

Mental Health

written by

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FADE IN:

INT. CHILDREN SUPPORT GROUP ROOM - DAY

Youths gathered together to support each other.

CAMERA SLIDES FROM ADULT SUPPORT GROUP TO CHILDREN SUPPORT GROUP

CLINICAL PSYCHOLOGIST 2

Hello everyone, glad to see
you're all back again.

PSYCHE

Let's start with the question of
the day. So how have you been
since the previous meeting?

ZOOMS INTO CARTER, BACK SLOUCHING, FACE ON THE TABLE,
LOOKING IRRITATED

Carter raises their hand when the psyche finished talking

CARTER

Can I start?

PSYCHE

Please do Carter, it's nice to
hear you sharing your thoughts
to the group. Hopefully today
you're ready to share some more
about yourself.

CARTER

So as I say every week, I don't
want to be here. This is wasting
my time. I'm totally fine, I
don't have any mental illnesses.

PSYCHE

Carter, are you sure you're
fine? If you're fine, you
wouldn't be here.

Psyche walks over to Carter, attempts to comfort them by
tapping them on their shoulder.

PSYCHE (CONT'D)

Carter, you might not want to show it, but I know you aren't feeling well...let's try digging a little deeper, okay?

Carter slaps Psyche 1 's hand away. Slightly shocked by the slap, the psyche stepped back.

CARTER

(Shouting)

I said, I am TOTALLY FINE! I don't need any treatments. Why are you guys always trying to get on me?

PSYCHE

Carter, I-

KID 1

Geez. Just show some respect. They are only trying to help you!

CARTER

I don't need help!

Carter stands up, kicks the chair aside, and leaves the room

INT. ADULT SUPPORT GROUP ROOM - DAY

Parents gather together in the a circle of chairs.

FATHER

May I start today's conversation.

CLINICAL PSYCHOLOGIST 2

Go ahead sir.

FATHER

My son's condition seems to be improving, we've finally started to exchange a few words recently.

CLINICAL PSYCHOLOGIST 2

Great, good to hear that.

FATHER

Well...one thing that I've been wondering is that...what can I do to continue to help my son? How much longer is this process going to take?

CLINICAL PSYCHOLOGIST 2

To answer your question, I would say that the only thing we can do for now is to continue bringing him here so he can receive the maximum level of support.

Father Nods

CLINICAL PSYCHOLOGIST 2

Considering your son's situation, it's not going to be an easy process. It's important that you have patience with him, and understand that he may not truly mean everything that he says or does.

FATHER

OK...No offense as to what you are saying, I believe that it is true. But I've been getting the same response every time I come here...There must be something else, something more that I can do.

CLINICAL PSYCHOLOGIST 2

...Mr.(Last Name), I understand your concerns. However, sometimes the best solution is not to do a lot, but to let time do its work.

FATHER

But...

Receives a message, father looks at the message

FATHER (CONT'D)

Oh...Sorry, looks like I'll have to leave early today.

CLINICAL PSYCHOLOGIST 2

That's completely
understandable. Well, have a
good day Mr.(Last Name). See you
at our next session.

FATHER

Alright.

FADE OUT

CLINICAL PSYCHOLOGIST 2

Who wants to continue our
conversation?

Parent 1 raises their hand

INT.HALLWAY - DAY

Father walk out the adult support room, while Carter ran
out children support room.

FATHER

Carter? Where you going?
(Follow Carter)

CARTER

How about you mind your
business. Leave me alone, I
don't want to be here.

FATHER

(Grabs Carter's arm)
What is so wrong with the group?
Why don't you stay in there with
them?

CARTER

Why do I need to stay there when
I don't need any treatment? I am
totally healthy, I don't need it
at all. Why are you always
trying to tell me what to do?

FATHER

I'm just trying to help you. You
say you're healthy but this can
help even more. This can help us
together.

CARTER

See that's your problem. YOU
want to be in this group, this
stupid group is for YOU, not me.

FATHER

(Phone ringed and
father picked up)
Hello?...Yes, I am on my way
there. Okay, bye.
(hang up the phone)
I gotta go. Remember, I'm doing
this for you.

Carter scoff and leave.

INT. LOBBY - DAY

The next day after the arguments.

CARTER

Can I not go to the support
group today?

FATHER

Why not? Carter, we're already
here? Let's just go in and see.

CARTER

I don't want to go, it does not
help at all.

FATHER

How do you know? Lots of people
come to this support group. Many
of them got happier. I spent
lots of money for you right
here. These are professionals,
they could help us.

CARTER

I am not like the others. I am
not crazy!

FATHER

Of course you're not, you have a
disorder and that's OK. Let's
just try few more weeks and see.

Carter look at father with wonder.

INT. CLASSROOM - DAY

TEACHER

Welcome to class today! We got a new member! Hey, Carter come in!

(Carter walk in)

Hi Carter, want to introduce yourself to the class?

CARTER

(Frown)

No. I don't.

TEACHER

Alright, Carter is a little bit shy, everyone could go to talk to him after class. Carter go ahead and take a seat.

Carter walks passed his classmates and sits in a corner of the classroom. Teacher continues lecturing.

FADE OUT.

THE END

