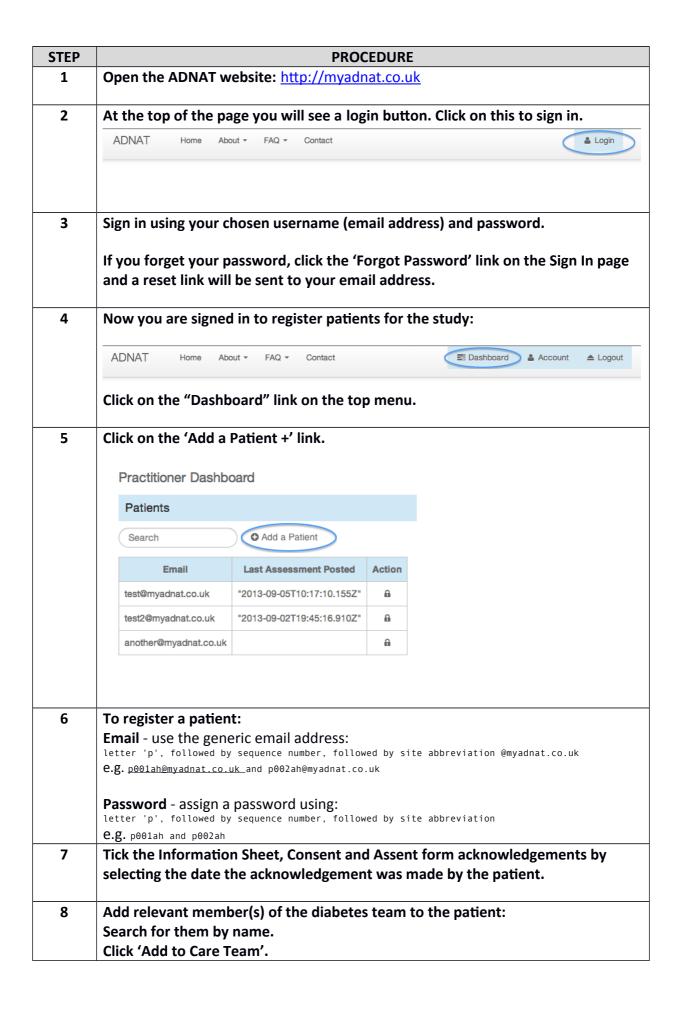
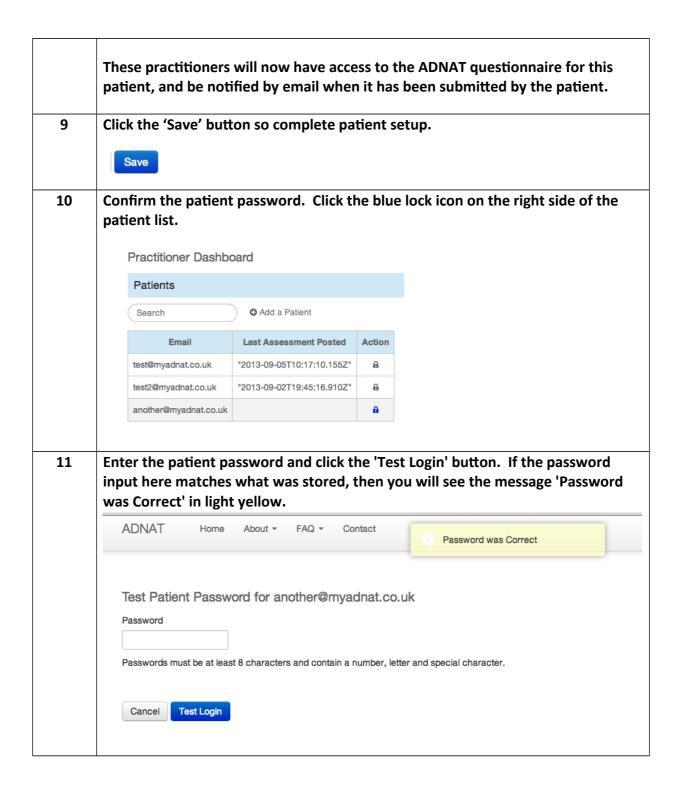
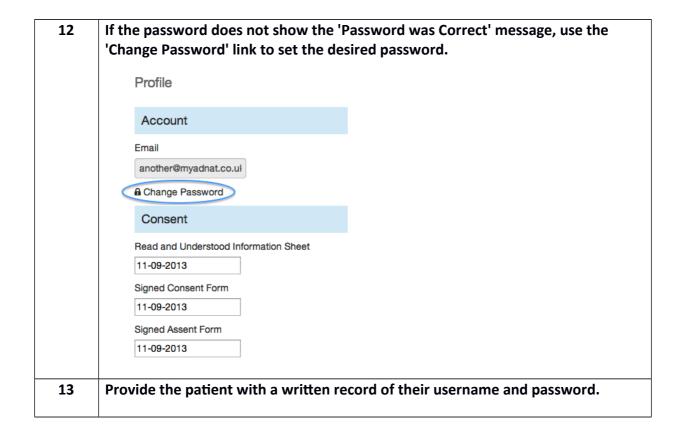
ADNAT EVALUATION STUDY

STANDARD OPERATING PROCEDURE: RESEARCH NURSES

29 Sep 2013







STANDARD OPERATING PROCEEDURE: PATIENTS

STEP	PROCEDURE
1	Open the ADNAT website: www.myadnat.co.uk using a PC, laptop, iPad, Android tablet and/or iPhone and Android smart phones such as Samsung Galaxy and HTC phones.
	The home page will show a site for patients and a site for practitioners:
	ADNAT for Patients ADNAT for Practitioners
	Let's you share your diabetes management with your entire care team. education.
	Provides educational audit data. Can be completed using a PC, laptop, or mobile phone.
	Patients » Practitioners »
2	Click into the patient site
3	Click on the button:
	Get the ADNAT App »
4	If you are on an iPad, iPod or iPhone, you may add the app to your home screen by following the directions when it is loaded.
	After adding to your home screen, only use the ADNAT icon as it will be where your answers are saved.
	Sign in using the username and password given to you by the nurse. Keep these safe so you do not forget them.
5	Complete the ADNAT questionnaire.
	Remember you do not have to complete it all at the same time. You can return to it later as it saves your answers each time you use it.
6	Once completed you must click on the 'submit' button. This will send it to the nurse who registered you to use ADNAT and to your diabetes nurse.
7	You can also click on the 'My results' button. This tells you your scores which are also translated into traffic light colours.