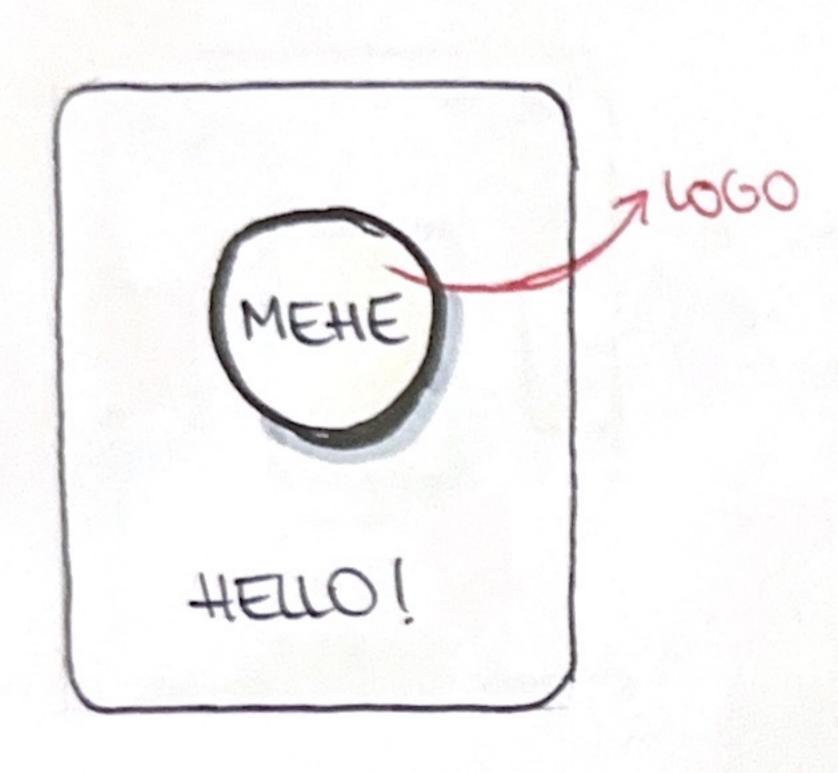
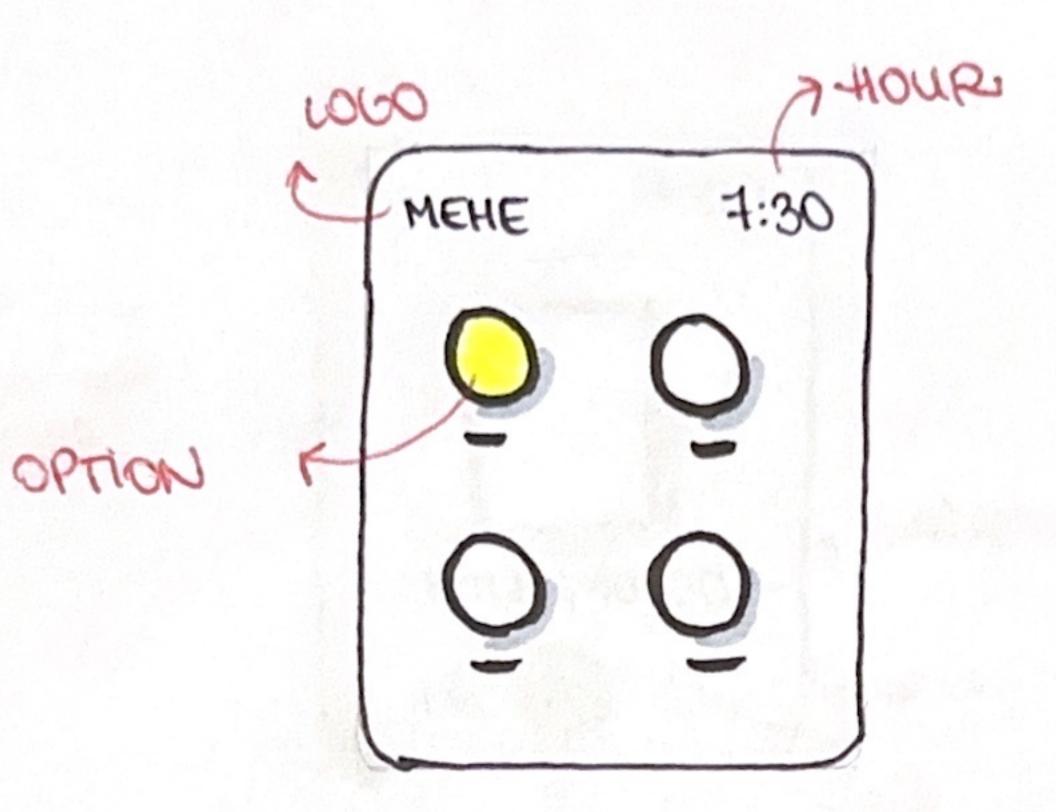
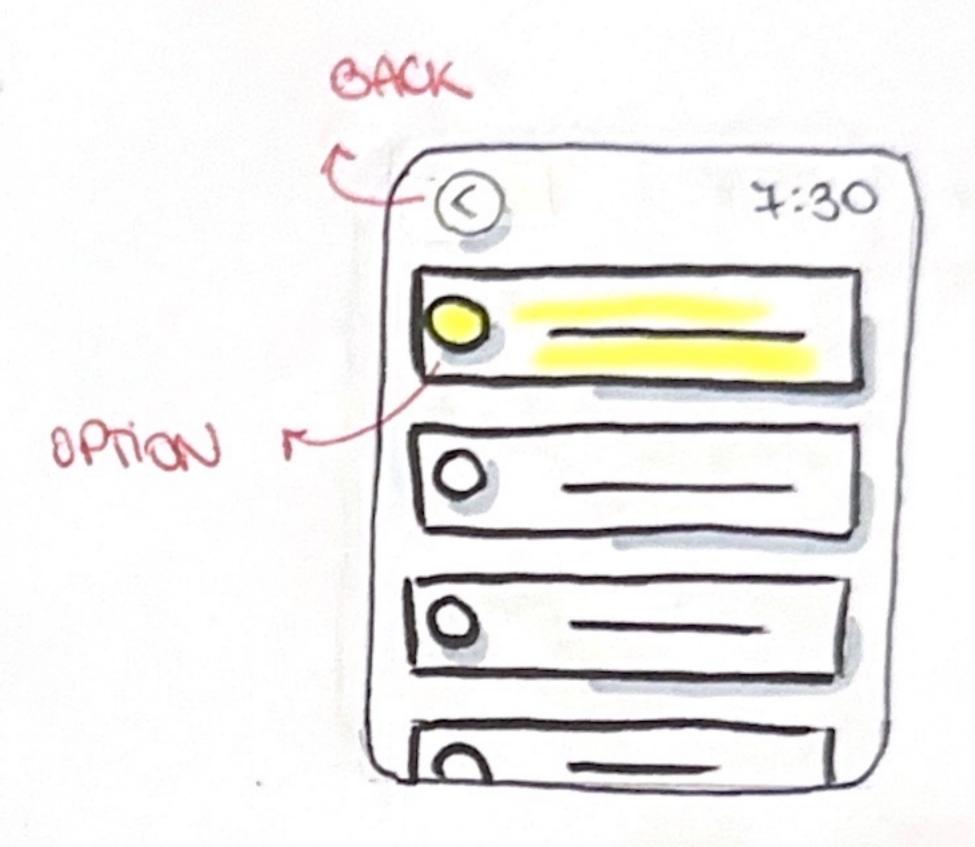
WELCOME PAGE

MENU

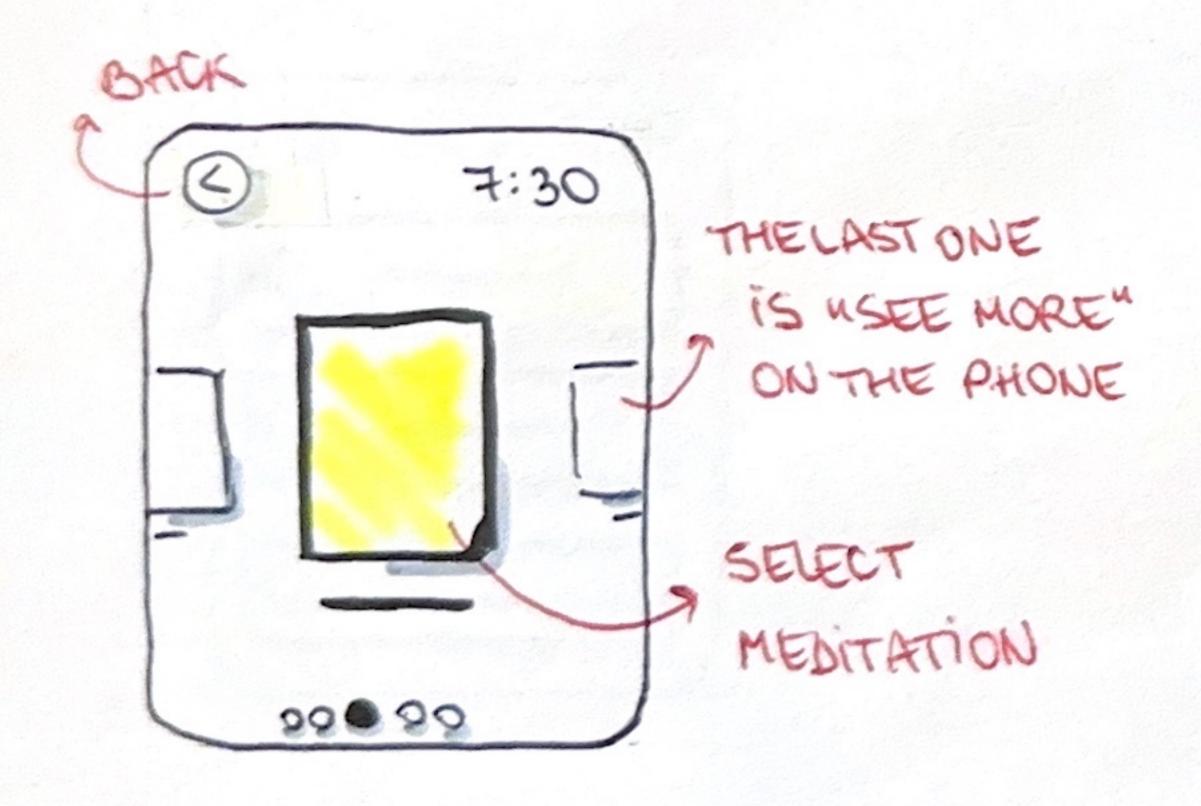
MEDITATE & RELAX



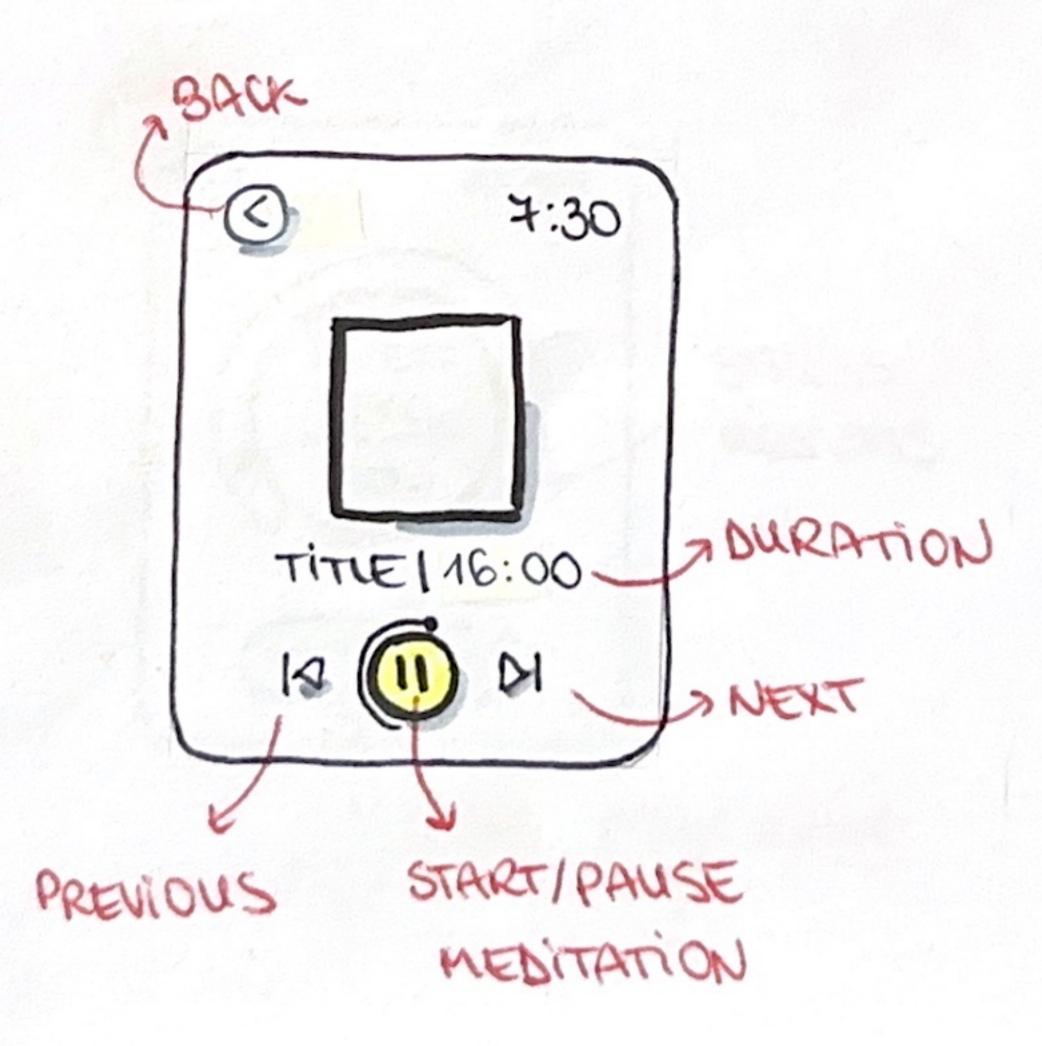




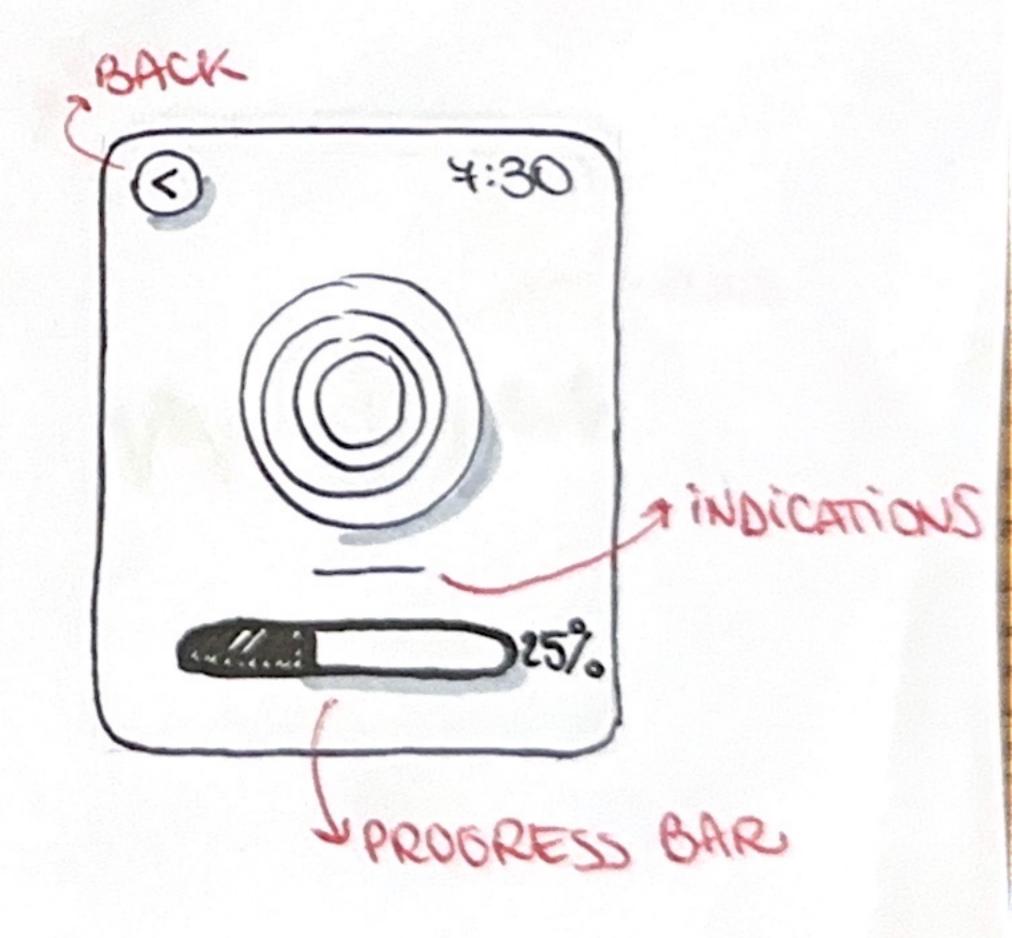
GUIDED MEDITATION



SELECTED MEDITATION



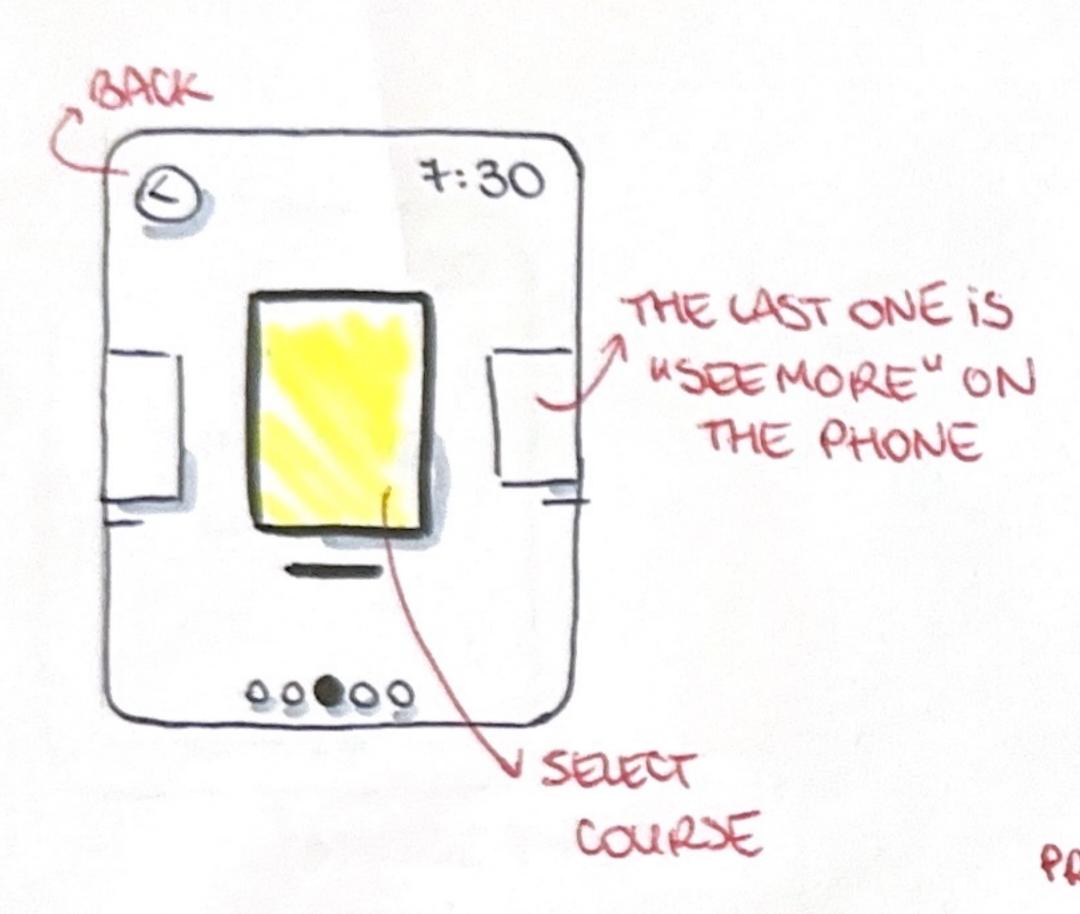
BREATHING EXERCISE

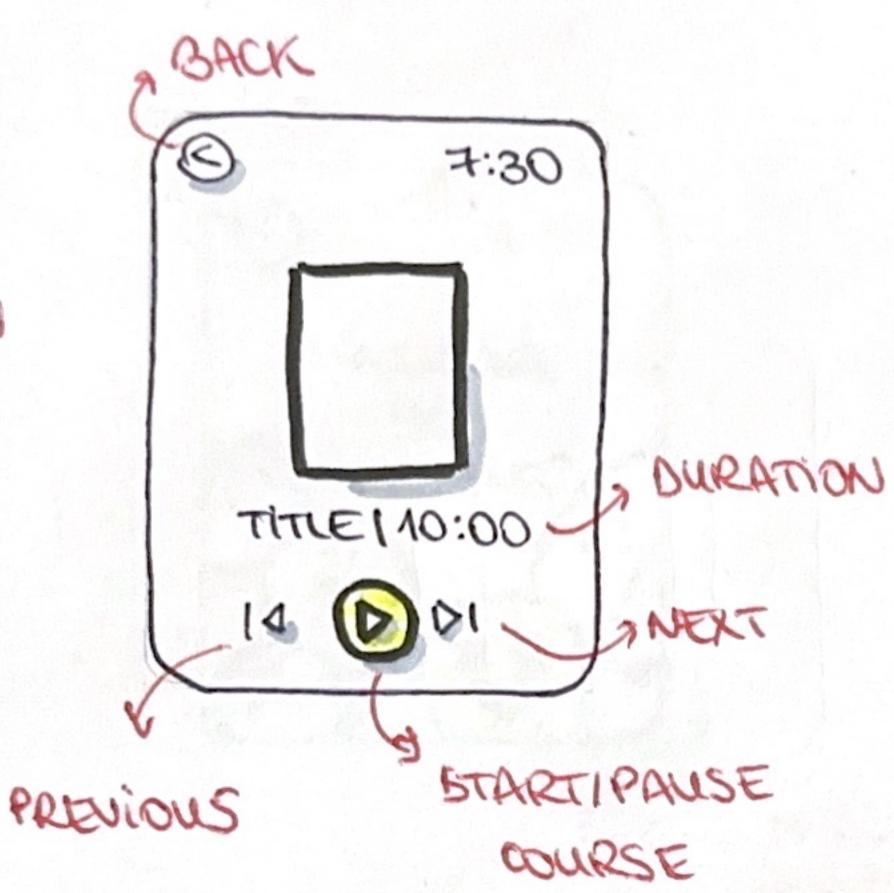


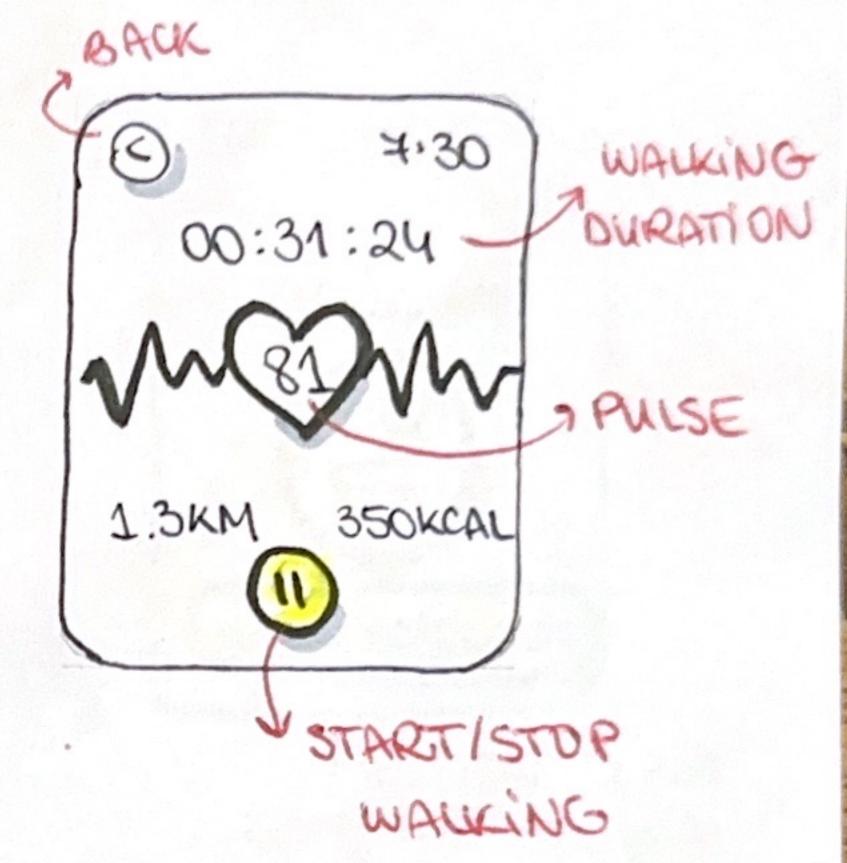
LISTEN A COURSE

SEVECTED COURSE

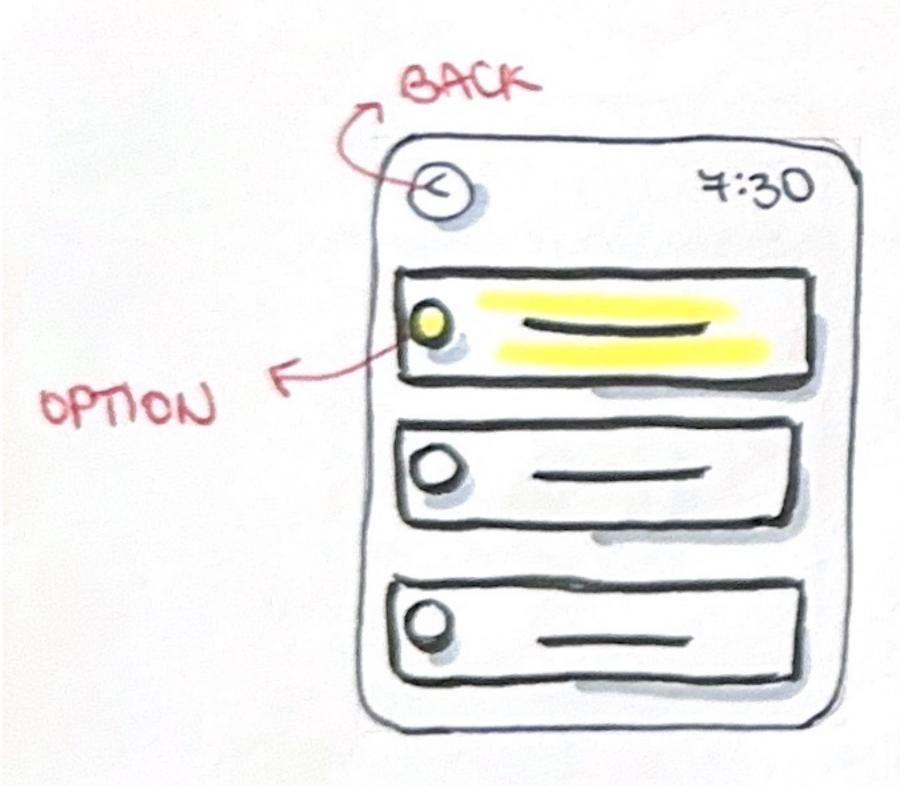
WALKING MEDITATION



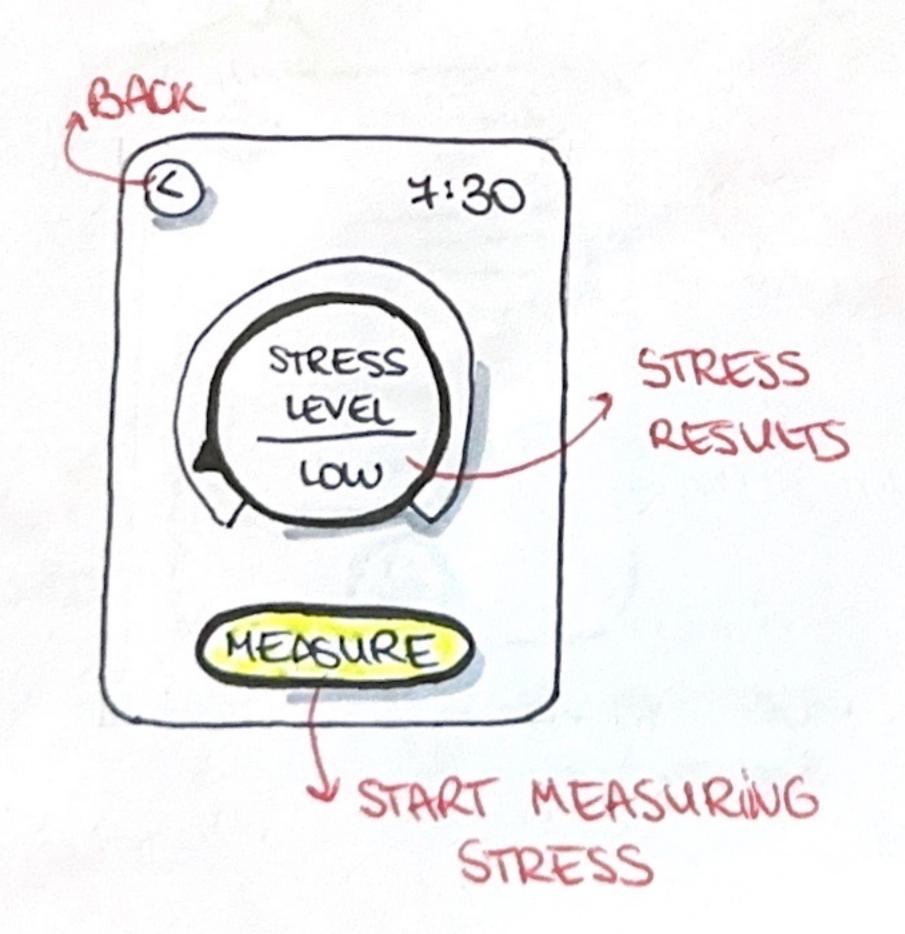


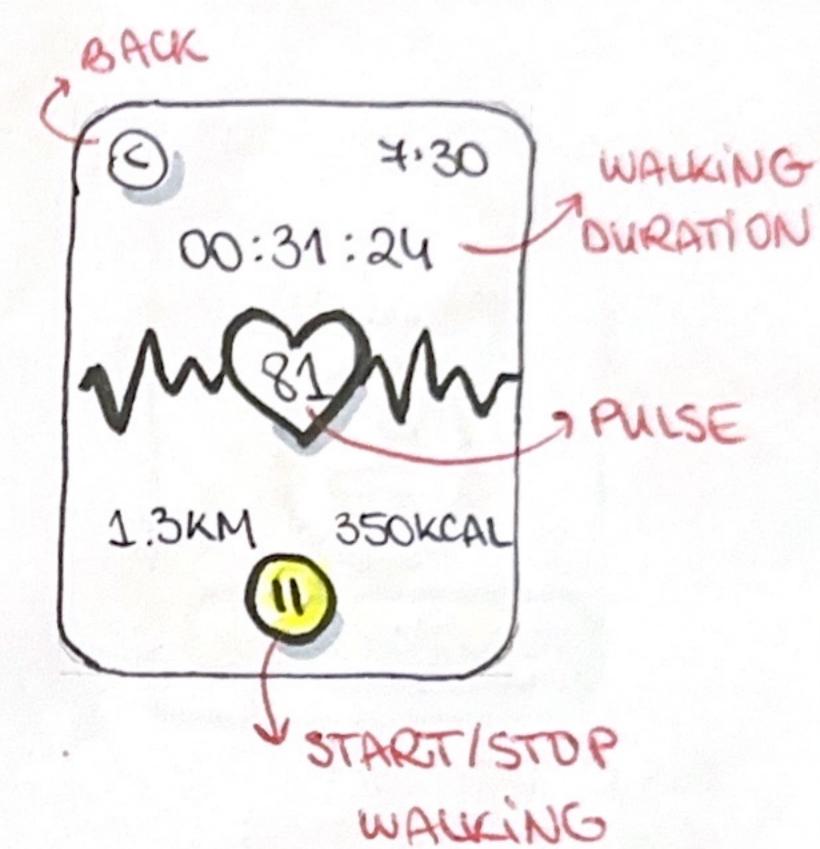


BURNOUT LEVEL

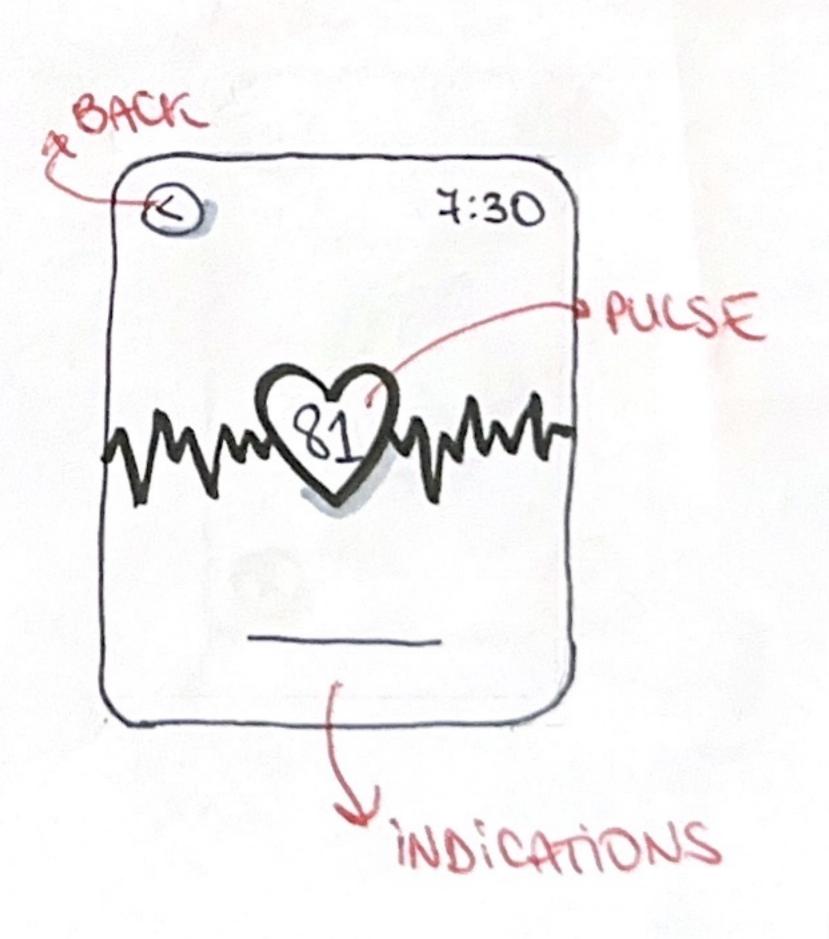


STRESS LEVEL

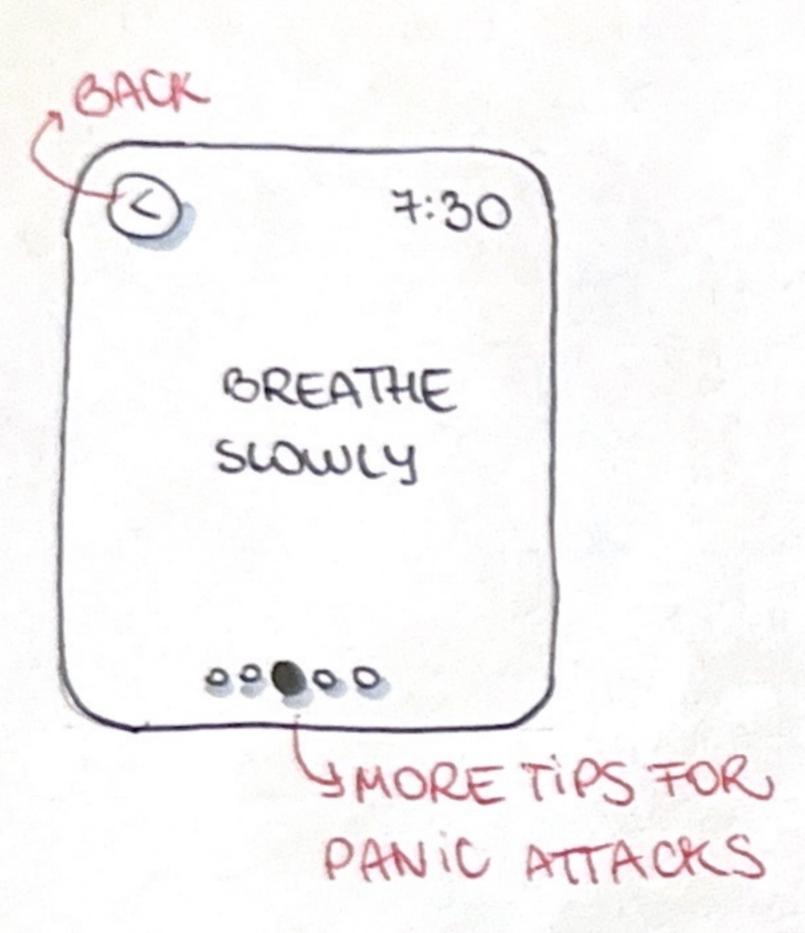




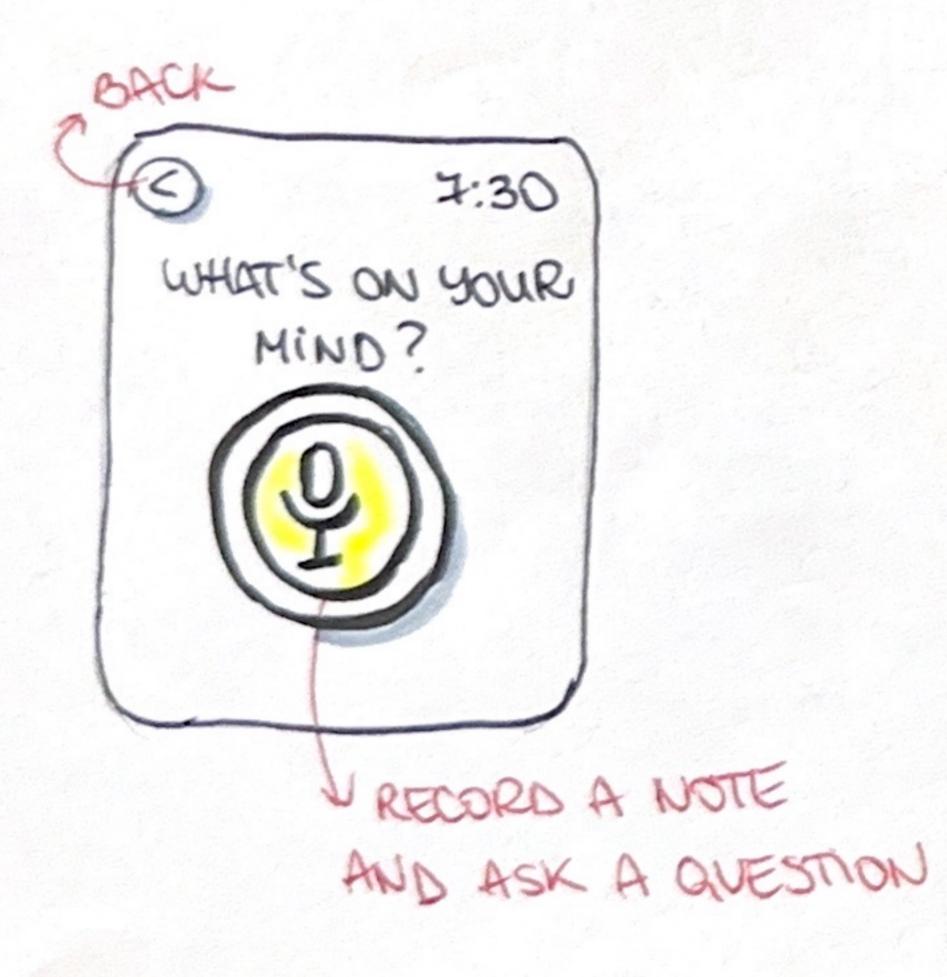
HEARTBEAT



PANIC ATTACK



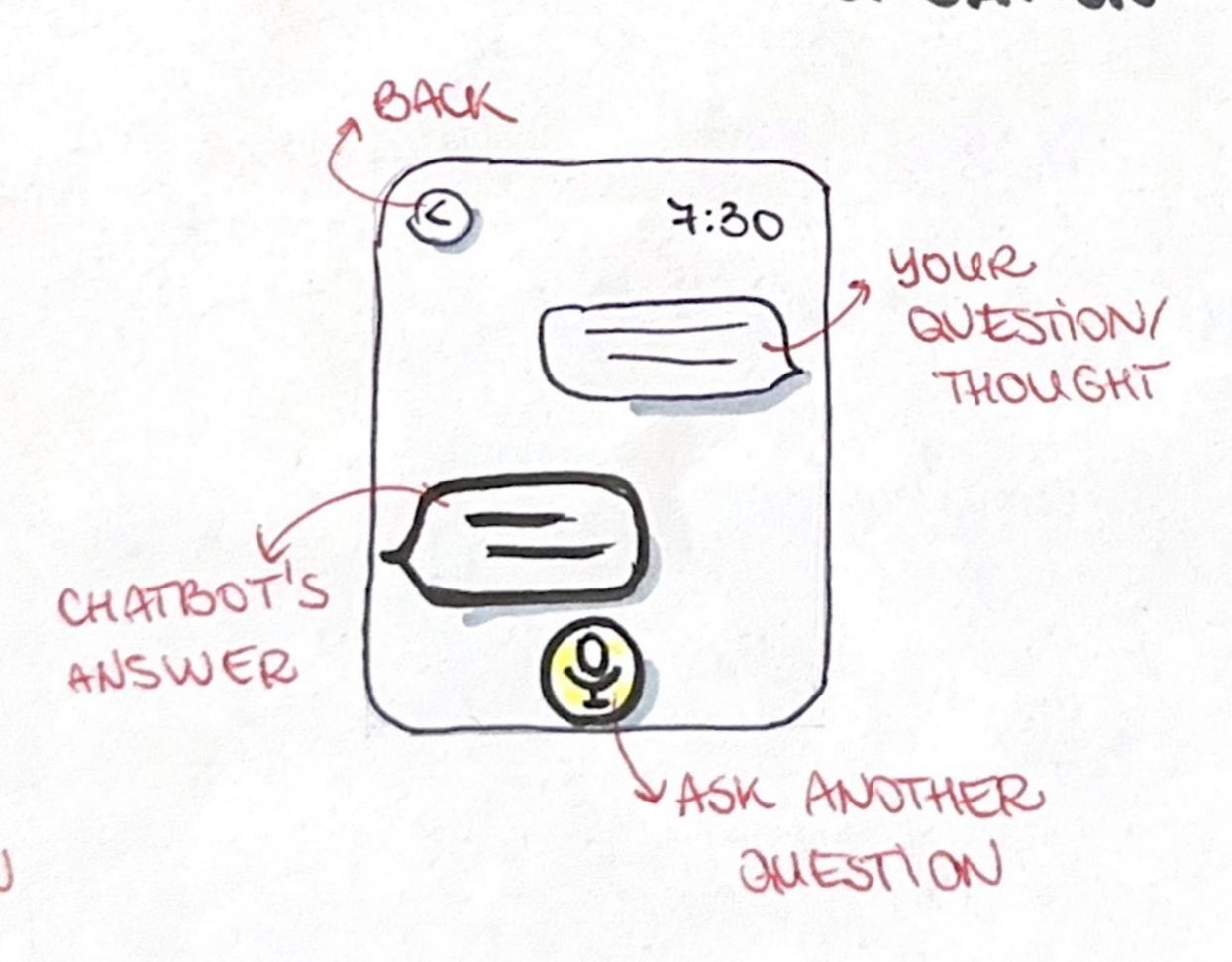
CHATGOT



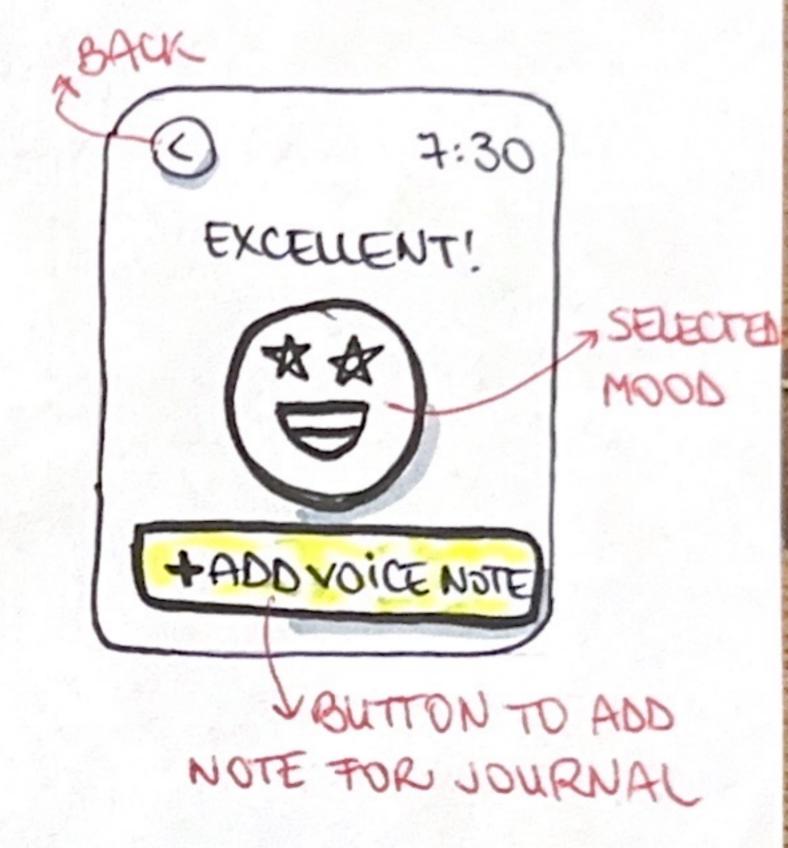
JAURNAL



CHATBOT CONVERSATION



DETAILED JOURNAL



ADD VOICE NOTE

