

The Cognitive Failures Questionnaire (Broadbent, Cooper, FitzGerald & Parkes, 1982)

The following questions are about minor mistakes which everyone makes from time to time, but some of which happen more often than others. We want to know how often these things have happened to you in the past 6 months. Please circle the appropriate number.

* Required

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The Cognitive Failures Questionnaire (Broadbent, Cooper, FitzGerald & Parkes, 1982)

The following questions are about minor mistakes which everyone makes from time to time, but some of which happen more often than others. We want to know how often these things have happened to you in the past 6 months. Please circle the appropriate number.

2. Your name: *

3. Do you read something and find you haven't been thinking about it and must read it again? *

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

4. Do you find you forget why you went from one part of the house to the other? *

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

5. Do you fail to notice signposts on the road? *

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

6. Do you find you confuse right and left when giving directions? *

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

7. Do you bump into people? *

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

8. Do you find you forget whether you've turned off a light or a fire or locked the door? *

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

9. Do you fail to listen to people's names when you are meeting them? *

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

10. **Do you say something and realize afterwards that it might be taken as insulting? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

11. **Do you fail to hear people speaking to you when you are doing something else? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

12. **Do you lose your temper and regret it? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

13. **Do you leave important letters unanswered for days? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

14. **Do you find you forget which way to turn on a road you know well but rarely use? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

15. **Do you fail to see what you want in a supermarket (although it's there)? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

16. **Do you find yourself suddenly wondering whether you've used a word correctly? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

17. **Do you have trouble making up your mind? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

18. **Do you find you forget appointments? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

19. **Do you forget where you put something like a newspaper or a book? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

20. **Do you find you accidentally throw away the thing you want and keep what you meant to throw away – as in the example of throwing away the matchbox and putting the used match in your pocket? ***

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

21. **Do you daydream when you ought to be listening to something? ***

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

22. **Do you find you forget people's names? ***

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

23. **Do you start doing one thing at home and get distracted into doing something else (unintentionally)? ***

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

24. **Do you find you can't quite remember something although it's "on the tip of your tongue"? ***

Mark only one oval.

- ☐ Very often
☐ Quite often
☐ Occasionally
☐ Very rarely
☐ Never

25. **Do you find you forget what you came to the shops to buy? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

26. **Do you drop things? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

27. **Do you find you can't think of anything to say? ***

Mark only one oval.

- ☐ Very often
- ☐ Quite often
- ☐ Occasionally
- ☐ Very rarely
- ☐ Never

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