



Sprint Plan: April 14 – April 21


Sprint Goal: Begin implementation of Feature 1 and Feature 2, ensuring all critical backend and frontend tasks are assigned, unit testing is initiated, and database designs are completed.

Assigned Tasks by Member

Alexis

Task	SP	Priority
Design schema for storing user workout history & achievements	3	High
Create badge logic for distance milestones (5K, 10K, etc.)	2	Medium
Create badge logic for workout frequency (7-day, 30-day streaks)	2	Medium
Create badge logic for personal bests (fastest mile, longest run)	2	Medium
Track social engagement (shared post, 10 interactions)	2	Medium
Unit test badge logic	2	Medium

 **Total Story Points:** 13

 **Plan:** Focus on backend badge logic and schema work early in the week. Begin unit tests by Thursday.


Neayla

Task	SP	Priority
Build backend logic to track consecutive workout days	3	High
Design user profile UI to display achievements	3	High
Implement frontend components for badge display	2	High
Integrate frontend with backend APIs for streak/badge updates	3	High

Unit test workout streak logic

2 Medium

 **Total Story Points: 13**

 **Plan:** Frontend UI first (Mon–Tues), backend streak logic midweek (Wed–Thurs), integrate and test by weekend.

Stanley

Task	SP	Priority
Design nutrition and meal logging database schema	3	High
Implement water intake monitoring system	2	Medium
Build analytics feature to correlate nutrition with performance	3	High
Integrate frontend UI with backend nutrition tracking APIs	3	High
Write unit tests for nutrition backend logic	2	Medium


 **Total Story Points: 13**

 **Plan:** Schema & analytics logic Mon–Wed, integration Thurs–Fri, testing by weekend.

Diego

Task	SP	Priority
Build backend logic to log meals and nutrients	3	High
Create UI for daily meal logging and macronutrient input	2	Medium
Add functionality for setting and tracking calorie goals	2	Medium
Write unit tests for frontend meal logging and UI interactions	2	Medium

 **Total Story Points: 9**

 **Plan:** UI and calorie logic early in week, backend middle, test on Friday.

Daily Sprint Breakdown (April 14 – April 21)

Monday, April 14 – Sprint Kickoff & Setup

- Set up GitHub Issues and ensure all tasks are properly assigned with:
 - Milestone: **Unit 5 Deliverable**
 - Labels: **SP:**, **Priority**, **Feature 1/2**, etc.
 - Begin designing:
 - **Workout tracking schema** (Alexis)
 - **Nutrition tracking schema** (Stanley)
 - Finalize any missing acceptance criteria for tasks.
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Tuesday, April 15 – Backend Logic & UI Wireframes

- **Alexis:** Implement badge logic for distance and workout frequency.
 - **Neayla:** Begin backend logic for tracking workout streaks.
 - **Stanley:** Begin implementation of water intake tracking + analytics foundation.
 - **Diego:** Build backend for logging meals and nutrients.
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Wednesday, April 16 – Full Backend Development & UI Prototypes

- Continue backend development:
 - Alexis: Social engagement tracking logic.

- Stanley: Correlation logic between nutrition and performance.
 - Diego: Calorie tracking functionality and backend route connections.
 - Finalize UI layout for:
 - **Achievements Display (Neayla)**
 - **Meal Input & Macronutrients (Diego)**
 - Neayla: Begin setting up frontend badge component structure.
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Thursday, April 17 – Integration Day 1

- Backend → Frontend integration begins:
 - Neayla connects streak/badge APIs to frontend.
 - Stanley links performance analytics to frontend dashboard view.
 - UI polish:
 - Alexis: Refine backend endpoints and error handling.
 - Diego: Implement UI logic for calorie + macronutrient inputs.
 - Mid-sprint check-in: Team sync via Zoom or Discord.
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Friday, April 18 – Testing & Bug Catching Begins

- Begin writing unit tests:
 - Alexis: Badge logic unit test
 - Neayla: Workout streak logic test
 - Stanley: Nutrition logic test

- Diego: UI test for logging meals
 - Refactor integration points (e.g., user state, input validation).
 - Fix API call edge cases, start input testing (e.g., no meals logged, badge not awarded).
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Saturday, April 19 – Quality Assurance & Code Freeze Day

- Run full manual test walkthroughs.
 - Fix frontend layout bugs (responsive UI, badge visibility, etc.).
 - Adjust achievement criteria based on feedback (e.g., streak bug).
 - Confirm all features work on both backend and frontend.
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Sunday, April 20 – Peer Testing & Final Fixes

- Internal testing swap:
 - Alexis & Neayla test Feature 2
 - Stanley & Diego test Feature 1
 - Peer review all open PRs.
 - Final refactors: clean up logic, remove console logs, polish UI.
 - Ensure all unit tests pass and edge cases are covered.
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Monday, April 21 – Final Prep & Submission

- Close all GitHub Issues under the **Unit 5 Deliverable** milestone.
- Create **v5** GitHub Release with working version of the app.