```
3) Insere(f,'b'), (b)
Insere(f,'s'); (b, s)
Insere(f,'a'), (b, s, a)
Insere(f,'c'), (b, s, a, c)
Remove(f), (s, a, c)
Insere(f,'h'), (s, a, c, h)
Insere(f,'d'), (s, a, c, h, d)
Insere(f,'f'); (s, a, c, h, d, f)
Remove(f), (a, c, h, d, f)
Remove(f), (c, h, d, f)
Insere(f,'n'), (c, h, d, f, n)
Insere(f,'b'), (c, h, d, f, n, b)
Remove(f), (h, d, f, n, b)
Insere(f,'m'), (h, d, f, n, b, m)
Remove(f), (d, f, n, b, m)
Remove(f), (f, n, b, m)
Remove(f), (n, b, m)
Remove(f), (b, m)
Remove(f), (m)
```

Remove(f), ()

False -> True -> ['s', 'a', 'c', 'h', 'd', 'f'] -> True -> ['n', 'b', 'm'] -> True