

## Default Question Block

What is your current age?

- ☐ 18 to 24
- ☐ 25 to 34
- ☐ 35 or older

In what region of the country do you currently live?

- ☐ Northeast
- ☐ Midwest
- ☐ South
- ☐ West

What is your race/ethnicity?

- ☐ Hispanic
- ☐ White
- ☐ Black
- ☐ Asian
- ☐ Other

What is the highest level of education you have completed?

- ☐ Less than high school graduate
- ☐ High school degree (or GED)
- ☐ Some college
- ☐ Associates' (2-year college) degree
- ☐ Bachelor's (4-year college) degree
- ☐ Graduate or professional degree

Are you current enrolled in . . .

- ☐ A 2-year college
- ☐ A 4-year college
- ☐ An online college
- ☐ A community college
- ☐ None of these

Do you currently participate in any of the following sports or activities on a regular basis?  
(Select all that apply)

- ☐ Archery
- ☐ Badminton
- ☐ Baseball
- ☐ Basketball
- ☐ Boxing
- ☐ Competitive Cheerleading
- ☐ Cycling (Outdoor)
- ☐ Dance or Pom
- ☐ Fastpitch Softball
- ☐ Fencing
- ☐ Field Hockey
- ☐ Figure Skating
- ☐ Fishing
- ☐ Golf
- ☐ Gymnastics
- ☐ Ice Hockey
- ☐ Lacrosse
- ☐ Martial Arts
- ☐ Pilates
- ☐ Racquetball
- ☐ Rugby
- ☐ Running
- ☐ Soccer

- ☐ Spinning
- ☐ Swimming
- ☐ Table Tennis
- ☐ Tennis
- ☐ Track Club
- ☐ Triathlon
- ☐ Ultimate Frisbee
- ☐ Volleyball
- ☐ Water Polo
- ☐ Water Skiing
- ☐ Wrestling
- ☐ Yoga
- ☐ Zumba or Other Group Exercise

Do you compete in any of these sports/activities today?

- ☐ Yes, I engage in competition in one or more of these sports/activities today
- ☐ No, I do not engage in competitions for any of these sports /activities today

Did you (do you) engage in any of the following sports or activities while at high school or in college? This could include playing for your high school team, a select team, a club team, an intramural college team, or a D1, D2 or D3 collegiate team. (Select all that apply)

- ☐ Archery
- ☐ Badminton
- ☐ Baseball
- ☐ Basketball
- ☐ Boxing
- ☐ Competitive Cheerleading
- ☐ Cycling (Outdoor)
- ☐ Dance or Pom
- ☐ Fastpitch Softball
- ☐ Fencing
- ☐ Field Hockey
- ☐ Figure Skating

- ☐ Fishing
- ☐ Golf
- ☐ Gymnastics
- ☐ Ice Hockey
- ☐ Lacrosse
- ☐ Martial Arts
- ☐ Pilates
- ☐ Racquetball
- ☐ Rugby
- ☐ Running
- ☐ Soccer
- ☐ Spinning
- ☐ Swimming
- ☐ Table Tennis
- ☐ Tennis
- ☐ Track Club
- ☐ Triathlon
- ☐ Ultimate Frisbee
- ☐ Volleyball
- ☐ Water Polo
- ☐ Water Skiing
- ☐ Wrestling
- ☐ Yoga
- ☐ Zumba or Other Group Exercise

Did you play any sports at the following levels?

- ☐ High school team
- ☐ Select or travel team
- ☐ Division 1, 2, or 3 college team
- ☐ Competitive club team at college
- ☐ Organized intramural league at college
- ☐ Competitive team in an organized adult league

Thinking about your primary sport (or activity), to what extent do each of the following statements describe why you participate?

	Describes completely	Describes a little	Does not describe at all
I don't know anymore; I have the impression of being incapable of succeeding in the sport.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because people around me think it is important.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the intense emotions I feel doing a sport that I like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because it is one of the best ways to maintain good relationships with my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I used to have good reasons for doing sport, but now I am asking myself if I should continue doing it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the pleasure of discovering new training techniques.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the pleasure I feel while improving some of my weak points.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because it is one of the best ways I have chosen to develop aspects of my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is not clear to me anymore; I don't really think my place is in sport.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because I like the feeling of being totally immersed in the activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because it allows me to be well-regarded to by people that I know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the pleasure that I feel while executing certain difficult movements.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the prestige of being an athlete.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Describes completely	Describes a little	Does not describe at all
For the pleasure I feel in living exciting experiences.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the pleasure it gives me to know more about the sport that I practice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the excitement I feel when I am really involved in the activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because it is a good way to learn lots of things which could be useful to me in other areas of my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because it is absolutely necessary to do sports if one wants to be in shape.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the pleasure that I feel while learning training techniques that I have never tried before.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because people around me think it is important to be in shape.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To show others how good I am at my sport.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because, in my opinion, it is one of the best ways to meet people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because I must do sports to feel good myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because I feel a lot of personal satisfaction while mastering certain difficult training techniques.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because I would feel bad if I was not taking time to do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For the satisfaction I experience while I am perfecting my abilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thinking about your primary sport or activity, please answer the following questions.

How dangerous is your sport or activity?

- ☐ Very dangerous
- ☐ Somewhat dangerous
- ☐ Not very dangerous

How likely are people who play your sport or engage in your activity to get injured?

- ☐ Very likely
- ☐ Somewhat likely
- ☐ Neither likely nor unlikely
- ☐ Somewhat unlikely
- ☐ Not likely at all

How likely is it that you will get hurt playing your sport or engaging in your activity this season?

- ☐ Very likely
- ☐ Somewhat likely
- ☐ Neither likely nor unlikely
- ☐ Somewhat unlikely
- ☐ Not likely at all

How likely are people in your sport or activity to get a concussion?

- ☐ Very likely
- ☐ Somewhat likely
- ☐ Neither likely nor unlikely
- ☐ Somewhat unlikely
- ☐ Not at all likely

How likely are you to get a concussion?

- ☐ Very likely
- ☐ Somewhat likely

- ☐ Neither likely nor unlikely
- ☐ Somewhat unlikely
- ☐ Not very likely

To what extent do you agree or disagree with each of the following statements as a completion of this sentence?

If I report what I suspect might be a concussion . . .

	Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree
I will no longer be the one who says when I am ready to return to activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will be better off in the long run.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My family, friends, etc. will be better off in the long run.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will be held out of upcoming events even if it is not a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My friends/co-workers/teammates will think I made the right decision.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The sooner I'll be back at full strength.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Others will think less of me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will fall behind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a higher chance of a full recovery.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will make a temporary situation something bigger than it needs to be.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree or disagree with each of the following statements?

Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
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	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
I would be able to report a possible concussion even when I want to continue to participate in my sport or other activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would be able to report a possible concussion even when my symptoms don't seem that bad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could report a possible concussion even if I am not sure I have one.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would be able to recognize when I have symptoms of a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would be able to report a possible concussion even if I felt it would mean letting my friends/teammates/co-workers down.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Let's assume that you experienced a fall or a hit that could have occurred during a sporting event, a workout, a car accident, while working out or riding your bike, or just at school or work. How likely would you be to report a possible concussion under each of the following circumstances?

	Extremely likely	Somewhat likely	Neither likely nor unlikely	Somewhat unlikely	Extremely unlikely
If you thought someone might think less of you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you had something you needed to get done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you had a big event coming up that you didn't want to miss	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If your symptoms seemed mild	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you felt bad, but did not think you had a concussion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you did not take a direct hit to the head	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Extremely likely	Somewhat likely	Neither likely nor unlikely	Somewhat unlikely	Extremely unlikely
If you did not lose consciousness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you thought it might take more time or effort than it is worth	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please indicate whether each of the following statements is true or false.

	True	False	I don't know
Symptoms of a concussion can last for several weeks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting your "bell rung" is not a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When an athlete suffers a concussion, they are at risk of further brain damage by continuing to play.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An athlete can continue to play after suffering a concussion without it hurting their performance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is easy to tell if a person has a concussion by the way the person looks or acts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How quickly an athlete recovers from a concussion depends mainly on how hard they work to recover.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is a risk of death if a second concussion occurs before the first one has healed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A concussion is an injury to the brain.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	True	False	I don't know
Continued physical exertion after concussion, even in the absence of additional impacts to the head, can lead to a slower recovery.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After a concussion, you are at increased risk of a leg injury.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you have had a concussion, you have a higher risk of future concussions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Complete recovery from a concussion is not possible.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes a second concussion can jog a person's memory and help them remember things that were forgotten after the first concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Multiple concussions rarely pose a risk to long-term health and well-being.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concussions can sometimes lead emotional problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even is a player is experiencing the effects of a concussion, their performance will be the same as it would be if they had not suffered a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Signs or symptoms of concussion always appear right away after a big hit.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Only a direct hit to the heat causes a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An athlete must be knocked out to suffer a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please indicate whether the following items are or are not symptoms of a concussion.

	Yes	No	I don't know
Problems sleeping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nausea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balance problems or dizziness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trouble remembering things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fever	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Difficulty speaking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being emotional or crying uncontrollably	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hives or a rash	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mood swings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Swelling of the hands or feet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Double or fuzzy vision	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling unusually irritable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Headache	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sensitivity to noise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sensitivity to light	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Slowed reaction time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Difficulty concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree or disagree with each of the following statements?

	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
I am able to recognize a good plan of action when it comes to a possible concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know where to find the advice I need when trying to decide whether I should tell someone I might have a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
I know how to keep myself from making decisions that might have long-term consequences for my health.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would know how to get myself to follow through on an intention to report a possible concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I struggle to understand information about concussions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how to make myself tell someone if I have a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to make good decisions about when to tell someone about my symptoms even when those symptoms are new to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know the right sources to consult to make the right decision about reporting a possible concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would know how to make the decision about whether to tell someone I might have a concussion, even I thought there were as many reasons not to tell as there are to tell.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know when I need to ask someone else to help me decide whether to report my symptoms.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know when I do not have enough information to make a good decision about whether to report a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do each of the following statements describe you?

	Describes me extremely well	Describes me very well	Describes me moderately well	Describes me slightly well	Does not describe me
If I thought I might have a concussion, I would tell someone just in case I do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is better to tell someone you have a concussion and be wrong than to keep it to yourself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unless your symptoms are really severe, there is little reason to tell someone about them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is little risk in waiting a few days to see if your concussion-like symptoms go away before telling anyone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is always better to tell someone you are experiencing concussion-like symptoms than to keep it to yourself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would want to try to make sure I had a concussion before I told someone about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is little to be gained by telling someone you might have a concussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How likely would you be to tell someone if you thought you might have a concussion? Please use the 0 to 100 scale below. If you are certain you would not tell, select 0. If you are certain you would tell, select 100. You can select any number from 0 to 100.

0    10    20    30    40    50    60    70    80    90    100

How likely would you be?

Imagine that you hit a curb while riding your bike and were thrown to the ground. You were able to get up, shake it off, and get back on your bike. Later that day, you realize that the

lights in the room seem to be bothering your eyes. Then you notice that it is very difficult for you to pay attention to conversations.

With this in mind, please answer the following questions.

In your opinion, how likely is it that you have a concussion?

- ☐ Extremely likely
- ☐ Somewhat likely
- ☐ Neither likely nor unlikely
- ☐ Somewhat unlikely
- ☐ Extremely unlikely

Under the conditions described, would you be more likely to see how you feel tomorrow? Or tell someone that you might have a concussion?

- ☐ More likely to see how I feel tomorrow
- ☐ More likely to tell someone

Imagine that you are confident that you suffered a concussion and you believe that you are experiencing concussion-related symptoms. If you told someone, you might not be allowed to engage in an activity that is important to you. Despite your symptoms, you are confident that nobody knows about your concussion. Thus, if you kept this information to yourself, you are confident that no one would know about your concussion.

With this in mind, please answer the following questions.

How difficult do you believe your decision of whether to tell someone about your symptoms would be?

- ☐ Extremely easy
- ☐ Somewhat easy
- ☐ Neither easy nor difficult
- ☐ Somewhat difficult
- ☐ Extremely difficult

How likely would you be to keep your suspicions to yourself and not tell anyone?

- ☐ Very likely
- ☐ Somewhat likely

☐ Not very likely

☐ Not at all likely

If you were going to tell someone, how likely is it that you tell the following people about your concussion?

	Extremely likely	Somewhat likely	Neither likely nor unlikely	Somewhat unlikely	Extremely unlikely
A friend or significant other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A parent or other family member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A doctor, nurse, or other healthcare professional	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A teacher, boss or advisor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A co-worker	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A coach	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A teammate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Imagine that you had an experience several days ago after which you thought you might have a concussion. At that time, you decided not to tell anyone and see whether you were able to get over it in a few days. Now it is a few days later and you aren't any better. You have trouble paying attention or remembering things. You are more tired and irritable than usual. You've started to notice that your sense of balance seems to be off. But it has only been a few days.

With this in mind, please answer the following questions.

In your opinion, how likely is it that you have a concussion?

☐ Extremely likely

☐ Somewhat likely

☐ Neither likely nor unlikely

☐ Somewhat unlikely

☐ Extremely unlikely

☐ I don't know

Under the conditions described, how likely would you be more likely to give yourself a few more days to see how you feel before telling someone that you might have a concussion?



- ☐ Very likely to wait
- ☐ Somewhat likely to wait
- ☐ Not very likely to wait
- ☐ Not at all likely to wait

How confident are you that you can accurately detect a concussion if you had one?

- ☐ I am certain I could accurately detect a concussion
- ☐ I could probably detect a concussion
- ☐ I probably could not detect a concussion
- ☐ I am certain I could not accurately detect a concussion
- ☐ I don't know

Indicate whether each of the following statements represents expectations your family has of you.

*My family expects that . . .*

	Yes	No
I will always have enough to eat and live on.	<input type="radio"/>	<input type="radio"/>
I will get married.	<input type="radio"/>	<input type="radio"/>
I will achieve a high level of education.	<input type="radio"/>	<input type="radio"/>
I will find stable work.	<input type="radio"/>	<input type="radio"/>
I will have good health.	<input type="radio"/>	<input type="radio"/>
I will be rich.	<input type="radio"/>	<input type="radio"/>
I will participate in sports in my community.	<input type="radio"/>	<input type="radio"/>
My marriage will last forever.	<input type="radio"/>	<input type="radio"/>
I will acquire the things I want.	<input type="radio"/>	<input type="radio"/>
I will have a healthy diet.	<input type="radio"/>	<input type="radio"/>
I will find good work.	<input type="radio"/>	<input type="radio"/>
The money I (and my spouse) earn will be sufficient.	<input type="radio"/>	<input type="radio"/>

	Yes	No
I will accomplish what I want to do with my life.	<input type="radio"/>	<input type="radio"/>
I will have children.	<input type="radio"/>	<input type="radio"/>
I will regularly go to religious services.	<input type="radio"/>	<input type="radio"/>
I will be happy.	<input type="radio"/>	<input type="radio"/>
My work will give me opportunities to feel proud of myself.	<input type="radio"/>	<input type="radio"/>
I will have a long life.	<input type="radio"/>	<input type="radio"/>
I will find work I enjoy.	<input type="radio"/>	<input type="radio"/>
I will be a leader in my community.	<input type="radio"/>	<input type="radio"/>
I will get married before I am 25 years old.	<input type="radio"/>	<input type="radio"/>
I will be famous.	<input type="radio"/>	<input type="radio"/>
I will participate in many church activities.	<input type="radio"/>	<input type="radio"/>

To what extent do you agree or disagree with each of the following statements?

	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
My health insurance allows me to get all the medical treatments I need.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I've got to be real sick in order to go and see a doctor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know enough to challenge my doctor once in a while.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I regularly go for medical check-ups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Second opinions in medicine are important to get.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm very involved with my health.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In general, I trust doctors.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
Whatever the doctor says is generally right.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is usually too expensive to see a doctor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I reflect on my health a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm alert to changes in my health.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would like to be healthier, but just don't have the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I keep up with the latest scientific health information.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I notice how I feel physically as I go through the day.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm constantly examining my health.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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