

◀ 07 Wed 08 Thur 09 Fri 10 Sat 11 Sun ▶

Bagel

8:00 AM



x

Orange Juice

8:00 AM



x

Granola Bar

9:30 AM



x

Headache

11:00 AM



x

Ham Sandwich

12:30 PM



x

Coke

12:30 PM



x

Banana

2:00 PM



x

Occurrences

Last Week 2

This Month 5

Last Month 3

All-Time 8

Potential Triggers

Food

Frequency

?

Hot Dog

88%

Red Wine

75%

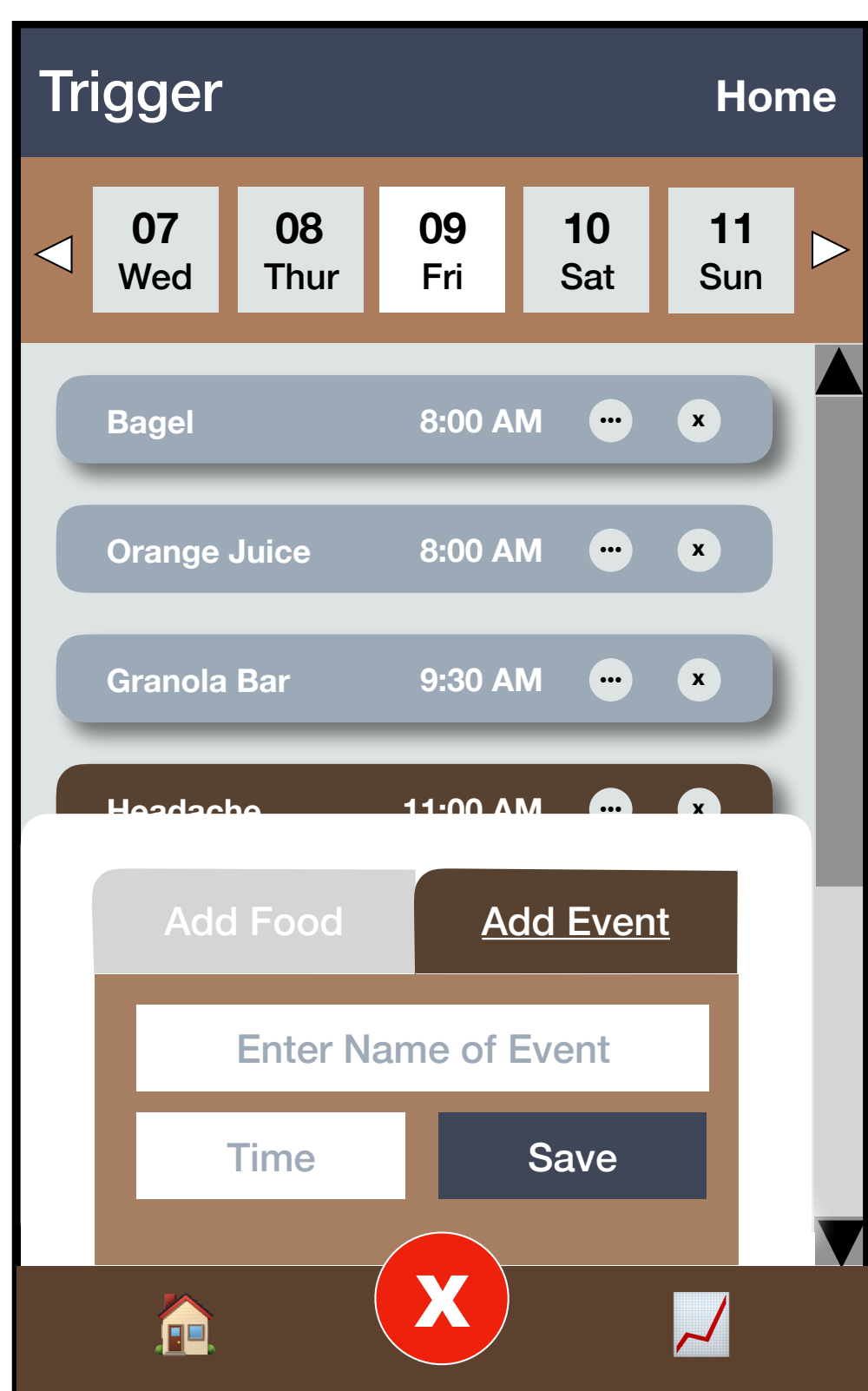
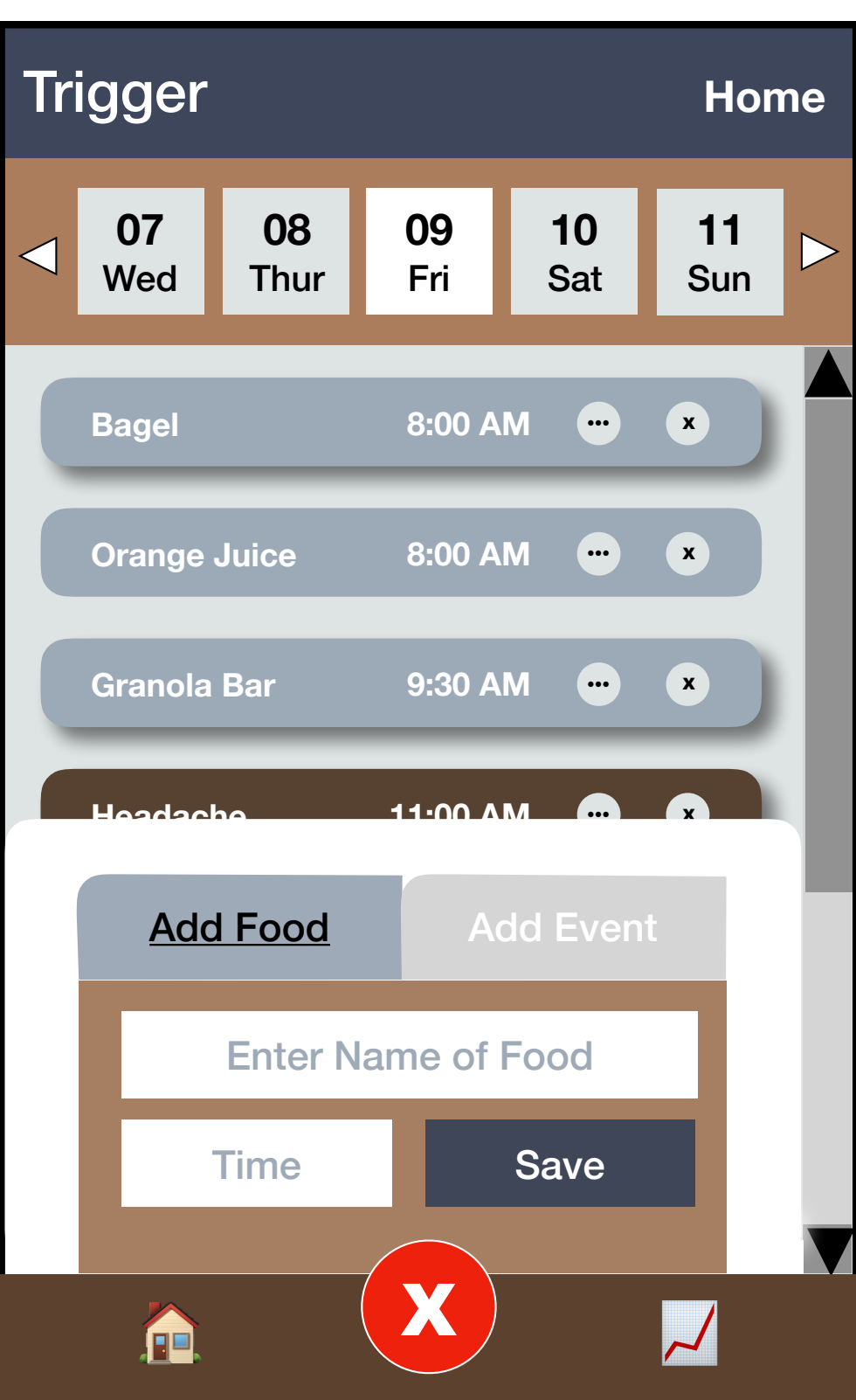
Granola Bar

50%

Milk

50%







#DDE2E3
FROST

#9AACB8
LEAD

#B37C57
BURNT AMBER

#3C455C
NIGHTFALL

#60412B
BARK