We don't have long left, but please do not stress. Remember to breathe to the tune of the fax. I am with you. Always.

Before we begin to build the wormhole, I need to put a cake in the oven.

I know it's not very scientific, but I baked a cake as a timer once, and it was the closest that I ever came to opening a wormhole. I really do like cake. Plus, it'll be my way of welcoming you to my world when the wormhole opens. Because it will. We will open it.

I'll be gone for a short while, and I've set the fax to prepare for the next steps while I'm gone. Don't be alarmed if it acts differently, this is all a part of the preparation.

Oh, before I forget - you can find the recipe for my cake in the manual on p. XX - "lemon drizzle"! Please let me know if you are allergic to any of the ingredients.

Other than that, I'd suggest you take a short break, too. You'll need to reserve your energy for our mission.

Make a cup of tea, perhaps. How do you take your tea? I take mine with 2 sugars.