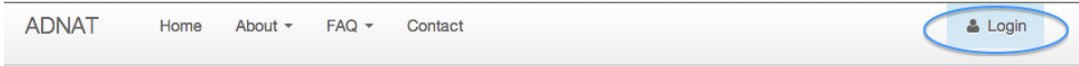
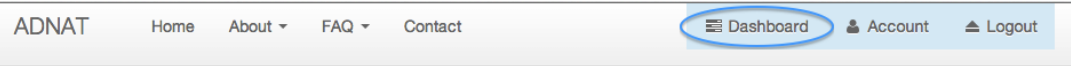
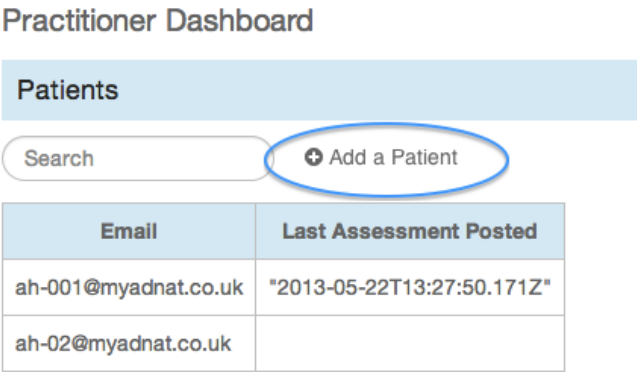






## ADNAT EVALUATION STUDY

### STANDARD OPERATING PROCEDURE: RESEARCH NURSES

STEP	PROCEDURE
1	Open the ADNAT website: <a href="http://www.myadnat.co.uk">www.myadnat.co.uk</a>
2	<p>At the top of the page you will see a sign in button. Click on this.</p> 
3	<p>Sign in using your chosen username (email address) and password.</p> <p>If you forget your password, click the 'Forgot Password' link on the Sign In page and a reset link will be sent to your email address.</p>
4	<p>Now you are signed in to register patients for the study: Click on the "Dashboard" link on the top menu.</p> 
5	<p>Click on the 'Add a Patient +' link.</p> 
6	<p><b>To register a patient:</b></p> <p><b>Email:</b> Use the generic email address: <a href="mailto:p(followed by patient number)@myadnat.co.uk">p(followed by patient number)@myadnat.co.uk</a> e.g. p1@myadnat.co.uk, p2@myadnat.co.uk</p> <p><b>Password:</b> Assign a password using: <b>ADNAT followed by the patient's number followed by first letter(s) of hospital site. To meet the special character requirement, a "-" may be used.</b> e.g. ADNAT-p1L, ADNAT-p1C, ADNAT-p2AH, ADNAT-p3M, ADNAT-p4WH.</p>

7	Tick the Information Sheet, Consent and Assent form acknowledgements by selecting the date the acknowledgement was made by the patient.
8	<p>Add relevant member(s) of the diabetes team to the patient: Search for them by name. Click 'Add to Care Team'.</p> <p>These practitioners will now have access to the ADNAT questionnaire for this patient, and be notified by email when it has been submitted by the patient.</p>
9	<p>Click the 'Save' button so complete patient setup.</p> 
10	Provide the patient with a written record of their username and password.

#### STANDARD OPERATING PROCEEDURE: PATIENTS

STEP	PROCEDURE
1	<p>Open the ADNAT website: <a href="http://www.myadnat.co.uk">www.myadnat.co.uk</a> using a PC, laptop, iPad, Android tablet and/or iPhone and Android smart phones such as Samsung Galaxy and HTC phones.</p> <p>The home page will show two client entry sites:</p> <div> <div> <p><b>ADNAT for Patients</b></p> <ul style="list-style-type: none"> <li>• Let's you share your diabetes management with your entire care team.</li> <li>• Can be completed using a PC, laptop, or mobile phone.</li> </ul>  </div> <div> <p><b>ADNAT for Practitioners</b></p> <ul style="list-style-type: none"> <li>• Enhances communication and education.</li> <li>• Provides educational audit data.</li> </ul>  </div> </div>
2	Click into the patient site
3	<p>Click on the button:</p> 

4	<p>If you are on an iPad, iPod or iPhone, you may add the app to your home screen by following the directions when it is loaded.</p> <p>After adding to your home screen, only use the ADNAT icon as it will be where your answers are saved.</p> <p>Sign in using the username and password given to you by the nurse. Keep these safe so you do not forget them.</p>
5	<p>Complete the ADNAT questionnaire.</p> <p>Remember you do not have to complete it all at the same time. You can return to it later as it saves your answers each time you use it.</p>
6	<p>Once completed you must click on the 'submit' button. This will send it to the nurse who registered you to use ADNAT and to your diabetes nurse.</p>
7	<p>You can also click on the 'My results' button. This tells you your scores which are also translated into traffic light colours.</p>