.trainer\_id, u.name AS trainer\_name, SUM(p.price) AS total\_revenue FROM "Trainer" t

JOIN "User" u ON t.user\_id = u.user\_id

JOIN "Plans" p ON t.trainer\_id = p.trainer\_id

JOIN "Member\_Plan" mp ON p.plan\_id = mp.plan\_id

GROUP BY t.trainer\_id, u.name

ORDER BY total\_revenue DESC

LIMIT 3;

#### **Output:**

	trainer_id integer	trainer_name character varying (100)	total_revenue numeric
1	3	David Lee	259.98
2	1	Jane Smith	199.98
3	2	Michael Brown	179.98

5. **Query:** Find members whose BMI falls outside their purchased plan's range **SQL Script:** 

SELECT u.name, m."BMI", p.plan\_name, p.bmi\_min, p.bmi\_max FROM "Member" m JOIN "User" u ON m.user\_id = u.user\_id JOIN "Member\_Plan" mp ON m.member\_id = mp.member\_id JOIN "Plans" p ON mp.plan\_id = p.plan\_id WHERE m."BMI" < p.bmi\_min OR m."BMI" > p.bmi\_max;

	Output.				
	name character varying (100)	BMI double precision	plan_name character varying (100)	bmi_min double precision	bmi_max double precision
1	John Doe	0.0022597274203799166	Strength Max	18	35
2	Alex Johnson	0.0020603780345785183	Lean Bulk Builder	18.5	30
3	Emily Davis	0.002265625	Power Lifting Mastery	20	35
4	Sarah Wilson	0.0020703735298910177	Fat Burner Express	18	29
5	Rachel Green	0.0021872422819032592	Metabolic Shred	18.5	28
6	Olivia Scott	0.0021707923392038095	Weight Loss for Beginners	19	32
7	Chris Walker	0.002271314676836427	Endurance Builder	18	30
8	William Martinez	0.0023198315069747565	Lean Bulk Builder	18.5	30
9	Daniel Rodriguez	0.0023183673469387754	HIIT for Endurance	18.5	30
10	Charlotte Turner	0.002394111980847104	Fat Burner Express	18	29
11	Jack Martin	0.002729617139456457	Age 50+ Strength	20	35
12	Luke Robinson	0.0021847008520333323	Zen Yoga Flow	18	40
13	Sebastian Allen	0.002203840115928028	Strength Max	18	35
14	Oscar King	0.002333412098298677	Youth Strength & Power	18	30
15	James Wright	0.0024212293388429754	Power Lifting Mastery	20	35
16	Benjamin White	0.002793103183677228	Flexibility Boost	19	35
17	Ella Allen	0.0023245780098442356	Endurance Builder	18	30

6. Query: Top 5 plans that cover the most exercises

**SQL Script:** 

SELECT p.plan\_name, COUNT(pe.exercise\_id) AS total\_exercises FROM "Plans" p

JOIN "Plan\_Exercise" pe ON p.plan\_id = pe.plan\_id

GROUP BY p.plan\_name

ORDER BY total\_exercises DESC

LIMIT 5;

#### **Output:**

	plan_name character varying (100)	total_exercises bigint
1	Weight Loss for Beginners	5
2	Post-Pregnancy Fitness	5
3	Total Body Conditioning	5
4	Injury Recovery Program	5
5	Flexibility Boost	5

7. Query: Monthly revenue and plan distribution

#### **SQL Script:**

**SELECT** 

TO\_CHAR(pm.date, 'YYYY-MM') AS month,

COUNT(DISTINCT pm.payment\_id) AS total\_transactions,

COUNT(mp.plan\_id) AS total\_plans\_bought,

SUM(pm.total\_amount) AS revenue

FROM "Payment" pm

JOIN "Member Plan" mp

ON pm.member\_id = mp.member\_id AND pm.plan\_id = mp.plan\_id

WHERE pm.status = 'Success'

**GROUP BY month** 

ORDER BY month;

	month text	total_transactions bigint	total_plans_bought bigint	revenue numeric
1	2023-01	1	1	129.99
2	2023-05	1	1	79.99
3	2023-07	1	1	99.99
4	2024-01	1	1	39.99
5	2024-03	1	1	69.99
6	2025-04	1	1	59.99

8. **Query:** Plans with highest average review rating **SQL Script:** 

SELECT
p.plan\_name,
ROUND(AVG(r.rating)::NUMERIC, 2) AS avg\_rating,
COUNT(r.review\_id) AS total\_reviews
FROM "Plans" p
JOIN "Review" r ON p.plan\_id = r.plan\_id
GROUP BY p.plan\_name
ORDER BY avg\_rating DESC
LIMIT 5;

#### **Output:**

**Output:** 

	plan_name character varying (100)	avg_rating numeric	total_reviews bigint
1	Zen Yoga Flow	5.00	1
2	Power Lifting Mastery	5.00	1
3	Metabolic Shred	4.80	1
4	Endurance Builder	4.70	1
5	HIIT for Endurance	4.60	1

9. **Query:** Get the members who are underweight, normal, overweight and obese based on their BMI **SQL Script:** 

```
SELECT
M."user_id",
U."name",
M."BMI",
CASE
WHEN M."BMI" < 18.5 THEN 'Underweight'
WHEN M."BMI" >= 18.5 AND M."BMI" < 24.9 THEN 'Normal'
WHEN M."BMI" >= 25 AND M."BMI" < 29.9 THEN 'Overweight'
ELSE 'Obese'
END AS "BMI_category"
FROM "Member" M
JOIN "User" U ON M."user_id" = U."user_id"
ORDER BY M."BMI" DESC;
```

	user_id integer	name character varying (100)	double precision	BMI_category text
1	29	Benjamin White	28	Overweight
2	19	Jack Martin	27.3	Overweight
3	27	James Wright	24.2	Normal
4	16	Charlotte Turner	24	Normal
5	30	Ella Allen	23.3	Normal
6	25	Oscar King	23.3	Normal
7	15	Daniel Rodriguez	23.2	Normal
8	13	William Martinez	23.2	Normal
9	1	John Doe	22.7	Normal
10	11	Chris Walker	22.7	Normal
11	4	Emily Davis	22.7	Normal
12	23	Sebastian Allen	22	Normal
13	21	Luke Robinson	21.9	Normal
14	8	Rachel Green	21.9	Normal
15	10	Olivia Scott	21.7	Normal
16	6	Sarah Wilson	20.8	Normal
17	3	Alex Johnson	20.6	Normal

10. **Query:** Get the number of members assigned to each plan **SQL Script:** 

```
SELECT
PL."plan_name",
COUNT(MP."member_id") AS "members_count"
FROM
"Plans" PL
JOIN
"Member_Plan" MP ON PL."plan_id" = MP."plan_id"
GROUP BY
PL."plan_name"
ORDER BY
"members_count" DESC;
Output:
```

	plan_name character varying (100)	members_count bigint
1	Power Lifting Mastery	2
2	Strength Max	2
3	Fat Burner Express	2
4	Lean Bulk Builder	2
5	Endurance Builder	2
6	Youth Strength & Power	1
7	Flexibility Boost	1
8	Weight Loss for Beginners	1
9	Age 50+ Strength	1
10	Metabolic Shred	1
11	HIIT for Endurance	1
12	Zen Yoga Flow	1

# 11. **Query:** Get the most expensive plan for each trainer **SQL Script:**

**SELECT** 

"Trainer"."specialization",

"Plans"."plan\_name",

MAX("Plans"."price") AS "max\_price"

FROM "Trainer"

JOIN "Plans" ON "Trainer"."trainer\_id" = "Plans"."trainer\_id"

GROUP BY "Trainer"."trainer\_id", "Plans"."plan\_name"

ORDER BY "max\_price" DESC;

	specialization character varying (100)	plan_name character varying (100)	max_price numeric
1	Cardio Fitness	Power Lifting Mastery	129.99
2	Yoga	Strength Max	99.99
3	Strength Training	Hybrid Fitness Boost	99.99
4	Weight Training	Age 50+ Strength	89.99
5	Strength Training	Lean Bulk Builder	89.99
6	Cardio Fitness	Total Body Conditioning	89.99
7	Cardio Fitness	Injury Recovery Program	79.99
8	Functional Fitness	HIIT for Endurance	79.99
9	CrossFit	Post-Pregnancy Fitness	69.99
10	Pilates	Metabolic Shred	69.99
11	HIIT	Endurance Builder	69.99
12	Weight Loss	Fat Burner Express	59.99
13	Zumba	Youth Strength & Power	59.99
14	Bodybuilding	Flexibility Boost	55.99
15	Nutrition and Fitness	Zen Yoga Flow	49.99
16	CrossFit	Weight Loss for Beginners	39.99