
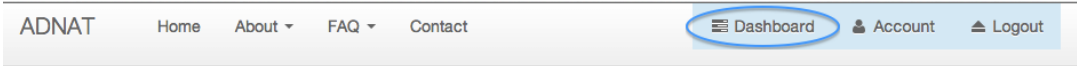
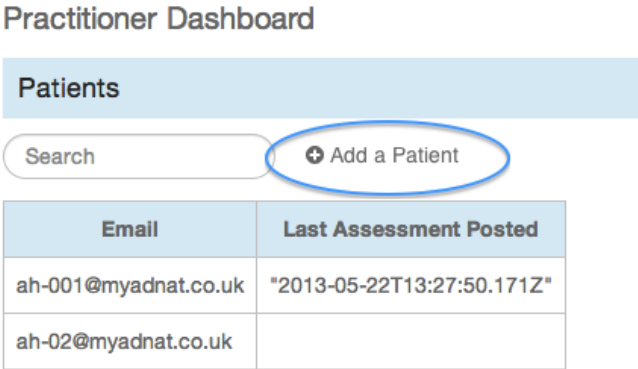



ADNAT EVALUATION STUDY

STANDARD OPERATING PROCEDURE: RESEARCH NURSES

STEP	PROCEDURE
1	Open the ADNAT website: http://myadnat.co.uk
2	<p>At the top of the page you will see a sign in button. Click on this.</p> 
3	<p>Sign in using your chosen username (email address) and password.</p> <p>If you forget your password, click the 'Forgot Password' link on the Sign In page and a reset link will be sent to your email address.</p>
4	<p>Now you are signed in to register patients for the study: Click on the "Dashboard" link on the top menu.</p> 
5	<p>Click on the 'Add a Patient +' link.</p> 
6	<p>To register a patient:</p> <p>Email - use the generic email address: site abbreviation, followed by "-", followed by sequence number @myadnat.co.uk e.g. ah-001@myadnat.co.uk, ah-002@.... etc.</p> <p>Password - assign a password using: "adnat" followed by a "-", followed by the patient's sequence number. e.g. adnat-p001, adnat-p002, adnat-p003, etc.</p>
7	Tick the Information Sheet, Consent and Assent form acknowledgements by

	selecting the date the acknowledgement was made by the patient.
8	<p>Add relevant member(s) of the diabetes team to the patient: Search for them by name. Click 'Add to Care Team'.</p> <p>These practitioners will now have access to the ADNAT questionnaire for this patient, and be notified by email when it has been submitted by the patient.</p>
9	<p>Click the 'Save' button so complete patient setup.</p> 
10	Provide the patient with a written record of their username and password.

STANDARD OPERATING PROCEEDURE: PATIENTS

STEP	PROCEDURE
1	<p>Open the ADNAT website: www.myadnat.co.uk using a PC, laptop, iPad, Android tablet and/or iPhone and Android smart phones such as Samsung Galaxy and HTC phones.</p> <p>The home page will show two client entry sites:</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>ADNAT for Patients</p> <ul style="list-style-type: none"> • Let's you share your diabetes management with your entire care team. • Can be completed using a PC, laptop, or mobile phone. <p>Patients »</p> </div> <div style="text-align: center;"> <p>ADNAT for Practitioners</p> <ul style="list-style-type: none"> • Enhances communication and education. • Provides educational audit data. <p>Practitioners »</p> </div> </div>
2	Click into the patient site
3	<p>Click on the button:</p> <div style="text-align: center;"> <p>Get the ADNAT App »</p> </div>
4	<p>If you are on an iPad, iPod or iPhone, you may add the app to your home screen by following the directions when it is loaded.</p> <p>After adding to your home screen, only use the ADNAT icon as it will be where your answers are saved.</p> <p>Sign in using the username and password given to you by the nurse. Keep these safe so you do not forget them.</p>
5	<p>Complete the ADNAT questionnaire.</p> <p>Remember you do not have to complete it all at the same time. You can return to it later as it saves your answers each time you use it.</p>
6	Once completed you must click on the 'submit' button. This will send it to the nurse who registered you to use ADNAT and to your diabetes nurse.
7	<p>You can also click on the 'My results' button.</p> <p>This tells you your scores which are also translated into traffic light colours.</p>